

The Playbook

Creating a Model Food Service
Program in West Virginia



**West Virginia Department of Education
Office of Child Nutrition**

Acknowledgements

The West Virginia Department of Education, Office of Child Nutrition would like to thank the USDA Food and Nutrition Service (FNS), the Food Research Action Center (FRAC) and the California Breakfast First Organization for the use of their developed materials in *The Playbook, Creating a Model Food Service Program in West Virginia*.

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Dear County Superintendents:

The start of a new academic year brings fresh perspectives and program initiatives as we take a closer look at West Virginia's strategic priorities for enhancing student success. The first of the four strategic priorities for action is "to meet the personal needs of each student." As educators, we cannot forget that students come to us from circumstances that may affect their ability to learn. We cannot foster academic success if we ignore the health and well-being of children enrolled in our schools. It is time we emphasize the important role the School Breakfast Program (SBP) and the National School Lunch Program (NSLP) play in addressing the correlation between proper nutrition and academic achievement. Child nutrition programs are an essential element in the process of holistic learning.

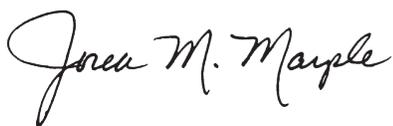
It is clear that in West Virginia, a gap in achievement exists between students in different socio-economic groups. Closing this gap and ensuring that all students are equally prepared academically is the top priority for the West Virginia Department of Education (WVDE). The U.S. Department of Agriculture (USDA) recently released data reporting tragically high levels of hunger across the country. In West Virginia, 13.4% of residents live in households that sometimes run out of food and 88,610 children live below the poverty line. Research consistently shows that children who participate in school meal programs perform better in school than students who do not participate in school meal programs. Specifically, students who routinely eat a well-balanced breakfast perform better on standardized tests; have high math scores; and show lower rates of absenteeism and tardiness.

For these reasons, efforts in each county should be geared toward supporting child nutrition programs and increasing breakfast and lunch participation. Any barriers hindering a child's ability to participate should be eliminated. Keep in mind that child nutrition programs are among the few revenue - generating sources for a county. In most cases, breakfast and lunches provided by the school can be completely supported by federal and state funds. Your active support of school nutrition programs can be an advantage financially for your county; an advantage for teachers and principals in terms of student achievement; and, most importantly, an advantage for children who may be malnourished.

Effective today, I am issuing each of you a challenge of increasing participation in your breakfast and lunch programs for the upcoming school year. At my request, the Office of Child Nutrition has identified both policy and environmental change strategies that you can implement in your county. It is my expectation that each of you will implement at least one of these strategies in each of your schools. At the conclusion of the 2011-2012 school year, the Office of Child Nutrition will evaluate each county's meal participation figures and report this data to me. By working together, we can ensure that every West Virginia child has access to a nutritious meal every school day.

If you have questions regarding the SBP and NSLP, including how to plan the right approach for your school, please contact the Office of Child Nutrition at (304) 558-2708.

Sincerely,



Jorea M. Marple, Ed.D.
State Superintendent of Schools

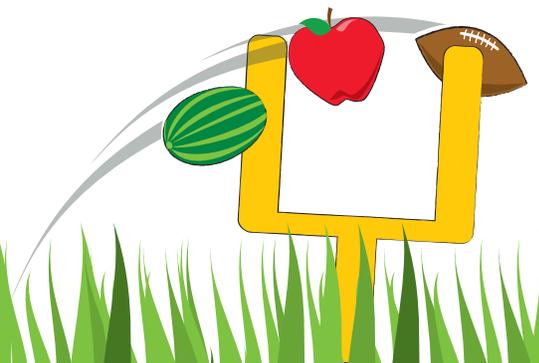




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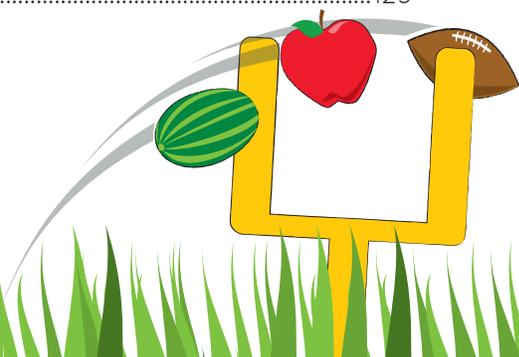
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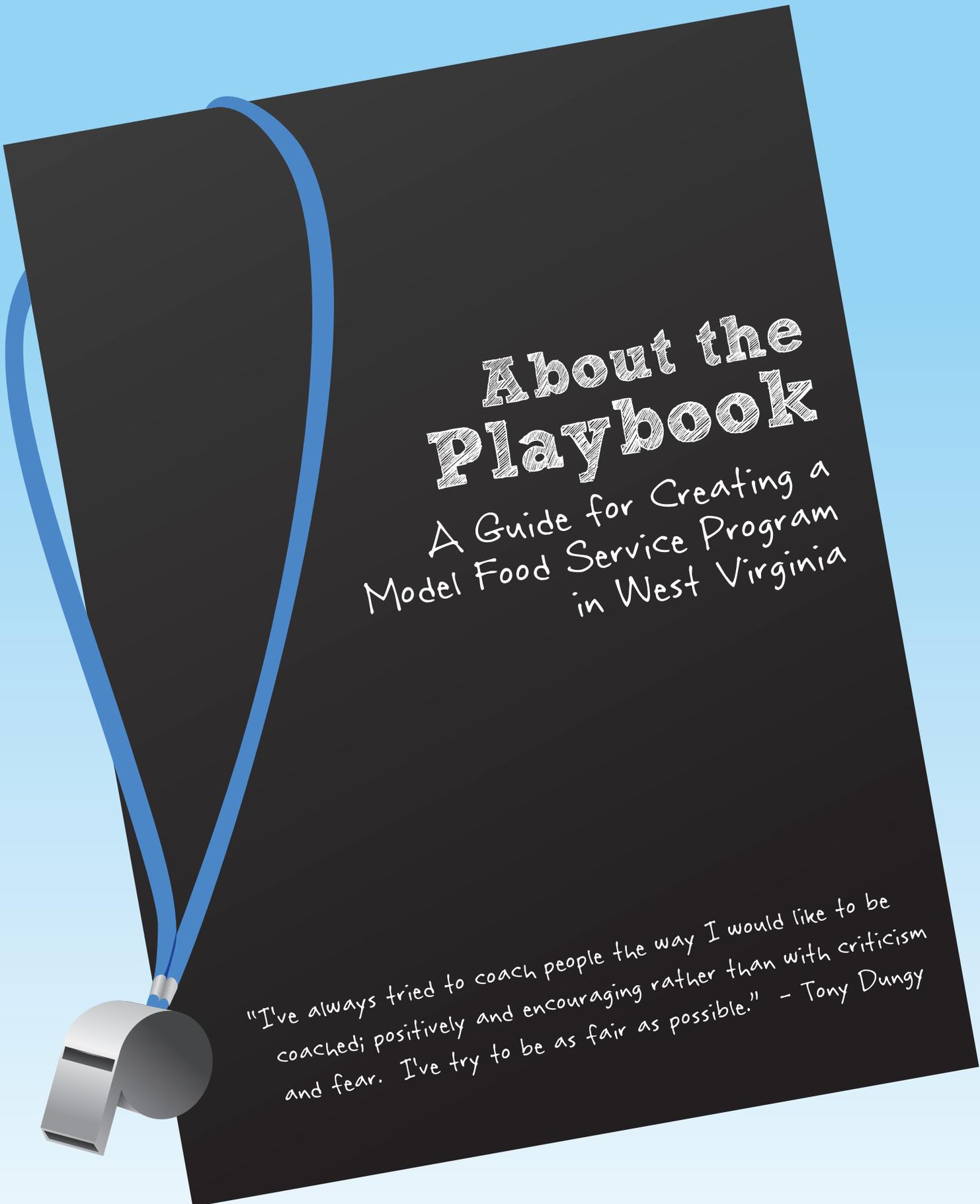
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About the Playbook

A Guide for Creating a Model Food Service Program in West Virginia

"I've always tried to coach people the way I would like to be coached; positively and encouraging rather than with criticism and fear. I've try to be as fair as possible." - Tony Dungy





A Message from Richard Goff

Executive Director, Office of Child Nutrition

Good nutrition is a vital component of children's growth, development and learning, and that's why the West Virginia Department of Education's Office of Child Nutrition is leading the way in the fight against childhood obesity and poor eating habits. In many cases, schools provide the only nutritious meals that children receive. Because of this, we are working hard to see that every West Virginia child has at least two healthy meals and good, nutritious snacks each day.

Our goal is to ensure that every child in West Virginia benefits from nutritious meals that foster better learning and a lifetime of good health. To achieve this goal we spend our time encouraging nutritious meals, supporting nutrition education and enhancing program quality and accountability. It all begins with the public school system food service program – the vehicle to feed, nurture and support the physical well-being and academic success of our children.

We know that in order to have a successful food service program, school meals need to be viewed as part of the instructional day and not as an interruption. Superintendents, food service directors, and principals need to be committed to supporting the program and providing quality, appealing and accessible meals.

In an effort to provide direction and the tools needed to create a model food service program in every county, the Office of Child Nutrition is proud to present the **The Playbook – A Guide to Creating a Model Food Service Program in West Virginia**. The Playbook serves as a how-to guide that features information about the nutritional and financial benefits for students, schools and the community. It provides the best national and state resources that illustrate how schools can comply with federal and state policies and regulations, empower students to make healthy food choices, and encourage school personnel and others to serve as role models.

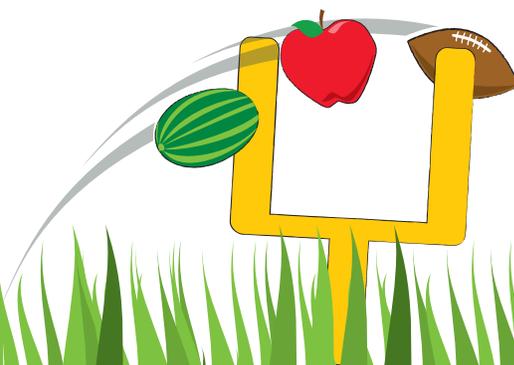
Counties wanting to create and maintain an exemplary food service program should support and implement each of the following five Model Food Service Program components.

- 1. Provide Leadership and Support**
- 2. Serve Quality Meals**
- 3. Improve the School Environment**
- 4. Initiate Administrative Practices that Support School Nutrition**
- 5. Implement Innovative Programs**

To learn more about The Playbook and the Model Food Service Program components, please review and use this innovative resource. The Office of Child Nutrition stands ready to provide technical assistance in support of your efforts. Working together, members of the school community can ensure that children get consistent nutrition messages in and out of school. Please join us in championing what's best for West Virginia's children.



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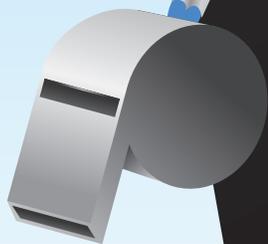




Why We Are Playing the Game

Meal Service
Financial and Nutritional
Benefits

"They call it coaching but it is teaching. You do not just tell them... you show them the reasons." - Vince Lombardi





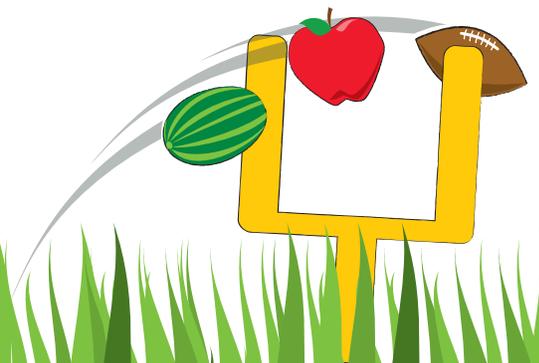
WHY WE ARE PLAYING THE GAME

Meal Service Financial and Nutritional Benefits

Financial and Economic Benefits

From a financial perspective, food service programs are one of the largest programs that each county sponsors. When operated properly, the food service program can be a source of revenue for the district and the school system in general. Conversely, when operated inefficiently, the food service operation can become a financial drain for the district. Aside from meeting the dietary needs of our students, the food service program should contribute to a stable bottom line for the county's total budget. Administrators need to understand the underlying economic structure and financial principles to be observed in the operation of the food service program in order to capitalize on the program's financial benefits.

- The county food service program is a federally funded program that has many revenue sources. The major sources of revenue are as follows:
 - » Federal reimbursements;
 - » Local collections from students and adults;
 - » Child Nutrition state matching funds; and
 - » County contribution (Inter-fund Transfer).
- The State Legislature appropriates funding through the funding formula for cook and substitute salaries and related fringe benefit costs. This allocation is passed on to the food service program in the form of an inter-fund transfer from the county's general fund.
- The free and reduced priced meal application, along with direct certification efforts, is the cornerstone of the program. Individual eligibility determinations establish the federal revenue rate structure for the meal service operation.
- Once eligibility is established, student participation drives revenues and costs associated with feeding children. Increased student meal participation enables districts to maximize the federal and local revenues earned for serving reimbursable meals to children.
- There is an inverse relationship between federal revenues and the county contribution to the program. Increased meal participation results in an **increase** in federal and local revenues. An increase in federal and local revenues results in a **decrease** in amount of funding required by the county to support the program through the inter-fund transfer. The savings can be retained in the county's general fund to be used for other non-food service related educational expenses. Student meal participation is of key importance in establishing a food service program that subsidizes the county, rather than a program that is subsidized by the county.
- When facing a county budget shortfall, reducing service positions across the board can negatively impact the food service program's ability to maximize federal and local revenues. Rather than focus on cost-cutting measures to create a balanced budget, county administrators should focus on targeting low performing schools for increased student meal participation. This will increase federal revenues and reduce the county contribution while meeting the nutrition needs of the students.



The Nutritional Benefits Associated with School Breakfast and Lunch

Delivering Healthy Meals to Hungry Students

Healthy eating patterns formed during childhood are attributed to healthier eating patterns in later years. Studies have shown that students who eat school meals eat more vegetables, drink more milk and fewer sweetened beverages, eat more grains, and consume fewer cookies, cakes and salty snacks than students who make other food choices. By choosing the reimbursable meal, students are assured a meal that meets national nutrition standards and complies with the recommendations of the *Dietary Guidelines for Americans*. Research shows that students who eat breakfast at school have increased standardized achievement test scores, improved attendance and reduced tardiness. Other research indicates that students who eat breakfast have improved academic, behavioral, and emotional functioning.

Research also shows that children who eat breakfast at school – closer to class and test-taking time – perform better on standardized tests than those who skip breakfast or eat breakfast at home. Evidence has grown that children who eat school breakfast are less likely to be overweight, and have improved nutrition – they eat more fruits, drink more milk, and consume a wider variety of foods than those who don't eat breakfast or have breakfast at home.

Many children do not eat a nutritious breakfast every morning. Often families are living on very tight budgets and can't afford to provide good breakfasts at home or at school. Regardless of income, families today live busy lives that often makes it difficult to sit down at home in the morning to eat a nutritious breakfast. Sometimes children are not physically capable of eating breakfast at home when they first wake up. Other children may have long commutes to school or long periods between breakfast at home and school lunch, making breakfast at school an important option.

Schools that provide universal breakfast in the classroom report:

- ✓ Decreases in discipline and psychological problems
- ✓ Decreases in visits to school nurses
- ✓ Decreased in tardiness
- ✓ Increases in student attentiveness
- ✓ Increases in attendance
- ✓ Improved learning environments

Students who eat breakfast at school have

- ✓ Increased standardized achievement test scores
- ✓ Improved attendance
- ✓ Reduced tardiness
- ✓ Improved academic, behavioral and emotional functioning
- ✓ Improved nutrition and are less likely to be overweight

Schools that provide universal breakfast in the classroom report decreases in discipline and psychological problems, visits to school nurses and tardiness; increases in student attentiveness and attendance; and generally improved learning environments. Universal school breakfast refers to any school program that offers breakfast at no charge to all students, regardless of income.



How do we know West Virginia School Meals are Healthy?

School Meals Initiative (SMI) was implemented in 1996 by the United States Department of Agriculture (USDA). This initiative measures a county's progress in planning, procuring, preparing and serving meals that meet the recommendations of the Dietary Guidelines as well as the appropriate nutrient standards. The WVDE, Office of Child Nutrition, monitors individual county's selected breakfast and lunch menus to determine if the meals meet the applicable recommendations of the Dietary Guidelines for Americans and USDA's nutrient standards.

The SMI regulations require that all NSLP and SBP sponsors provide meals that adhere to the applicable *Dietary Guidelines for Americans* and the United States Department of Agriculture (USDA) nutrient standards, which are age/grade appropriate.

The current *Dietary Guidelines* describe a **healthy** diet as one that:

- Emphasizes a variety of fruits, vegetables, whole grains, and fat-free or low-fat milk and milk products;
- Includes lean meats, poultry, fish, beans, eggs and nuts; and
- Is low in saturated fats, trans fats, cholesterol, salt (sodium) and added sugar.

The WV Meal Pattern differs from the USDA Traditional Meal Pattern by requiring:

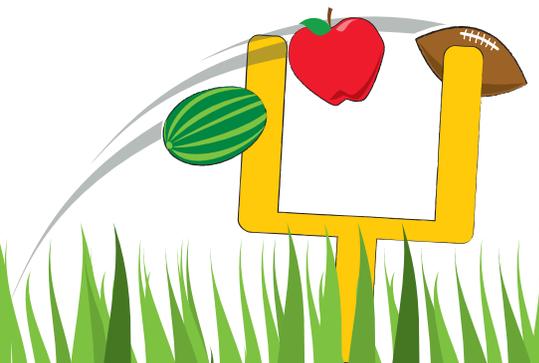
- Dried (cooked) beans at least once a week;
- At least 5 servings of whole grains a week (many schools now serve all whole grains);
- 1/4 c – 1/2 c fruits and vegetables at least 5 times a week (most schools are serving fresh fruits and vegetables daily);
- Breakfast and lunch meals must be served as a unit with no items sold a la carte except milk;
- Water must be available with breakfast and lunch meals; and
- Set nutrient targets for fiber and sodium.

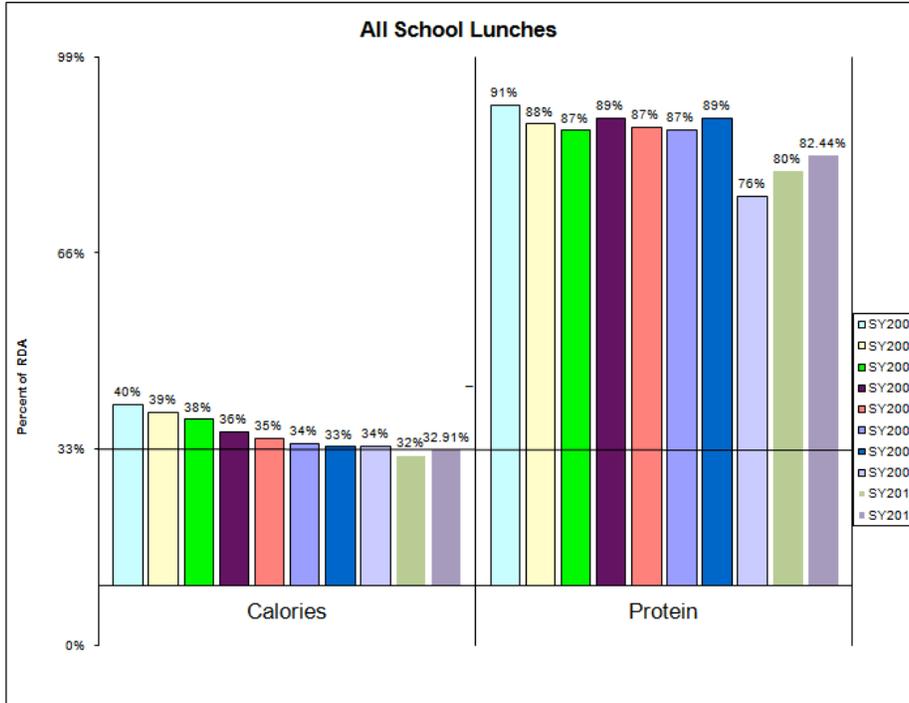
West Virginia has been a national leader in child nutrition programs for the last 15 years. West Virginia has taken steps to exceed federal meal requirements to incorporate healthy eating principles in school meals. Here are some of the highlights that make West Virginia school meals stand out:

- Decreased total fat in lunch meals from 37% to 27%;
- Reduced saturated fat in lunch meals to 9%;
- Reduced sodium from an average of **1815 mg in SY 1996-1997 to 1274 mg in SY 2010-2011**; and
- Reduced calories from an average of **905 calories in SY 1996-1997 to 754 calories in SY 2010-2011**.

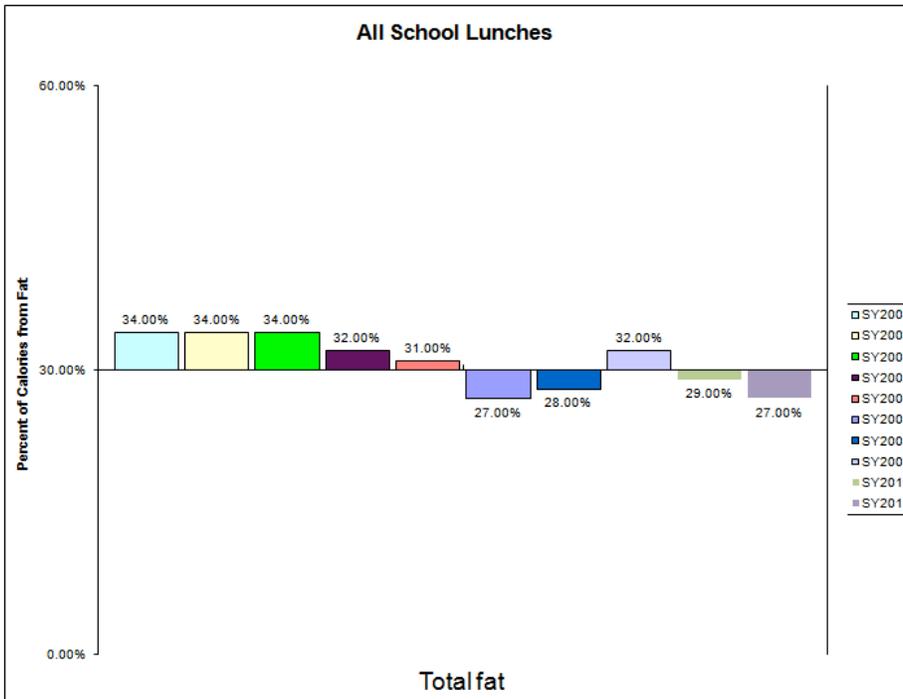
The following is a compilation of the past 10 years of monitoring. These graphs show the improvement statewide in meeting the nutrient standards.

Schools Meals Initiative measures a county's progress in planning, procuring, preparing and serving meals that meet the recommendations of the Dietary Guidelines as well as the appropriate nutrient standards.



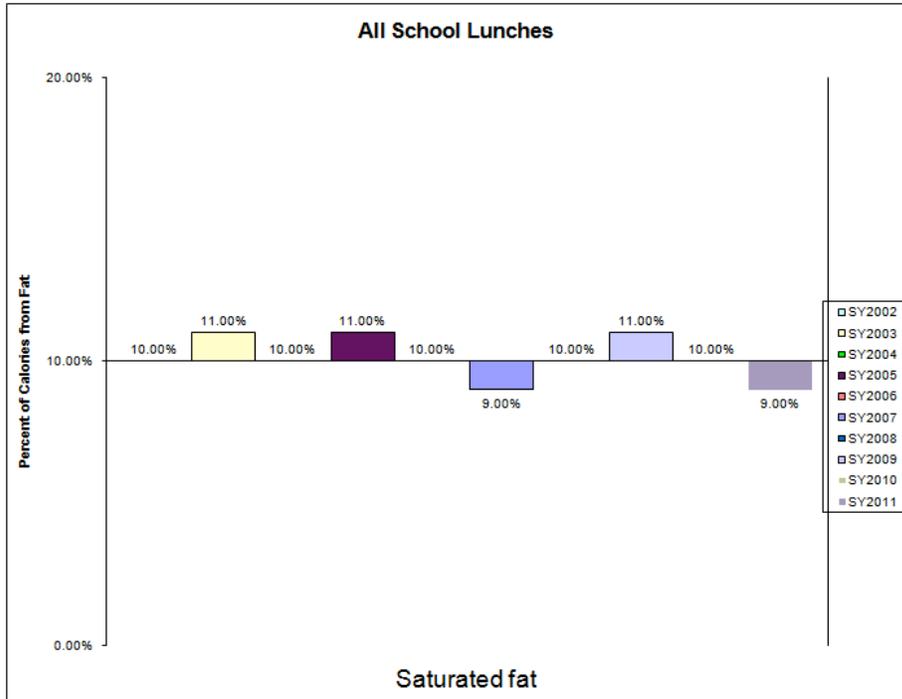


Calories have decreased over the past 10 years showing 32.9% or 1/3 of the RDA for calories required for lunch.

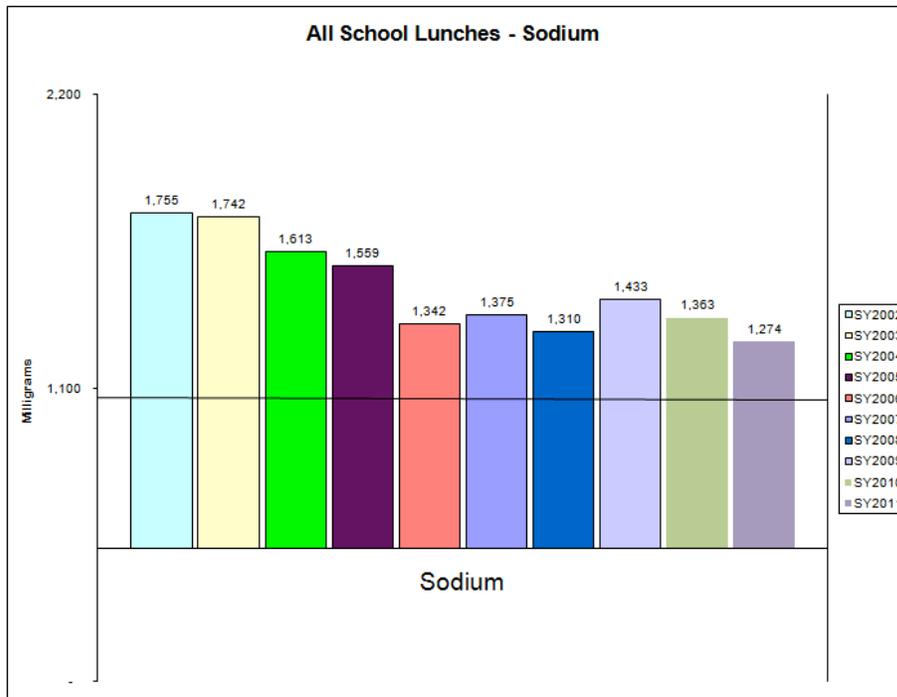


Total fat has decreased to less than the maximum 30% allowable in all school meals.

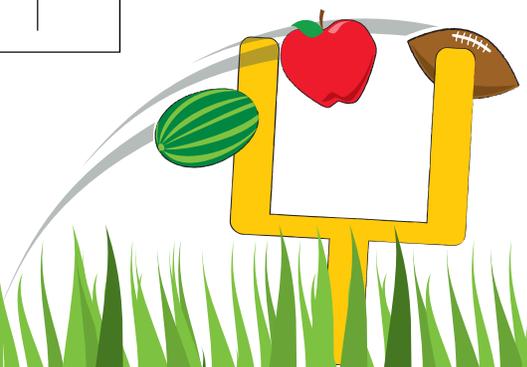




The values for saturated fat have varied ranging from 11 - 9% in the past 10 years. Recent figures show a decrease in the past 3 years.



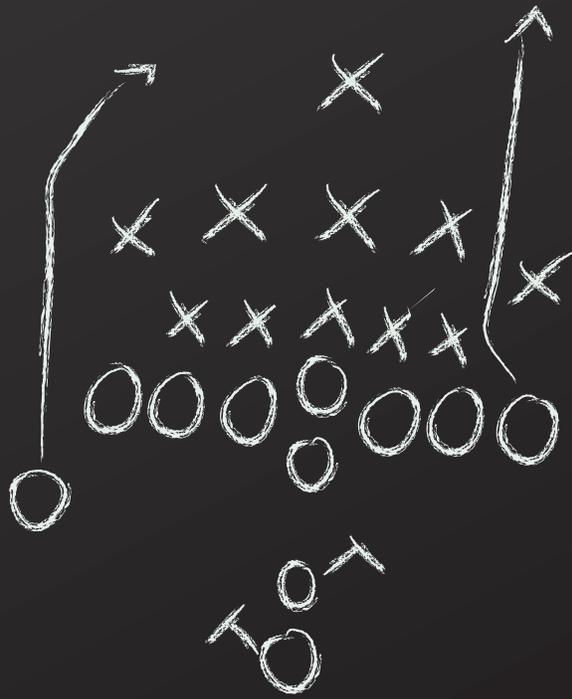
Sodium has steadily decreased as vendors have reduced sodium in their products, recipes have been modified and fewer processed foods are used.





The Game Plan

A Guide for Creating
a Model Food Service
Program



"Three rules for coaching: 1) Surround yourself with people who can't live without football. 2) Recognize winners. They come in all forms. 3) Have a plan for everything." - Bear Bryant



THE GAME PLAN:

A Guide to Creating a Model Food Service Program

Counties choosing to create and maintain an exemplary food service program must support and implement each of the following five Model Food Service Program components in schools.

1. Provide Leadership and Support
2. Serve Quality Meals
3. Improve the School Environment
4. Initiate Administrative Practices that Support Child Nutrition
5. Implement Innovative Programs

1. Provide Leadership and Support

It takes all three county leadership positions (superintendent, food service director and principals) working together toward the same goal to create a quality food service program. If any one of the three does not have the vision or commitment to reaching the shared goal, the program will not be as successful.

Superintendent

Support:

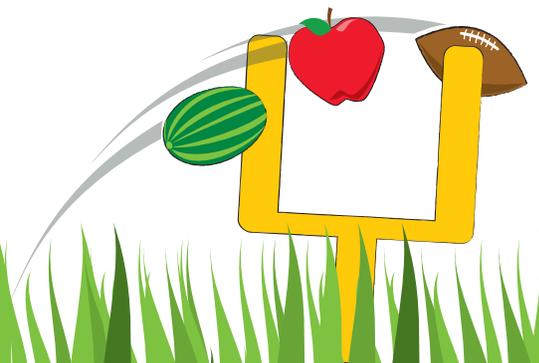
- Provide administrative leadership and support to ensure that every school in the district offers breakfast and every student has the opportunity to eat;
- Develop and implement effective School Wellness Policies that ensure that no child begins the school day hungry;
- Include school breakfast participation as a measure of success for each school building administrator;
- Employ a credentialed, full-time Food Service Director who meets WVDE staffing qualifications; and
- Garner basic knowledge about the program and overtly support the food service operations in the county.

Resources:

- Ensure there are enough resources (e.g. cooks for each school, adequate kitchens, and updated equipment) for the food service program; and
- Eliminate “across the board” programmatic cuts that negatively impact food service.

Communication:

- Seek input from food service staff on the timing of breakfast and lunch to ensure maximum participation;
- Maintain high levels of communication with the Food Service Director and Treasurer; and
- Request that the Office of Child Nutrition speak to principals annually and reinforce the significance of a quality program.



1. Provide Leadership and Support (cont'd)

Food Service Director

Training, Reporting and Monitoring:

- Attend Office of Child Nutrition meetings and trainings;
- Call or email the Office of Child Nutrition for assistance when you have questions or are uncertain how to accomplish a task;
- Submit federal reports within the required timeframe;
- Ensure that monthly claims for federal meal reimbursement are properly submitted and reconciled;
- Stay current on state and federal regulations; and
- Monitor your program, as required by February 1 each year. Thoroughly examine all kitchen operations: purchasing practices, inventories, food safety and temperature logs, record keeping and productive records, cafeteria environment, etc.

Management:

- Manage and analyze the food service program like a for-profit business. Manage costs and target revenues;
- Initiate efforts to give every eligible child the opportunity to receive a meal;
- Examine participation levels at each school and determine why some schools levels are low. Remove barriers to participation;
- Scrutinize all purchases at the school level and require cooks to buy only what is listed on the county market list;
- Discontinue the purchase of heat and serve items and require cooks to prepare school-made entrees;
- Require a salad bar each day;
- Discontinue the practice of purchasing plastic or Styrofoam plates and utensils;
- If eligible, participate in the Fresh Fruits and Vegetable Program (FFVP);
- Offer the After School At-Risk Snack or Supper Program to children throughout the school year and sponsor the Summer Food Service Program when school is not in session;
- Initiate Farm to School efforts whenever possible;
- Utilize commodity foods available to counties through the West Virginia Department of Agriculture;
- Maintain a centralized billing operation; and
- Engage in a rigorous outreach campaign each year to get meal applications from all potentially eligible families and to promote the healthfulness of school meals.

Supervision:

- Maintain adequate cook ratios at each school in order to maintain or increase participation;
- Be involved in the evaluation of food service personnel at the school level;
- Examine procedures for feeding adults at each school; understand the difference between program and non-program adults. Ensure that adults are categorized correctly; and
- Protect food service staff from potential staff abuses (e.g. special requests, additional staff portions, etc). Do not feed non-program adults for free.



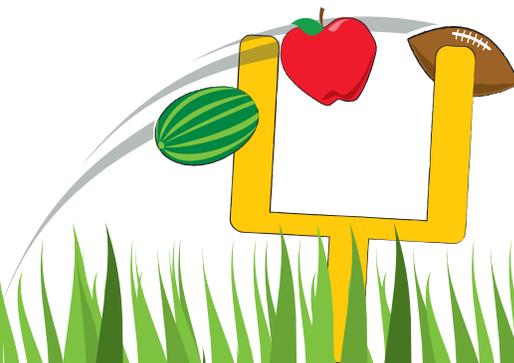
Principal

Positive Administrative Practices:

- All administrative practices should encourage meal participation. Discourage administrative practices that compete with the food service program (e.g. selling foods in competition with lunch, marketing vending items to discourage lunch participation, excessive wait times, schedules that do not allow time to eat);
- Include information about school breakfast in the packet of materials that go to parents at the beginning of the school year. Feature easy-to-access information about school breakfast on the school website that highlights the fact that qualifying for free or reduced-price meals includes breakfast, not just lunch;
- Promote breakfast frequently in emails, robo-calls (automated voicemails), on school district radio/TV stations when available, social media outlets such as Facebook and Twitter, and other communications with parents;
- Mail postcards to families to encourage them to participate;
- Conduct promotional activities (e.g. contests, celebrity appearances, special themes) that encourage students to participate;
- Inform teachers by scheduling the School Breakfast Program as an in-service topic to heighten awareness of the academic benefits of participation, barriers to participation, and ways that teachers can help encourage students to participate in breakfast;
- Enlist teachers to encourage students to participate by providing effective strategies to accomplish this task (e.g. modeling good eating behaviors, scheduling before-school activities in the cafeteria during breakfast);
- Know your school breakfast participation rates and set goals to increase your percentage each year; and
- Promote and serve breakfast and lunch on amended schedule days. Snow days cost the school nutrition program thousands of dollars and cannot be good financial sense. Cooks are paid regardless if they cook or not. If you fail to prepare to serve a breakfast and a lunch on amended schedule days, you are crippling your food service budget.

"Principals should have the same sense of urgency for students' good nutrition EVERY DAY that they have during WESTEST week."

Richard Goff, Executive Director, Office of Child Nutrition



Principal (cont'd)

Child Nutrition Policy/Regulation Implementation and Enforcement:

- Follow WV State Board Policy 4321.1, Standards for School Nutrition in regards to food and beverages sold, served or distributed throughout the school day (e.g. vended items, fundraising, and school parties);
- Eliminate program abuses. Asking or requiring cooks to prepare additional food items for service and teaching staff amounts to federal program fraud. Do not ask cooking staff to prepare “special” items for staff that are not part of the school nutrition program. Do not expect staff to receive additional portions of food. Meals that adults receive are comparable to the high school portion of food components. With an epidemic of obesity in this state, adults—and children--do not need additional entrée items. Most schools offer salad bars and student and staff have the opportunity to select additional fruits and vegetables as part of their meal. Although the cost to children is subsidized, the purchase price for adult meals should be no less than the cost to produce the meal. Staff members have the resources to pay and should be expected to pay for their meal. Please keep in mind, regardless of the price of adult meals, staff could not purchase a comparable meal outside of the school for the same amount;
- Understand the difference between a program and a non-program adult. Do not expect non-program adults—including you—to be fed at no cost. In West Virginia, counties spend so much money feeding staff that they could more than feed all reduced price children FREE meals in the state; and
- Conduct cook personnel evaluations in collaboration with the county Food Service Director.

Counties spend so much money feeding staff that they could more than feed all of the reduced price children for FREE!

Good Nutrition Practices:

- Form student nutrition committees to taste new items and promote the program among peers;
- Be a role model and encourage staff to model good nutritional practices at school (e.g. participate in the lunch program, discourage fast food in school, and eliminate soda consumption in school cafeteria and classrooms);
- If you have not already done so, go “DRY” (i.g., eliminate soda sales from school). If your county is “dry,” make sure you adhere to your county policy by eliminating sodas from your schools;
- View the food service program as part of the instructional day; understand and embrace the link between nutrition and learning; and
- Encourage students and their families to take advantage of the benefits of school meals through multiple communications throughout the school year.



2. Serve Quality Meals

Schools throughout West Virginia are working hard to create healthier school nutrition environments for all students. To reach program goals, child nutrition personnel must know how to plan, prepare, and serve meals that meet recommended nutrient levels for optimum health and nutrition while also managing a cost-effective operation. Child nutrition programs can encourage children to make healthy choices by providing a variety of nutritious foods with plenty of fruits, vegetables and whole grain products, while limiting excessive fat, sodium and sugars.

The model food service program should emphasize quality meal production and service, time management skills and optimal nutrition. The food service program should be the primary source of nutrition during the school day. Nutrition influences how well children grow develop and learn. Good nutrition provides the necessary energy and nutrients needed to succeed physically, mentally, socially and academically. A model child nutrition program can increase a student's potential for success.

Good nutrition is more than food. It incorporates the value of selecting nutrient rich foods plus educating about the benefits of a healthy lifestyle. Good eating practices are also encouraged when adults model healthy eating behaviors. A goal of all school personnel and adults should be to increase student participation and have students receive the nutritional benefits available to them through the child nutrition program.

A model food service program should emphasize quality meal service, time management skills and optimal nutrition.



Cooks need to cook

Cooking from scratch offers many positive benefits to planning, preparing and serving healthier school meals. Variety in the school menu means so much to students. The choices offered are tastier than the prepackaged or processed alternatives. Children enjoy eating a variety of freshly prepared meals that have a unique flavor. Scratch cooking incorporates basic ingredients using the skills and expertise of the cooks. It allows more variety in the choices that are offered to students. Items chosen for the menu can include main dishes, sandwiches, side dishes, breads and grains, breakfast items and fruit and vegetable bars.

The cost of the meal can be lower as well. Using the same ingredients allows the school kitchen to initially stock up on the basic ingredients. These items can be less expensive and also be purchased in quantity since they will be reused over and over.

Scratch cooking can also make the menu healthier. Fats, sodium, sugar and preservatives can be eliminated or reduced in the recipe. Recipes can be reviewed and tested adding herbs and spices to provide a distinctive taste. If cycle menus are utilized, the food service staff becomes accustomed to the recipes, and time spent in preparing the new products will decrease. Food service staff takes pride in the food they prepare and share their cooking successes with the students, encouraging them to try new items. "Practice makes perfect" and the end result will be a delicious meal that is well accepted by students.

Children enjoy eating a variety of freshly prepared meals that have a unique flavor

In West Virginia, cooking from scratch should be the "norm" and not the exception. One way to limit or eliminate the amount of 'heat and serve' products is to scrutinize the purchases made at the school level. Cooks should only be purchasing items that the county food service director has approved and these items should not include convenience products.

If food service staff is going to be expected to cook from scratch, they should be properly trained, have the equipment necessary to prepare meals, and be sufficiently staffed to meet the county's expectations. Requiring cooks to prepare school made products without sufficient equipment, labor and training is a recipe for failure.

"The cooking staff of Cabell County schools has worked very hard to provide students with healthy school meals that are cooked from scratch. The process has been difficult during this past school year, but the outcome has been very rewarding and well worth the extra effort. We feel that our students are receiving healthier school meals by adding many fresh ingredients to our school recipes. This has given our cooks much deserved pride in the quality of meals they are serving to so many children each day."

Rhonda McCoy, Director of Food Services, Cabell County Schools



How do Schools Improve the Meals they are serving?

In order to ensure the Dietary Guidelines and nutrient standards are met, the following practices should be incorporated into your child nutrition program.

1. Menu Planning: The menu drives the success of the child nutrition program and affects every facet of the operation. Make sure to consider these menu planning essentials:

- *Variety*: Plan a cycle menu that offers a variety of fresh fruits, vegetables, whole grains, low-fat or non-fat dairy and wholesome foods.
- *Color, texture and aroma*: Stimulate the appetite and make the meal more appetizing and interesting for students.
- *Portions*: Serve portions that are appropriate for the age/grade level of the student.
- *Arrangement*: Pay attention to how food looks on the tray. It should look fresh, delicious and appealing.

Eliminate old, out-dated menus. Menus should be marketed to showcase what you are actually serving (e.g. "school made," West Virginia grown," "whole wheat..").

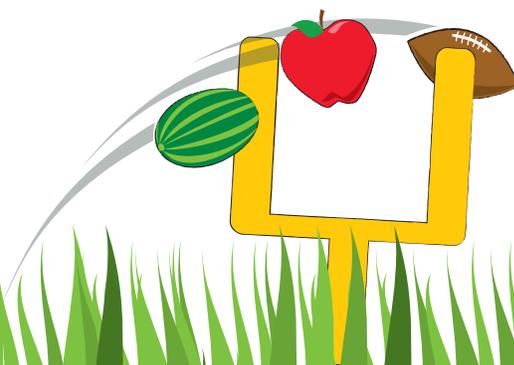
Serve the unexpected and you just might surprise your students! Try some of the following menu items:

- Vegetable pizza on whole wheat crust ;
- Fruit Parfait with fresh fruit topped with low-fat yogurt and crispy whole-grain cereal ;
- Vegetables, beans, salsa and low-fat shredded cheeses wrapped in a tortilla;
- A smoothie blended from frozen fruits, some low-fat yogurt and a spoonful of wheat germ; and
- Whole-wheat crackers with low-fat cheese.



2. Procurement: Purchase products that are nutrient rich in order to provide a healthy menu that meets the nutrient standards.

- *Research* various products to determine which items are the most nutritionally sound.
- *Develop* criteria for each food group to select items that provide the most nutrients and meet the caloric, fat, and sodium standards.



3. Recipe Modification: Making simple changes to recipes can help decrease unnecessary fat, sugar, sodium and calories. Here are 3 ways to improve the nutritional value of your recipe without cutting taste:

1. *Omit and/or reduce unnecessary ingredients.* Sometimes ingredients (e.g. sugar) may be omitted or reduced in a recipe, improving the nutritional quality, and still taste great.
2. *Substitute ingredients.* Making simple ingredient substitutions (e.g. applesauce for butter) in recipes can cut the amount of fat, sodium, sugar and calories, making them healthier without sacrificing taste.
3. *Alter the preparation method.* Changing the preparation method can significantly reduce calories and fat and make the food item much healthier.
 - **Baking** instead of frying.
 - **Steaming** vegetables using water instead of sautéing in oil.
 - Other healthy preparation methods include **boiling, broiling, grilling, poaching, roasting, stir-frying and microwaving.**

Always test recipes to ensure a high quality product when modifying a recipe.

4. Cycle Menus: Carefully planning a set of menus that are rotated on definite intervals, such as a 4 or 6 week cycle, can have many benefits, including:

- Offering variety with less repetition;
- Saved time and energy;
- Improved cost control; and
- Staff satisfaction.

Cycle menus can be modified to accommodate available supplies, seasonal fruits and vegetables, and special events. Menus can consist of as many weeks or months as needed. Choosing the best cycle length will be determined by the frequency of deliveries and the size of storage areas.

The following pages include examples of menus planned using good menu planning principles.

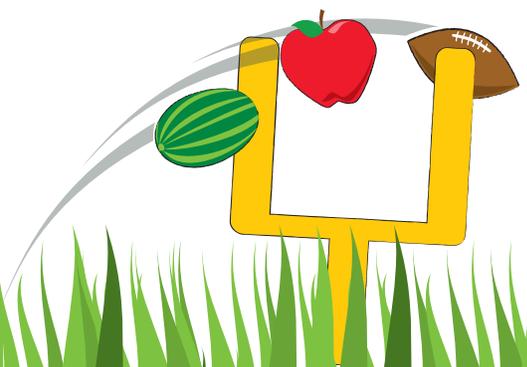


Menu Planning Tool

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> CREAMY OATMEAL CINNAMON TOAST PEANUT BUTTER FRESH ORANGES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> WHOLE GRAIN PANCAKES BLUEBERRIES FRUITED YOGURT ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> SCRAMBLED EGGS WHOLE WHEAT TOAST STRAWBERRIES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> BLUEBERRY MUFFIN COTTAGE CHEESE PINEAPPLE TIDBITS ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> SCHOOL MADE BREAKFAST WRAP CANTALOUPE ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY
<ul style="list-style-type: none"> FRUIT YOGURT PARFAIT BANANA ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> PEACH OATMEAL MUFFIN SQUARE RAISINS FRUIT COCKTAIL/COTTAGE CHEESE ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> EGG PITA SANDWICH LETTUCE/TOMATO FRESH APPLE WEDGES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> HOT APPLES/CINNAMON ROLL-UP WHOLE WHEAT TOAST BANANA ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> WAFFLES WHOLE GRAIN HARD BOILED EGG SLICED PEACHES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY
<ul style="list-style-type: none"> PIZZA DELIGHT CANTALOUPE ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> BERRY YOGURT PARFAIT FRESH ORANGES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> HARVEST MUFFIN CHEESE STICK BANANA ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> OATMEAL CINNAMON RAISIN BAGEL COTTAGE CHEESE APPLE SLICES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> SCRAMBLED EGGS W/ ENGLISH MUFFIN ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY
<ul style="list-style-type: none"> EGG/CHEESE ON WHOLE WHEAT BISCUIT APRICOTS ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> OATMEAL W/ DRIED FRUIT TOPPINGS CINNAMON TOAST PEANUT BUTTER FRESH PEARS ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> BREAKFAST WRAP FRESH BLUEBERRIES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> BLUEBERRY MUFFIN COTTAGE CHEESE FRUIT COCKTAIL CUP ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> SCRAMBLED EGG W/ WHOLE WHEAT TOAST FRESH APPLE WEDGES ASSORTED CEREAL ASSORTED FRUIT JUICE LOW FAT MILK VARIETY

- CEREALS ARE WHOLE GRAIN AND CONTRIBUTE <6G SUGAR/SERVING
- ASSORTED FRUIT JUICES IS 100% FRUIT JUICE
- MILK AND DAIRY PRODUCTS (YOGURT, COTTAGE CHEESE) ARE 1% AND/OR SKIM MILK VARIETIES
- NOTE: MENU ITEMS WITH A NOTATION (e.g. E – 17) INDICATE USDA RECIPES.



Menu Planning Tool

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • HOMEMADE VEGETABLE SOUP (H-04) • WHOLE GRAIN TOASTED CHEESE SANDWICH • FRUITED YOGURT • CRISP APPLE WEDGES • FRESH BROCCOLI/ CAULIFLOWER/ DIP • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • TACO SALAD (E-10) • WHOLE GRAIN CORN CHIPS • SPANISH RICE (B – 17) • REFRIED BEANS • FRUIT SHERBET • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • ROTISSERIE CHICKEN • HOT WHEAT ROLL • ROASTED POTATOES • FRESH CARROT STICKS/DIP • FRUIT COCKTAIL • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • MACARONI AND CHEESE (D-51) • WHOLE WHEAT BREAD • BROCCOLI SALAD (E – 17) • STRAWBERRIES 'N BANANA • YOGURT W/GRANOLA (J – 1) • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • VEGETABLE BEEF STEW (D-14) • CORN BREAD (B-09) • CREAMY COLE SLAW (E – 06) • FRESH KIWI • OATMEAL COOKIE (C-10) • LOW FAT MILK VARIETY
<ul style="list-style-type: none"> • OVEN BAKED CHICKEN (D-29) • HOT WHEAT ROLL • MASHED POTATOES • GREEN BEANS W/GARLIC • FRESH ORANGE WEDGES • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • WHOLE GRAIN CHEESE PIZZA • SPINACH SALAD • FRESH PEAR • YOGURT PARFAIT • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • BAKED TILAPIA • PARSLIED NOODLES • WHOLE WHEAT BREAD • CALI BLEND VEGETABLES • PINEAPPLE TIDBITS • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • SPAGHETTI W/MEAT SAUCE (D-35) • WHOLE WHEAT BREADSTICK • SPRING MIX SALAD • APRICOT HALVES • FRUIT SHERBERT • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • CHEESEBURGER ON WHOLE WHEAT BUN • LETTUCE/TOMATO/ONION • BAKED BEANS • CARROTS/CELERY • FRESH FRUIT SALAD • LOW FAT MILK VARIETY
<ul style="list-style-type: none"> • BARBECUE CHICKEN (D-11) • BROWN RICE PILAF (B-22) • HOT WHEAT ROLL • TOMATO, CUCUMBER AND ROMAINE SALAD • CINNAMON APPLESAUCE • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • BEAN SOUP (H – 07) • TURKEY VEGGIE WRAP • MACARONI SALAD (E-07) • FRESH GRAPES • CHERRY GELATIN W/ TOPPING • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • CHICKEN AND NOODLES (D-17) • GREEN BEANS W/ GARLIC • STRAWBERRIES • WHOLE GRAIN PUMPKIN MUFFINS • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • SAVORY MEAT LOAF (D-27) • QUICK BAKED POTATOES (I – 17) • HOT WHEAT ROLLS • ORANGE-GLAZED CARROTS (1-13A) • FRESH APPLE WEDGES • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • TUNA SALAD ON WHOLE WHEAT PITA (F – 08) • LETTUCE/ TOMATO/GREEN PEPPERS • WATERMELON CUBES • PEANUT BUTTER BAR (C-26) • LOW FAT MILK VARIETY
<ul style="list-style-type: none"> • MACARONI AND BEEF (D-22) • TOSSED SALAD • WHOLE WHEAT FLATBREAD W/HUMMUS (E - 24) • SLICED PEACHES/KIWI • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • TURKEY AND DRESSING SUPREME (D-38) • WHOLE WHEAT BREAD STICK • MASHED POTATOES • MANDARIN ORANGE • FRESH CRANBERRY SAUCE • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • SLOPPY JOE ON A WHOLE WHEAT BUN (F-05) • KALE • BLACK BEAN SALAD (E - 21) • COTTAGE CHEESE AND BLUEBERRIES • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • BEAN BURRITO (D-12A) • STEAMED BROWN RICE • WHOLE CORN TORTILLA CHIPS W/SALSA • CORN ON THE COB • FRESH CANTALOUPE • LIME FRUIT SHERBERT • LOW FAT MILK VARIETY 	<ul style="list-style-type: none"> • HONEY LEMON CHICKEN (D-44) • HOT WHEAT ROLL • BAKED SWEET POTATOES AND YAMS (1-07) • CAESAR SALAD • LOW FAT MILK VARIETY

- ALL GRAINS CONTAIN WHOLE GRAIN PRODUCTS.
- FRESH FRUIT IS OFFERED AT LEAST THREE TIMES A WEEK.
- DIFFERENT VEGETABLES ARE OFFERED EVERY DAY OF THE WEEK.
- DARK GREEN OR ORANGE VEGETABLES ARE OFFERED THREE TIMES A WEEK.
- ALL DAIRY PRODUCTS (MILK, YOGURT, AND COTTAGE CHEESE) ARE LOW-FAT OR NON-FAT.
- COOKED DRIED BEANS ARE OFFERED ONCE A WEEK.
- **NOTE:** MENU ITEMS WITH A NOTATION (e.g. E – 17) INDICATE USDA RECIPES.



3. Improve the School Nutrition Environment

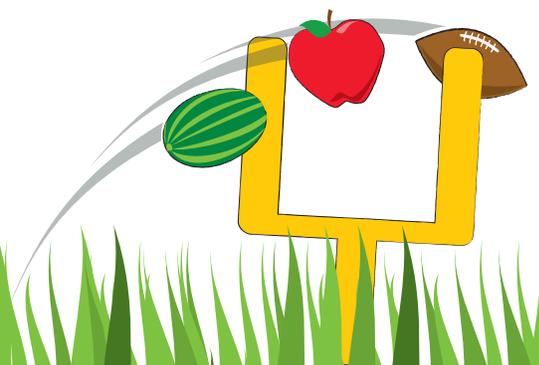
The school cafeteria should be a pleasant, clean, and welcoming place to eat. There should be plenty of time for enjoying a meal. State board policy requires 10 minutes for breakfast and 20 minutes for lunch. This requirement means the clock starts ticking from the time the child receives a meal—not bell to bell.

The cafeteria should have plenty of space for the child to sit and eat; wait lines should be minimal. If too many children are pushed through one meal service, it discourages participation. Consider adding additional meal service sessions, opening additional areas where meals are served, and grab-and-go opportunities. Additional cafeteria areas outside on picnic tables during summer months give children options regarding their dining experience.



Children should be allowed to socialize and talk while they consume their meal. They should not be subjected to excessive “quiet” requirements, loud whistles, or traffic signals that stifle socialization and, thereby, meal consumption.

Brighten and enlighten the cafeteria (and students!) by displaying student artwork, nutrition facts, nutrition information and posters throughout the dining area.



4. Initiate, Expect, and Model Administrative Practices that Support Child Nutrition

Administrative practices at the school or county level can often create as many barriers to program participation as the meals themselves. Counties should implement the following administrative practices if they are not already doing so:

Purchasing:

- Participate in a cooperative purchasing group. Co-ops give counties the best products at the most competitive prices; and
- Utilize commodity foods available to counties through the West Virginia Department of Agriculture.

Billing:

- Maintain student billing and collection efforts at the central county office—not in the school. By removing child nutrition funds from schools, theft and loss are minimized;
- Employ adequate support staff for the Food Service Director. In most cases, Food Service Directors are overseeing hundreds of thousands if not millions of dollars annually. Their duties are many: they are expected to collect the eligibility status of every child, implement direct certification, ensure bills are sent and money collected, maintain the electronic counting and claiming systems, submit the claim for federal reimbursement, manage the purchase of food at the school level and ensure that quality meals are produced and served to all children. Food Service Directors must also maintain efforts to increase participation in their schools by marketing and serving well-balanced reimbursable meals that appeal to students. They need administrative assistance to successfully oversee all facets of the child nutrition program;
- Consider hiring a full-time staff person to collect outstanding student debt, as opposed to contracting with a collection agency. There is a tradeoff between federal revenue and bad debt. Do not undermine your ability to obtain federal meal reimbursements by initiating practices that compromise participation;
- Mail lunch bills to family and do not send them home with students; and
- Accept credit card payments from families for lunch bills.

**Priority #1:
Support your
Food Service Director**

Charging:

- Develop a policy regarding charging privileges that includes a threshold that families cannot exceed; discontinue charge privileges when this amount is reached;
- Eliminate charging of second meals. There is no reimbursement for a second meal. Free students will receive a lunch bill, parents will assume it is a mistake and no payment will be made; and
- Eliminate overtly identifying students by their meal eligibility status by collecting minimal amounts of money on the line.



5. Implement Innovative Programs

All efforts in the county should be geared toward increasing participation. High participation in the school breakfast and lunch program is a “win” for everyone involved: nutritionally for the children, the principals in terms of student achievement and financially for the county. The best and easiest way to increase participation is to implement innovative programs. Innovative programs can be considered in two categories: environmental and policy change strategies.

Environmental program change strategies involve school-level nutrition programs that affect the overall school environment. Environmental change strategies include: Breakfast after First, Grab ‘N’ Go and Breakfast in the Classroom.

The best and easiest way to increase participation is to implement innovative programs such as
Breakfast after First,
Grab 'N' Go and
Breakfast in the Classroom.

Policy change strategies involve county-level decisions that affect every child in every school. Policy strategies include: Eliminating the reduced price meal category and universal free breakfast and/or lunch.

Environmental Change Strategies

Breakfast after First:

How Does Breakfast after First Period Work?

This model is also called a nutrition break or second chance breakfast. As the name implies, students eat breakfast during a break in the morning, usually between 9:00 am and 10:00 am. Reimbursable breakfasts are individually packaged in grab ‘n’ go bags. These are usually offered from mobile carts or tables located in high traffic areas where there are many students. Breakfasts can be hot or cold, depending on school facilities. Foods that are easy to eat or hand held are popular and more convenient.

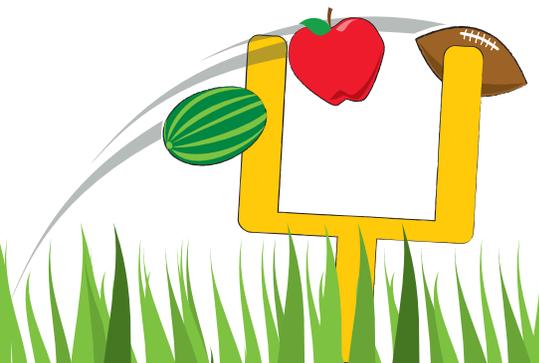


Many schools already offer a break from classes in the morning. By serving a reimbursable meal at this time, students who were not hungry first thing in the morning or those who ate breakfast very early now have a chance to eat a healthy meal. Serving a reimbursable meal is a healthy choice compared to ala carte options. Reimbursable meals also accommodate students who may not have the money to purchase vending.

Students are responsible for discarding their own trash. Extra trash cans in the area where students congregate between classes help to ensure that trash is discarded properly.

Why Serve Breakfast after First Period?

When you offer a mid-morning nutrition break, more students eat breakfast. Many middle and high school students are not interested in eating breakfast first thing in the morning. A mid-morning nutrition break is a great way to reach these students as well as those who do not have time to eat before school, or who ate very early in the morning. In some cases, schools do not have available space to serve breakfast. Serving breakfast from carts outside of the cafeteria eliminates this problem. A mid-morning nutrition break can be prepared quickly with few staff.



Breakfast after First (cont'd):**When Does Breakfast after First Period Work Best?**

Breakfast after first period works well in many different schools; the following qualities help make the breakfast after first period option successful in schools:

- A milk break or other break in the morning already exists;
- Buses arrive just before classes begin;
- There is no time to serve breakfast before classes;
- Students rely on vending machines for snacks in the morning;
- Teachers are supportive of breakfast and realize its importance to learning;
- There is no space to serve breakfast; and/or
- The cafeteria is centrally located.

SAMPLE High School Schedule for Grab 'N' Go Breakfast AFTER First Period

BREAKFAST	7 a.m.
Teachers Sign-In	7:15 a.m.
Students to Lockers	7:30 a.m.
Homeroom Tardy Bell	7:45 a.m.
Homeroom Dismissal	7:54 a.m.
1st Mod/1st Block Tardy Bell	8:01 a.m.
1st Mod Dismissal	8:50 a.m.
2nd Mod Tardy Bell	8:57 a.m.
2nd Mod Dismissal Bell	9:46 a.m.
AM BREAK	
GRAB 'N' GO BREAKFAST SERVED	
Break Warning Bell	9:53 a.m.
3rd Mod Tardy Bell	10 a.m.
3rd Mod Dismissal	10:49 a.m.
4th Mod Tardy Bell (Group B)	10:56 a.m.
1st Lunch Break (10:49-11:26) Group A (Sections A, B, C, D)	
Warning Bell- Return to class Group A	11:19 a.m.
4th Mod Tardy Bell (Group A)	11:26 a.m.
2nd Lunch Break (11:45-12:22) Group B (Sections E, F, G, H)	11:45 a.m.
4th Mod Dismissal Bell (Ends 2nd Lunch also)	12:15 p.m.
5th Mod Tardy Bell	12:22 p.m.
5th Mod Dismissal Bell	1:11 p.m.
6th Mod Tardy Bell	1:18 p.m.
6th Mod Dismissal Bell (6th Mod has 2 extra minutes for evening announcements)	2:09 p.m.
7th Mod Tardy Bell	2:16 p.m.
Student Dismissal	3:05 p.m.
Teacher Dismissal	3:15 p.m.



Breakfast in the Classroom:

Breakfast in the classroom has emerged as the most effective strategy to get school breakfast to the large number of students who need it. It is especially effective for those schools with high concentrations of free and reduced price eligible students that can serve breakfast in the classroom to all students for free.

At participating schools, breakfast participation levels have increased and additional federal reimbursements are helping food service accounts. Students participating in Breakfast in the Classroom don't struggle through mornings on empty stomachs and experience significant academic and health benefits.

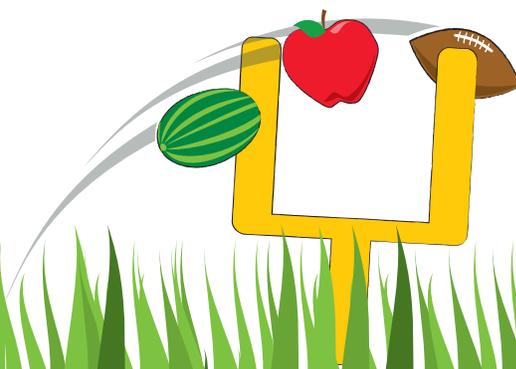
Research has been done on breakfast in the classroom indicating that children who participate are less likely to be absent, have fewer visits to the school nurse, and are less likely to be overweight. They eat more fruit, drink more milk and consume a wider variety of foods.

How does Breakfast in the Classroom Work?

The program has **three** critical components:

- 1. Delivery** – the most common options for getting breakfast to the classroom are:
 - School food service staff, students, or volunteers deliver it to classrooms;
 - Students pick up bagged breakfasts from hallway carts or kiosks; or
 - Students pick up breakfast from the cafeteria and bring it to the classroom.
- 2. Accountability** – There must be a system in place to keep track of which students participate in breakfast each day. This can be done in a number of ways; the delivery model usually determines the best approach. For example:
 - In a model where breakfast is delivered to the classroom, teachers can check off which students participate on a roster and return it to the school food service department; or
 - In a “Grab ‘N’ Go” model, students can swipe their cards or enter pin numbers on an electronic key pad.
- 3. Clean Up** – After breakfast is consumed, trash is disposed of and classroom surfaces are wiped, if necessary. Strategies that work well include:
 - Students place all breakfast trash in one receptacle which is then put outside the classroom in the hallway. Custodians collect the breakfast trash from each hallway (It may seem like more work for custodians, but the trade off is that they no longer have to clean the cafeteria after breakfast);
 - Each classroom has a spray bottle and roll of paper towels in case of spills; and
 - Students have responsibility for cleaning up their own desk after breakfast.

Breakfast in the Classroom



Breakfast in the Classroom (cont'd):

Classroom Activities and Instructional Time during Breakfast in the Classroom

- Breakfast in the classroom generally takes about 10 minutes to serve and eat, and is often done during morning activities, such as announcements, turning in homework or individual reading time; no instructional time is lost. Usually it takes time for children to settle in at the beginning of the day, and many teachers find that classroom breakfast is a successful transitional activity. Teachers report they have actually gained instructional time due to fewer nurse visits, and less tardiness and absenteeism.
- Recognizing the importance of morning nutrition to learning and performance on standardized tests, numerous State Superintendents of Education have recently issued policy memos clarifying that classroom breakfast meets the requirements of instructional time.

Garnering Support for Breakfast in the Classroom

- Work with your school nutrition director to create a menu of nutrient-rich, student-appealing breakfast choices. Offer conveniently packaged and easy-to-clean-up foods including fruits, vegetables, whole grains and low-fat or fat-free dairy foods.
- Speak with teachers and encourage them to use Breakfast in the Classroom as an opportunity to teach about healthy eating and the importance of breakfast.
- Consider local grocery stores, restaurants, or farms that might be willing to provide food samples and ideas.
- Spread the word about Breakfast in the Classroom. Create posters to put up in high-traffic areas, distribute flyers in classrooms and advertise your program in the school newsletter and website. Encourage everyone at your school to make healthy eating choices in the morning and to eat breakfast every day.

Grab 'N' Go Breakfast:

Organize a Grab 'N' Go Breakfast Station at a high-traffic location in school where students can get breakfast before school—or an event such as a “last chance breakfast” break after first period to make breakfast a fun, fast option for everyone!



How Does a Grab 'N' Go Breakfast Work?

Grab 'N' Go breakfasts are packaged in paper bags, boxes or trays. Students pick up their breakfast and eat it when and where they want, within school guidelines. Food service staff packs reimbursable breakfasts into individual paper bags, usually the day before, or purchase prepackaged reimbursable breakfasts in boxes. These foods are served with milk the next morning. Breakfasts are usually cold, but can include hot items as well.

Grab 'N' Go breakfasts can be served first thing in the morning, between classes, or at a mid-morning break. Bags can be served from mobile service carts located in high traffic areas such as the school entrance, cafeteria, hallways, or near the gym. Students can take the breakfast and eat it outside, in the hall, in class, or in the cafeteria, depending on what the school decides is appropriate. The serving carts usually have a computer or point of service machine. A school food service staff member operates the cart before school, during morning break, or between classes. There is a great deal of flexibility with this method of serving breakfast, depending on the school's needs. Students are responsible for following the school's guidelines as to where and when they can eat and for throwing out their trash.

Grab 'N' Go Breakfast (cont'd):

Why Serve a Grab 'N' Go Breakfast?

Grab 'N' Go breakfasts bring breakfast to the student, making it easier for them to choose to eat breakfast. Many middle and high school students are not hungry first thing in the morning or they want to hang out with friends. Grab 'N' Go breakfasts allow students the flexibility and choice to eat breakfast where and when they want. Grab 'N' Go breakfasts are convenient for food service staff and prepackaged breakfasts can take less time to prepare than traditional breakfasts.

Why Use Mobile Serving Carts?

Schools find that by bringing breakfast to the students on carts, participation increases because students do not need to leave their friends. Offering Grab 'N' Go breakfast from mobile carts allows schools to serve breakfast quickly to more students.

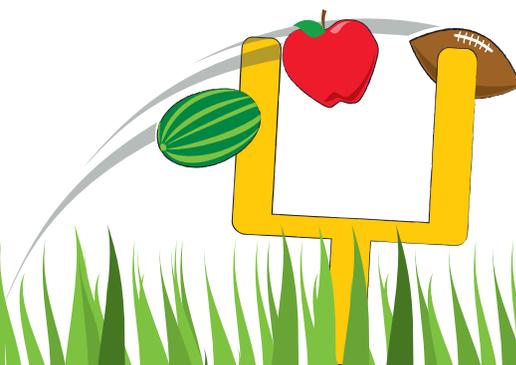
When Does a Grab 'N' Go Breakfast Work Best?

Grab 'N' Go breakfasts work particularly well in middle and high schools because older students enjoy the flexibility and choice that Grab 'N' Go provides. Here are some other qualities where Grab 'N' Go breakfasts are likely to be successful:

- The cafeteria or gym is crowded or not available for breakfast;
- A large number of students have to eat in a short amount of time;
- Buses arrive just before the start of classes;
- Teachers and custodial staff are supportive of breakfast and realize its importance to learning;
- Students rely on ala carte and convenience foods from outside the school for breakfast;
- The cafeteria isn't located where students enter the building or hang out; and/or
- The breakfast menu can easily offer Grab 'N' Go options.

Other Grab 'N' Go Ideas

- Work with your school cafeteria manager and principal to choose a location for your Grab-n-Go Breakfast Station. Consider locations where students tend to gather in the morning, such as a lobby or foyer, outside the library or gym, outside the front doors or near the bus loop.
- What tasty, appealing, healthy foods will your station offer? Consider polling students for comments about which choices they like and dislike. Ask them to suggest other nutritious breakfast options to offer in the future.
- Work with your school nutrition professionals to create a menu of nutrient-rich breakfast choices. Offer conveniently packaged and easy-to-grab foods that include low-fat or fat-free dairy products, whole grains, fruits and vegetables.
- Brainstorm design ideas for your Grab-n-Go Breakfast Station. Is it a table? A cart on wheels? A refrigerated station? As another option, work with school nutrition professionals to offer these more convenient and nutritious choices in the cafeteria breakfast line, for students who eat breakfast in the school cafeteria. Consider using "to go" containers so students can still "grab-n-go."
- Spread the word about your Grab-n-Go Breakfast Station! Create posters to put up in high-traffic areas, distribute flyers in classrooms and advertise your program during morning announcements.
- Consider local grocery stores, local farms or restaurants that may be willing to donate healthy foods or containers for your program.
- Plan your activities and secure donations or funding.



Breakfast Carts:

How Do Breakfast Carts Work?

Breakfast carts act as mobile serving areas for breakfast. Instead of having the students come to the cafeteria for breakfast, breakfast is brought to students. Grab 'N' Go breakfast work best with a breakfast cart. Breakfast can be prepackaged; however, some schools offer choices from their breakfast cart. The general rule is the food has to be portable and easy to grab.

Schools typically put their breakfast carts in high traffic areas such as the main entrance, hallway, outside the front door, or near the gymnasium. Wherever the students hang out is where the cart is located. Carts usually have a computer or point of service machine. A school food service staff operates the cart before school, during morning break, or between classes, depending on the school.

Carts can be purchased for a reasonable cost, but remember, you will have to also fund the portable milk coolers. Students are responsible for their trash and following school rules as to where they can eat their breakfast.

Why Use Breakfast Carts?

Schools find that by bringing breakfast to the students more students eat breakfast because they do not need to leave their friends to get breakfast. Breakfast carts mean that students do not need to choose between socializing and eating breakfast. Breakfasts served from a cart are convenient for food service staff and take less time to prepare than traditional breakfasts. Because breakfasts are Grab 'N' Go, breakfast carts allow schools to serve breakfast quickly to more students.

When Does Using a Breakfast Cart Work Best?

Using a breakfast cart works particularly well in middle and high schools, but it has also been successful in elementary schools. Here are some other qualities where using a breakfast cart is likely to be particularly successful:

- The cafeteria is located apart from where students hang out
- Environment service staff are supportive of serving breakfast at school
- The breakfast menu can easily be made into Grab 'N' Go breakfasts
- There is one main area of the school where students tend to gather
- The cafeteria tends to be congested or is too small to serve breakfast



Policy Change Strategies

Eliminating the Reduced Price Fee for Breakfast and/or Lunch:

How Does the Elimination for Reduced Price Breakfast Work?

Schools that eliminate reduced price for breakfast only offer their students two prices for breakfast – free and full price. Students that qualify for reduced price meals receive their breakfast for free in this model. This works well in schools with a high percentage of students that qualify for free and reduced price meals, but have low participation of reduced price students.

The school serves reimbursable breakfasts as it normally does. The only difference is that a breakfast is offered at no charge to students who qualify for reduced price meals. Even though the school only uses two categories for charging students, the school still receives federal reimbursement at the correct income category for each student. No additional money is provided from the Federal government to cover the cost of the reduced price students that are provided free meals.

Schools that eliminate reduced price charges for breakfasts often see an increase in participation in the lunch program, too. Many schools find that federal reimbursements are enough to cover the cost of serving free breakfast to this group of students.

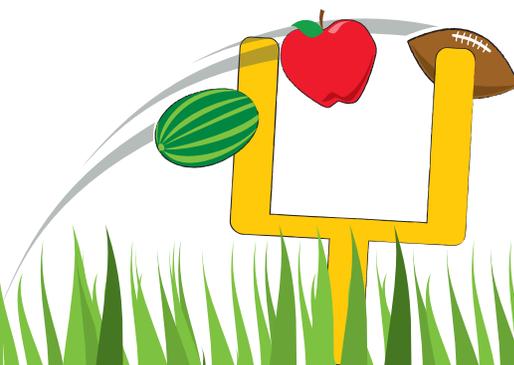
Why Eliminate Reduced Price Breakfasts?

When you eliminate reduced price charges for breakfasts, more students eat breakfast. Offering breakfast for free to students that qualify for reduced price meals removes any financial barrier that these students may experience. The more students who eat breakfast the better their overall diet quality, attendance, tardiness, behavior and test scores. In addition, more revenue is generated from the federal government if more students eat breakfast.

When Does Eliminating Reduced Price for Breakfast Work Best?

Eliminating reduced price for breakfasts works well in schools with low breakfast participation from reduced price students. Here are some other qualities where eliminating reduced price breakfasts are likely to be successful:

- High free and reduced approval rate at school;
- Additional staffing is not necessary to handle the increase in participation;
- Staff are supportive of breakfast and realize its importance to learning; and
- Breakfast is easily accessible to students.



Universal Free Breakfast Programs:

Providing breakfast at no charge to all students, often called “universal free”, helps remove the stigma for low-income children of participation in the school breakfast program.

Why have universal free breakfast programs?

Many children do not eat a nutritious breakfast every morning.

- Many families are living on very tight budgets and can't afford to provide good breakfasts at home every day, nor the money to buy them at school.
- Regardless of income, families today live busy lives, with long commutes and long and nontraditional work hours that often make it difficult to sit down at home in the morning to eat a nutritious breakfast.

Universal School Breakfast increases student participation in breakfast.

- Many students who are eligible for free or reduced price school breakfast do not participate because they do not wish to identify themselves as low-income by eating school breakfast. Providing breakfast at no charge to all students helps remove the stigma for low-income children of participation in the school breakfast program.
- Nationally, only 47 children eat federally-funded free or reduced price school breakfasts for every 100 who receive free or reduced price school lunch. Studies show that Universal School Breakfast programs dramatically increase student participation in school breakfast.
- Some Universal School Breakfast programs provide breakfast in the classroom when school starts in the morning, rather than in the cafeteria before school starts, which makes it easier for children to participate.

Universal School Breakfast improves student achievement, diets and behavior.

- Studies conclude that students who eat school breakfast at the start of the school day show a general increase in math and reading scores as well as improvement in their speed and memory on cognitive tests.
- Children who eat breakfast at school – closer to class and test-taking time – perform better on standardized tests than those who skip breakfast or eat breakfast at home.
- Children who have school breakfast eat more fruit, drink more milk, and consume a wider variety of foods than those who don't eat breakfast or have breakfast at home.
- Schools that provide breakfast in the classroom at no cost to all students report decreases in discipline and psychological problems, visits to school nurses and tardiness; increases in student attentiveness and attendance; and generally improved learning environments.



RULES

Policies and
Procedures

"Without self-discipline, success is impossible,
period." - Lou Holtz



FOLLOWING THE RULES:

Policies and Procedures

Child nutrition programs in West Virginia have federal regulations, state board policies and state code that govern the operations in our schools. This playbook contains what you need to know in order to have a model food service program.

Code of Federal Regulation (7CFR) Subchapter A

Subchapter A of 7CFR sets forth the requirements for participation in the National School Lunch and Commodity School Programs. It specifies Program responsibilities of State and local officials in the areas of program administration, preparation and service of nutritious lunches, payment of funds, use of program funds, program monitoring, and reporting and recordkeeping requirements.

West Virginia Board of Education Policy 4320, Policies of Operations Manual

This procedural rule establishes operational policy that enhances child nutrition and provides for efficient operation of the programs. These procedures relate to the school breakfast, school lunch, special milk, after-school care and nutrition education programs.

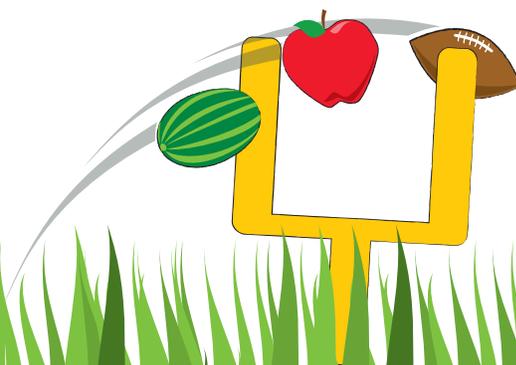
The mission of the Office of Child Nutrition is to enhance learning and quality of life through nutrition education and nutrition services. The primary purpose of the food service program is to provide the opportunity to meet each participant's nutritional needs: the child in school, the child in institutional surroundings, the special needs child, the child in day care and the functionally impaired adult in day care. An effective nutrition program makes available to all participants a nutritionally adequate, affordable breakfast and lunch that support health and learning. Snacks are added as needed for the participants.

All meal service in the dining area shall conform to the nutritional standards prescribed and shall be priced and served as a unit. Any other food or beverage served at any time during the day shall provide protein, vitamins and minerals in a satisfactory balance with calories in order to contribute to the nutritional quality of the meals served.

West Virginia Board of Education Policy 4321.1, Standards for School Nutrition

This legislative rule establishes nutrition standards for foods sold, served and/or distributed to students in schools during the school day. The procedures relate both to nutritional standards of school meals and other foods and beverages sold, served or distributed to students. Further, this rule includes recommendations pertaining to all foods sold, served or distributed on school premises.

Research has shown that schools play an important role in shaping student health behaviors. Students spend a major part of their day in the school environment. It is vital that this environment support the development of a healthy lifestyle, offer opportunities for students to make healthy and informed selections, and prepare students for academic success. In West Virginia schools, federally funded school nutrition programs are available to provide nutritious foods to all students. It is intended that these child nutrition programs be the main source of foods and beverages available at school. These programs have specific requirements to ensure that adequate nutrients are offered to promote health. Other foods and beverages, when available, should also provide necessary nutrients and contribute to an overall healthy eating environment. Schools are uniquely positioned to model and reinforce these healthful eating behaviors. This policy reflects an integrated approach to ensuring a school environment that promotes optimal nutrition for all students. The intent of this policy is to encourage and enable schools to provide students with nutritious food and beverage choices that will enhance learning and promote healthy behaviors that can be maintained throughout life.



In short, this comprehensive guideline is helping schools lay a healthy foundation for our students' success by implementing policies that encourage them to eat breakfast and lunch at school, create opportunities for successful and healthy fundraisers, provide healthy snack choices, support academic achievement with alternatives other than food as a reward and hosting classroom celebrations that are healthy and fun! We challenge superintendents, principals, teachers, parents and communities to get more involved.

www.wvsmartfoods.com

The Smart Food = Smarter Kids campaign was designed to bring the policy to life by enabling local nutrition directors to take the lead in engaging parents, students, schools and community leaders in improving school nutrition. An online toolkit, available at www.wvsmartfoods.com, is being used by parents, students, schools and communities involved in efforts to improve school nutrition. It is organized around five key aspects of the state's school nutrition policy: Eating at School is Cool, Fruitful Fundraising, Healthy Snacks, Rewarding Success and Let's Party, Let's Play. In addition, www.wvsmartfoods.com offers healthy recipes, school success stories, customized promotional tools and a food label nutrition calculator to see if various food items comply with state policy.



"I use to think that it was not fair that the kids could not enjoy a cupcake or cookie during their party. Then, after observing the parties I realized that the kids do not really care what they eat so long as they can enjoy their friends, play games, and have fun. It seems to be the parents who care. We should step out of the way and let the overall push to eat better take hold in the school. An apple is a better snack than a cupcake. I cannot imagine who would argue with that."

Carrie Fenwick, Parent, Overbrook Elementary

Healthy, Hunger-Free Kids Act of 2010 (Child Nutrition Reauthorization or CNR)

The Healthy, Hunger-Free Kids Act of 2010 (the Act), Public Law 111-296, was signed into law by the President on December 13, 2010. The Child Nutrition Reauthorization of 2010 makes many important improvements to the Child Nutrition Programs that serve millions of children across the United States each day.

The CNR provides for improved access to nutrition assistance through program expansion, outreach, and provisions that make it easier for children to get nutritious meals when they are away from home. The Act not only improves the nutrition quality of school meals, but improves the entire nutrition environment in schools. The Act enhances our understanding of the causes and consequences of hunger and food insecurity among children and helps inform future policy decisions on effective means of program delivery. The Child Nutrition Reauthorization also advances the goal of solving the problem of childhood obesity.



Penalties

Barriers to a Successful Program



"Show class, have pride, and display character. If you do, winning takes care of itself." - Bear Bryant





PENALTIES:

Barriers to a Successful Program

Often, schools and administrators will directly or indirectly permit situations that undermine the opportunity for students to participate in the school meals programs. By addressing these barriers, students will be able to benefit from the nutrition programs that afford them an opportunity to be well nourished and ready to learn. Some examples of these practices are as follows:



School Parties – School parties that serve foods and beverages and are scheduled prior to the meal service periods interfere with the nutrition program’s ability to provide the student with a well-balanced nutritious meal. These parties often compete with the child’s appetite resulting in plate waste and loss of nutrients for the student. School parties should be scheduled in the afternoon, after both school breakfast and lunch have been served.



Scheduling - Many times, due to scheduling difficulties, students are not allocated enough time to eat during the meal service periods. This practice manifests itself in long wait lines and poor participation. The breakfast meal service period should be scheduled to allow each student ten minutes to consume their meal once they have been seated. The lunch meal service period should be scheduled to allow each student twenty minutes to consume their meal once they have been seated. Meal service periods should be planned in such a way as to ensure that each student is given enough time to participate and enjoy their meal.



Administrative Practices – Administrative practice should promote the nutrition program as a part of the instructional day rather than an interruption to the instructional day. Combined serving periods, limited seating, competing school sponsored activities and the lack of administrative support negatively impact participation in the school meals programs. School staff should also be encouraged to dine and interact with the students during the meal service periods.



Cafeteria Environment – The dining environment should be conducive to student participation. The cafeteria should be inviting and conducive to participation. The meal service period is a break in the day that should allow students an opportunity to refuel and socialize. Highly structured monitoring systems such as “traffic lights” and “coaching whistles” establishes a negative environment.

D-HALL

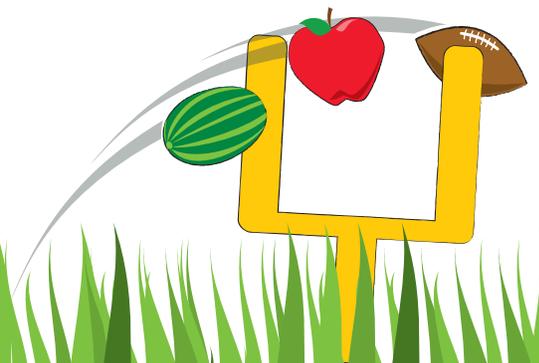
Detention Hall – All students must have an equal opportunity to participate in the school meals programs. Unless a student is considered a threat to the general population, student detention should occur after the student has an opportunity to have breakfast or lunch.



Fundraisers - All school fundraising activities involving foods and beverages that occur during the school day should meet the nutritional standards set forth in Policy 4321.1, Standards for School Nutrition. Additionally, all fundraising activities should not interfere or negatively impact meal times. School sponsored fundraisers such as donut sales, pizza sales, soda sales and local restaurant promotions should be avoided.



Teacher Influence – The teaching staff should encourage student participation in the school meal programs. Rewarding students with lunch privileges in the teachers’ lounge and the delivery of fast foods from outside vendors should not occur.





Team Statistics

County Level Data

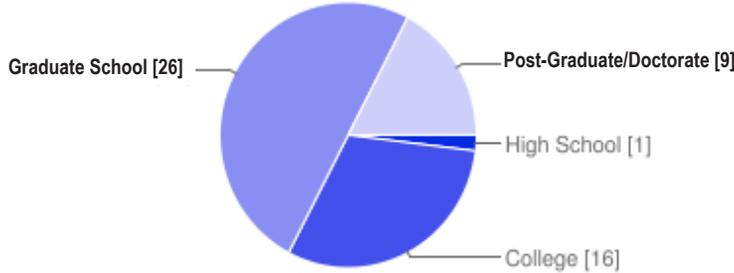
Home	Stats	Visitors
5	Pass	5
24	Run	24
558	Total Yards	558
29	Points	29

"I learned that if you want to make it bad enough, no matter how bad it is, you can make it." - Gale Sayers



FSD Fact Finding Survey Summary

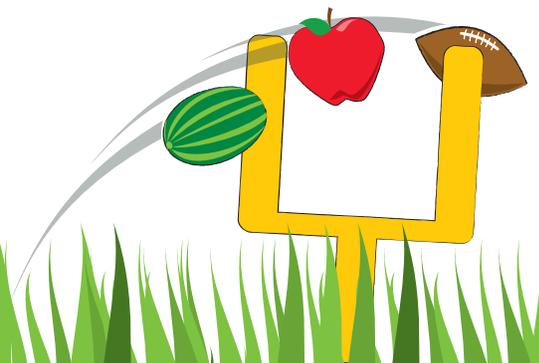
1. What is your highest level of education completed?



High School	1	2%
College	16	31%
Graduate School	26	50%
Post - Graduate/Doctorate	9	17%

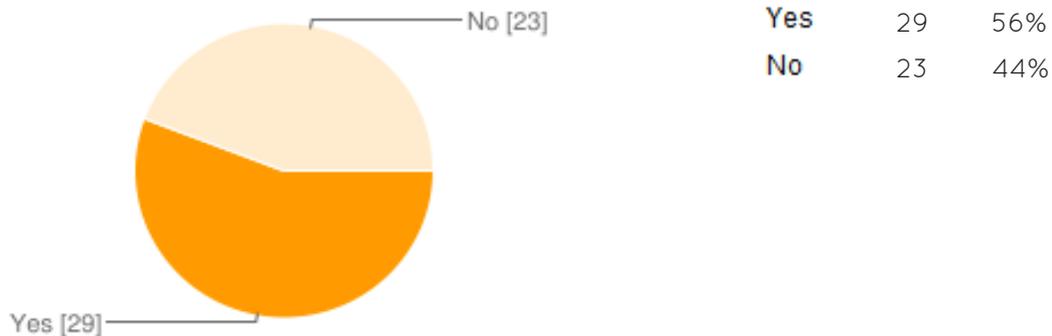
2. Please list your degree or major field of study:

2. BSBA major in accounting/finance
3. Business, MAT - Business and Marketing
4. I have a regent bachelor of arts but all my elective credits were in Family and Consumer Sciences, Hotel/Motel Management or Culinary Arts.
5. Board of Regents
6. Elementary Ed., Supervision
7. B.A. Economics
8. Dietetics
9. Social Studies Comprehensive 7 - 12 Glenville State College, Masters in Elementary Education through Marshall University, Leadership Endorsements through Salem International, 6 Hours in Nutrition through Fairmont State University.
10. Bible Degree from Appalachian Bible College, Bachelors Degree from the University of Maryland Major was History, Masters Degree in Educational Leadership from Troy State University
11. Multi-Subjects PK-8, Pre-K, Masters in Educational Leadership
12. BS Education, MS Child Development
13. Family and Consumer Science
14. Home EC/Food Service taken courses in Business Administration
15. Elementary Education/Business
16. BS - Human Nutrition & Foods, MS - Dietetics, MPH - Public Health
17. Masters + 15 hours in Public Administration
18. RBA
19. Masters in Education Administration
20. BA Psychology/Sociology/Biology
21. BA
22. B.A. Home Economics Comp 7-12, M.S Adult and Technical Education
23. Currently working on Bachelors degree
24. Accounting
25. Social Studies - not completed
26. Bachelor of Science in Education, Masters in Educational Administration-Secondary
27. BS Culinary Arts
28. Bachelor of Science Degree in Dietetics



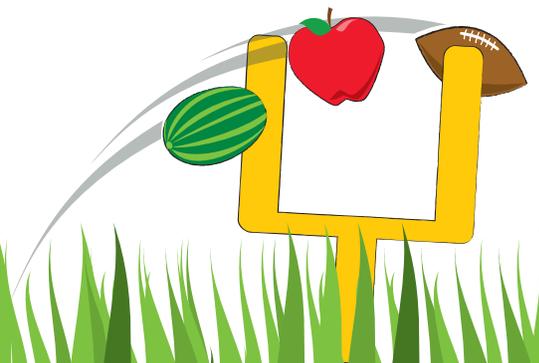
- 29. Master of Science in Nursing
- 30. BUSINESS ADMINISTRATION, MASTERS, NUTRITION AND DIETETICS, BS
- 31. BS in Education--Home Economics, MS in Curriculum & Instruction
- 32. Master of Arts--Reading K-Adult, Bachelor of Arts--Home Economics Education grades 5-12
- 33. Masters in Educational Administration with a Food Service Certificate
- 34. Human Nutrition--BS Degree, Community Health Education--MS Degree
- 35. BS - Dietetics, MS - Foods and Nutrition
- 36. Masters of ED. Elementary Ed. K-6, Special Ed. K-12
- 37. B.S. HOME ECONOMICS with electives done on Food Service., M.A. HOME ECONOMICS EDUCATION
- 38. BS in Family Resources, MA in Home Economics
- 39. BS - DIETETICS, MA - EDUCATION
- 40. Bachelors of Science -- Vocational Home Economics -- Concord, Masters of Education -- Vocational Education --Marshall
- 41. Educational Leadership
- 42. BS in Elem Ed and Multi Cat, MA in Educational Leadership
- 43. BA in Education (teaching fields - Family & Consumer Science, General Science, Math through Algebra I), MA in Education (Curriculum & Instruction, Educational Leadership)
- 44. Administrative k-adult, Masters Special Education k-adult, BA Elementary Education
- 45. Family and Consumer Science B.S, Reading M.A., Administration
- 46. Family & Consumer Science AB grades 5-12, Family & Consumer Science Masters with emphasis on early ed. and counseling, Administration Certification
- 47. Social Work, Art , Leadership
- 48. Nutrition & Dietetics
- 49. Bachelor of Science in Hospital Dietetics, Master of Science in Health Care Administration
- 50. Bachelor Degree in Business Administration
- 51. Regents Bachelor of Arts - plus approximately 9 hrs of Nutrition classes at the Graduate level.
- 52. Industrial Arts 7 - 12, 5 - 6 endorsements, Education Administration 7 - 12, Child Nutrition (renewed yearly) (6 hours graduate credit)

3. Is Food Service Director your only job responsibility?



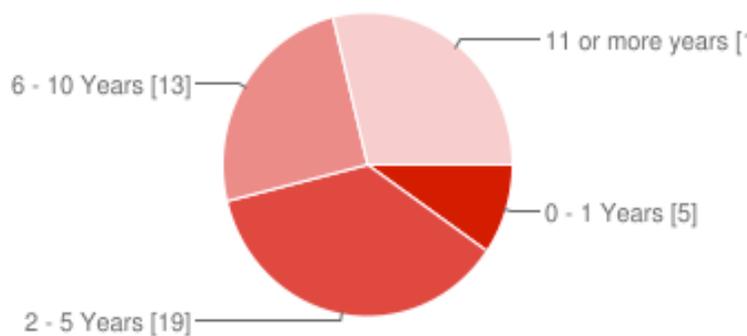
4. If your answer to question 3 “was no” what other titles or key responsibilities do you have? (Please List.)

1. Ex. Secretary to the Superintendent, Food Service Director, Certification clerk, Call-out Person for service personnel substitutes, Fingerprinting for all new employees, Grievance person - tape and transcribe, Board Members secretary, Other duties as assigned
2. None
3. Director Career and Technical Education
4. My answer was yes but it made me put an answer in order to get out of survey!
5. Public Relations
6. Head Start Director, Title IX
7. Co-coordinator of Staff Development for service personnel.
8. x
9. Transportation Director
10. Operations Director.
11. Transportation Director, Staff Development for Service Personnel
12. Coordinator of Health and Physical Education
13. Service personnel staff development
14. none
15. Administer the CACFP in five counties
16. I answered yes to #3, but it wouldn't let me go on. This is my only responsibility.
17. N/A
18. My answer was yes... this is enough to do!!!!
19. General Supervisor, WVEIS Contact, School Calendar Coordinator, Policy Coordinator, Discipline Coordinator, Community School Relations Coordinator
20. N/A
21. Staff Development
22. None
23. N/A
24. Food service is the only responsibility
25. None
26. Food Service IS my only job Responsibility
27. None
28. None
29. NA
30. Answer was yes
31. County Test Coordinator
32. Child Nutrition, Supervise School Nurses/Health Services, Title IV, Textbook Adoption, PASS Program, Science Fair
33. Food Service Director, Technology Director, Elementary Educational Supervisor of some schools, E-Rate
34. None
35. Part time - 110 days



- 36. Special Education Director, Pre-K Coordinator, Homebound Coordinator, Home school Coordinator, Title 9 Coordinator
- 37. Wellness coordinator for the county and chairperson of the sick bank.
- 38. I only have Child Nutrition responsibilities
- 39. THE ANSWER TO # 3 WAS YES BUT THE SURVEY WILL NOT LET ME SUBMIT.
- 40.no other responsibilities
- 41. Director of Maintenance, Director of Transportation, Director of Attendance, Anything that falls under or is related to these areas.
- 42. Special Ed, Purchasing, Title 3 and 9, 504 coordinator, Homebound Coordinator, Hearing Officer
- 43. Title IX Office, Service Personnel Staff Development Director
- 44.County test coordinator, Safety/facilities, Vocational
- 45. Personnel testing, Spelling Bee, Employee Recognition
- 46. Still a problem with the survey. I answered yes, but still have to put something in this box to submit my answers.
- 47. Principal, Service Personnel Professional Development Coordinator.
- 48. I answered yes to question 3.....
- 49. My answer was yes it is my only job responsibility and the survey wants this field filled out :)
- 50. I have no other responsibility.
- 51. None
- 52. Child Nutrition, Transportation, Maintenance, Facilities, Safety, Purchasing, SBA Projects

5. How long have you been a Food Service Director?

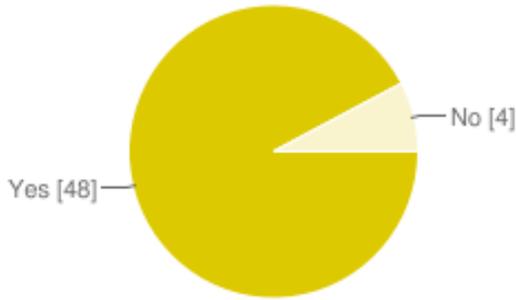


0 - 1 Years	5	10%
2 - 5 Years	19	37%
6 - 10 Years	13	25%
11 or more years	15	29%

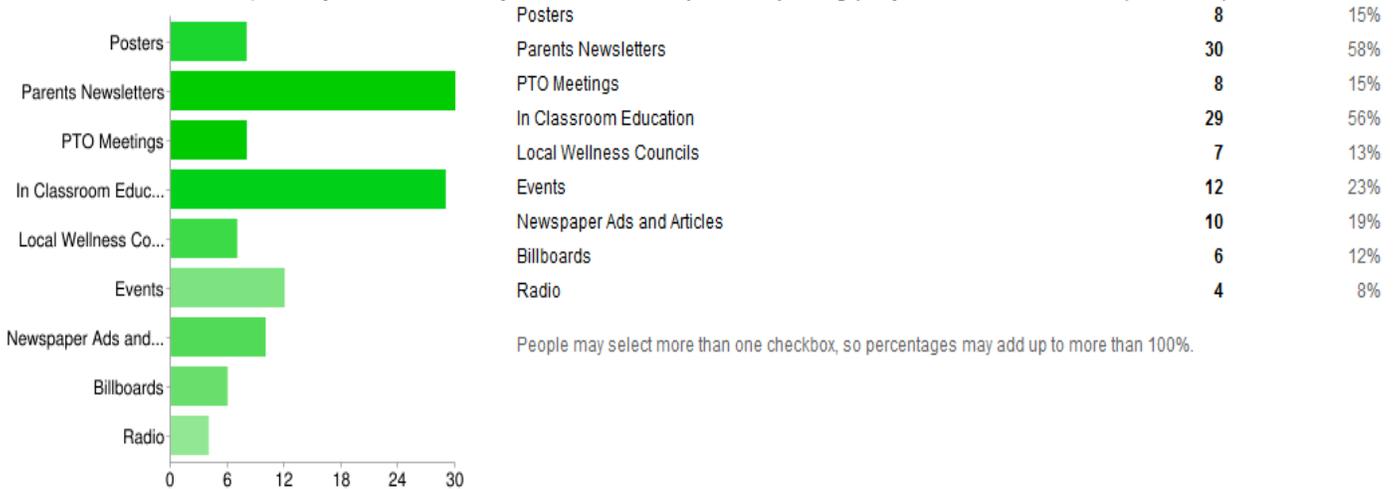


6. Do county administrative practices support the child nutrition program in your county?

Yes	48	92%
No	4	8%

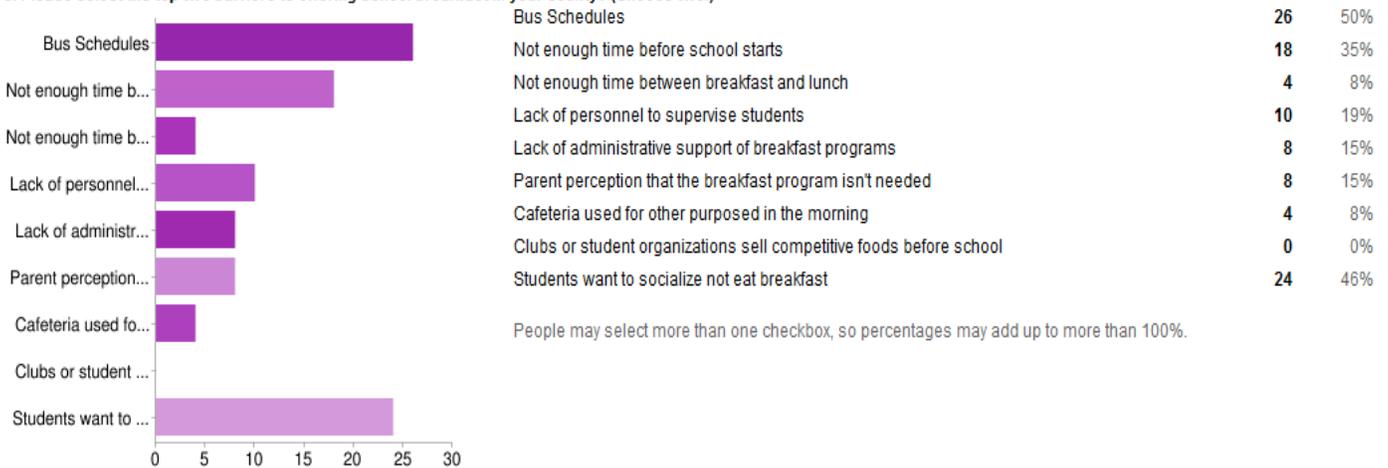


7. In terms of outreach materials, what do you think is the best way to communicate the importance of providing quality school breakfast and lunch? (Choose two.)



People may select more than one checkbox, so percentages may add up to more than 100%.

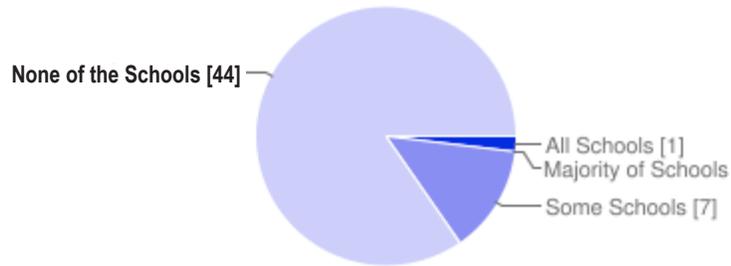
8. Please select the top two barriers to offering school breakfast in your county? (Choose two.)



People may select more than one checkbox, so percentages may add up to more than 100%.

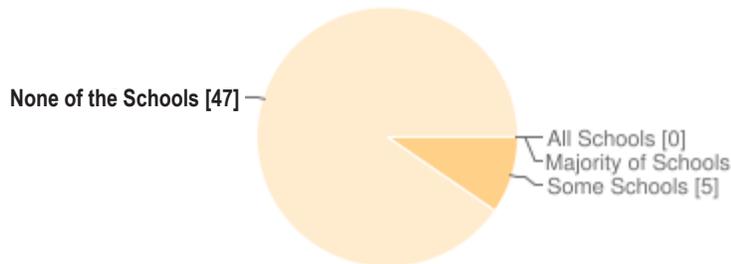


9. Do schools in your county offer breakfast after 1st period?



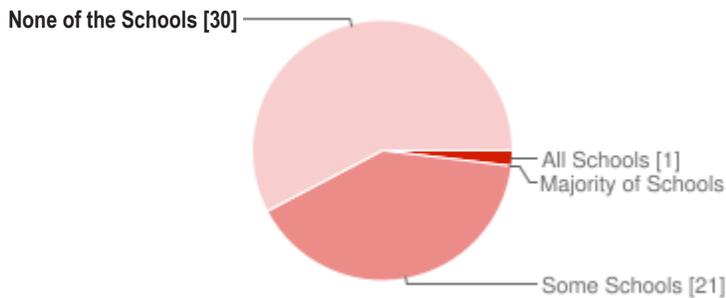
All Schools	1	2%
Majority of Schools	0	0%
Some Schools	7	13%
None of the Schools	44	85%

10. Do schools in your county offer breakfast in the classroom?



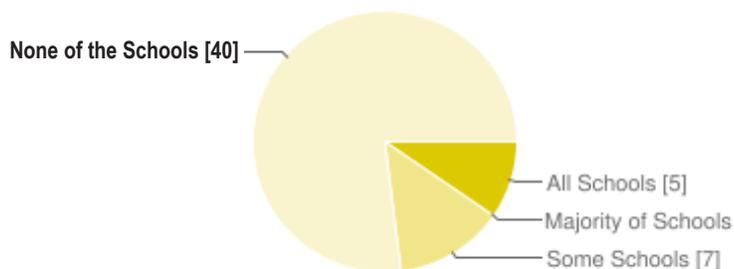
All Schools	0	0%
Majority of Schools	0	0%
Some Schools	5	10%
None of the Schools	47	90%

11. Do schools in your county offer grab and go breakfasts?



All Schools	5	10%
Majority of Schools	0	0%
Some Schools	7	13%
None of the Schools	40	77%

12. Do high schools in your county offer grab and go lunch?

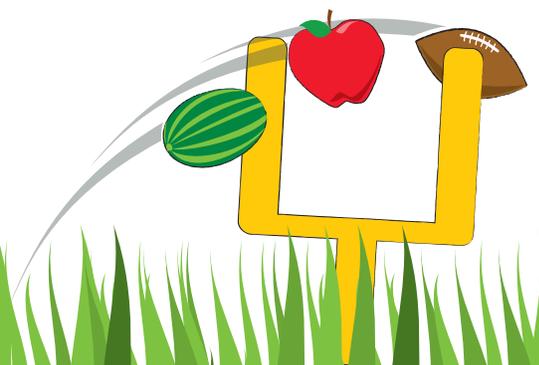


All Schools	5	10%
Majority of Schools	0	0%
Some Schools	7	13%
None of the Schools	40	77%



13. What is the most challenging thing about being a Food Service Director?

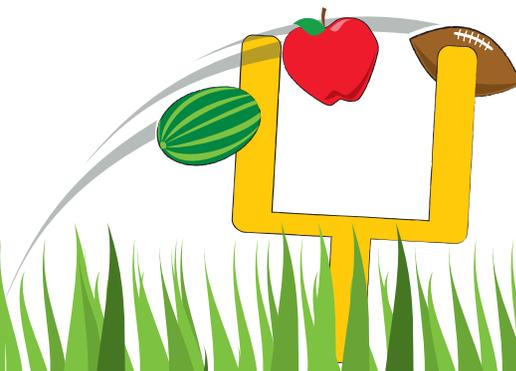
1. Wearing too many hats - you only scratch the surface of one hat and then you move to the next hat. Not being able to be out in the schools. No support from principals - When you are in their school they are on the same page with you, but when you leave they let things go against the policy you have just spoken to them on. Some time you are not respected by higher up because you do not have a degree.
2. Convincing the cooks to prepare food and present food that the students will want to eat
3. Not having enough time to fulfill all of the responsibilities of the job.
4. There is more than one "big" challenge. The first being responsible for the Wellness Policy and all food sold and served in the school in addition to all of the other duties we have. If it is done correctly the wellness policy could easily consume nearly 50% of your time.
5. Getting administrators on board with the child nutrition program.
6. Preparing Menus that meet requirements time for monitoring adequately
7. Trying to get the products that the students like and still meet the child nutrition guidelines and menus.
8. The time factor to keep all the different programs running smoothly.
9. Trying to meet the demands of a nutritious student meal and keep it within budget. Also, trying to educate the parents and students to eat more balanced and healthy meals.
10. Collecting lunch bills, universal feeding would make everyone's job easier and allow us to concentrate on the more important aspect of feeding healthier and more nutritious meals
11. Menu
12. SMI - staying within the guidelines for sodium, fat, calories, etc. Balancing the many aspects of the job. Wellness is becoming a full time job.
13. Jumping from one issue to another.
14. Meeting all the federal regulations because they are constantly changing.
Not enough staffing in certain areas.
Completion of reports
overseeing schools while at the same time running a dept- ordering, equipment breakdown pos problems, parentproblems financial etc
15. Health and Wellness
16. Lack of training regarding responsibilities.
17. Getting students to eat the healthier food.
18. No support from superior administration. (Too many chiefs and not enough WORKERS!!) We are a growing county with no help in sight.
19. The idea of Child Nutrition not being important.
20. Time to complete all that is needed. I love my profession. I have a deep passion for feeding students and wish I had more time to devote to doing more than is expected and really make a difference.
21. Having quality time to plan, organize, and promote the school breakfast and lunch program.
22. Misinformation and a lack of understanding about the requirements we have to meet.
23. Having the time to adequately give each aspect of my job the proper attention. Our office is staffed with 2 people and 8200 students.
24. Time
25. All the required paper work.
26. Feeding students, foods they will eat while meeting state and federal guidelines.
27. Offer Vs Serve (Clarification)



28. Getting teachers and some principals to understand the importance of our foodservice program.
 29. The time to get everything done and the paperwork involved is the most challenging.
 30. Parents who believe their students are “ENTITLED” to free meals but refuse to apply or are ABOVE the eligibility guidelines and REFUSE to pay when their student receives meals.
 31. Planning meals that students will eat and meeting state regulations for salt. Collecting bills from parents.
 32. Collection of debt--time consuming
Primero Edge--requires a lot of my time to provide support to schools/county levels of daily reconciling sessions, deposits, end of month closings, etc--most of the secretaries do not have accounting backgrounds. NutriKids—I like the information—program is very invasive and not really user friendly, requires a lot of time to build menus/recipes.
 33. Finding the time to do all the food service responsibilities.
 34. Having time to get everything that is required of us done. Personnel issues take up so much of my time that it is hard to get much of anything else done each day.
 35. Local Wellness
 36. Enough time to be productive
 37. Lunch bills and the time that it takes to deal with parent complaints.
Working with school staff and their lack of knowledge about nutrition and the school meal program.
 38. Everything in this program is very challenging! Working with Principals about the importance of having more than one lunch period so more kids can eat, working with Parents on paying for their lunch bills, working with nurses and parents on special diets, learning the program of Primero, planning wellness events or activities for 22 schools, making HACCP procedures different for each school building in your district, how to handle Pre-K/Daycare sites.
 39. GETTING ENOUGH STAFF FOR THE CHILD NUTRITION OFFICE TO SUPPORT THE PROGRAMS.
 40. Having both county and school administrators consider Child Nutrition as a valuable part of a child's education and part of their school day.
 41. Trying to balance all the hats I wear with the job of Food Service. Also, meeting the current guidelines while getting ready for the more restrictive guidelines coming. Also, trying to make sure the new guidelines will allow us to serve food that students will eat so it doesn't taste like wall paper paste but within budgetary limits with labor and supply and material costs.
 42. Too many duties/hats that I cannot devote the time truly needed to promote/support the program as it should be.
 43. The balancing act between the business side and the nutrition side
 44. Time
 45. Implementing change at the school level.
 46. Time. It seems that more responsibility is taken from the schools, but put on this office with no additional help in this office. I work many long hours and often take work home. I put in no less than 10-12 hour days. Various times throughout the year those hours are longer.
 47. Other Responsibilities
 48. Collecting lunch bills
 49. Being ignored by Principals when it comes to compliance with Policy 4321.1.
 50. Menu planning.
 51. Wellness Policy - we cannot commit our counties to additional expense due to the need for more educational materials or additional Phys. Ed. teachers in order to increase activity time. Our teachers have increased their activity time on their own but it is still not at the level that it should be.
 52. Nutritionals, menu planning
- 

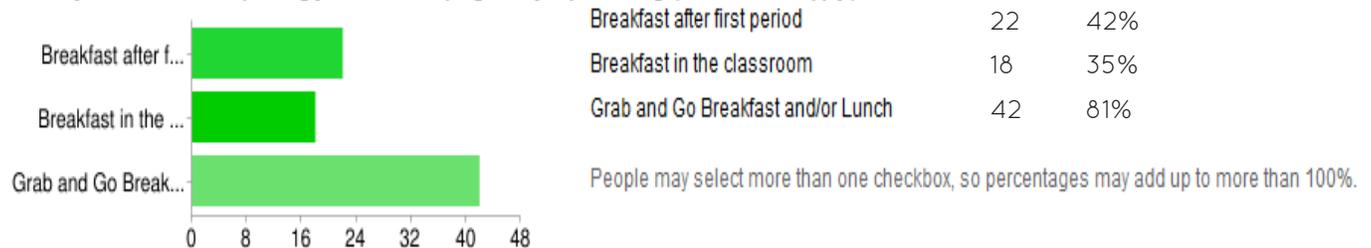
14. What is the most rewarding thing about being a Food Service Director?

1. Knowing that you are providing two healthy meals to children that may not receive a meal after they leave at the end of a school day.
2. The smile on a student's face when they enter the cafeteria
3. Feed children
4. I feel good knowing that we give the kids the highest quality meal possible with the resources we have. We have too many hungry kids when they return to school from a weekend or week at home. They will tell you that their Mom or often it is the Dad does not cook!
5. Watching children eat healthy meals!
6. Being part of a program that provides food to children.
7. Knowing that the students who may not really get a nourishing meal at home - do get one here at school.
8. Knowing that children receive two nutritional meals per day while they are in our care.
9. Knowing at the end of the day that 2100 students had the opportunity to receive both a healthy, nutritious breakfast and lunch.
10. At the end of the day our efforts, however feeble or frustrating, have gone toward feeding students healthy and nutritious meals
11. Once children and people buy into the new healthier choices or ideas
12. At last we're finally making progress and getting people's attention concerning nutrition and physical activity.
13. Working with the cooks; feeding the kids
14. Feeding children who home life is terrible.
15. Knowing that some students, who otherwise do not have nutritionally balanced meals at home, are offered a variety of foods through our lunch program.
16. Making a difference and implementing healthier options
17. Interaction with the students when getting feedback on the meals & when they give me suggestions for new foods to try.
18. It's rewarding to see improvements and to see things turn around. However, the amount of work is overwhelming.
19. ?
20. Watching changes take place that can last a lifetime!
21. Everything. My passion for this position far outweighs the time needed to just make it by. I want to see these children thrive well after they leave the school system! I will take things home just to be sure I can get all that is needed to do the best I can for these children and my staff.
22. Feeding those children that you know have not been fed at home.
23. Knowing that at the end of the day the students have had a nutritious meal that they may not receive at home.
24. Feeding students
25. Knowing that I make a difference in the lives of students who depend on the school meal program for their nutritional needs.
26. Seeing happy healthy students in our schools.
27. Feeding the students and seeing their smiling faces.
28. Providing the kids with a well balanced meal every day.
29. Feeding healthy meals to those children you know are hungry.



30. Providing the students of the county with nutritious and appetizing meals. Working with an outstanding group of hardworking and sometime unappreciated Cafeteria Managers and Cooks.
31. Getting rewarded for excelling.
32. Providing nutrition lessons to PTO, LSIC councils and students
33. Knowing that we provide the nutritional values for most children who would not normally receive a nutritional meal at home.
34. Seeing the children eating well and enjoying the food that is served!
35. Enabling and assisting school foodservice staff to feed children
36. Working in a program which can help all the students
37. Knowing that the meals that are being offered are health, plentiful and available to any child that is hungry.
38. Seeing hungry kids eat.
39. SEEING STUDENTS MAKING HEALTHY CHOICES! WE ARE NOW SEEING THIS WITH THE OLDER STUDENTS WHO WERE INTORDUCED TO FRESH FRUITS AND VEGETABLES IN THE ELEMENTARY SCHOOLS. YEA!!!!
40. Working with the children, visiting the schools and speaking with them about what they eat and why.
41. Seeing kids eat and enjoy the food being served.
42. I know that my decisions impact the kids and kids who need fed are greeting good meal choices.
43. Feeding the children - well-fed children learn and behave better
44. Ability to help students
45. Getting to try things like breakfast after first.
46. Knowing that I have assisted in putting a nutritious meal in front of a child that may otherwise not receive either a nutritious meal or a meal at all.
47. Wonderful staff
48. That I have a Job
49. The most rewarding part of my job is the little things. Like the child who gets to taste a fresh strawberry for the first time in their life. Or the child who tells you how much they love the cooks at their school and how good the meals are. Or the parent or grandparent, who is so grateful when you help lift one more burden from their shoulders by helping them qualify for meal benefits for their children.
50. Watching a student eat a breakfast or lunch. You can see on their faces the enjoyment. Some students this may be the only meal they will be receiving for that day.
51. Seeing that students are nourished during the school day as we know that some students have very limited access to foods at home.
Increased awareness contributing to childhood obesity.

15. Are you interested in expanding your breakfast program by implementing: (Check all that apply.)



COUNTY PERCENT NEEDY DATA

for Claim Date 10/01/2010

County	Enrollment	App Free	App Reduced	% of Needy
Barbour	2,713	1,399	291	62.29
Berkeley	18,438	7,131	1,500	46.81
Boone	4,620	2,210	347	55.35
Braxton	2,376	1,229	227	61.28
Brooke	3,422	1,370	325	49.53
Cabell	12,871	6,068	884	54.01
Calhoun	1,172	686	107	67.66
Clay	2,077	1,296	170	70.58
Doddridge	1,317	700	164	65.60
Fayette	7,536	3,728	678	58.47
Gilmer	946	449	111	59.20
Grant	1,915	779	197	50.97
Greenbrier	5,356	2,500	588	57.65
Hampshire	3,808	1,814	417	58.59
Hancock	4,332	1,791	344	49.28
Hardy	2,332	938	260	51.37
Harrison	11,461	4,906	880	50.48
Jackson	5,114	2,228	419	51.76
Jefferson	9,616	3,025	556	37.24
Kanawha	31,006	14,595	2,458	55.00
Lewis	3,007	1,278	272	51.55
Lincoln	3,897	2,193	377	65.95
Logan	6,559	3,385	509	59.37
Marion	8,581	3,512	649	48.49
Marshall	4,842	2,058	332	49.36
Mason	4,664	2,375	368	58.81
McDowell	3,619	2,666	335	82.92
Mercer	9,750	5,266	873	62.96
Mineral	4,468	1,815	464	51.01
Mingo	4,967	3,075	422	70.40
Monongalia	11,882	3,471	843	36.31
Monroe	2,057	947	231	57.27
Morgan	2,666	1,145	271	53.11
Nicholas	4,211	1,965	362	55.26
Ohio	5,454	2,226	367	47.54
Pendleton	1,083	477	162	59.00
Pleasants	1,325	538	130	50.42
Pocahontas	1,217	586	149	60.39
Preston	4,351	1,725	431	49.55
Putnam	10,594	3,281	886	39.33



COUNTY PERCENT NEEDY DATA (cont'd)

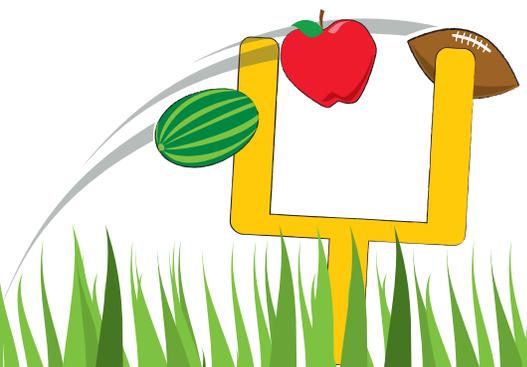
County	Enrollment	App Free	App Reduced	% of Needy
Raleigh	12,645	5,899	983	54.42
Randolph	4,443	2,117	483	58.52
Ritchie	2,173	829	214	48.00
Roane	2,531	1,391	243	64.56
Summers	1,565	863	144	64.35
Taylor	2,576	1,167	222	53.92
Tucker	1,063	472	166	60.02
Tyler	1,427	697	122	57.39
Upshur	3,875	1,879	429	59.56
Wayne	8,286	3,960	671	55.89
Webster	1,563	1,014	140	73.83
Wetzel	3,147	1,313	260	49.98
Wirt	1,015	511	80	58.23
Wood	14,262	6,367	989	51.58
Wyoming	4,283	2,294	391	62.69
STATE TOTALS	296,476	133,599	24,893	53.46%



SCHOOL PERCENT NEEDY DATA

for Claim Date 10/01/2010

County	School	Enrollment	App Free	App Reduced	% of Needy
Barbour	Belington Elementary	375	186	41	60.53
Barbour	Belington Middle Sch	297	153	43	65.99
Barbour	Junior Elementary	141	85	11	68.09
Barbour	Kasson Elem. & Middl	204	79	25	50.98
Barbour	Mount Vernon Elem. S	74	48	8	75.68
Barbour	Philip Barbour High	819	413	100	62.64
Barbour	Philippi Elementary	469	254	35	61.62
Barbour	Philippi Middle Scho	257	135	21	60.70
Barbour	Volga-Centry Element	77	46	7	68.83
TOTAL		2,713	1,399	291	62.29
Berkeley	BACK CREEK VALLEY	145	67	13	55.17
Berkeley	BEDINGTON ELEMENTARY	262	125	26	57.63
Berkeley	BERKELEY HEIGHTS SCH	870	461	53	59.08
Berkeley	BUNKER HILL ELEMENTA	401	148	35	45.64
Berkeley	BURKE STREET ELEM SC	174	128	6	77.01
Berkeley	EAGLE SCHOOL INTERME	737	380	67	60.65
Berkeley	GERRARDSTOWN ELEMENT	269	105	23	47.58
Berkeley	HEDGESVILLE ELEMENTA	662	233	54	43.35
Berkeley	HEDGESVILLE HIGH SCH	1769	471	119	33.35
Berkeley	HEDGESVILLE MIDDLE S	697	209	55	37.88
Berkeley	INWOOD PRIMARY SCHOO	166	59	5	38.55
Berkeley	MARLOWE ELEMENTARY	389	116	23	35.73
Berkeley	MARTINSBURG HIGH SCH	1808	713	132	46.74
Berkeley	Martinsburg North Mi	565	312	49	63.89
Berkeley	MARTINSBURG SOUTH MI	897	405	75	53.51
Berkeley	MILL CREEK INTERMEDI	562	227	51	49.47
Berkeley	Mountain Ridge Inter	344	123	38	46.80
Berkeley	MUSSELMAN HIGH SCHOO	1642	456	136	36.05
Berkeley	MUSSELMAN MIDDLE SCH	1208	400	133	44.12



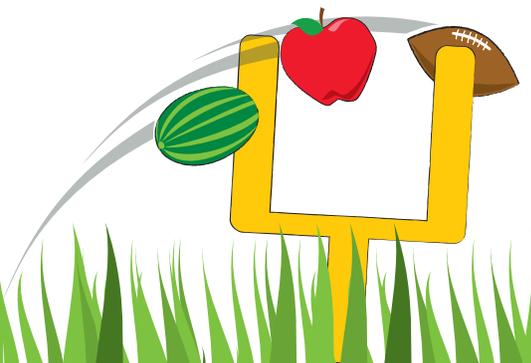
SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Berkeley	OPEQUON ELEMENTARY S	466	207	50	55.15
Berkeley	ORCHARD VIEW INTERME	607	283	52	55.19
Berkeley	POTOMACK INTERMEDIAT	657	248	64	47.49
Berkeley	ROSEMONT ELEMENTARY	468	180	20	42.74
Berkeley	SPRING MILLS MIDDLE	688	237	67	44.19
Berkeley	TOMAHAWK INTERMEDIAT	627	212	52	42.11
Berkeley	TUSCARORA ELEM SCHOO	376	209	25	62.23
Berkeley	VALLEY VIEW ELEMENTA	603	214	54	44.44
Berkeley	WINCHESTER AVENUE	379	203	23	59.63
	TOTAL	18,438	7,131	1,500	46.81
Boone	ASHFORD-RUMBLE ELEME	102	55	13	66.67
Boone	BROOKVIEW ELEMENTARY	538	258	40	55.39
Boone	JEFFREY SPENCER ELEM	117	64	10	63.25
Boone	MADISON ELEMENTARY	409	185	12	48.17
Boone	MADISON MIDDLE SCHOO	596	274	39	52.52
Boone	NELLIS ELEMENTARY SC	115	83	8	79.13
Boone	RAMAGE GRADE SCHOOL	263	161	16	67.30
Boone	SCOTT HIGH SCHOOL	651	265	45	47.62
Boone	SHERMAN ELEMENTARY	505	233	53	56.63
Boone	SHERMAN HIGH SCHOOL	666	300	78	56.76
Boone	VAN ELEMENTARY	105	62	5	63.81
Boone	VAN JUNIOR SENIOR HI	253	121	10	51.78
Boone	WHARTON ELEMENTARY	132	62	9	53.79
Boone	WHITESVILLE ELEMENTA	168	87	9	57.14
	TOTAL	4,620	2,210	347	55.35
Braxton	Braxton County High	712	309	60	51.83
Braxton	Braxton County Middl	653	323	76	61.10
Braxton	Burnsville Schol	137	85	16	73.72
Braxton	Davis Elementary	179	82	16	54.75
Braxton	Flatwoods Elementary	210	102	24	60.00
Braxton	Frametown Elementary	169	110	10	71.01
Braxton	Little Birch Elem.	104	79	7	82.69
Braxton	Sutton Elementary Sc	212	139	18	74.06
	TOTAL	2,376	1,229	227	61.28



County	School	Enrollment	App Free	App Reduced	% of Needy
Brooke	BEECH BOTTOM SCHOOL	117	77	13	76.92
Brooke	BROOKE HIGH SCHOOL	1120	370	109	42.77
Brooke	COLLIERS PRIMARY SCH	174	92	21	64.94
Brooke	FOLLANSBEE MIDDLE SCHOOL	540	216	19	43.52
Brooke	FRANKLIN PRIMARY SCHOOL	178	66	19	47.75
Brooke	HOOVERSON HEIGHTS PR	180	88	15	57.22
Brooke	JEFFERSON PRIMARY	276	125	24	53.99
Brooke	L.B.MILLSOP	106	20	19	36.79
Brooke	WELLSBURG MIDDLE SCH	493	204	60	53.55
Brooke	WELLSBURG PRIMARY	238	112	26	57.98
TOTAL		3,422	1,370	325	49.53

Cabell	ALTIZER ELEMENTARY	265	175	22	74.34
Cabell	BARBOURSVILLE MIDDLE	780	273	64	43.21
Cabell	BEVERLY HILLS MIDDLE	529	273	36	58.41
Cabell	CABELL MIDLAND HIGH	1827	502	126	34.37
Cabell	CENTRAL CITY ELEMENT	570	474	28	88.07
Cabell	COX LANDING ELEMENTA	236	137	25	68.64
Cabell	CULLODEN ELEMENTARY	219	110	19	58.90
Cabell	DAVIS CREEK ELEMENTA	250	72	15	34.80
Cabell	ENSLOW MIDDLE	302	211	18	75.83
Cabell	GENEVA KENT ELEMENTA	310	133	24	50.65
Cabell	GUYANDOTTE ELEMENTAR	266	212	13	84.59
Cabell	HIGHLAWN ELEMENTARY	304	197	21	71.71
Cabell	HITE-SAUNDERS ELEMEN	229	126	19	63.32
Cabell	HUNTINGTON HIGH SCHO	1540	717	80	51.75
Cabell	HUNTINGTON MIDDLE	614	361	24	62.70
Cabell	MARTHA ELEMENTARY	265	60	28	33.21
Cabell	MEADOWS ELEMENTARY	251	80	22	40.64
Cabell	MILTON ELEMENTARY	700	321	62	54.71
Cabell	MILTON MIDDLE SCHOOL	643	267	61	51.01
Cabell	NICHOLS ELEMENTARY	252	76	13	35.32
Cabell	ONA ELEMENTARY	380	123	18	37.11
Cabell	PEYTON ELEMENTARY	208	166	5	82.21

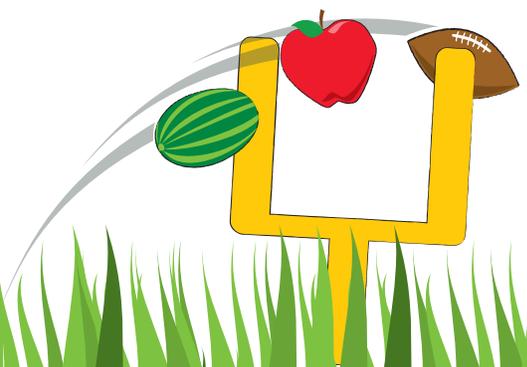


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Cabell	SALT ROCK ELEMENTARY	253	129	36	65.22
Cabell	SOUTHSIDE ELEMENTARY	458	199	20	47.82
Cabell	SPRING HILL ELEMENTA	494	405	28	87.65
Cabell	VILLAGE OF BARBOURSV	726	269	57	44.90
TOTAL		12,871	6,068	884	54.01
Calhoun	ARNOLDSBURG ELEMENTA	276	175	19	70.29
Calhoun	CALHOUN MIDDLE HIGH	637	350	62	64.68
Calhoun	PLEASANT HILL SCHOOL	259	161	26	72.20
TOTAL		1,172	686	107	67.66
Clay	BIG OTTER ELEMENTARY	252	153	28	71.83
Clay	CLAY ELEMENTARY	543	380	31	75.69
Clay	CLAY HIGH SCHOOL	605	352	54	67.11
Clay	CLAY MIDDLE SCHOOL	449	285	37	71.71
Clay	H.E. WHITE ELEMENTAR	100	50	7	57.00
Clay	LIZEMORE ELEMENTARY	128	76	13	69.53
TOTAL		2,077	1,296	170	70.58
Doddridge	DODDRIDGE CO. HIGH S	395	177	61	60.25
Doddridge	DODDRIDGE CO. MIDDLE	339	180	48	67.26
Doddridge	DODDRIDGE CO.ELEMENT	583	343	55	68.27
TOTAL		1,317	700	164	65.60
Fayette	ANSTED ELEMENTARY SC	266	139	16	58.27
Fayette	ANSTED MIDDLE SCHOOL	198	107	17	62.63
Fayette	COLLINS MIDDLE SCHOO	816	430	65	60.66
Fayette	DANESE ELEMENTARY	120	68	18	71.67
Fayette	DIVIDE ELEM SCHOOL	221	117	27	65.16
Fayette	FAYETTEVILLE ELEMENT	445	196	32	51.24
Fayette	FAYETTEVILLE HIGH SC	551	220	48	48.64
Fayette	GATEWOOD ELEMENTARY	177	122	7	72.88
Fayette	GAULEY BRIDGE ELEMEN	199	102	14	58.29
Fayette	MEADOW BRIDGE ELEMEN	196	101	27	65.31
Fayette	MEADOW BRIDGE HIGH	275	127	40	60.73



County	School	Enrollment	App Free	App Reduced	% of Needy
Fayette	MIDLAND TRAIL HIGH S	367	163	43	56.13
Fayette	MOUNT HOPE HIGH SCHO	348	205	27	66.67
Fayette	MT HOPE ELEMENTARY	255	183	21	80.00
Fayette	NEW RIVER ELEMENTARY	765	417	66	63.14
Fayette	NUTTALL MIDDLE SCHOO	186	85	35	64.52
Fayette	OAK HILL HIGH SCHOOL	874	314	72	44.16
Fayette	ROSEDALE ELEMENTARY	287	145	38	63.76
Fayette	VALLEY ELEMENTARY SC	378	207	27	61.90
Fayette	VALLEY HIGH SCHOOL	612	280	38	51.96
TOTAL		7,536	3,728	678	58.47
Gilmer	GILMER COUNTY HIGH S	427	174	49	52.22
Gilmer	GLENVILLE ELEMENTARY	197	92	24	58.88
Gilmer	NORMANTOWN ELEMENTAR	106	54	11	61.32
Gilmer	SAND FORK ELEMENTARY	116	74	11	73.28
Gilmer	TROY ELEMENTARY	100	55	16	71.00
TOTAL		946	449	111	59.20
Grant	DORCAS ELEMENTARY	81	39	5	54.32
Grant	MAYSVILLE ELEMENTARY	176	54	25	44.89
Grant	PETERSBURG ELEM	673	321	61	56.76
Grant	PETERSBURG HIGH SCHO	716	231	79	43.30
Grant	UNION EDUCATIONAL CO	269	134	27	59.85
TOTAL		1,915	779	197	50.97
Greenbrier	ALDERSON ELEMENTARY	273	178	21	72.89
Greenbrier	CRICHTON ELEMENTARY	129	89	14	79.84
Greenbrier	EASTERN GREENBRIER M	868	341	94	50.12
Greenbrier	FRANKFORD	286	126	28	53.85
Greenbrier	GREENBRIER EAST HIGH	1144	433	139	50.00
Greenbrier	GREENBRIER WEST HIGH	440	220	56	62.73
Greenbrier	LEWISBURG ELEMENTARY	510	177	41	42.75

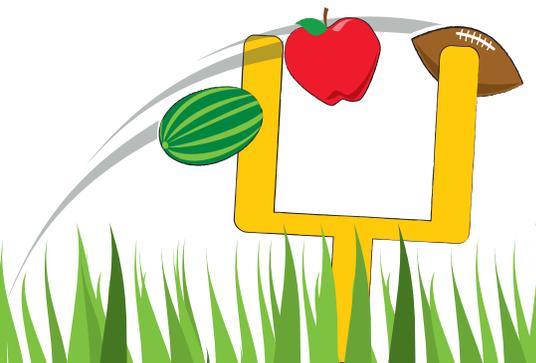


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Greenbrier	RAINELLE ELEMENTARY	210	145	23	80.00
Greenbrier	RONCEVERTE ELEMENTAR	451	219	50	59.65
Greenbrier	RUPERT ELEMENTARY SC	217	143	19	74.65
Greenbrier	SMOOT ELEMENTARY	132	65	15	60.61
Greenbrier	WESTERN GREENBRIER M	329	178	42	66.87
Greenbrier	WHITE SULPHUR ELEMEN	367	186	46	63.22
TOTAL		5,356	2,500	588	57.65
Hampshire	AUGUSTA ELEMENTARY	326	162	41	62.27
Hampshire	CAPON BRIDGE ELEMENT	459	206	41	53.81
Hampshire	CAPON BRIDGE MIDDLE	365	138	44	49.86
Hampshire	HAMPSHIRE HIGH	1200	507	141	54.00
Hampshire	JOHN J CORNWELL ELEM	116	63	9	62.07
Hampshire	ROMNEY ELEMENTARY SC	505	294	44	66.93
Hampshire	ROMNEY MIDDLE SCHOOL	467	251	56	65.74
Hampshire	SLANESVILLE ELEMENTA	233	123	29	65.24
Hampshire	SPRINGFIELD GREEN SP	137	70	12	59.85
TOTAL		3,808	1,814	417	58.59
Hancock	A. T. ALLISON ELEMEN	427	204	26	53.86
Hancock	BROADVIEW SCHOOL	400	193	17	52.50
Hancock	LIBERTY SCHOOL	247	90	25	46.56
Hancock	NEW MANCHESTER SCHOO	416	184	28	50.96
Hancock	OAK GLEN HIGH SCHOOL	617	201	55	41.49
Hancock	OAK GLEN MIDDLE SCHO	607	256	56	51.40
Hancock	WEIR HIGH SCHOOL	623	186	53	38.36
Hancock	WEIR MIDDLE SCHOOL	628	261	59	50.96
Hancock	WEIRTON HEIGHTS	367	216	25	65.67
TOTAL		4,332	1,791	344	49.28
Hardy	EAST HARDY EARLY/MID	542	180	63	44.83
Hardy	EAST HARDY HIGH SCHO	235	58	30	37.45
Hardy	MOOREFIELD ELEMENTAR	484	265	48	64.67
Hardy	MOOREFIELD HIGH SCHO	411	146	44	46.23
Hardy	MOOREFIELD INTERMEDIATE	325	149	42	58.77
Hardy	MOOREFIELD MIDDLE SC	335	140	33	51.64
TOTAL		2,332	938	260	51.37



County	School	Enrollment	App Free	App Reduced	% of Needy
Harrison	ADAMSTON ELEMENTARY	498	245	30	55.22
Harrison	ALTERNATIVE LEARNING	119	77	12	74.79
Harrison	BIG ELM ELEMENTARY S	675	354	37	57.93
Harrison	BRIDGEPORT HIGH SCHO	796	98	31	16.21
Harrison	BRIDGEPORT MIDDLE	540	90	35	23.15
Harrison	JOHNSON ELEMENTARY	633	108	25	21.01
Harrison	LIBERTY HIGH SCHOOL	628	283	71	56.37
Harrison	LINCOLN HIGH SCHOOL	636	258	73	52.04
Harrison	LOST CREEK ELEMENTAR	186	97	17	61.29
Harrison	LUMBERPORT ELEMENTAR	358	212	29	67.32
Harrison	LUMBERPORT MIDDLE SC	438	208	34	55.25
Harrison	MOUNTAINEER MIDDLE S	475	253	52	64.21
Harrison	NORTH VIEW ELEMENTAR	289	187	20	71.63
Harrison	NORWOOD ELEMENTARY	351	139	15	43.87
Harrison	NUTTER FORT INTERMED	536	292	37	61.38
Harrison	NUTTER FORT PRIMARY	720	398	37	60.42
Harrison	ROBERT C. BYRD	776	349	74	54.51
Harrison	SALEM ELEMENTARY SCH	345	162	49	61.16
Harrison	SIMPSON ELEMENTARY	387	86	18	26.87
Harrison	SOUTH HARRISON HIGH	426	156	46	47.42
Harrison	SOUTH HARRISON MIDL	307	133	31	53.42
Harrison	WASHINGTON IRVING MI	636	333	55	61.01
Harrison	WEST MILFORD ELEMENT	453	228	30	56.95
Harrison	WILSONBURG ELEMENTAR	253	160	22	71.94
TOTAL		11,461	4,906	880	50.48
Jackson	COTTAGEVILLE ELEMENT	147	83	10	63.27
Jackson	EVANS ELEMENTARY	156	54	20	47.44
Jackson	FAIRPLAIN ELEMENTARY	224	112	5	52.23
Jackson	GILMORE ELEMENTARY	220	116	13	58.64
Jackson	HENRY J. KAISER ELEM	369	216	16	62.87
Jackson	KENNA ELEMENTARY SCH	357	148	25	48.46

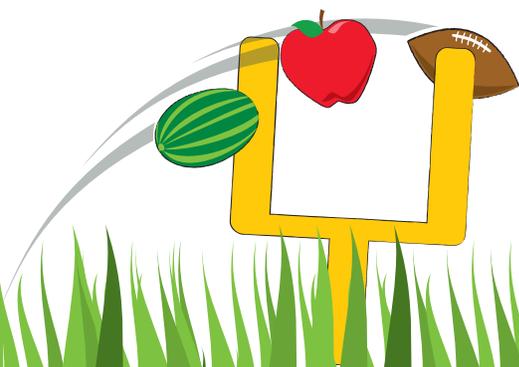


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Jackson	RAVENSWOOD GRADE SCH	303	148	27	57.76
Jackson	RAVENSWOOD HIGH SCHO	481	167	54	45.95
Jackson	RAVENSWOOD MIDDLE	347	168	32	57.64
Jackson	RIPLEY ELEMENTARY SC	748	376	60	58.29
Jackson	RIPLEY HIGH SCHOOL	981	325	78	41.08
Jackson	RIPLEY MIDDLE SCHOOL	781	315	79	50.45
	TOTAL	5,114	2,228	419	51.76
Jefferson	BLUE RIDGE ELM. SCHO	526	189	39	43.35
Jefferson	C.W.SHIPLEY ELEMENTA	390	110	21	33.59
Jefferson	CHARLES TOWN MIDDLE	598	162	33	32.61
Jefferson	DRISWOOD ELEMENTARY	508	105	18	24.21
Jefferson	HARPERS FERRY MIDDLE	570	163	44	36.32
Jefferson	JEFFERSON HIGH SCHO	1767	466	105	32.31
Jefferson	NORTH JEFFERSON ELEM	304	143	24	54.93
Jefferson	PAGE JACKSON ELEMENT	479	133	17	31.32
Jefferson	RANSON ELEMENTARY SC	391	257	33	74.17
Jefferson	SHEPHERDSTOWN ELEMEN	486	113	25	28.40
Jefferson	SHEPHERDSTOWN MIDDLE	310	101	19	38.71
Jefferson	SOUTH JEFFERSON ELEM	530	172	27	37.55
Jefferson	T.A.LOWERY ELEM. (20	609	294	35	54.02
Jefferson	WASHINGTON HIGH SCHO	1125	279	64	30.49
Jefferson	WILDWOOD MIDDLE	581	203	38	41.48
Jefferson	WRIGHT DENNY INTERME	442	135	14	33.71
	TOTAL	9,616	3,025	556	37.24
Kanawha	ALBAN ELEMENTARY	430	200	48	57.67
Kanawha	ALUM CREEK	196	106	19	63.78
Kanawha	ANDREW JACKSON MIDDL	676	274	65	50.15
Kanawha	ANDREWS HEIGHTS	344	164	31	56.69
Kanawha	ANNE BAILEY ELEMENTA	365	276	21	81.37
Kanawha	BELLE	365	216	30	67.40
Kanawha	BONHAM ELEMENTARY	163	111	15	77.30
Kanawha	BRIDGE	176	89	15	59.09
Kanawha	BRIDGEVIEW ELEMENTAR	457	283	43	71.33



County	School	Enrollment	App Free	App Reduced	% of Needy
Kanawha	CAPITAL HIGH SCHOOL	1261	636	84	57.10
Kanawha	CEDAR GROVE ELEMENTA	361	233	30	72.85
Kanawha	CEDAR GROVE MIDDLE	194	124	18	73.20
Kanawha	CENTRAL ELEMENTARY	411	192	33	54.74
Kanawha	CHAMBERLAIN ELEMENTA	211	108	11	56.40
Kanawha	CHESAPEAKE	202	122	14	67.33
Kanawha	CLENDENIN	394	221	31	63.96
Kanawha	CROSS LANES ELEMENTA	441	168	42	47.62
Kanawha	DUNBAR INTERMEDIATE	331	191	41	70.09
Kanawha	DUNBAR MIDDLE SCHOOL	486	261	54	64.81
Kanawha	DUNBAR PRIMARY CENTE	486	272	46	65.43
Kanawha	DUPONT MIDDLE SCHOOL	796	378	73	56.66
Kanawha	EAST BANK MIDDLE	430	231	34	61.63
Kanawha	ELK ELEMENTARY CENTE	643	344	39	59.56
Kanawha	ELKVIEW MIDDLE SCHOO	714	325	64	54.48
Kanawha	FLINN ELEMENTARY	471	209	43	53.50
Kanawha	GEORGE WASHINGTON HI	1128	214	45	22.96
Kanawha	GRANDVIEW ELEMENTARY	254	196	20	85.04
Kanawha	HAYES MIDDLE SCHOOL	655	302	69	56.64
Kanawha	HERBERT HOOVER	742	279	87	49.33
Kanawha	HOLZ	314	64	6	22.29
Kanawha	HORACE MANN MIDDLE S	478	220	25	51.26
Kanawha	J. E. ROBINS ELEMENT	271	198	19	80.07
Kanawha	JOHN ADAMS MIDDLE SC	740	176	43	29.59
Kanawha	KANAWHA ACADEMY	198	89	13	51.52
Kanawha	KANAWHA CITY ELEMENT	328	105	13	35.98
Kanawha	KENNA	193	35	6	21.24
Kanawha	LAKEWOOD ELEMENTARY	287	99	21	41.81
Kanawha	MALDEN	202	120	7	62.87
Kanawha	MARMET	226	135	26	71.24
Kanawha	MARY INGLES	227	104	27	57.71

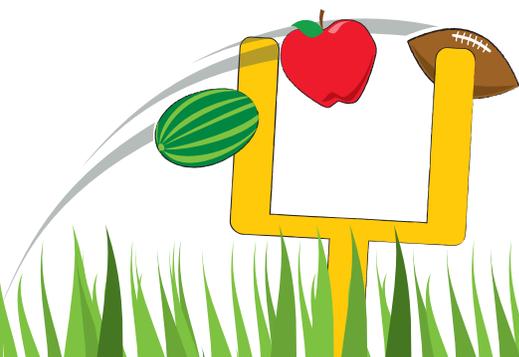


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Kanawha	MCKINLEY MIDDLE SCHO	494	217	52	54.45
Kanawha	MIDLAND TRAIL	242	134	31	68.18
Kanawha	MONTROSE ELEMENTARY	297	81	27	36.36
Kanawha	NITRO ELEMENTARY	440	246	34	63.64
Kanawha	NITRO HIGH SCHOOL	759	243	63	40.32
Kanawha	OVERBROOK	500	123	24	29.40
Kanawha	PIEDMONT ELEMENTARY	483	304	8	64.60
Kanawha	PINCH	456	149	32	39.69
Kanawha	POINT HARMONY ELEMEN	578	218	41	44.81
Kanawha	PRATT	346	201	31	67.05
Kanawha	RICHMOND ELEMENTARY	280	162	22	65.71
Kanawha	RIVERSIDE	1279	638	130	60.05
Kanawha	RUFFNER ELEMENTARY	370	215	22	64.05
Kanawha	RUTHLAWN ELEMENTARY	325	145	19	50.46
Kanawha	SHARON DAWES	239	160	21	75.73
Kanawha	SHAWNEE COMMUNITY CE	199	141	7	74.37
Kanawha	SHOALS ELEMENTARY	309	121	20	45.63
Kanawha	SISSONVILLE ELEMENTA	264	125	36	60.98
Kanawha	SISSONVILLE HIGH SCH	613	243	58	49.10
Kanawha	SISSONVILLE MIDDLE	676	283	33	46.75
Kanawha	SOUTH CHARLESTON HIG	1042	431	121	52.98
Kanawha	SOUTH CHARLESTON MID	421	202	45	58.67
Kanawha	ST. ALBANS HIGH	1070	446	107	51.68
Kanawha	STONEWALL JACKSON MI	505	336	25	71.49
Kanawha	TYLER MIDDLE SCHOOL	212	175	12	88.21
Kanawha	WATTS ELEMENTARY	230	128	17	63.04
Kanawha	WEBERWOOD ELEMENTARY	401	94	14	26.93
Kanawha	WEIMER ELEMENTARY	200	145	11	78.00
Kanawha	WESTSIDE ELEMENTARY	529	419	24	83.74
	TOTAL	31,006	14,595	2,458	55.00
Lewis	ALUM BRIDGE ELEMENTA	114	63	13	66.67
Lewis	JANE LEW ELEMENTARY	378	167	40	54.76
Lewis	LEWIS COUNTY HIGH SC	910	339	86	46.70
Lewis	PETERSON-CENTRAL EL	458	237	30	58.30
Lewis	ROANOKE ELEMENTARY S	181	118	13	72.38



County	School	Enrollment	App Free	App Reduced	% of Needy
Lewis	ROBERT L BLAND MIDDL	802	336	82	52.12
Lewis	ST. PATRICK SCHOOL	164	18	8	15.85
TOTAL		3,007	1,278	272	51.55
Lincoln	DUVAL PREK-8	649	368	51	64.56
Lincoln	GUYAN VALLEY MIDDLE	295	176	46	75.25
Lincoln	HAMLIN PK-8	591	317	57	63.28
Lincoln	HARTS MIDDLE SCHOOL	161	110	13	76.40
Lincoln	HARTS PRIMARY SCHOOL	242	163	18	74.79
Lincoln	LINCLON COUNTY HIGH	971	445	101	56.23
Lincoln	MIDWAY ELEMENTARY	309	164	18	58.90
Lincoln	RANGER ELEMENTARY	151	93	26	78.81
Lincoln	WEST HAMLIN ELEMENTA	528	357	47	76.52
TOTAL		3,897	2,193	377	65.95
Logan	BUFFALO ELEMENTARY	222	140	9	67.12
Logan	CHAPMANVILLE MIDDLE	581	272	55	56.28
Logan	CHAPMANVILLE REGIONA	717	279	71	48.81
Logan	EAST CHAPMANVILLE GR	365	191	20	57.81
Logan	HOLDEN	234	138	17	66.24
Logan	HUGH DINGESS ELEMENT	138	74	23	70.29
Logan	JUSTICE ELEMENTARY	137	54	10	46.72
Logan	LOGAN ELEMENTARY	421	271	27	70.78
Logan	LOGAN HIGH SCHOOL	831	375	64	52.83
Logan	LOGAN MIDDLE SCHOOL	796	438	56	62.06
Logan	MAN ELEMENTARY	306	167	17	60.13
Logan	MAN HIGH SCHOOL	397	205	38	61.21
Logan	MAN MIDDLE SCHOOL	488	259	40	61.27
Logan	OMAR GRADE	244	167	13	73.77
Logan	SOUTH MAN GRADE SCHO	144	84	6	62.50
Logan	VERDUNVILLE ELEMEN	126	56	17	57.94
Logan	WEST CHAPMANVILLE GR	412	215	26	58.50
TOTAL		6,559	3,385	509	59.37



SCHOOL PERCENT NEEDY DATA (cont'd)

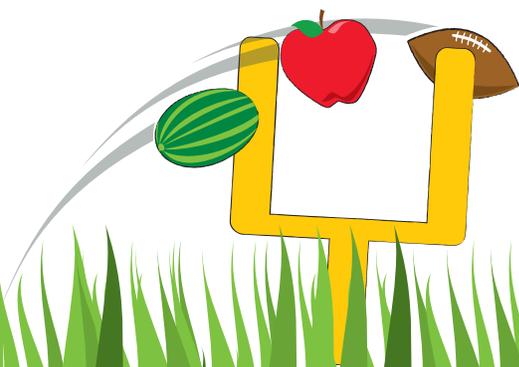
County	School	Enrollment	App Free	App Reduced	% of Needy
Marion	BARRACKVILLE ELEM/MI	409	164	35	48.66
Marion	BLACKSHERE ELEMENTAR	435	238	34	62.53
Marion	EAST DALE ELEMENTARY	722	246	58	42.11
Marion	EAST FAIRMONT HIGH S	878	257	61	36.22
Marion	EAST FAIRMONT JUNIOR	387	146	34	46.51
Marion	EAST PARK ELEMENTARY	398	231	32	66.08
Marion	FAIRMONT SENIOR HIGH	782	247	45	37.34
Marion	FAIRVIEW ELEMENTARY	182	82	14	52.75
Marion	FAIRVIEW MIDDLE SCHO	158	65	18	52.53
Marion	JAYENNE	327	142	17	48.62
Marion	MANNINGTON MIDDLE	390	194	37	59.23
Marion	MONONGAH ELEMENTARY	368	199	26	61.14
Marion	MONONGAH MIDDLE	224	93	28	54.02
Marion	NORTH MARION HIGH SC	874	314	75	44.51
Marion	PLEASANT VALLEY	285	87	21	37.89
Marion	RIVESVILLE ELEM./MID	382	200	35	61.52
Marion	WATSON ELEMENTARY	470	269	19	61.28
Marion	WEST FAIRMONT MIDDLE	670	282	45	48.81
Marion	WHITE HALL	240	56	15	29.58
	TOTAL	8,581	3,512	649	48.49
Marshall	CAMERON ELEMENTARY	409	178	33	51.59
Marshall	CAMERON HIGH SCHOOL	335	133	23	46.57
Marshall	CENTER MCMECHEN SCHO	233	154	10	70.39
Marshall	CENTRAL ELEMENTARY S	343	203	26	66.76
Marshall	GATEWAY ACHIEVEMENT CENTER	0	0	0	0.00
Marshall	GLEN DALE ELEMENTARY	194	57	22	40.72
Marshall	HILLTOP ELEMENTARY SCHOOL	388	125	25	38.66
Marshall	JOHN MARSHALL HIGH S	1233	418	75	39.98
Marshall	MCNINCH ELEMENTARY	421	240	31	64.37
Marshall	MOUNDSVILLE MIDDLE S	478	239	27	55.65
Marshall	SAND HILL ELEMENTARY	56	14	2	28.57
Marshall	SHERRARD MIDDLE SCHOOL	398	141	38	44.97
Marshall	WASHINGTON LANDS ELE	354	156	20	49.72
	TOTAL	4,842	2,058	332	49.36



County	School	Enrollment	App Free	App Reduced	% of Needy
Mason	ASHTON ELEMENTARY SC	450	220	35	56.67
Mason	BEALE ELEMENTARY SCH	292	193	33	77.40
Mason	HANNAN JR/SR HIGH SC	317	165	24	59.62
Mason	LEON ELEMENTARY SCHO	153	96	10	69.28
Mason	NEW HAVEN ELEMENTARY	480	257	45	62.92
Mason	POINT PLEASANT HIGH	1234	576	93	54.21
Mason	POINT PLEASANT INTER	485	254	35	59.59
Mason	POINT PLEASANT PRIMA	457	264	23	62.80
Mason	ROOSEVELT ELEMENTARY	317	143	28	53.94
Mason	WAHAMA JR/SR HIGH SC	479	207	42	51.98
TOTAL		4,664	2,375	368	58.81

McDowell	ANAWALT ELEMENTARY	113	91	7	86.73
McDowell	BRADSHAW ELEMENTARY	243	189	16	84.36
McDowell	FALL RIVER ELEMENTAR	170	126	21	86.47
McDowell	IAEGER ELEMENTARY	311	238	19	82.64
McDowell	KIMBALL ELEMENTARY	308	271	21	94.81
McDowell	MOUNT VIEW HIGH	805	556	96	80.99
McDowell	River View High School	590	389	59	75.93
McDowell	SANDY RIVER MIDDLE	272	179	31	77.21
McDowell	Southside K-8	489	384	45	87.73
McDowell	WELCH ELEMENTARY	318	243	20	82.70
TOTAL		3,619	2,666	335	82.92

Mercer	ATHENS SCHOOL	555	237	50	51.71
Mercer	BLUEFIELD HIGH SCHOO	715	387	66	63.36
Mercer	BLUEFIELD INTERMEDIA	355	239	33	76.62
Mercer	BLUEFIELD MIDDLE	552	343	46	70.47
Mercer	BLUEWELL ELEMENTARY	233	133	14	63.09
Mercer	BRUSHFORK ELEMENTARY	208	150	14	78.85
Mercer	CERES	201	153	15	83.58
Mercer	GLENWOOD SCHOOL	744	330	55	51.75
Mercer	LASHMEET/MATOAKA SCH	427	262	61	75.64

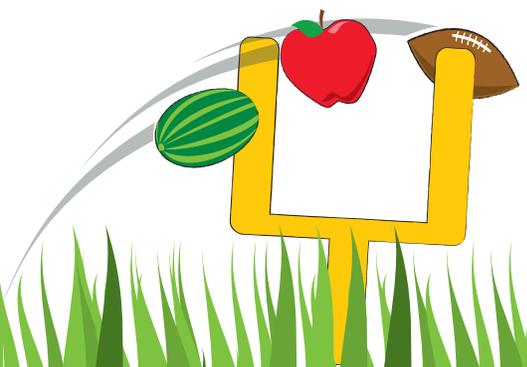


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Mercer	MCELC-BLUEFIELD	191	166	9	91.62
Mercer	MCELC-PRINCETON	170	99	9	63.53
Mercer	MELROSE ELEMENTARY	241	111	12	51.04
Mercer	MEMORIAL ELEMENTARY	209	147	13	76.56
Mercer	MERCER SCHOOL	346	168	35	58.67
Mercer	MONTCALM ELEMENTARY	318	206	42	77.99
Mercer	MONTCALM HIGH SCHOOL	341	196	36	68.04
Mercer	OAKVALE SCHOOL	205	126	25	73.66
Mercer	PIKE VIEW HIGH SCHOO	719	290	78	51.18
Mercer	PRINCETON HIGH SCHOO	1094	426	93	47.44
Mercer	PRINCETON MIDDLE	590	296	47	58.14
Mercer	PRINCETON PRIMARY	565	343	53	70.09
Mercer	SPANISHBURG SCHOOL	293	150	43	65.87
Mercer	STRALEY SCHOOL	198	132	14	73.74
Mercer	SUN VALLEY SCHOOL	128	67	3	54.69
Mercer	WHITETHORN ELEMENTAR	152	109	7	76.32
	TOTAL	9,750	5,266	873	62.96
Mineral	BURLINGTON PRIMARY	166	85	23	65.06
Mineral	ELK GARDEN PRIMARY/M	100	61	11	72.00
Mineral	FORT ASHBY PRIMARY	237	69	23	38.82
Mineral	FOUNTAIN PRIMARY SCH	179	88	22	61.45
Mineral	FRANKFORT HIGH SCHOO	539	145	56	37.29
Mineral	Frankfort Intermedia	323	107	26	41.18
Mineral	FRANKFORT MIDDLE SCH	559	168	53	39.53
Mineral	KEYSER HIGH SCHOOL	731	296	77	51.03
Mineral	KEYSER PRIMARY-MIDDL	1300	682	139	63.15
Mineral	NEW CREEK PRIMARY SC	158	53	11	40.51
Mineral	WILEY FORD PRIMARY	176	61	23	47.73
	TOTAL	4,468	1,815	464	51.01
Mingo	BURCH ELEMENTARY	586	392	46	74.74
Mingo	BURCH HIGH SCHOOL	356	195	31	63.48
Mingo	DINGESS ELEMENTARY	186	151	12	87.63
Mingo	GILBERT ELEMENTARY	458	291	40	72.27
Mingo	GILBERT HIGH SCHOOL	363	163	31	53.44
Mingo	KERMIT K8	342	204	31	68.71



County	School	Enrollment	App Free	App Reduced	% of Needy
Mingo	LENORE K-8	562	334	52	68.68
Mingo	MATEWAN ELEMENTARY	305	225	23	81.31
Mingo	MATEWAN HIGH SCHOOL	429	283	38	74.83
Mingo	RIVERSIDE ELEMENTARY	443	315	29	77.65
Mingo	TUG VALLEY HIGH SCHO	497	250	59	62.17
Mingo	WILLIAMSON HIGH	440	272	30	68.64
TOTAL		4,967	3,075	422	70.40
Monongalia	BROOKHAVEN SCHOOL	544	198	35	42.83
Monongalia	CHEAT LAKE ELEMENTARY	863	156	23	20.74
Monongalia	CLAY-BATTELLE HIGH S	543	150	73	41.07
Monongalia	EASTON ELEMENTARY SC	235	60	22	34.89
Monongalia	MASON-DIXON ELEMENTA	408	150	43	47.30
Monongalia	MORGANTOWN HIGH SCHO	1795	410	121	29.58
Monongalia	MOUNTAINEER MIDDLE	554	116	20	24.55
Monongalia	MOUNTAINVIEW ELEMENT	839	324	52	44.82
Monongalia	MYLAN PARK ELEMENTAR	569	234	60	51.67
Monongalia	NORTH ELEMENTARY SCH	786	196	42	30.28
Monongalia	RIDGEDALE SCHOOL	462	152	22	37.66
Monongalia	SKYVIEW ELEMENTARY	522	224	46	51.72
Monongalia	SOUTH MIDDLE SCHOOL	766	248	59	40.08
Monongalia	SUNCREST MIDDLE	521	127	18	27.83
Monongalia	SUNCREST PRIMARY	264	52	13	24.62
Monongalia	UNIVERSITY HIGH SCHO	1443	348	116	32.16
Monongalia	WESTWOOD MIDDLE	464	185	50	50.65
Monongalia	WOODBURN ELEMENTARY	304	141	28	55.59
TOTAL		11,882	3,471	843	36.31
Monroe	JAMES MONROE HIGH SC	595	235	73	51.76
Monroe	MOUNTAINVIEW SCHOOL	586	318	58	64.16
Monroe	PETERSTOWN ELEMENTAR	514	235	54	56.23
Monroe	PETERSTOWN MIDDLE SC	362	159	46	56.63
TOTAL		2,057	947	231	57.27

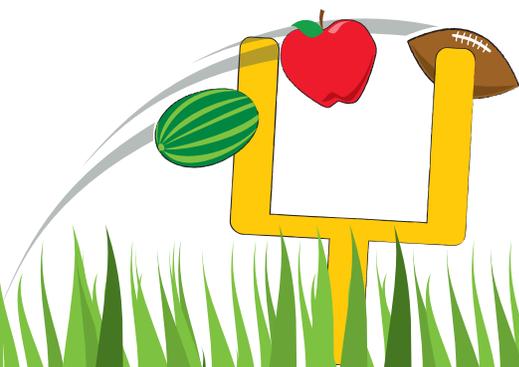


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Morgan	BERKELEY SPRINGS HIG	791	277	77	44.75
Morgan	GREENWOOD ELEMENTARY	55	18	10	50.91
Morgan	PAW PAW SCHOOLS	125	69	23	73.60
Morgan	PLEASANT VIEW ELEMEN	127	73	7	62.99
Morgan	WARM SPRINGS INTERME	452	200	58	57.08
Morgan	WARM SPRINGS MIDDLE	553	217	52	48.64
Morgan	WIDMYER ELEMENTARY	563	291	44	59.50
	TOTAL	2,666	1,145	271	53.11
Nicholas	BEAVER ELEMENTARY	127	70	12	64.57
Nicholas	BIRCH RIVER ELEMENTA	102	62	5	65.69
Nicholas	CHERRY RIVER ELEMENT	250	145	26	68.40
Nicholas	CRAIGSVILLE ELEMENTA	271	167	26	71.22
Nicholas	DIXIE ELEMENTARY	97	55	15	72.16
Nicholas	GLADE CREEK ELEMENTA	163	66	15	49.69
Nicholas	MT. LOOKOUT ELEMENTA	156	67	22	57.05
Nicholas	MT. NEBO ELEMENTARY	106	47	9	52.83
Nicholas	NCHS	803	268	49	39.48
Nicholas	PANTHER CREEK ELEMEN	267	122	29	56.55
Nicholas	RICHWOOD HIGH SCHOOL	423	196	46	57.21
Nicholas	RICHWOOD MIDDLE SCHO	328	166	30	59.76
Nicholas	S.M.S.	587	265	50	53.66
Nicholas	SUMMERSVILLE ELEMENT	408	193	18	51.72
Nicholas	ZELA ELEMENTARY	123	76	10	69.92
	TOTAL	4,211	1,965	362	55.26
Ohio	BETHLEHEM ELEMENTARY	124	27	8	28.23
Ohio	BRIDGE STREET MIDDLE	323	157	29	57.59
Ohio	ELM GROVE ELEMENTARY	407	199	21	54.05
Ohio	MADISON ELEMENTARY	294	222	11	79.25
Ohio	MIDDLE CREEK SCHOOL	309	123	22	46.93
Ohio	RITCHIE SCHOOL	299	220	10	76.92
Ohio	STEENROD ELEMENTARY	322	64	26	27.95
Ohio	TRIADELPHIA MIDDLE S	396	124	28	38.38
Ohio	WARWOOD SCHOOL	592	202	53	43.07
Ohio	WEST LIBERTY ELEMENT	122	42	13	45.08
Ohio	WHEELING MIDDLE SCHO	193	121	10	67.88



County	School	Enrollment	App Free	App Reduced	% of Needy
Ohio	WHEELING PARK HIGH S	1694	595	116	41.97
Ohio	WOODSDALE ELEMENTARY	379	130	20	39.58
TOTAL		5,454	2,226	367	47.54
Pendleton	BRANDYWINE ELEMENTAR	163	62	31	57.06
Pendleton	FRANKLIN ELEMENTARY	339	178	40	64.31
Pendleton	NORTH FORK ELEMENTAR	110	55	22	70.00
Pendleton	PENDLETON COUNTY MID	471	182	69	53.29
TOTAL		1,083	477	162	59.00
Pleasants	PCMS	611	273	65	55.32
Pleasants	ST MARYS ELEMENTARY	270	123	27	55.56
Pleasants	St. Marys High School	444	142	38	40.54
TOTAL		1,325	538	130	50.42
Pocahontas	GREEN BANK	285	131	36	58.60
Pocahontas	HILLSBORO SCHOOL	104	49	10	56.73
Pocahontas	MARLINTON ELEMENTARY	229	136	21	68.56
Pocahontas	MARLINTON MIDDLE	238	119	41	67.23
Pocahontas	POCAHONTAS COUNTY HS	361	151	41	53.19
TOTAL		1,217	586	149	60.39
Preston	AURORA SCHOOL	118	59	14	61.86
Preston	BRUCETON SCHOOL	576	168	53	38.37
Preston	FELLOWSVILLE ELEMENT	110	52	13	59.09
Preston	KINGWOOD ELEMENTARY	544	214	61	50.55
Preston	PRESTON HIGH SCHOOL	1353	444	138	43.02
Preston	ROWLESBURG	155	91	17	69.68
Preston	TERRA ALTA/EAST PRES	420	210	47	61.19
Preston	TUNNELTON-DENVER ELE	332	174	28	60.84
Preston	VALLEY ELEMENTARY	521	228	43	52.02
Preston	WEST PRESTON	222	85	17	45.95
TOTAL		4,351	1,725	431	49.55

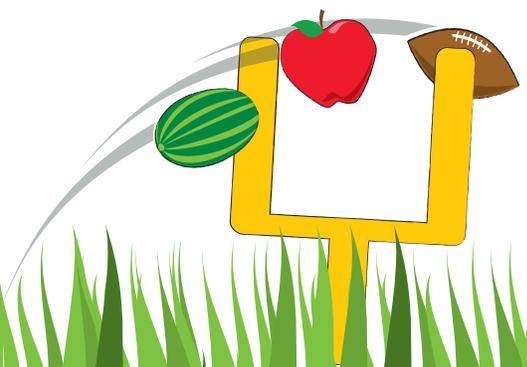


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Putnam	BUFFALO ELEMENTARY	254	139	35	68.50
Putnam	BUFFALO HIGH	574	167	85	43.90
Putnam	CONFIDENCE ELEMENTAR	192	65	18	43.23
Putnam	CONNOR STREET ELEMEN	410	167	36	49.51
Putnam	EASTBROOK ELEMENTARY	296	77	12	30.07
Putnam	GEORGE WASHINGTON EL	245	82	25	43.67
Putnam	GEORGE WASHINGTON MIDDLE SCHOOL	295	128	34	54.92
Putnam	head start	0	0	0	0.00
Putnam	HOMETOWN ELEMENTARY	96	56	10	68.75
Putnam	HURRICANE HIGH	1145	288	82	32.31
Putnam	HURRICANE MIDDLE	871	232	65	34.10
Putnam	HURRICANE TOWN ELEME	422	139	40	42.42
Putnam	LAKESIDE ELEMENTARY	281	132	33	58.72
Putnam	MOUNTAIN VIEW ELEMEN	602	232	37	44.68
Putnam	POCA ELEMENTARY	342	152	35	54.68
Putnam	POCA HIGH	667	230	71	45.13
Putnam	POCA MIDDLE	333	144	42	55.86
Putnam	ROCK BRANCH ELEMENTA	281	168	28	69.75
Putnam	SCOTT TEAYS ELEMENTA	434	87	28	26.50
Putnam	WEST TEAYS ELEMENTAR	629	91	18	17.33
Putnam	WINFIELD ELEMENTARY	539	168	36	37.85
Putnam	WINFIELD HIGH	829	154	58	25.57
Putnam	WINFIELD MIDDLE	857	183	58	28.12
	TOTAL	10,594	3,281	886	39.33
Raleigh	BECKLEY ELEMENTARY	425	318	27	81.18
Raleigh	BECKLEY-STRATTON MID	647	370	60	66.46
Raleigh	BRADLEY ELEMENTARY	541	254	47	55.64
Raleigh	CLEAR FORK DISTRICT	195	115	15	66.67
Raleigh	COAL CITY ELEMENTARY	321	196	27	69.47
Raleigh	CRAB ORCHARD ELEMENT	309	129	31	51.78
Raleigh	CRANBERRY-PROSPERITY	318	204	22	71.07
Raleigh	CRESCENT ELEMENTARY	322	134	21	48.14
Raleigh	DANIELS ELEMENTARY	641	260	39	46.65
Raleigh	FAIRDALE ELEMENTARY	516	219	43	50.78
Raleigh	GHENT ELEMENTARY	217	114	22	62.67
Raleigh	HOLLYWOOD ELEMENTARY	296	105	19	41.89



County	School	Enrollment	App Free	App Reduced	% of Needy
Raleigh	INDEPENDENCE HIGH	687	294	57	51.09
Raleigh	INDEPENDENCE MIDDLE	522	257	49	58.62
Raleigh	LESTER ELEMENTARY	179	109	16	69.83
Raleigh	LIBERTY HIGH SCHOOL	533	234	36	50.66
Raleigh	MABSCOTT ELEMENTARY	300	201	21	74.00
Raleigh	MARSHFORK ELEMENTARY	230	123	17	60.87
Raleigh	MAXWELL HILL ELEM.	248	75	13	35.48
Raleigh	PARK MIDDLE SCHOOL	438	191	29	50.23
Raleigh	SHADY SPRING ELEMENT	579	180	40	38.00
Raleigh	SHADY SPRING HIGH SC	810	238	61	36.91
Raleigh	SHADY SPRING MIDDLE	660	238	50	43.64
Raleigh	SOPHIA-SOAK CREEK EL	303	177	29	67.99
Raleigh	STANAFORD ELEMENTARY	316	143	26	53.48
Raleigh	STRATTON ELEMENTARY	280	220	16	84.29
Raleigh	TRAP HILL MIDDLE SCH	423	206	34	56.74
Raleigh	WOODROW WILSON HIGH	1389	595	116	51.19
TOTAL		12,645	5,899	983	54.42
Randolph	BEVERLY ELEMENTARY S	272	172	22	71.32
Randolph	COALTON ELEMENTARY S	150	77	12	59.33
Randolph	ELKINS HIGH SCHOOL	878	328	86	47.15
Randolph	ELKINS MIDDLE SCHOOL	670	298	66	54.33
Randolph	GEORGE WARD SCHOOL	288	164	32	68.06
Randolph	HARMAN SCHOOL	201	97	30	63.18
Randolph	HOMESTEAD	140	77	16	66.43
Randolph	JENNINGS RANDOLPH EL	306	148	31	58.50
Randolph	MIDLAND ELEMENTARY	302	143	28	56.62
Randolph	NORTH ELEMENTARY SCH	306	155	33	61.44
Randolph	PICKENS SCHOOL	43	13	9	51.16
Randolph	RANDOLPH CO. ALTERNA	6	3	0	50.00
Randolph	THIRD WARD ELEMENTAR	364	173	35	57.14
Randolph	TYGARTS VALLEY	480	245	77	67.08
Randolph	VALLEY HEAD ELEMENTA	37	24	6	81.08
TOTAL		4,443	2,117	483	58.52

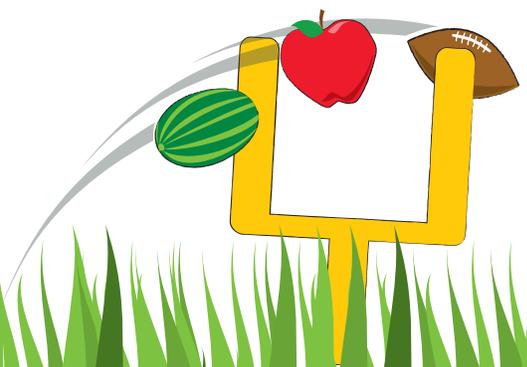


SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Ritchie	CREED COLLINS ELEMEN	299	133	32	55.18
Ritchie	ELLENBORO ELEMENTARY	152	55	18	48.03
Ritchie	HARRISVILLE ELEMENTA	362	166	41	57.18
Ritchie	RITCHIE COUNTY HIGH SCHOOL	494	170	52	44.94
Ritchie	RITCHIE COUNTY MIDDLE	772	255	61	40.93
Ritchie	SMITHVILLE ELEMENTAR	94	50	10	63.83
	TOTAL	2,173	829	214	48.00
Roane	GEARY ELEM/MIDDLE	321	185	24	65.11
Roane	REEDY	128	57	15	56.25
Roane	ROANE COUNTY HIGH	705	333	86	59.43
Roane	SPENCER ELEMENTARY	537	336	36	69.27
Roane	SPENCER MIDDLE SCHOO	452	253	45	65.93
Roane	WALTON ELEMENTARY/MI	388	227	37	68.04
	TOTAL	2,531	1,391	243	64.56
Summers	HINTON AREA ELEMENTA	485	305	33	69.69
Summers	JUMPING BRANCH ELEME	127	49	15	50.39
Summers	SUMMERS CNTY HIGH SC	465	218	46	56.77
Summers	SUMMERS MIDDLE SCHOO	317	179	30	65.93
Summers	TALCOTT ELEMENTARY	171	112	20	77.19
	TOTAL	1,565	863	144	64.35
Taylor	ANNA JARVIS ELEMENTA	743	393	49	59.49
Taylor	FLEMINGTON ELEMENTAR	164	103	15	71.95
Taylor	GRAFTON HIGH SCHOOL	665	242	58	45.11
Taylor	TAYLOR COUNTY MIDDLE	724	329	67	54.70
Taylor	WEST TAYLOR ELEMENTA	280	100	33	47.50
	TOTAL	2,576	1,167	222	53.92
Tucker	DAVIS THOMAS MIDDLE	192	83	28	57.81
Tucker	TUCKER COUNTY HIGH S	320	134	59	60.31
Tucker	TUCKER VALLEY EL MID	551	255	79	60.62
	TOTAL	1,063	472	166	60.02



County	School	Enrollment	App Free	App Reduced	% of Needy
Tyler	Arthur I. Boreman El	386	194	31	58.29
Tyler	Sistersville Element	283	149	28	62.54
Tyler	Tyler Consolidated H	758	354	63	55.01
TOTAL		1,427	697	122	57.39
Upshur	B-U HIGH SCHOOL	1127	483	116	53.15
Upshur	B-U MIDDLE SCHOOL	828	391	103	59.66
Upshur	BUCKHANNON ACADEMY E	640	350	44	61.56
Upshur	FRENCH CREEK ELEMENT	256	160	30	74.22
Upshur	HODGESVILLE ELEMENTA	151	62	28	59.60
Upshur	ROCK CAVE ELEMENTARY	143	105	17	85.31
Upshur	TENNERTON ELEMENTARY	266	118	26	54.14
Upshur	UNION ELEMENTARY SCH	318	130	45	55.03
Upshur	WASHINGTON DISTRICT	146	80	20	68.49
TOTAL		3,875	1,879	429	59.56
Wayne	BUFFALO ELEMENTARY	564	236	56	51.77
Wayne	BUFFALO MIDDLE SCHOO	340	128	33	47.35
Wayne	CEREDO ELEMENTARY	264	117	24	53.41
Wayne	CEREDO-KENOVA MIDDLE	244	83	32	47.13
Wayne	CRUM HOT LUNCH PROGR	338	225	21	72.78
Wayne	DUNLOW ELEMENTARY	105	86	4	85.71
Wayne	EAST LYNN ELEMENTA	238	198	18	90.76
Wayne	FORT GAY ELEMENTARY	383	271	32	79.11
Wayne	FORT GAY MIDDLE SCHOOL	295	175	30	69.49
Wayne	GENOA ELEMENTARY	104	81	4	81.73
Wayne	KELLOGG ELEMENTARY	528	217	36	47.92
Wayne	KENOVA ELEMENTARY	383	190	38	59.53
Wayne	LAVALETTE ELEMENTARY	321	134	29	50.78
Wayne	PRICHARD ELEMENTARY	168	77	23	59.52
Wayne	SPRING VALLEY HIGH S	1303	398	97	37.99
Wayne	TOLSIA	464	260	38	64.22
Wayne	VINSON MIDDLE SCHOOL	265	103	22	47.17



SCHOOL PERCENT NEEDY DATA (cont'd)

County	School	Enrollment	App Free	App Reduced	% of Needy
Wayne	WAYNE ELEMENTARY	606	322	36	59.08
Wayne	WAYNE HIGH SCHOOL	596	243	36	46.81
Wayne	WAYNE MIDDLE SCHOOL	777	416	62	61.52
	TOTAL	8,286	3,960	671	55.89
Webster	DIANA ELEMENTARY SCH	96	76	7	86.46
Webster	GLADE ELEMENTARY	329	216	27	73.86
Webster	GLADE MIDDLE SCHOOL	220	142	28	77.27
Webster	HACKER VALLEY GRADE	73	57	3	82.19
Webster	WEBSTER CO. HIGH SCH	490	295	42	68.78
Webster	WEBSTER SPRINGS ELEM	355	228	33	73.52
	TOTAL	1,563	1,014	140	73.83
Wetzel	HUNDRED HIGH SCHOOL	130	58	12	53.85
Wetzel	LONG DRAIN SCHOOL	328	166	28	59.15
Wetzel	MAGNOLIA HIGH SCHOOL	479	146	38	38.41
Wetzel	NEW MARTINSVILLE SCH	978	421	80	51.23
Wetzel	PADEN CITY ELEMENTAR	250	97	26	49.20
Wetzel	PADEN CITY HIGH SCHO	178	57	20	43.26
Wetzel	SHORT LINE SCHOOL	496	252	30	56.85
Wetzel	VALLEY HIGH SCHOOL	216	83	17	46.30
Wetzel	WETZEL CO. CTR. FOR CHILDREN & FAMILIES	92	33	9	45.65
	TOTAL	3,147	1,313	260	49.98
Wirt	WIRT CO PRIMARY CENT	373	204	29	62.47
Wirt	WIRT COUNTY HIGH SCH	336	147	24	50.89
Wirt	Wirt County Middle S	306	160	27	61.11
	TOTAL	1,015	511	80	58.23
Wood	BLENNERHASSET MIDDLE	562	220	27	43.95
Wood	BLENNERHASSETT ELEME	475	183	27	44.21
Wood	CRISS ELEMENTARY	314	145	21	52.87
Wood	EDISON MIDDLE SCHOOL	736	349	55	54.89
Wood	EMERSON ELEMENTARY S	427	247	25	63.70
Wood	FAIRPLAINS ELEMENTAR	247	179	18	79.76
Wood	FRANKLIN ELEMENTARY	304	224	14	78.29
Wood	GIHON ELEMENTARY	336	154	33	55.65



County	School	Enrollment	App Free	App Reduced	% of Needy
Wood	GREENMONT ELEMENTARY	283	63	8	25.09
Wood	HAMILTON MIDDLE SCHO	605	277	51	54.21
Wood	JACKSON MIDDLE SCHOO	638	218	44	41.07
Wood	JEFFERSON ELEMENTARY	493	369	37	82.35
Wood	KANAWHA ELEMENTARY	315	185	23	66.03
Wood	LUBECK ELEMENTARY	502	183	34	43.23
Wood	MADISON ELEMENTARY	368	222	21	66.03
Wood	MARTIN ELEMENTARY	309	196	17	68.93
Wood	MCKINLEY ELEMENTARY	319	257	17	85.89
Wood	MINERAL WELLS ELEMEN	648	267	58	50.15
Wood	NEALE ELEMENTARY	395	201	41	61.27
Wood	PARKERSBURG HIGH SCH	1914	722	126	44.31
Wood	PARKERSBURG SOUTH HI	1677	593	129	43.05
Wood	VAN DEVENDER MIDDLE	407	268	22	71.25
Wood	VIENNA ELEMENTARY	367	122	35	42.78
Wood	WAVERLY ELEMENTARY	164	86	19	64.02
Wood	WILLIAMSTOWN ELEMENT	575	164	35	34.61
Wood	WILLIAMSTOWN HIGH SC	666	184	37	33.18
Wood	WORTHINGTON ELEMENTA	216	89	15	48.15
TOTAL		14,262	6,367	989	51.58
Wyoming	BAILEYSVILLE GRADE S	366	246	38	77.60
Wyoming	BERLIN MCKINNEY GRAD	429	236	34	62.94
Wyoming	GLEN FORK GRADE SCHO	160	93	14	66.88
Wyoming	HERNDON CONSOLIDATED	223	132	23	69.51
Wyoming	HUFF CONSOLIDATED SC	284	162	31	67.96
Wyoming	MULLENS ELEMENTARY S	234	128	18	62.39
Wyoming	MULLENS MIDDLE SCHOO	186	80	17	52.15
Wyoming	OCEANA MIDDLE SCHOOL	293	140	29	57.68
Wyoming	PINEVILLE ELEMENTARY	410	224	32	62.44
Wyoming	PINEVILLE MIDDLE SCH	307	145	31	57.33
Wyoming	ROAD BRANCH GRADE SC	207	118	19	66.18
Wyoming	WESTSIDE HIGH SCHOOL	648	334	50	59.26
Wyoming	WYOMING EAST HIGH	536	256	55	58.02
TOTAL		4,283	2,294	391	62.69
STATE TOTALS		296,476	133,599	24,893	53.46%



MEAL PARTICIPATION DATA

County Participation

County	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation	% of Needy
Barbour	36.80	26.74	21.12	30.14	66.05	61.63	52.24	60.67	62.29
Berkeley	37.94	29.52	14.94	25.19	73.99	70.12	55.98	64.25	46.81
Boone	53.84	46.17	36.40	45.47	70.27	64.33	56.31	63.63	55.35
Braxton	37.83	28.22	15.08	28.47	71.26	68.44	56.44	65.60	61.28
Brooke	37.58	29.24	15.94	25.79	65.63	60.72	42.48	53.30	49.53
Cabell	39.43	27.21	16.02	27.78	66.67	59.36	48.27	57.71	54.01
Calhoun	47.42	34.54	32.64	41.44	80.38	71.70	73.75	77.58	67.66
Clay	46.73	40.86	34.44	42.82	71.90	73.65	65.08	70.27	70.58
Doddridge	39.92	25.27	16.84	29.60	76.19	74.95	63.47	71.33	65.60
Fayette	44.02	32.76	23.45	35.16	72.26	68.54	58.57	66.79	58.47
Gilmer	53.50	43.12	28.03	42.36	79.95	75.26	63.96	73.38	59.20
Grant	38.13	31.01	20.60	29.56	81.39	83.83	76.79	79.75	50.97
Greenbrier	40.16	29.65	19.20	29.79	78.15	74.57	71.84	75.15	57.65
Hampshire	47.13	36.85	23.77	36.89	72.27	71.23	58.38	66.82	58.59
Hancock	35.19	26.95	10.30	21.78	68.71	62.49	37.66	52.20	49.28
Hardy	41.00	30.21	22.17	31.26	77.89	72.33	66.74	72.32	51.37
Harrison	39.48	30.25	16.58	27.29	75.33	73.87	63.22	69.22	50.48
Jackson	45.96	30.40	25.45	34.75	77.33	69.39	60.13	68.32	51.76
Jefferson	31.21	17.33	10.40	17.16	69.34	62.18	54.49	59.50	37.24
Kanawha	42.64	31.51	18.52	30.74	72.14	68.07	60.46	66.60	55.00
Lewis	44.72	34.21	24.21	34.81	77.00	72.57	69.27	73.24	51.55
Lincoln	47.24	30.49	22.38	37.60	70.07	64.65	48.64	62.63	65.95
Logan	51.86	43.26	31.26	42.43	72.24	67.92	59.01	66.35	59.37
Marion	37.89	25.81	14.53	25.19	73.93	71.31	61.31	67.43	48.49
Marshall	38.85	29.33	19.24	28.98	80.14	78.00	67.24	74.03	49.36
Mason	50.52	43.28	35.40	43.76	70.27	65.25	57.95	64.84	58.81
McDowell	47.92	37.39	26.00	42.99	71.35	66.48	60.17	69.04	82.92
Mercer	41.46	27.38	16.00	30.57	74.95	70.40	61.83	69.69	62.96
Mineral	36.62	26.83	16.72	25.75	74.12	70.71	66.72	70.25	51.01
Mingo	37.73	25.55	21.34	31.36	64.53	57.75	56.10	61.34	70.40
Monongalia	35.82	25.74	16.69	22.89	68.85	64.65	53.59	58.80	36.31
Monroe	40.66	31.31	20.67	31.38	71.11	67.55	62.13	67.13	57.27
Morgan	38.16	26.74	16.50	27.40	75.28	70.82	60.08	68.14	53.11
Nicholas	35.32	27.46	16.39	26.97	72.44	69.17	54.84	65.07	55.26
Ohio	38.64	26.07	14.21	25.10	66.20	58.30	46.45	55.48	47.54
Pendleton	48.17	37.59	27.48	38.29	80.60	80.38	75.34	78.72	59.00
Pleasants	39.16	30.85	20.21	29.31	80.59	79.84	76.52	78.74	50.42



County	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation	% of Needy
Pocahontas	41.24	31.87	25.29	34.25	80.88	80.92	73.59	78.39	60.39
Preston	36.30	26.56	15.02	25.14	74.38	70.60	53.07	63.81	49.55
Putnam	42.74	34.53	17.11	26.27	74.31	71.83	60.39	65.59	39.33
Raleigh	42.36	33.48	22.33	32.55	71.29	69.79	64.10	68.04	54.42
Randolph	38.77	31.64	20.54	30.53	73.69	71.72	64.55	69.91	58.52
Ritchie	40.78	38.59	26.49	33.58	66.18	66.11	61.92	64.21	48.00
Roane	51.74	39.92	31.29	43.17	76.53	71.34	64.53	71.72	64.56
Summers	44.31	39.16	27.25	37.90	79.61	74.34	66.72	74.65	64.35
Taylor	41.39	28.64	18.73	29.68	73.11	69.79	56.95	65.25	53.92
Tucker	55.09	49.01	34.08	45.93	76.13	72.16	61.70	69.96	60.02
Tyler	47.32	41.19	29.06	38.97	82.21	82.47	74.66	79.06	57.39
Upshur	45.53	35.74	17.57	32.32	81.61	77.85	66.54	74.72	59.56
Wayne	35.22	22.44	14.19	25.13	59.46	53.57	45.03	52.82	55.89
Webster	38.59	22.45	16.01	31.03	69.27	62.41	51.59	63.98	73.83
Weitzel	36.84	31.02	18.11	27.41	72.62	69.33	57.49	65.13	49.98
Wirt	52.65	36.70	32.36	43.21	75.62	68.76	62.27	69.79	58.23
Wood	31.51	19.65	7.75	19.42	77.33	74.28	56.39	67.15	51.58
Wyoming	51.07	45.56	37.64	45.47	77.00	76.13	71.75	75.09	62.69
STATE	41.07	30.64	18.55	29.77	72.52	68.92	58.40	65.75	53.46%



MEAL PARTICIPATION DATA

School Participation

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Barbour	Belington Elementary	32.11	30.53	21.00	27.98	67.22	63.42	48.53	59.93
Barbour	Belington Middle Sch	37.71	25.94	22.30	30.97	69.43	61.67	63.38	66.59
Barbour	Junior Elementary	54.03	33.33	32.75	46.41	68.18	72.65	48.57	63.21
Barbour	Kasson Elem. & Midd	51.82	44.72	37.10	44.10	66.92	57.29	46.17	55.85
Barbour	Mount Vernon Elem. S	49.43	30.67	27.51	42.87	68.89	44.00	37.55	60.05
Barbour	Philip Barbour High	22.30	11.69	9.45	16.07	61.65	57.73	53.82	58.13
Barbour	Philippi Elementary	46.04	38.80	24.74	38.29	62.55	61.72	45.27	56.74
Barbour	Philippi Middle Scho	33.58	29.51	18.96	28.09	76.88	78.14	64.72	72.75
Barbour	Volga-Centru Element	54.90	56.25	51.43	54.94	67.20	68.75	53.57	63.64
	TOTAL	36.80	26.74	21.12	30.14	66.05	61.63	52.24	60.67
Berkeley	BACK CREEK VALLEY	56.47	37.12	25.59	41.94	72.18	46.97	33.82	53.77
Berkeley	BEDINGTON ELEMENTARY	43.35	42.69	21.49	33.91	71.52	75.89	52.39	63.82
Berkeley	BERKELEY HEIGHTS SCH	44.32	42.36	24.84	36.25	61.99	63.45	46.92	55.96
Berkeley	BUNKER HILL ELEMENTA	53.08	44.41	26.09	37.84	75.39	64.18	49.23	60.44
Berkeley	BURKE STREET ELEM SC	57.19	29.87	29.52	50.29	74.64	54.55	29.98	64.23
Berkeley	EAGLE SCHOOL INTERME	48.92	38.64	18.40	36.24	88.19	82.37	62.28	77.65
Berkeley	GERRARDSTOWN ELEMENT	49.81	35.92	20.18	32.89	72.52	60.82	45.96	57.46
Berkeley	HEDGESVILLE ELEMENTA	49.86	43.32	20.29	32.61	69.81	68.51	45.18	55.77
Berkeley	HEDGESVILLE HIGH SCH	12.16	12.57	4.96	7.37	59.40	62.28	52.32	54.83
Berkeley	HEDGESVILLE MIDDLE S	37.81	28.57	13.93	22.36	78.08	80.08	74.45	76.12
Berkeley	INWOOD PRIMARY SCHOO	53.20	35.37	20.41	33.75	77.07	52.44	47.81	59.44
Berkeley	MARLOWE ELEMENTARY	38.17	30.04	16.84	24.04	66.64	68.24	40.97	50.17
Berkeley	MARTINSBURG HIGH SCH	14.66	10.02	2.76	8.09	67.14	70.78	55.70	61.33
Berkeley	Martinsburg North Mi	20.10	12.61	6.30	14.83	75.76	68.91	63.70	71.13
Berkeley	MARTINSBURG SOUTH MI	21.21	10.84	7.05	13.86	76.73	72.02	58.66	68.04
Berkeley	MILL CREEK INTERMEDI	49.68	41.68	27.10	37.78	83.78	72.60	67.77	74.97
Berkeley	Mountain Ridge Inter	46.73	33.42	18.96	31.06	87.29	75.39	59.77	71.95
Berkeley	MUSSELMAN HIGH SCHOO	13.96	5.85	3.64	6.73	67.88	67.81	60.34	63.09
Berkeley	MUSSELMAN MIDDLE SCH	38.12	28.20	17.26	25.71	73.83	71.63	63.79	68.16
Berkeley	OPEQUON ELEMENTARY S	60.36	53.19	29.56	45.81	78.72	69.89	44.57	62.46
Berkeley	ORCHARD VIEW INTERME	60.29	44.25	25.41	43.38	87.54	76.79	63.84	76.13
Berkeley	POTOMACK INTERMEDIAT	36.02	35.47	15.50	25.42	81.71	74.80	61.51	70.75

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Berkeley	ROSEMONT ELEMENTARY	52.55	34.83	18.64	32.57	80.89	73.60	52.97	64.82
Berkeley	SPRING MILLS MIDDLE	45.71	41.02	17.36	29.70	77.52	74.56	61.66	68.56
Berkeley	TOMAHAWK INTERMEDIAT	53.79	47.58	21.60	34.95	85.14	79.30	67.62	74.82
Berkeley	TUSCARORA ELEM SCHOO	61.08	47.73	44.90	53.97	76.51	71.59	45.60	64.05
Berkeley	VALLEY VIEW ELEMENTA	47.63	37.24	20.75	31.62	74.99	63.79	46.81	58.23
Berkeley	WINCHESTER AVENUE	37.11	46.79	25.29	32.79	61.08	43.58	28.97	46.83
	TOTAL	37.94	29.52	14.94	25.19	73.99	70.12	55.98	64.25
Boone	ASHFORD-RUMBLE ELEME	75.99	67.44	77.55	76.00	83.87	84.50	83.81	83.87
Boone	BROOKVIEW ELEMENTARY	54.06	43.39	38.61	46.41	73.82	69.54	63.27	68.91
Boone	JEFFREY SPENCER ELEM	65.09	51.35	60.69	63.33	73.39	54.05	60.69	68.06
Boone	MADISON ELEMENTARY	57.39	60.29	48.91	53.36	67.52	55.88	47.82	57.34
Boone	MADISON MIDDLE SCHOO	31.52	25.94	12.71	22.08	68.63	62.72	41.12	54.81
Boone	NELLIS ELEMENTARY SC	64.90	71.26	72.83	68.28	64.65	68.97	69.20	67.14
Boone	RAMAGE GRADE SCHOOL	71.55	66.67	56.77	66.39	73.50	61.90	53.05	66.03
Boone	SCOTT HIGH SCHOOL	40.76	39.39	20.83	29.84	46.23	50.00	34.32	40.01
Boone	SHERMAN ELEMENTARY	56.91	56.42	42.12	50.46	77.45	74.11	66.07	72.22
Boone	SHERMAN HIGH SCHOOL	51.14	40.61	31.35	40.89	73.96	64.94	73.44	73.05
Boone	VAN ELEMENTARY	78.64	57.89	74.46	77.21	82.64	52.63	72.32	78.80
Boone	VAN JUNIOR SENIOR HI	44.01	23.17	27.11	35.25	72.40	63.41	68.46	70.51
Boone	WHARTON ELEMENTARY	79.37	74.39	80.96	81.18	74.92	63.41	69.33	72.63
Boone	WHITESVILLE ELEMENTA	61.96	35.29	42.66	52.69	85.04	69.12	74.40	80.33
	TOTAL	53.84	46.17	36.40	45.47	70.27	64.33	56.31	63.63
Braxton	Braxton County High	14.78	7.52	2.40	8.36	50.17	41.87	33.88	41.90
Braxton	Braxton County Middl	23.93	19.03	8.69	17.62	87.13	85.51	79.94	84.30
Braxton	Burnsville Schol	61.17	62.25	38.39	55.32	70.96	68.21	59.08	67.83
Braxton	Davis Elementary	55.64	58.75	33.54	46.96	73.70	77.50	72.13	73.80
Braxton	Flatwoods Elementary	50.39	38.58	29.84	41.45	70.97	71.65	58.80	66.72
Braxton	Frametown Elementary	61.04	63.37	36.38	54.91	70.04	74.26	62.03	68.84
Braxton	Little Birch Elem.	57.83	24.68	23.13	48.31	78.09	50.65	39.18	67.58
Braxton	Sutton Elementary Sc	51.19	31.76	22.12	41.60	74.29	68.24	54.52	68.51
	TOTAL	37.83	28.22	15.08	28.47	71.26	68.44	56.44	65.60

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Brooke	BEECH BOTTOM SCHOOL	60.62	48.18	39.23	53.48	74.54	71.82	41.79	64.57
Brooke	BROOKE HIGH SCHOOL	27.21	21.92	11.34	17.43	62.08	63.34	54.07	57.54
Brooke	COLLIERS PRIMARY SCH	52.10	50.26	21.45	40.27	71.08	64.10	40.26	58.49
Brooke	FOLLANSBEE MIDDLE SCHOOL	31.68	27.07	10.29	20.22	62.62	50.91	29.52	44.37
Brooke	FRANKLIN PRIMARY SCHOOL	53.70	34.36	33.27	41.33	74.62	68.71	52.60	62.40
Brooke	HOOVERSON HEIGHTS PR	51.00	33.33	23.69	38.22	68.84	74.15	44.59	58.98
Brooke	JEFFERSON PRIMARY	55.61	51.10	28.79	42.37	65.26	64.84	38.93	52.50
Brooke	L.B.MILLSOP	52.59	30.59	18.73	28.19	67.67	45.29	35.24	43.61
Brooke	WELLSBURG MIDDLE SCH	25.65	23.31	12.22	18.84	64.15	57.97	29.41	46.17
Brooke	WELLSBURG PRIMARY	33.02	28.41	15.26	24.97	67.06	61.74	34.43	52.08
	TOTAL	37.58	29.24	15.94	25.79	65.63	60.72	42.48	53.30
Cabell	ALTIZER ELEMENTARY	42.34	30.73	18.74	34.72	70.98	66.06	48.69	64.39
Cabell	BARBOURVILLE MIDDLE	32.49	22.92	10.76	19.02	75.07	70.80	68.37	70.90
Cabell	BEVERLY HILLS MIDDLE	27.58	13.19	8.51	18.41	76.65	69.44	59.73	68.91
Cabell	CABELL MIDLAND HIGH	33.70	27.05	19.12	23.89	52.77	50.70	45.05	47.72
Cabell	CENTRAL CITY ELEMENT	46.54	25.80	25.90	43.16	74.54	74.20	60.57	72.92
Cabell	COX LANDING ELEMENTA	46.35	32.92	19.05	36.49	67.50	61.73	45.76	60.06
Cabell	CULLODEN ELEMENTARY	47.59	30.59	22.20	34.83	71.12	58.24	45.37	58.55
Cabell	DAVIS CREEK ELEMENTA	37.71	33.12	17.89	24.92	65.04	58.44	41.82	49.98
Cabell	ENSLow MIDDLE	29.76	20.38	17.85	26.91	79.39	73.93	78.15	79.06
Cabell	GENEVA KENT ELEMENTA	47.48	25.84	12.69	27.92	72.68	65.55	50.64	60.83
Cabell	GUYANDOTTE ELEMENTAR	51.91	28.77	27.04	46.68	73.73	64.38	56.86	70.70
Cabell	HIGHLAWN ELEMENTARY	55.47	41.70	39.76	49.84	70.70	60.09	58.66	66.38
Cabell	HITE-SAUNDERS ELEMEN	47.16	26.60	20.96	35.50	68.69	47.34	48.23	59.20
Cabell	HUNTINGTON HIGH SCHO	32.66	29.98	12.48	23.16	47.75	53.19	36.48	42.86
Cabell	HUNTINGTON MIDDLE	31.95	21.54	9.02	22.94	65.66	43.08	44.37	56.92
Cabell	MARTHA ELEMENTARY	41.94	33.70	22.56	28.20	64.32	68.50	55.82	59.21
Cabell	MEADOWS ELEMENTARY	49.50	24.87	12.93	24.75	69.11	59.59	35.88	47.67
Cabell	MILTON ELEMENTARY	40.71	34.72	14.04	27.75	64.64	58.20	40.88	53.05
Cabell	MILTON MIDDLE SCHOOL	31.61	20.71	12.22	20.74	71.10	59.97	56.30	62.54
Cabell	NICHOLS ELEMENTARY	42.82	34.15	18.43	25.90	67.29	67.48	53.87	58.34
Cabell	ONA ELEMENTARY	33.97	6.99	13.30	19.41	68.11	32.87	50.00	54.95
Cabell	PEYTON ELEMENTARY	49.62	20.00	22.47	46.24	79.66	57.14	69.66	78.70
Cabell	SALT ROCK ELEMENTARY	44.69	31.16	26.17	35.97	72.69	65.58	60.06	67.09
Cabell	SOUTHSIDE ELEMENTARY	42.07	30.00	12.26	26.24	70.42	67.06	38.71	53.83
Cabell	SPRING HILL ELEMENTA	44.30	33.89	21.64	40.98	72.45	69.04	52.57	69.84
Cabell	VILLAGE OF BARBOURSV	40.03	23.41	17.00	26.08	67.19	54.96	43.84	53.33
	TOTAL	39.43	27.21	16.02	27.78	66.67	59.36	48.27	57.71

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Calhoun	ARNOLDSBURG ELEMENTA	67.53	67.32	61.37	65.89	78.89	75.82	78.24	78.92
Calhoun	CALHOUN MIDDLE HIGH	33.62	22.33	19.82	27.63	78.32	67.82	73.86	75.79
Calhoun	PLEASANT HILL SCHOOL	59.17	45.02	43.03	53.35	86.15	79.22	68.99	80.77
	TOTAL	47.42	34.54	32.64	41.44	80.38	71.70	73.75	77.58
Clay	BIG OTTER ELEMENTARY	65.90	63.48	53.46	62.77	74.85	82.94	70.42	74.92
Clay	CLAY ELEMENTARY	53.51	49.83	39.57	50.04	77.24	81.14	68.81	75.57
Clay	CLAY HIGH SCHOOL	29.71	28.29	24.00	27.65	58.50	63.35	52.72	57.00
Clay	CLAY MIDDLE SCHOOL	41.94	31.59	31.88	38.42	75.96	76.18	76.99	76.51
Clay	H.E. WHITE ELEMENTAR	49.13	36.21	36.32	44.72	77.64	53.45	74.47	76.19
Clay	LIZEMORE ELEMENTARY	61.90	54.69	47.15	56.80	78.10	81.40	63.95	74.22
	TOTAL	46.73	40.86	34.44	42.82	71.90	73.65	65.08	70.27
Doddridge	DODDRIDGE CO. HIGH S	30.78	22.63	10.10	20.52	71.75	76.99	67.41	70.83
Doddridge	DODDRIDGE CO. MIDDLE	39.13	22.12	15.30	28.92	91.85	88.47	81.17	87.84
Doddridge	DODDRIDGE CO.ELEMENT	44.99	31.40	23.47	36.25	69.34	59.69	49.86	61.62
	TOTAL	39.92	25.27	16.84	29.60	76.19	74.95	63.47	71.33
Fayette	ANSTED ELEMENTARY SC	45.77	28.70	28.87	38.80	75.23	64.35	56.38	67.86
Fayette	ANSTED MIDDLE SCHOOL	40.33	28.91	20.66	33.43	83.24	75.78	79.18	81.85
Fayette	COLLINS MIDDLE SCHOO	48.67	35.65	23.45	38.21	68.66	64.98	53.71	62.84
Fayette	DANESE ELEMENTARY	50.76	60.67	40.56	50.42	73.99	65.73	53.15	68.36
Fayette	DIVIDE ELEM SCHOOL	69.41	45.55	41.03	56.38	81.83	75.34	66.54	75.88
Fayette	FAYETTEVILLE ELEMENT	51.77	36.00	30.85	40.75	80.98	62.46	55.73	67.72
Fayette	FAYETTEVILLE HIGH SC	23.69	14.13	12.88	17.68	68.52	61.87	63.92	65.91
Fayette	GATEWOOD ELEMENTARY	26.81	32.05	17.98	24.97	35.17	71.79	44.37	40.20
Fayette	GAULEY BRIDGE ELEMEN	48.96	40.41	26.75	39.67	65.24	68.49	51.91	60.44
Fayette	MEADOW BRIDGE ELEMEN	63.57	50.92	32.74	53.03	75.52	70.64	46.98	66.72
Fayette	MEADOW BRIDGE HIGH	18.31	8.86	7.13	13.62	59.16	56.86	55.41	57.89
Fayette	MIDLAND TRAIL HIGH S	45.64	40.98	30.92	39.74	74.23	79.12	69.94	73.54
Fayette	MOUNT HOPE HIGH SCHO	33.99	22.06	15.35	28.08	74.54	67.16	66.91	72.06
Fayette	MT HOPE ELEMENTARY	56.36	38.66	35.51	50.98	83.53	55.15	61.87	77.34
Fayette	NEW RIVER ELEMENTARY	51.82	36.28	25.44	41.21	77.92	67.51	53.16	68.30
Fayette	NUTTALL MIDDLE SCHOO	46.32	22.99	29.92	37.19	85.62	89.08	78.82	84.59
Fayette	OAK HILL HIGH SCHOOL	26.86	25.28	9.68	17.38	65.39	65.36	55.51	60.11
Fayette	ROSEDALE ELEMENTARY	59.30	42.82	36.90	49.73	75.29	68.51	58.97	69.16
Fayette	VALLEY ELEMENTARY SC	43.23	27.52	26.34	36.29	82.02	74.03	68.05	76.51
Fayette	VALLEY HIGH SCHOOL	40.19	36.45	31.75	36.28	62.45	68.85	55.64	59.94
	TOTAL	44.02	32.76	23.45	35.16	72.26	68.54	58.57	66.79

SCHOOL PARTICIPATION DATA (cont'd)

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Gilmer	GILMER COUNTY HIGH S	34.56	24.21	11.22	22.44	71.94	72.37	64.94	68.82
Gilmer	GLENVILLE ELEMENTARY	62.11	55.61	48.63	56.43	83.07	87.44	61.17	75.20
Gilmer	NORMANTOWN ELEMENTARY	61.25	53.54	50.24	57.18	84.57	61.62	54.11	72.42
Gilmer	SAND FORK ELEMENTARY	81.24	80.58	55.35	75.07	93.79	81.55	82.08	90.55
Gilmer	TROY ELEMENTARY	55.78	43.57	31.49	46.69	77.62	69.29	59.94	71.31
	TOTAL	53.50	43.12	28.03	42.36	79.95	75.26	63.96	73.38
Grant	DORCAS ELEMENTARY	48.72	28.36	39.46	44.75	85.26	73.13	75.00	81.55
Grant	MAYSVILLE ELEMENTARY	58.95	63.54	53.72	57.52	88.60	87.50	85.86	87.38
Grant	PETERSBURG-ELEM	43.13	30.32	19.56	32.68	83.62	87.14	72.08	79.44
Grant	PETERSBURG HIGH SCHO	21.22	18.95	9.89	15.00	80.55	85.84	80.13	81.10
Grant	UNION EDUCATIONAL CO	44.03	37.20	27.37	37.25	73.45	69.28	69.25	71.64
	TOTAL	38.13	31.01	20.60	29.56	81.39	83.83	76.79	79.75
Greenbrier	ALDERSON ELEMENTARY	51.07	42.46	42.81	48.26	81.30	80.45	72.71	78.74
Greenbrier	CRICHTON ELEMENTARY	54.30	61.27	38.19	52.27	83.23	78.87	64.58	79.40
Greenbrier	EASTERN GREENBRIER M	38.26	28.94	15.74	25.55	82.06	85.13	82.25	82.62
Greenbrier	FRANKFORD	51.21	43.26	26.82	39.14	82.85	64.19	75.81	78.38
Greenbrier	GREENBRIER EAST HIGH	21.93	19.71	11.92	16.19	67.62	67.81	71.79	70.08
Greenbrier	GREENBRIER WEST HIGH	26.63	16.71	11.42	19.05	72.19	74.82	65.05	69.39
Greenbrier	LEWISBURG ELEMENTARY	40.21	22.58	14.68	24.17	75.84	66.57	61.81	67.08
Greenbrier	RAINELLE ELEMENTARY	50.35	29.29	33.79	44.84	78.00	63.64	68.54	74.80
Greenbrier	RONCEVERTE ELEMENTARY	38.36	40.38	26.46	33.71	82.71	76.53	69.27	76.67
Greenbrier	RUPERT ELEMENTARY SC	56.23	44.77	37.83	51.08	81.97	74.42	69.33	78.45
Greenbrier	SMOOT ELEMENTARY	41.55	29.51	36.65	38.96	71.80	69.67	70.28	71.59
Greenbrier	WESTERN GREENBRIER M	40.65	31.20	20.16	32.27	84.53	81.08	83.27	84.17
Greenbrier	WHITE SULPHUR ELEMEN	50.84	34.60	26.01	39.55	80.29	76.26	61.52	72.73
	TOTAL	40.16	29.65	19.20	29.79	78.15	74.57	71.84	75.15
Hampshire	AUGUSTA ELEMENTARY	53.84	46.21	22.77	41.75	80.33	76.24	60.47	72.77
Hampshire	CAPON BRIDGE ELEMENT	51.93	41.12	27.83	40.39	71.68	73.72	56.70	65.40
Hampshire	CAPON BRIDGE MIDDLE	38.92	26.00	22.58	29.76	81.04	81.11	72.22	77.08
Hampshire	HAMPSHIRE HIGH	37.62	25.18	18.08	27.33	57.81	57.27	50.29	54.37
Hampshire	JOHN J CORNWELL ELEM	63.32	58.33	32.16	53.20	73.64	62.50	62.21	69.62
Hampshire	ROMNEY ELEMENTARY SC	50.77	45.07	26.62	43.04	77.69	68.55	56.35	70.57
Hampshire	ROMNEY MIDDLE SCHOOL	42.49	38.68	27.25	37.20	81.00	86.24	77.41	80.62
Hampshire	SLANESVILLE ELEMENTA	61.30	55.44	28.48	50.02	74.00	84.01	50.06	67.61
Hampshire	SPRINGFIELD GREEN SP	59.81	48.34	39.51	51.85	78.24	70.86	56.37	70.05
	TOTAL	47.13	36.85	23.77	36.89	72.27	71.23	58.38	66.82

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Hancock	A. T. ALLISON ELEMEN	33.30	24.55	8.68	21.29	64.81	67.87	30.47	48.98
Hancock	BROADVIEW SCHOOL	37.93	16.67	5.61	22.01	61.33	40.58	26.87	44.40
Hancock	LIBERTY SCHOOL	47.01	37.61	16.70	29.90	68.70	63.30	37.82	51.55
Hancock	NEW MANCHESTER SCHOOL	49.03	29.29	18.96	33.71	63.23	49.29	28.45	46.03
Hancock	OAK GLEN HIGH SCHOOL	19.33	14.95	10.23	13.55	63.65	68.69	45.75	53.13
Hancock	OAK GLEN MIDDLE SCHO	28.35	27.41	6.44	16.63	76.63	65.68	40.10	56.37
Hancock	WEIR HIGH SCHOOL	34.66	27.65	11.42	19.39	62.85	61.23	43.56	50.48
Hancock	WEIR MIDDLE SCHOOL	28.54	31.20	5.36	17.01	72.57	68.39	34.16	52.61
Hancock	WEIRTON HEIGHTS	45.84	34.88	19.09	36.55	79.64	56.74	42.23	66.23
	TOTAL	35.19	26.95	10.30	21.78	66.71	62.49	37.66	52.20
Hardy	EAST HARDY EARLY/MID	56.33	50.81	37.93	46.10	73.06	72.77	57.30	64.79
Hardy	EAST HARDY HIGH SCHO	36.54	18.81	15.10	21.90	78.65	72.73	73.79	75.76
Hardy	MOOREFIELD ELEMENTAR	51.68	38.52	31.21	43.20	75.99	68.12	61.85	70.33
Hardy	MOOREFIELD HIGH SCHO	24.83	15.49	9.02	15.88	73.22	65.88	63.57	67.61
Hardy	MOOREFIELD INTERMEDIATE	33.33	16.94	17.05	25.33	85.69	72.94	76.99	81.10
Hardy	MOOREFIELD MIDDLE SC	27.40	25.68	9.66	19.45	83.69	85.52	79.88	82.39
	TOTAL	41.00	30.21	22.17	31.26	77.89	72.33	66.74	72.32
Harrison	ADAMISTON ELEMENTARY	29.86	30.08	10.91	21.96	64.49	73.31	38.51	54.07
Harrison	ALTERNATIVE LEARNING	32.03	16.42	15.70	28.04	55.37	34.33	43.39	51.84
Harrison	BIG ELM ELEMENTARY S	46.72	33.87	20.29	34.33	75.81	78.49	63.43	70.52
Harrison	BRIDGEPORT HIGH SCHO	17.74	9.52	4.16	6.02	59.89	63.27	59.22	59.55
Harrison	BRIDGEPORT MIDDLE	19.96	17.45	9.45	11.75	84.32	80.87	78.38	79.77
Harrison	JOHNSON ELEMENTARY	36.54	31.03	16.69	20.39	70.49	72.91	52.77	56.31
Harrison	LIBERTY HIGH SCHOOL	21.22	13.84	6.79	14.02	75.87	73.01	67.61	71.95
Harrison	LINCOLN HIGH SCHOOL	23.12	12.19	12.90	16.91	67.02	66.28	64.97	66.16
Harrison	LOST CREEK ELEMENTAR	65.05	51.81	39.08	53.24	77.46	79.52	62.87	71.71
Harrison	LUMBERPORT ELEMENTAR	40.79	37.54	21.78	34.34	76.11	81.73	56.29	70.04
Harrison	LUMBERPORT MIDDLE SC	47.39	31.90	22.58	34.78	79.45	80.98	75.73	77.96
Harrison	MOUNTAINEER MIDDLE S	41.42	32.55	24.89	34.59	87.34	86.27	89.07	88.01
Harrison	NORTH VIEW ELEMENTAR	51.27	37.25	20.68	41.71	83.01	71.57	63.73	76.87
Harrison	NORWOOD ELEMENTARY	40.60	29.52	21.16	29.66	71.67	63.25	55.77	62.68
Harrison	NUTTER FORT INTERMED	35.75	22.38	14.25	26.75	82.86	75.87	67.09	76.55
Harrison	NUTTER FORT PRIMARY	36.41	29.01	25.72	31.92	70.32	66.98	54.89	64.05
Harrison	ROBERT C. BYRD	29.90	26.30	10.24	19.99	71.14	73.05	63.40	67.55
Harrison	SALEM ELEMENTARY SCH	63.34	70.23	41.30	56.03	78.23	77.21	61.84	72.07
Harrison	SIMPSON ELEMENTARY	38.21	31.14	9.41	15.93	73.90	74.25	53.34	58.34
Harrison	SOUTH HARRISON HIGH	48.45	45.70	39.57	43.68	58.39	48.65	63.56	60.56
Harrison	SOUTH HARRISON MIDDLE	41.47	28.15	21.81	31.46	86.83	86.75	89.24	88.42

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Harrison	WASHINGTON IRVING MI	38.54	24.39	9.65	25.96	81.39	81.43	69.43	76.73
Harrison	WEST MILFORD ELEMENT	55.88	51.89	26.44	42.87	76.84	77.67	62.27	70.76
Harrison	WILSONBURG ELEMENTAR	48.89	28.85	31.74	42.51	79.20	70.67	66.12	75.03
	TOTAL	39.48	30.25	16.58	27.29	75.33	73.87	63.22	69.22
Jackson	COTTAGEVILLE ELEMENT	55.10	64.71	38.00	50.00	79.10	86.27	64.62	74.38
Jackson	EVANS ELEMENTARY	62.24	32.34	41.54	47.91	74.77	66.47	62.78	67.84
Jackson	FAIRPLAIN ELEMENTARY	55.36	24.44	42.32	48.76	80.73	51.11	68.41	74.38
Jackson	GILMORE ELEMENTARY	58.41	46.72	37.05	50.56	81.83	75.41	64.62	75.74
Jackson	HENRY J. KAISER ELEM	49.40	18.33	30.98	41.46	74.97	61.67	62.43	69.71
Jackson	KENNA ELEMENTARY SCH	58.49	40.29	39.52	47.62	78.55	62.27	60.95	68.51
Jackson	RAVENSWOOD GRADE SCH	42.84	21.20	25.28	33.82	87.30	75.00	73.02	80.42
Jackson	RAVENSWOOD HIGH SCHO	23.15	15.91	9.01	14.45	57.70	61.55	47.86	52.71
Jackson	RAVENSWOOD MIDDLE	68.32	61.23	52.31	60.85	84.07	80.43	73.85	79.50
Jackson	RIPLEY ELEMENTARY SC	45.24	38.43	28.75	37.84	79.01	75.96	62.22	71.69
Jackson	RIPLEY HIGH SCHOOL	29.14	15.45	10.35	16.58	70.82	61.56	46.78	55.41
Jackson	RIPLEY MIDDLE SCHOOL	41.37	32.15	24.34	31.70	80.89	75.89	70.25	74.97
	TOTAL	45.96	30.40	25.45	34.75	77.33	69.39	60.13	68.32
Jefferson	BLUE RIDGE ELM. SCHO	37.98	32.41	15.86	25.09	67.94	53.92	46.16	54.68
Jefferson	C.W.SHIPLEY ELEMENTA	54.47	38.98	20.05	30.12	76.09	72.46	50.61	58.57
Jefferson	CHARLES TOWN MIDDLE	21.21	13.85	7.17	11.16	82.50	72.29	69.27	72.94
Jefferson	DRISWOOD ELEMENTARY	44.95	18.87	16.22	23.61	71.54	52.83	45.58	51.00
Jefferson	HARPERS FERRY MIDDLE	22.69	17.54	10.81	14.84	57.34	45.93	52.39	53.38
Jefferson	JEFFERSON HIGH SCHOO	13.45	7.62	2.40	5.50	58.59	58.40	52.13	54.12
Jefferson	NORTH JEFFERSON ELEM	38.29	23.91	20.41	29.56	64.28	51.09	37.76	51.56
Jefferson	PAGE JACKSON ELEMENT	52.17	35.23	17.84	27.18	68.41	62.18	37.38	46.22
Jefferson	RANSON ELEMENTARY SC	44.72	13.92	15.93	34.40	79.80	68.93	60.10	73.60
Jefferson	SHEPHERDSTOWN ELEMEN	29.06	21.05	12.26	16.46	77.13	71.26	49.32	56.37
Jefferson	SHEPHERDSTOWN MIDDLE	25.05	12.95	8.80	14.20	77.86	80.83	66.23	70.73
Jefferson	SOUTH JEFFERSON ELEM	43.89	21.65	16.25	25.35	75.68	66.23	54.57	61.85
Jefferson	T.ALLOWERY ELEM. (20	34.88	19.40	15.36	24.85	56.57	54.63	47.28	52.14
Jefferson	WASHINGTON HIGH SCHO	16.19	6.36	3.90	6.82	70.64	64.81	62.57	64.57
Jefferson	WILDWOOD MIDDLE	21.01	4.26	6.94	11.76	79.09	70.82	66.88	71.38
Jefferson	WRIGHT DENNY INTERME	39.40	25.68	12.53	20.79	74.61	76.50	64.36	67.97
	TOTAL	31.21	17.33	10.40	17.16	69.34	62.18	54.49	59.50
Kanawha	ALBAN ELEMENTARY	27.52	29.00	21.39	25.19	66.24	71.00	66.23	66.79
Kanawha	ALUM CREEK	59.15	46.63	20.53	44.24	80.75	73.03	58.82	72.38
Kanawha	ANDREW JACKSON MIDDLE	39.71	35.81	17.53	27.58	81.36	81.45	77.93	79.70

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Kanawha	ANDREWS HEIGHTS	65.47	49.64	37.74	51.83	85.18	80.94	64.69	75.83
Kanawha	ANNE BAILEY ELEMENTA	47.69	19.68	30.85	43.55	78.21	81.91	67.46	76.74
Kanawha	BELLE	44.29	39.03	29.01	38.95	76.81	76.58	68.92	74.34
Kanawha	BONHAM ELEMENTARY	55.55	46.54	47.24	53.50	80.89	74.21	79.03	80.80
Kanawha	BRIDGE	71.20	42.94	34.72	53.79	88.65	69.94	57.70	74.31
Kanawha	BRIDGEVIEW ELEMENTAR	47.93	36.59	17.05	37.94	84.64	81.37	69.38	79.90
Kanawha	CAPITAL HIGH SCHOOL	33.52	28.04	13.92	23.74	66.34	68.72	64.01	65.43
Kanawha	CEDAR GROVE ELEMENTA	62.66	42.04	42.01	54.92	85.44	75.10	65.33	78.51
Kanawha	CEDAR GROVE MIDDLE	44.31	26.56	19.63	35.20	85.09	80.73	83.77	84.87
Kanawha	CENTRAL ELEMENTARY	43.99	34.83	19.82	31.78	80.86	76.40	67.71	74.36
Kanawha	CHAMBERLAIN ELEMENTA	51.56	23.60	18.34	35.52	85.42	78.65	85.44	85.61
Kanawha	CHESAPEAKE	49.93	42.65	35.84	45.61	71.98	66.91	62.19	69.21
Kanawha	CLENDENIN	51.11	37.20	31.42	42.65	78.30	68.26	76.19	76.99
Kanawha	CROSS LANES ELEMENTA	40.18	31.69	16.37	26.93	71.70	65.03	58.24	64.20
Kanawha	DUNBAR INTERMEDIATE	81.38	35.65	27.85	60.44	86.97	76.56	67.83	80.43
Kanawha	DUNBAR MIDDLE SCHOOL	70.74	58.74	52.56	63.36	79.59	75.20	77.19	78.50
Kanawha	DUNBAR PRIMARY CENTE	36.45	18.94	15.83	28.19	63.96	38.51	45.41	55.66
Kanawha	DUPONT MIDDLE SCHOOL	34.28	28.72	28.06	31.14	45.62	40.03	45.00	44.97
Kanawha	EAST BANK MIDDLE	37.46	32.04	28.30	34.05	73.92	72.04	71.64	73.15
Kanawha	ELK ELEMENTARY CENTE	31.97	30.05	16.58	25.75	81.06	80.32	68.84	76.22
Kanawha	ELKVIEW MIDDLE SCHOO	32.45	20.70	15.57	23.26	77.18	72.83	80.20	78.63
Kanawha	FLINN ELEMENTARY	35.31	37.23	12.89	24.37	78.02	80.62	65.57	72.12
Kanawha	GEORGE WASHINGTON HI	34.96	29.45	9.80	14.64	58.21	57.43	46.86	49.14
Kanawha	GRANDVIEW ELEMENTARY	49.88	40.34	25.83	45.30	83.55	78.98	73.07	81.73
Kanawha	HAYES MIDDLE SCHOOL	28.40	16.61	11.33	19.45	65.96	53.11	63.23	63.70
Kanawha	HERBERT HOOVER	42.20	25.82	20.76	28.71	62.44	55.09	50.08	54.91
Kanawha	HOLZ	51.57	35.29	12.92	20.99	78.77	77.94	61.88	65.73
Kanawha	HORACE MANN MIDDLE S	42.22	35.27	13.48	27.07	80.91	85.27	77.69	79.71
Kanawha	J. E. ROBINS ELEMENT	50.60	64.95	32.02	47.58	80.89	89.69	41.22	73.18
Kanawha	JOHN ADAMS MIDDLE SC	40.70	20.90	9.24	17.04	79.96	77.86	68.30	71.51
Kanawha	KANAWHA ACADEMY	0.00	0.00	0.00	0.00	18.93	15.65	10.87	15.44
Kanawha	KANAWHA CITY ELEMENT	52.60	44.95	13.29	27.54	91.67	106.42	65.82	76.10
Kanawha	KENNA	33.86	26.92	7.56	13.99	88.36	69.23	66.60	71.30
Kanawha	LAKEWOOD ELEMENTARY	42.82	29.82	16.77	26.93	77.29	80.26	64.79	70.53
Kanawha	MALDEN	42.76	15.15	23.61	35.63	84.33	70.71	62.82	76.83
Kanawha	MARMET	38.96	43.04	33.39	38.31	66.59	70.55	65.97	67.44
Kanawha	MARY INGLES	41.38	43.01	32.00	37.97	81.20	81.36	73.71	78.30
Kanawha	MCKINLEY MIDDLE SCHO	19.40	11.46	8.44	13.47	63.45	56.25	62.08	62.35
Kanawha	MIDLAND TRAIL	53.52	51.10	37.07	47.76	80.67	81.50	73.67	78.48
Kanawha	MONTROSE ELEMENTARY	43.85	41.80	15.87	25.33	74.19	78.69	58.17	64.21

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Kanawha	NITRO ELEMENTARY	49.47	44.17	31.18	42.44	81.94	78.61	70.47	77.76
Kanawha	NITRO HIGH SCHOOL	21.20	18.94	10.80	14.42	49.46	48.20	35.47	40.37
Kanawha	OVERBROOK	43.33	28.98	8.97	18.32	82.71	86.53	64.44	70.08
Kanawha	PIEDMONT ELEMENTARY	50.56	20.83	18.95	41.60	77.32	73.33	40.99	67.86
Kanawha	PINCH	38.44	38.37	14.26	23.66	77.17	78.29	67.18	71.33
Kanawha	POINT HARMONY ELEMEN	46.07	44.24	24.45	34.09	83.17	76.96	71.30	76.28
Kanawha	PRATT	36.27	31.66	21.59	31.13	64.35	63.01	59.20	62.81
Kanawha	RICHMOND ELEMENTARY	44.14	18.35	15.06	32.27	82.99	74.31	67.83	77.17
Kanawha	RIVERSIDE	24.76	18.37	14.14	19.41	59.64	63.78	58.73	59.65
Kanawha	RUFFNER ELEMENTARY	58.07	38.80	23.38	44.66	86.75	85.20	66.20	79.54
Kanawha	RUTHLAWN ELEMENTARY	49.22	33.18	25.46	36.09	79.70	80.72	62.06	70.98
Kanawha	SHARON DAWES	60.99	66.48	46.82	57.64	76.83	74.43	60.76	72.35
Kanawha	SHAWNEE COMMUNITY CE	27.56	18.18	9.84	23.10	28.89	16.88	10.73	24.41
Kanawha	SHOALS ELEMENTARY	44.99	27.91	14.90	28.67	63.59	76.74	63.84	65.00
Kanawha	SISSONVILLE ELEMENTA	63.45	60.56	48.76	57.88	73.68	77.86	58.68	68.96
Kanawha	SISSONVILLE HIGH SCH	48.77	35.19	32.05	38.93	52.52	48.06	46.21	48.97
Kanawha	SISSONVILLE MIDDLE	45.54	36.07	27.51	36.44	85.26	85.66	82.90	84.34
Kanawha	SOUTH CHARLESTON HIG	30.69	25.06	15.65	22.34	55.12	51.72	42.08	48.01
Kanawha	SOUTH CHARLESTON MID	42.27	28.50	17.41	29.86	82.22	76.01	72.45	77.52
Kanawha	ST. ALBANS HIGH	26.95	17.91	11.42	17.68	57.16	54.92	54.01	55.34
Kanawha	STONEWALL JACKSON MI	37.66	36.50	16.50	32.81	84.47	86.65	93.51	86.99
Kanawha	TYLER MIDDLE SCHOOL	19.62	15.27	17.16	19.37	20.15	17.56	17.82	20.10
Kanawha	WATTS ELEMENTARY	57.89	30.77	16.05	42.03	80.33	71.54	33.26	63.55
Kanawha	WEBERWOOD ELEMENTARY	28.21	1.61	15.43	18.08	62.95	42.74	46.45	50.27
Kanawha	WEIMER ELEMENTARY	46.27	21.05	23.74	40.53	66.94	60.90	66.60	68.38
Kanawha	WESTSIDE ELEMENTARY	62.97	26.55	17.09	54.64	79.45	43.64	29.36	70.57
Kanawha	TOTAL	42.64	31.51	18.52	30.74	72.14	68.07	60.46	66.60
Lewis	ALUM BRIDGE ELEMENTA	50.39	33.33	43.17	47.25	78.43	70.54	67.94	75.41
Lewis	JANE LEW ELEMENTARY	51.71	46.59	36.92	45.06	80.74	70.30	70.09	75.42
Lewis	LEWIS COUNTY HIGH SC	28.72	26.47	15.30	21.60	64.22	60.70	64.75	64.35
Lewis	PETERSON-CENTRAL EL	58.84	39.75	38.60	49.69	80.60	77.64	64.83	74.41
Lewis	ROANOKE ELEMENTARY S	79.78	77.59	64.61	76.46	81.96	71.55	68.04	78.24
Lewis	ROBERT L BLAND MIDL	33.06	26.88	15.96	24.58	83.68	83.87	81.72	82.94
Lewis	ST. PATRICK SCHOOL	0.00	0.00	0.00	0.00	58.90	73.42	56.69	58.25
Lewis	TOTAL	44.72	34.21	24.21	34.81	77.00	72.57	69.27	73.24
Lincoln	DUVAL PREK-8	61.34	47.80	34.61	51.14	72.41	65.66	50.99	64.56
Lincoln	GUYAN VALLEY MIDDLE	27.19	20.27	15.46	23.97	75.42	76.13	63.56	73.25

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Lincoln	HAMLIN PK-8	42.42	26.74	16.87	31.82	76.73	72.43	56.73	69.29
Lincoln	HARTS MIDDLE SCHOOL	42.21	19.46	20.49	35.80	77.65	74.50	72.13	76.51
Lincoln	HARTS PRIMARY SCHOOL	62.74	25.98	33.54	52.86	73.29	62.75	53.11	67.85
Lincoln	LINCLON COUNTY HIGH	28.99	22.92	15.01	22.48	56.97	57.53	43.38	51.24
Lincoln	MIDWAY ELEMENTARY	57.36	26.54	25.60	42.96	65.40	31.48	37.51	52.48
Lincoln	RANGER ELEMENTARY	73.73	66.67	49.09	67.58	80.04	72.15	57.32	74.33
Lincoln	WEST HAMLIN ELEMENTA	51.19	33.33	21.30	42.41	69.99	62.08	40.14	62.20
	TOTAL	47.24	30.49	22.38	37.60	70.07	64.65	48.64	62.63
Logan	BUFFALO ELEMENTARY	63.84	48.08	41.30	54.41	83.95	75.00	80.89	82.74
Logan	CHAPMANVILLE MIDDLE	49.27	28.96	27.66	37.54	82.62	78.05	75.41	78.95
Logan	CHAPMANVILLE REGIONA	35.26	25.35	16.64	24.13	70.36	68.56	56.78	62.75
Logan	EAST CHAPMANVILLE GR	53.96	61.88	34.55	46.26	76.80	72.50	65.70	72.21
Logan	HOLDEN	62.35	54.23	46.51	56.68	74.97	65.49	54.93	67.62
Logan	HUGH DINGESS ELEMENT	74.85	74.44	75.78	75.73	88.32	82.96	87.53	87.71
Logan	JUSTICE ELEMENTARY	57.27	49.45	29.90	42.42	71.28	60.44	52.51	61.02
Logan	LOGAN ELEMENTARY	47.67	41.32	30.74	41.97	68.40	71.90	57.89	65.37
Logan	LOGAN HIGH SCHOOL	27.07	27.41	9.78	18.44	54.97	55.01	32.87	43.93
Logan	LOGAN MIDDLE SCHOOL	70.29	66.07	50.56	62.14	85.17	75.25	70.37	78.68
Logan	MAN ELEMENTARY	52.88	38.57	34.06	44.25	74.92	55.71	63.54	69.27
Logan	MAN HIGH SCHOOL	50.87	36.05	33.21	42.24	53.99	48.06	40.01	47.63
Logan	MAN MIDDLE SCHOOL	55.50	50.65	41.88	49.22	76.14	76.80	72.40	74.78
Logan	OMAR GRADE	60.79	36.27	34.87	52.78	70.52	57.84	50.90	64.85
Logan	SOUTH MAN GRADE SCHO	50.96	84.13	41.76	49.56	64.36	85.71	68.24	66.99
Logan	VERDUNVILLE ELEMEN	55.54	50.33	45.03	50.61	72.74	69.54	61.43	67.58
Logan	WEST CHAPMANVILLE GR	46.25	23.92	30.97	38.23	66.81	62.68	60.09	63.66
	TOTAL	51.86	43.26	31.26	42.43	72.24	67.92	59.01	66.35
Marion	BARRACKVILLE ELEM/MI	39.79	9.41	10.66	21.97	76.89	64.41	51.11	62.44
Marion	BLACKSHERE ELEMENTAR	48.26	47.04	25.07	39.96	76.91	78.59	60.79	71.47
Marion	EAST DALE ELEMENTARY	54.79	37.48	19.39	33.00	76.41	79.93	52.56	62.88
Marion	EAST FAIRMONT HIGH S	16.27	12.79	6.79	9.99	54.66	65.12	53.23	54.48
Marion	EAST FAIRMONT JUNIOR	13.56	11.64	4.04	8.61	74.09	79.79	73.64	74.70
Marion	EAST PARK ELEMENTARY	36.86	22.67	18.81	29.97	79.89	81.68	71.47	77.43
Marion	FAIRMONT SENIOR HIGH	23.11	14.71	5.34	11.33	61.80	50.75	52.95	55.65
Marion	FAIRVIEW ELEMENTARY	45.07	28.78	26.40	35.35	76.80	39.57	57.72	65.23
Marion	FAIRVIEW MIDDLE SCHO	39.15	33.68	22.31	31.15	77.86	77.89	75.70	77.05
Marion	JAYENNE	52.76	24.00	18.17	34.13	79.11	58.29	57.20	67.21
Marion	MANNINGTON MIDDLE	40.36	23.68	13.50	28.22	75.63	75.70	69.75	73.52
Marion	MONONGAH ELEMENTARY	53.95	39.74	28.23	43.26	75.11	74.67	56.40	67.94
Marion	MONONGAH MIDDLE	39.96	30.74	21.39	30.83	85.14	81.97	82.37	83.90

SCHOOL PARTICIPATION DATA (cont'd)

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Marion	NORTH MARION HIGH SC	19.62	12.60	9.53	13.49	64.85	59.81	64.03	64.12
Marion	PLEASANT VALLEY	34.48	28.90	14.37	21.77	76.86	82.08	68.82	72.45
Marion	RIVESVILLE ELEM./MID	44.83	45.15	25.47	37.59	76.14	76.97	69.38	73.86
Marion	WATSON ELEMENTARY	41.31	33.33	22.72	34.22	75.65	76.47	50.64	66.26
Marion	WEST FAIRMONT MIDDLE	40.95	23.56	13.69	26.30	83.12	81.10	82.32	82.80
Marion	WHITE HALL	55.16	47.29	24.89	33.32	75.80	62.79	54.09	59.88
	TOTAL	37.89	25.81	14.53	25.19	73.93	71.31	61.31	67.43
Marshall	CAMERON ELEMENTARY	49.97	45.69	40.55	45.48	81.60	85.94	70.64	77.04
Marshall	CAMERON HIGH SCHOOL	35.39	37.28	23.27	29.68	80.17	82.46	69.61	75.31
Marshall	CENTER MCMECHEN SCHO	53.23	33.70	21.63	44.94	80.00	70.65	56.06	73.91
Marshall	CENTRAL ELEMENTARY S	50.53	40.49	22.74	41.47	88.46	84.86	74.04	84.07
Marshall	GATEWAY ACHIEVEMENT CENTER	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Marshall	GLEN DALE ELEMENTARY	44.75	37.02	16.38	28.39	77.12	72.60	59.13	66.97
Marshall	HILLTOP ELEMENTARY SCHOOL	37.48	35.48	25.11	30.12	71.06	60.89	53.10	60.04
Marshall	JOHN MARSHALL HIGH S	21.19	12.43	6.15	11.98	76.66	80.16	68.02	72.02
Marshall	MCNINCH ELEMENTARY	47.44	35.29	27.29	40.04	77.85	75.78	55.80	70.59
Marshall	MOUNDSVILLE MIDDLE S	28.36	19.79	14.07	21.98	86.23	85.87	79.25	83.45
Marshall	SAND HILL ELEMENTARY	72.61	52.00	63.16	67.62	71.34	40.00	66.08	68.01
Marshall	SHERRARD MIDDLE SCHOOL	32.70	27.06	14.26	22.85	84.56	81.17	79.29	81.64
Marshall	WASHINGTON LANDS ELE	50.86	31.52	32.67	41.35	76.84	62.50	63.65	70.06
	TOTAL	38.85	29.33	19.24	28.98	80.14	78.00	67.24	74.03
Mason	ASHTON ELEMENTARY SC	45.70	42.62	30.12	39.46	73.68	69.25	62.32	69.03
Mason	BEALE ELEMENTARY SCH	55.83	53.10	32.21	50.16	82.25	82.76	74.94	80.89
Mason	HANNAN JR/SR HIGH SC	53.49	53.73	45.66	50.91	56.95	57.25	50.22	54.70
Mason	LEON ELEMENTARY SCHO	73.49	61.11	66.67	71.05	78.65	75.56	62.01	73.50
Mason	NEW HAVEN ELEMENTARY	49.88	41.12	38.21	44.46	74.48	70.25	58.72	67.79
Mason	POINT PLEASANT HIGH	56.67	55.39	44.81	50.89	66.10	67.21	57.84	62.20
Mason	POINT PLEASANT INTER	35.18	18.45	13.02	25.07	73.51	66.05	59.15	67.21
Mason	POINT PLEASANT PRIMA	44.53	27.27	26.52	36.97	67.55	49.43	55.43	62.07
Mason	ROOSEVELT ELEMENTARY	49.16	45.42	23.12	36.61	77.16	73.94	54.83	66.34
Mason	WAHAMA JR/SR HIGH SC	46.75	32.94	33.96	39.31	61.04	49.18	54.42	56.88
	TOTAL	50.52	43.28	35.40	43.76	70.27	65.25	57.95	64.84
McDowell	ANAWALT ELEMENTARY	67.60	61.36	44.26	64.64	76.72	60.23	55.19	72.89
McDowell	BRADSHAW ELEMENTARY	59.74	49.70	48.48	57.71	71.47	52.66	68.15	70.17
McDowell	FALL RIVER ELEMENTAR	65.96	66.50	41.88	62.83	76.52	75.37	74.01	76.45
McDowell	IAEGER ELEMENTARY	53.99	43.00	28.51	48.68	65.15	52.50	49.47	61.71
McDowell	KIMBALL ELEMENTARY	68.17	64.76	35.63	65.80	75.15	71.90	55.87	73.88

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
McDowell	MOUNT VIEW HIGH	34.98	27.11	20.56	30.90	67.34	64.77	59.08	65.28
McDowell	River View High School	28.17	23.20	17.32	24.98	63.52	66.19	63.04	63.83
McDowell	SANDY RIVER MIDDLE	46.44	39.04	33.72	42.94	78.15	75.00	65.40	75.12
McDowell	Southside K-8	46.75	32.79	21.22	42.24	74.55	67.21	53.34	71.21
McDowell	WELCH ELEMENTARY	55.81	44.04	27.62	49.84	79.39	74.61	60.85	75.91
	TOTAL	47.92	37.39	26.00	42.99	71.35	66.48	60.17	69.04
Mercer	ATHENS SCHOOL	48.17	37.69	20.77	33.90	79.64	77.34	70.88	75.33
Mercer	BLUEFIELD HIGH SCHOO	21.83	14.16	5.52	14.85	66.82	63.14	52.94	61.14
Mercer	BLUEFIELD INTERMEDIA	47.88	36.05	23.59	41.35	83.42	74.92	66.67	79.00
Mercer	BLUEFIELD MIDDLE	31.54	26.72	12.17	25.26	83.86	81.62	79.58	82.47
Mercer	BLUEWELL ELEMENTARY	40.18	30.00	24.80	33.72	69.31	49.29	47.02	59.52
Mercer	BRUSHFORK ELEMENTARY	50.37	31.62	28.07	44.08	75.55	74.26	60.43	72.39
Mercer	CERES	53.18	36.54	27.51	47.67	80.31	80.13	68.48	78.49
Mercer	GLENWOOD SCHOOL	43.91	26.28	16.54	29.26	76.88	63.25	60.41	67.92
Mercer	LASHMEET/MATOAKA SCH	44.29	30.81	22.27	37.14	82.55	80.36	74.89	80.53
Mercer	MCELC-BLUEFIELD	65.23	46.38	50.83	63.40	65.63	47.83	50.83	63.95
Mercer	MCELC-PRINCETON	58.48	45.33	49.69	55.38	62.85	57.33	54.70	60.35
Mercer	MELROSE ELEMENTARY	41.50	25.21	18.38	29.31	75.51	68.91	70.83	73.33
Mercer	MEMORIAL ELEMENTARY	62.34	38.30	17.85	49.66	79.75	70.21	51.24	72.23
Mercer	MERCER COUNTY EARLY LEARNING CENTER	50.00	43.90	47.29	49.20	53.58	51.22	56.16	54.29
Mercer	MERCER SCHOOL	42.31	25.81	14.84	29.54	82.14	85.92	78.10	81.10
Mercer	MONTCALM ELEMENTARY	66.79	39.32	30.82	55.38	78.25	76.82	65.28	75.30
Mercer	MONTCALM HIGH SCHOOL	33.20	25.13	16.33	26.85	68.82	66.67	61.67	66.45
Mercer	OAKVALE SCHOOL	54.21	45.02	36.61	48.68	73.97	78.79	73.23	74.76
Mercer	PIKE VIEW HIGH SCHOO	23.33	18.32	12.68	17.37	61.16	63.37	59.76	60.74
Mercer	PRINCETON HIGH SCHOO	14.04	7.75	2.09	6.93	59.99	62.90	54.86	57.37
Mercer	PRINCETON MIDDLE	29.70	17.57	9.89	20.22	75.37	68.81	50.54	64.04
Mercer	PRINCETON PRIMARY	41.05	24.07	18.87	32.45	78.63	63.37	60.80	71.71
Mercer	SPANISHBURG SCHOOL	56.60	52.19	37.19	49.24	84.80	78.92	73.75	80.35
Mercer	STRALEY SCHOOL	54.82	35.07	17.50	43.63	83.00	74.63	67.68	78.33
Mercer	SUN VALLEY SCHOOL	58.32	15.63	41.81	50.84	81.77	46.88	65.89	75.23
Mercer	WHITETHORN ELEMENTAR	71.89	50.00	35.98	64.00	87.41	70.83	65.72	82.58
	TOTAL	41.46	27.38	16.00	30.57	74.95	70.40	61.83	69.69
Mineral	BURLINGTON PRIMARY	65.18	48.67	48.53	57.21	83.31	72.57	70.85	77.88
Mineral	ELK GARDEN PRIMARY/M	56.21	27.78	32.01	46.00	72.52	56.48	63.11	68.70
Mineral	FORT ASHBY PRIMARY	48.90	32.74	20.09	30.54	77.55	66.37	51.26	61.26
Mineral	FOUNTAIN PRIMARY SCH	56.37	40.66	42.23	49.55	70.75	72.53	64.31	68.67

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Mineral	FRANKFORT HIGH SCHOO	25.81	21.57	14.09	17.92	66.91	69.89	71.19	70.75
Mineral	Frankfort Intermedia	48.51	47.21	22.89	33.83	73.23	72.12	55.41	63.16
Mineral	FRANKFORT MIDDLE SCH	28.86	18.76	9.55	16.21	82.06	78.04	72.86	76.08
Mineral	KEYSER HIGH SCHOOL	33.04	19.17	13.24	21.32	78.71	82.16	82.57	81.21
Mineral	KEYSER PRIMARY-MIDDL	29.22	19.11	9.67	20.60	71.43	64.96	59.54	66.18
Mineral	NEW CREEK PRIMARY SC	50.39	54.46	28.13	37.99	76.67	78.57	61.88	68.46
Mineral	WILEY FORD PRIMARY	49.41	40.48	31.92	39.41	66.00	63.81	56.89	61.52
	TOTAL	36.62	26.83	16.72	25.75	74.12	70.71	66.72	70.25
Mingo	BURCH ELEMENTARY	46.67	38.95	34.54	42.58	65.79	58.67	57.40	62.85
Mingo	BURCH HIGH SCHOOL	24.87	13.01	16.85	20.85	68.47	60.96	60.05	64.65
Mingo	DINGESS ELEMENTARY	68.18	59.22	47.35	64.60	74.66	66.02	57.94	71.79
Mingo	GILBERT ELEMENTARY	50.61	40.50	30.36	43.37	63.96	52.62	50.21	58.82
Mingo	GILBERT HIGH SCHOOL	20.96	17.62	10.95	15.92	60.29	58.59	59.60	60.20
Mingo	KERMIT K8	66.11	24.79	24.84	48.33	73.60	52.10	51.64	64.21
Mingo	LENORE K-8	39.06	29.46	27.47	34.02	63.54	63.57	56.42	60.90
Mingo	MATEWAN ELEMENTARY	41.56	34.97	35.19	40.09	71.99	80.33	66.10	71.56
Mingo	MATEWAN HIGH SCHOOL	20.70	22.04	8.76	17.01	72.26	73.03	65.66	70.36
Mingo	RIVERSIDE ELEMENTARY	35.56	18.11	21.08	30.53	54.84	43.40	47.00	52.08
Mingo	TUG VALLEY HIGH SCHO	19.08	11.65	15.76	17.17	49.63	44.18	51.05	49.90
Mingo	WILLIAMSON HIGH	20.27	14.11	8.56	15.97	59.90	56.85	54.86	58.23
	TOTAL	37.73	25.55	21.34	31.36	64.53	57.75	56.10	61.34
Monongalia	BROOKHAVEN SCHOOL	41.42	36.46	22.72	30.30	69.92	68.75	56.22	61.96
Monongalia	CHEAT LAKE ELEMENTARY	35.11	22.31	11.72	15.88	65.93	45.87	36.51	41.69
Monongalia	CLAY-BATTELLE HIGH S	30.93	29.04	17.77	22.77	61.14	70.80	65.88	65.37
Monongalia	EASTON ELEMENTARY SC	49.30	37.63	34.60	39.07	61.40	54.30	47.57	52.12
Monongalia	MASON-DIXON ELEMENTA	47.24	22.59	24.28	32.91	69.41	64.74	50.51	59.11
Monongalia	MORGANTOWN HIGH SCHO	33.87	27.09	22.86	25.53	57.13	58.74	56.04	56.46
Monongalia	MOUNTAINEER MIDDLE	23.76	19.77	7.72	11.44	72.46	67.44	54.48	58.75
Monongalia	MOUNTAINVIEW ELEMENT	38.92	30.73	22.51	29.66	66.24	64.07	43.60	53.89
Monongalia	MYLAN PARK ELEMENTAR	51.64	32.80	33.14	41.26	76.99	64.24	55.00	65.29
Monongalia	NORTH ELEMENTARY SCH	40.86	31.12	15.00	22.19	71.51	66.77	52.65	58.01
Monongalia	RIDGEDALE SCHOOL	32.32	25.00	15.37	21.53	66.03	68.75	49.98	56.37
Monongalia	SKYVIEW ELEMENTARY	41.94	31.91	23.04	32.12	79.22	79.49	55.87	68.01
Monongalia	SOUTH MIDDLE SCHOOL	36.71	25.05	12.61	21.49	75.02	67.08	60.51	65.83
Monongalia	SUNCREST MIDDLE	20.86	2.86	4.92	8.80	75.96	60.71	59.32	63.53
Monongalia	SUNCREST PRIMARY	30.14	20.45	10.71	15.65	67.66	59.85	36.64	46.28
Monongalia	UNIVERSITY HIGH SCHO	18.34	15.51	8.79	11.47	54.38	57.03	55.36	55.31
Monongalia	WESTWOOD MIDDLE	29.60	15.96	16.15	21.73	82.80	78.01	77.38	79.84

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Monongalia	WOODBURN ELEMENTARY	42.55	29.27	25.83	34.22	81.93	67.89	69.90	75.68
	TOTAL	35.82	25.74	16.69	22.89	66.85	64.65	53.59	58.80
Monroe	JAMES MONROE HIGH SC	26.13	14.75	12.64	18.51	64.18	61.18	63.83	63.90
Monroe	MOUNTAINVIEW SCHOOL	42.38	42.76	29.63	38.00	70.86	70.67	59.02	66.75
Monroe	PETERSTOWN ELEMENTAR	45.49	31.20	17.84	32.37	71.48	63.72	57.36	64.79
Monroe	PETERSTOWN MIDDLE SC	49.65	40.81	26.61	38.94	80.69	77.35	70.76	76.38
	TOTAL	40.66	31.31	20.67	31.38	71.11	67.55	62.13	67.13
Morgan	BERKELEY SPRINGS HIG	18.85	12.50	8.08	12.49	71.98	70.52	63.32	67.21
Morgan	GREENWOOD ELEMENTARY	66.98	41.38	60.00	60.54	80.00	45.69	57.65	65.14
Morgan	PAW PAW SCHOOLS	39.15	23.44	15.24	29.69	84.47	75.46	66.15	77.66
Morgan	PLEASANT VIEW ELEMEN	67.83	42.22	17.07	48.93	77.82	62.22	41.67	64.64
Morgan	WARM SPRINGS INTERME	49.42	37.09	23.38	37.01	85.79	76.48	61.36	74.39
Morgan	WARM SPRINGS MIDDLE	32.99	25.11	13.23	22.70	85.14	79.57	72.09	78.45
Morgan	WIDMYER ELEMENTARY	42.00	34.81	25.50	35.02	59.05	60.98	41.15	52.22
	TOTAL	38.16	26.74	16.50	27.40	75.28	70.82	60.08	68.14
Nicholas	BEAVER ELEMENTARY	48.95	55.81	29.20	43.72	74.04	72.87	57.52	69.13
Nicholas	BIRCH RIVER ELEMENTA	80.42	67.21	60.17	74.05	85.43	70.49	62.40	78.05
Nicholas	CHERRY RIVER ELEMENT	49.45	48.21	39.89	46.75	79.19	76.49	61.86	74.44
Nicholas	CRAIGSVILLE ELEMENTA	31.32	27.38	16.93	27.31	77.75	74.90	62.76	73.47
Nicholas	DIXIE ELEMENTARY	66.96	51.20	50.40	61.15	80.74	74.10	59.68	75.36
Nicholas	GLADE CREEK ELEMENTA	60.03	42.21	25.29	42.72	84.43	79.22	58.32	72.07
Nicholas	MT. LOOKOUT ELEMENTA	56.43	47.89	38.79	48.74	74.41	76.06	60.76	69.60
Nicholas	MT. NEBO ELEMENTARY	58.43	28.30	29.86	43.18	78.11	60.38	51.67	65.26
Nicholas	NCHS	22.35	13.98	5.42	12.25	58.59	52.43	46.05	51.16
Nicholas	PANTHER CREEK ELEMEN	47.20	26.95	27.75	37.13	77.51	74.47	63.28	71.52
Nicholas	RICHWOOD HIGH SCHOOL	18.83	12.69	9.12	14.43	59.27	61.92	54.74	57.94
Nicholas	RICHWOOD MIDDLE SCHO	27.00	20.66	16.87	23.07	79.20	74.43	62.19	73.01
Nicholas	S.M.S.	18.19	14.29	6.60	12.93	77.18	74.10	60.88	69.94
Nicholas	SUMMERSVILLE ELEMENT	28.14	24.86	12.76	21.37	64.07	64.74	47.57	56.94
Nicholas	ZELA ELEMENTARY	52.76	41.86	27.02	44.66	80.95	70.93	52.02	71.86
	TOTAL	35.32	27.46	16.39	26.97	72.44	69.17	54.84	65.07
Ohio	BETHLEHEM ELEMENTARY	30.43	24.32	18.49	22.61	51.84	55.41	41.69	46.33
Ohio	BRIDGE STREET MIDDLE	32.72	28.96	10.19	22.45	71.57	69.88	49.07	61.56
Ohio	ELM GROVE ELEMENTARY	43.07	33.84	17.80	31.53	69.68	54.04	42.43	56.91
Ohio	MADISON ELEMENTARY	50.82	37.11	31.42	46.95	70.51	62.89	51.53	67.00

SCHOOL PARTICIPATION DATA (cont'd)

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Ohio	MIDDLE CREEK SCHOOL	53.36	36.86	35.34	43.33	66.80	41.57	45.05	54.24
Ohio	RITCHIE SCHOOL	49.70	26.53	36.40	46.93	79.23	64.29	65.77	76.64
Ohio	STEENROD ELEMENTARY	27.79	31.91	12.39	16.85	49.75	53.19	36.57	40.38
Ohio	TRIADAPLHIA MIDDLE S	31.99	20.20	7.75	16.67	71.88	73.40	55.49	62.11
Ohio	WARWOOD SCHOOL	28.00	12.33	11.58	17.23	65.11	56.05	41.40	50.65
Ohio	WEST LIBERTY ELEMENT	59.29	35.96	22.74	38.13	62.86	39.33	44.39	51.75
Ohio	WHEELING MIDDLE SCHO	37.15	15.38	14.65	28.67	76.80	59.83	50.89	67.42
Ohio	WHEELING PARK HIGH S	35.49	29.77	12.34	21.22	56.81	61.27	47.82	51.72
Ohio	WOODSDALE ELEMENTARY	19.82	10.38	7.41	11.77	62.47	52.46	46.04	51.82
	TOTAL	38.64	26.07	14.21	25.10	66.20	58.30	46.45	55.48
Pendleton	BRANDYWINE ELEMENTAR	62.65	59.80	43.41	54.40	79.97	81.05	69.11	76.24
Pendleton	FRANKLIN ELEMENTARY	61.57	41.81	39.84	51.46	85.62	83.63	82.04	84.30
Pendleton	NORTH FORK ELEMENTAR	67.92	69.30	55.24	65.12	79.48	80.93	76.18	79.42
Pendleton	PENDLETON COUNTY MID	23.90	16.30	11.08	16.89	76.47	78.13	73.56	75.51
	TOTAL	48.17	37.59	27.48	38.29	80.60	80.38	75.34	78.72
Pleasant	PCMS	41.68	38.36	27.37	35.17	84.37	87.26	78.02	81.93
Pleasant	ST MARYS ELEMENTARY	44.60	36.80	27.36	36.83	80.13	72.49	74.28	77.33
Pleasant	St. Marys High School	29.17	14.29	9.65	16.54	73.68	72.73	75.99	75.23
	TOTAL	39.16	30.85	20.21	29.31	80.59	79.84	76.52	78.74
Pocahontas	GREEN BANK	48.78	35.92	32.22	41.03	84.09	78.32	70.53	78.38
Pocahontas	HILLSBORO SCHOOL	62.21	60.18	49.68	57.30	82.56	81.42	73.88	79.65
Pocahontas	MARLINTON ELEMENTARY	31.37	19.14	25.95	28.92	77.17	75.12	63.96	72.88
Pocahontas	MARLINTON MIDDLE	45.03	36.27	21.58	36.22	90.15	90.93	89.15	90.36
Pocahontas	POCAHONTAS COUNTY HS	33.00	23.76	14.99	23.92	73.17	76.71	72.54	73.64
	TOTAL	41.24	31.87	25.29	34.25	80.88	80.92	73.59	78.39
Preston	AURORA SCHOOL	65.61	53.29	43.72	56.44	82.32	76.32	69.46	77.42
Preston	BRUCETON SCHOOL	33.20	38.77	21.12	26.66	73.59	74.44	61.65	66.73
Preston	FELLOWSVILLE ELEMENT	66.47	61.49	49.79	60.83	81.52	74.14	73.13	78.41
Preston	KINGWOOD ELEMENTARY	43.07	31.10	17.99	29.94	71.09	69.22	46.79	59.39
Preston	PRESTON HIGH SCHOOL	23.10	10.93	4.52	11.69	68.79	62.05	46.79	56.10
Preston	ROWLESBURG	48.74	36.84	35.67	44.44	84.15	86.55	69.80	80.96
Preston	TERRA ALTA/EAST PRES	37.77	35.46	16.86	30.04	75.67	75.70	53.13	67.71
Preston	TUNNELTON-DENVER ELE	35.76	22.66	18.66	28.10	82.52	81.25	55.18	71.52
Preston	VALLEY ELEMENTARY	39.56	23.98	17.65	28.05	69.02	69.81	48.87	59.64
Preston	WEST PRESTON	29.33	23.76	9.48	19.12	88.55	83.98	66.41	77.41
	TOTAL	36.30	26.56	15.02	25.14	74.38	70.60	53.07	63.81

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Putnam	BUFFALO ELEMENTARY	65.48	63.96	37.06	56.30	78.65	84.01	67.57	76.23
Putnam	BUFFALO HIGH	31.96	27.59	19.20	24.52	54.64	50.57	52.18	52.96
Putnam	CONFIDENCE ELEMENTAR	63.65	45.93	32.11	44.30	77.98	65.07	62.25	68.18
Putnam	CONNOR STREET ELEMEN	38.12	35.10	11.86	24.43	75.89	77.29	64.29	70.06
Putnam	EASTBROOK ELEMENTARY	58.53	29.37	27.90	35.96	82.17	73.02	58.97	65.65
Putnam	GEORGE WASHINGTON EL	43.66	51.90	18.74	30.43	83.12	81.43	68.28	74.71
Putnam	GEORGE WASHINGTON MIDDLE SCHOOL	30.06	20.61	15.75	22.47	88.05	85.81	89.65	88.91
Putnam	head start	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Putnam	HOMETOWN ELEMENTARY	51.29	37.35	23.80	42.06	74.76	60.24	58.02	69.07
Putnam	HURRICANE HIGH	32.83	30.21	13.67	19.01	57.92	63.12	49.54	52.31
Putnam	HURRICANE MIDDLE	45.80	41.57	21.11	29.09	80.98	84.88	71.88	75.27
Putnam	HURRICANE TOWN ELEME	42.82	31.22	11.90	23.27	79.41	81.75	54.46	64.54
Putnam	LAKESIDE ELEMENTARY	54.84	53.54	29.73	44.41	85.92	85.23	75.80	81.97
Putnam	MOUNTAIN VIEW ELEMEN	49.65	32.67	15.67	29.50	73.34	66.93	56.94	63.81
Putnam	POCA ELEMENTARY	57.62	57.45	34.09	46.62	85.40	83.54	71.26	78.68
Putnam	POCA HIGH	27.59	25.08	18.93	22.42	50.41	58.20	51.42	51.82
Putnam	POCA MIDDLE	43.65	35.85	27.59	35.63	82.79	81.94	82.14	82.69
Putnam	ROCK BRANCH ELEMENTA	53.79	47.78	29.89	45.17	85.52	81.11	65.13	78.20
Putnam	SCOTT TEAYS ELEMENTA	35.73	41.09	14.28	20.50	79.38	88.37	74.71	76.68
Putnam	WEST TEAYS ELEMENTAR	35.83	15.17	11.35	15.01	63.69	50.56	57.68	58.51
Putnam	WINFIELD ELEMENTARY	45.53	21.02	11.50	22.27	83.83	79.88	63.17	70.46
Putnam	WINFIELD HIGH	22.76	17.59	9.85	12.52	59.67	51.53	51.09	52.62
Putnam	WINFIELD MIDDLE	35.15	22.09	16.65	21.26	71.98	61.76	55.34	59.62
	TOTAL	42.74	34.53	17.11	26.27	74.31	71.83	60.39	65.59
Raleigh	BECKLEY ELEMENTARY	63.62	52.26	53.86	61.42	77.67	78.20	69.28	76.49
Raleigh	BECKLEY-STRATTON MID	25.09	21.83	13.10	20.95	78.72	81.48	80.84	79.80
Raleigh	BRADLEY ELEMENTARY	37.82	40.37	19.89	29.53	76.59	76.78	63.27	70.26
Raleigh	CLEAR FORK DISTRICT	70.83	49.24	58.46	65.63	76.70	63.64	54.56	68.44
Raleigh	COAL CITY ELEMENTARY	50.33	31.30	29.08	42.69	74.95	71.37	69.16	73.16
Raleigh	CRAB ORCHARD ELEMENT	44.89	38.73	43.40	43.81	73.56	73.94	70.19	72.22
Raleigh	CRANBERRY-PROSPERITY	56.38	44.83	30.04	48.08	74.92	75.00	66.46	72.68
Raleigh	CRESCENT ELEMENTARY	50.94	37.95	30.37	39.93	79.84	73.85	66.38	73.03
Raleigh	DANIELS ELEMENTARY	54.96	48.39	34.60	43.85	75.31	66.00	59.31	66.33
Raleigh	FAIRDALE ELEMENTARY	41.24	31.09	28.45	34.33	71.91	61.69	59.95	65.39
Raleigh	GHENT ELEMENTARY	60.21	60.93	40.95	53.68	79.27	64.19	62.05	72.05
Raleigh	HOLLYWOOD ELEMENTARY	49.07	33.52	29.36	37.30	74.58	75.27	59.21	66.33
Raleigh	INDEPENDENCE HIGH	22.25	27.10	12.20	17.57	59.89	72.51	61.82	61.90
Raleigh	INDEPENDENCE MIDDLE	35.30	23.88	22.51	28.76	76.37	69.64	71.96	74.01

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Raleigh	LESTER ELEMENTARY	63.62	57.66	62.12	63.37	73.19	68.61	60.58	69.37
Raleigh	LIBERTY HIGH SCHOOL	23.39	24.65	11.74	17.69	47.89	59.94	48.62	49.24
Raleigh	MABSCOTT ELEMENTARY	51.19	34.55	31.81	45.54	78.28	63.87	71.33	76.11
Raleigh	MARSHFORK ELEMENTARY	65.00	60.99	57.79	62.34	74.22	68.13	63.86	70.15
Raleigh	MAXWELL HILL ELEM.	32.35	29.41	9.70	17.92	79.78	71.32	74.17	76.28
Raleigh	PARK MIDDLE SCHOOL	42.26	43.42	19.25	31.18	74.93	83.22	78.44	77.34
Raleigh	SHADY SPRING ELEMENT	33.95	17.28	17.26	22.73	73.03	60.99	65.46	67.75
Raleigh	SHADY SPRING HIGH SC	16.84	15.53	7.79	10.95	52.30	57.07	52.19	52.67
Raleigh	SHADY SPRING MIDDLE	36.81	34.77	17.42	25.84	73.47	77.37	75.76	75.23
Raleigh	SOPHIA-SOAK CREEK EL	57.29	55.98	46.05	53.64	78.27	76.08	68.87	75.12
Raleigh	STANAFORD ELEMENTARY	45.96	48.31	32.74	39.83	73.12	70.76	64.44	68.90
Raleigh	STRATTON ELEMENTARY	67.49	58.60	36.62	63.06	81.17	70.43	77.93	80.36
Raleigh	TRAP HILL MIDDLE SCH	37.25	26.01	22.76	30.06	73.05	69.60	76.35	74.60
Raleigh	WOODROW WILSON HIGH	28.15	20.64	10.81	18.87	56.38	66.42	56.59	57.28
	TOTAL	42.36	33.48	22.33	32.55	71.29	69.79	64.10	68.04
Randolph	BEVERLY ELEMENTARY S	50.74	41.18	25.33	41.85	76.32	69.12	58.19	70.18
Randolph	COALTON ELEMENTARY S	55.54	46.22	49.35	53.13	78.78	69.75	69.70	75.05
Randolph	ELKINS HIGH SCHOOL	27.43	19.39	11.46	17.88	64.12	63.54	57.49	60.45
Randolph	ELKINS MIDDLE SCHOOL	24.87	20.80	13.37	19.24	79.93	82.47	76.88	78.90
Randolph	GEORGE WARD SCHOOL	52.26	43.21	29.29	44.43	80.30	71.08	58.96	72.92
Randolph	HARMAN SCHOOL	40.19	31.85	33.33	37.01	68.16	59.93	68.03	67.66
Randolph	HOMESTEAD	53.13	46.50	38.63	47.95	77.94	74.52	69.13	75.42
Randolph	JENNINGS RANDOLPH EL	42.61	44.16	24.59	35.71	74.28	76.03	62.18	69.80
Randolph	MIDLAND ELEMENTARY	47.88	42.05	27.94	38.79	71.92	70.83	61.05	67.20
Randolph	NORTH ELEMENTARY SCH	48.07	44.22	29.68	40.83	69.35	69.73	59.76	66.00
Randolph	PICKENS SCHOOL	33.33	37.89	20.08	29.63	72.79	80.00	75.00	77.16
Randolph	RANDOLPH CO. ALTERNA	18.97	30.00	6.25	21.82	39.66	30.00	37.50	44.55
Randolph	THIRD WARD ELEMENTAR	34.54	23.62	16.23	25.49	75.56	68.28	56.74	66.59
Randolph	TYGARTS VALLEY	28.00	29.41	17.53	24.88	73.04	77.15	78.28	75.70
Randolph	VALLEY HEAD ELEMENTA	72.76	52.94	56.67	70.00	83.87	72.55	73.33	83.10
	TOTAL	38.77	31.64	20.54	30.53	73.69	71.72	64.55	69.91
Ritchie	CREED COLLINS ELEMEN	52.08	50.64	42.68	48.07	79.63	69.53	76.29	77.70
Ritchie	ELLENBORO ELEMENTARY	63.50	57.14	52.41	57.46	80.61	68.75	72.95	75.99
Ritchie	HARRISVILLE ELEMENTA	45.92	53.63	34.92	42.54	73.91	81.61	72.91	74.65
Ritchie	RITCHIE COUNTY HIGH SCHOOL	2.30	1.71	1.03	1.60	0.26	0.00	0.21	0.26
Ritchie	RITCHIE COUNTY MIDDLE	37.44	30.93	21.03	27.80	79.68	84.60	79.02	79.79
Ritchie	SMITHVILLE ELEMENTAR	55.95	67.74	52.98	56.91	70.57	83.87	64.24	70.61
	TOTAL	40.78	38.59	26.49	33.58	66.18	66.11	61.92	64.21

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Roane	GEARY ELEM/MIDDLE	62.92	64.89	43.47	56.60	85.46	82.67	68.25	79.51
Roane	REEDY	57.19	65.58	51.74	56.33	72.27	62.34	58.16	65.40
Roane	ROANE COUNTY HIGH	35.73	23.02	20.30	27.91	61.57	66.71	63.15	62.98
Roane	SPENCER ELEMENTARY	59.53	55.52	41.10	53.16	77.44	70.35	56.45	69.99
Roane	SPENCER MIDDLE SCHOO	51.66	34.81	21.66	38.80	83.64	83.98	78.51	81.81
Roane	WALTON ELEMENTARY/MI	53.18	40.86	36.58	46.57	83.38	66.00	60.20	74.11
	TOTAL	51.74	39.92	31.29	43.17	76.53	71.34	64.53	71.72
Summers	HINTON AREA ELEMENTA	46.21	41.67	24.89	39.88	78.66	72.13	54.75	71.38
Summers	JUMPING BRANCH ELEME	78.88	55.05	53.56	64.18	87.29	64.22	68.94	76.19
Summers	SUMMERS CNTY HIGH SC	25.51	15.13	14.14	19.61	71.72	66.39	63.83	67.81
Summers	SUMMERS MIDDLE SCHOO	46.67	56.13	35.56	43.76	89.36	85.77	87.60	88.78
Summers	TALCOTT ELEMENTARY	53.06	47.92	34.71	48.39	77.97	83.85	63.99	75.35
	TOTAL	44.31	39.16	27.25	37.90	79.61	74.34	66.72	74.65
Taylor	ANNA JARVIS ELEMENTA	42.81	30.86	21.87	33.64	69.24	68.42	50.68	61.64
Taylor	FLEMINGTON ELEMENTAR	64.26	55.64	48.72	59.77	73.74	59.40	60.36	69.51
Taylor	GRAFTON HIGH SCHOOL	31.06	18.69	13.29	19.81	71.58	70.84	62.15	66.11
Taylor	TAYLOR COUNTY MIDDLE	36.95	25.43	14.50	25.31	79.23	71.90	56.39	67.76
Taylor	WEST TAYLOR ELEMENTA	48.10	36.77	26.51	35.92	70.71	70.10	55.67	63.11
	TOTAL	41.39	28.64	18.73	29.68	73.11	69.79	56.95	65.25
Tucker	DAVIS THOMAS MIDDLE	55.60	57.78	42.67	51.46	75.80	72.16	59.15	69.49
Tucker	TUCKER COUNTY HIGH S	46.96	41.14	32.64	39.95	71.57	71.22	65.61	69.13
Tucker	TUCKER VALLEY EL MID	58.79	50.70	31.96	47.38	78.43	72.81	60.01	70.61
	TOTAL	55.09	49.01	34.08	45.93	76.13	72.16	61.70	69.96
Tyler	Arthur I. Boreman El	63.39	48.29	46.92	55.45	82.52	75.08	69.77	76.76
Tyler	Sistersville Element	61.30	71.32	49.41	58.11	79.19	82.72	64.15	74.16
Tyler	Tyler Consolidated H	30.49	23.20	13.89	22.08	83.52	86.43	80.37	82.32
	TOTAL	47.32	41.19	29.06	38.97	82.21	82.47	74.66	79.06
Upshur	B-U HIGH SCHOOL	23.51	18.38	6.45	13.77	69.95	65.90	55.80	61.88
Upshur	B-U MIDDLE SCHOOL	31.12	17.35	7.78	19.60	84.97	83.47	80.65	83.01
Upshur	BUCKHANNON ACADEMY E	53.70	40.09	24.26	42.00	84.23	79.05	64.61	76.72
Upshur	FRENCH CREEK ELEMENT	63.03	61.56	47.04	58.36	82.82	84.35	70.32	79.44
Upshur	HODGESVILLE ELEMENTA	72.18	43.30	34.61	51.09	85.67	78.87	62.79	74.49
Upshur	ROCK CAVE ELEMENTARY	72.69	67.86	30.34	63.20	87.02	89.29	61.92	82.37
Upshur	TENNERTON ELEMENTARY	58.52	58.72	22.52	42.28	88.98	82.55	73.29	81.57
Upshur	UNION ELEMENTARY SCH	58.87	42.12	34.13	44.60	83.40	75.93	72.12	77.05

SCHOOL PARTICIPATION DATA (cont'd)

County	School	Break Free % Participation	Break Red % Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red % Participation	Lunch Paid % Participation	Lunch Total % Participation
Upshur	WASHINGTON DISTRICT	65.63	69.19	48.93	61.52	88.02	79.62	72.01	82.51
	TOTAL	45.53	35.74	17.57	32.32	81.61	77.85	66.54	74.72
Wayne	BUFFALO ELEMENTARY	42.63	36.93	20.68	31.72	62.13	55.49	42.92	52.44
Wayne	BUFFALO MIDDLE SCHOO	38.59	12.99	14.94	23.62	63.54	63.28	47.05	54.93
Wayne	CEREDO ELEMENTARY	40.68	21.97	25.97	32.30	60.68	42.05	45.95	52.21
Wayne	CEREDO-KENOVA MIDDLE	21.80	18.82	11.51	16.43	44.59	50.59	49.80	48.21
Wayne	CRUM HOT LUNCH PROGR	47.88	23.30	21.57	39.55	69.10	59.22	42.70	61.60
Wayne	CRUM MIDDLE SCHOOL	60.14	33.33	28.85	51.42	91.22	91.67	55.77	82.55
Wayne	DUNLOW ELEMENTARY	61.30	66.00	44.39	59.38	64.06	26.00	34.63	58.26
Wayne	EAST LYNN ELEMENTA	51.10	40.98	50.64	50.99	61.60	51.64	61.54	61.38
Wayne	FORT GAY ELEMENTARY	47.79	27.90	25.63	41.53	63.69	57.68	49.47	60.29
Wayne	FORT GAY MIDDLE SCHOOL	24.22	10.31	14.10	20.11	40.46	34.36	33.40	38.07
Wayne	GENOA ELEMENTARY	75.75	27.27	50.00	70.32	76.42	59.09	60.50	74.01
Wayne	KELLOGG ELEMENTARY	31.95	30.32	15.02	22.94	70.06	63.56	53.07	60.76
Wayne	KENOVA ELEMENTARY	34.64	25.38	17.36	26.81	57.34	58.63	42.89	51.65
Wayne	LAVALETTE ELEMENTARY	33.92	32.30	19.04	26.16	67.11	60.70	55.76	60.86
Wayne	PRICHARD ELEMENTARY	56.65	27.84	31.82	44.39	67.14	42.78	53.99	59.89
Wayne	SPRING VALLEY HIGH S	25.82	11.14	4.89	11.70	53.69	51.11	42.01	46.23
Wayne	TOLSIA	24.85	10.95	11.92	19.20	49.35	47.55	44.99	47.77
Wayne	VINSON MIDDLE SCHOOL	16.75	7.35	8.85	12.06	61.37	52.65	52.61	56.22
Wayne	WAYNE ELEMENTARY	41.83	40.58	19.09	32.71	63.81	52.36	42.16	54.54
Wayne	WAYNE HIGH SCHOOL	19.06	16.47	6.74	12.83	42.41	42.24	26.05	34.31
Wayne	WAYNE MIDDLE SCHOOL	20.64	20.96	10.95	17.27	63.63	66.34	55.59	61.07
	TOTAL	35.22	22.44	14.19	25.13	59.46	53.57	45.03	52.82
Webster	DIANA ELEMENTARY SCH	62.76	26.47	38.52	58.63	79.00	60.29	73.77	78.55
Webster	GLADE ELEMENTARY	42.31	24.08	25.81	36.54	72.26	61.54	59.00	68.07
Webster	GLADE MIDDLE SCHOOL	26.07	14.93	9.49	20.76	75.68	75.75	67.17	73.82
Webster	HACKER VALLEY GRADE	61.64	37.50	45.75	58.12	81.75	57.14	66.67	78.39
Webster	WEBSTER CO. HIGH SCH	28.24	15.95	9.88	20.90	55.88	48.49	40.62	50.01
Webster	WEBSTER SPRINGS ELEM	41.46	31.87	14.36	33.02	71.78	72.25	48.33	65.33
	TOTAL	38.59	22.45	16.01	31.03	69.27	62.41	51.59	63.98
Wetzel	HUNDRED HIGH SCHOOL	43.23	35.79	27.50	35.96	74.10	67.37	71.40	73.32
Wetzel	LONG DRAIN SCHOOL	40.71	33.88	30.56	36.32	72.68	76.45	67.79	71.21
Wetzel	MAGNOLIA HIGH SCHOOL	34.88	22.30	13.08	20.53	68.71	62.50	49.28	56.09
Wetzel	NEW MARTINSVILLE SCH	34.69	26.93	12.12	23.48	77.22	71.26	56.84	67.17

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Wetzel	PADEN CITY ELEMENTAR	60.63	65.30	46.09	54.40	78.22	79.45	66.34	73.71
Wetzel	PADEN CITY HIGH SCHO	30.07	33.12	15.69	22.74	73.84	70.13	68.19	70.61
Wetzel	SHORT LINE SCHOOL	34.59	27.50	15.86	26.40	71.92	69.58	58.20	66.25
Wetzel	VALLEY HIGH SCHOOL	24.60	13.25	13.93	18.57	67.61	62.25	55.10	60.96
Wetzel	WETZEL CO. CTR. FOR CHILDREN & FAMILIES	0.00	0.00	0.00	0.00	37.47	44.05	26.54	33.27
	TOTAL	36.84	31.02	18.11	27.41	72.62	69.33	57.49	65.13
Wirt	WIRT CO PRIMARY CENT	48.21	30.28	32.21	41.28	78.31	68.31	68.94	74.41
Wirt	WIRT COUNTY HIGH SCH	52.23	40.98	31.21	41.83	61.67	51.50	46.19	53.94
Wirt	Wirt County Middle S	59.13	39.04	33.94	47.01	85.68	84.93	74.98	81.29
	TOTAL	52.65	36.70	32.36	43.21	75.62	68.76	62.27	69.79
Wood	BLENNERHASSET MIDDLE	25.72	26.14	4.39	14.04	78.02	78.42	63.94	70.39
Wood	BLENNERHASSETT ELEME	25.84	18.00	6.33	14.77	74.00	78.00	54.17	63.47
Wood	CRISS ELEMENTARY	28.38	21.81	10.51	19.97	73.06	56.38	56.24	64.63
Wood	EDISON MIDDLE SCHOOL	14.91	3.79	4.19	9.42	83.12	80.80	66.79	75.71
Wood	EMERSON ELEMENTARY S	37.26	21.03	7.82	26.06	85.48	78.54	62.43	77.03
Wood	FAIRPLAINS ELEMENTAR	47.43	21.52	28.69	42.64	81.64	86.08	77.00	81.49
Wood	FRANKLIN ELEMENTARY	37.27	31.11	14.82	32.47	80.16	71.85	46.91	72.91
Wood	GIHON ELEMENTARY	36.73	31.96	11.25	25.22	74.27	78.80	57.54	67.51
Wood	GREENMONT ELEMENTARY	28.39	29.17	7.55	13.12	70.61	43.75	47.63	53.31
Wood	HAMILTON MIDDLE SCHO	28.13	13.72	5.83	17.02	82.96	83.85	63.82	74.50
Wood	JACKSON MIDDLE SCHOO	24.97	17.40	3.88	12.16	73.51	76.23	52.18	61.22
Wood	JEFFERSON ELEMENTARY	43.73	16.72	21.90	38.74	84.61	79.77	54.87	79.88
Wood	KANAWHA ELEMENTARY	38.45	35.14	21.37	32.90	74.76	72.97	60.06	70.04
Wood	LUBECK ELEMENTARY	36.43	28.47	10.03	20.85	68.52	65.97	55.03	60.76
Wood	MADISON ELEMENTARY	27.62	11.06	6.83	19.60	72.38	74.87	46.04	63.37
Wood	MARTIN ELEMENTARY	43.11	26.90	15.70	34.96	81.38	68.28	54.82	73.57
Wood	MCKINLEY ELEMENTARY	48.08	30.72	7.95	41.22	83.66	84.34	43.99	77.74
Wood	MINERAL WELLS ELEMEN	36.82	24.63	9.65	22.36	73.28	73.51	46.33	59.97
Wood	NEALE ELEMENTARY	33.80	25.76	9.48	23.79	78.45	81.06	56.70	70.37
Wood	PARKERSBURG HIGH SCH	20.68	13.68	5.17	11.47	72.91	77.11	50.76	60.63
Wood	PARKERSBURG SOUTH HI	21.62	15.49	5.38	11.75	70.02	65.39	54.01	60.38
Wood	VAN DEVENDER MIDDLE	36.46	22.78	14.26	29.96	86.95	78.89	78.42	84.47
Wood	VIENNA ELEMENTARY	36.03	21.19	12.05	21.27	69.21	59.60	52.80	59.16
Wood	WAVERLY ELEMENTARY	47.63	36.99	22.00	37.67	78.56	69.94	51.79	68.43
Wood	WILLIAMSTOWN ELEMENT	18.18	12.64	3.19	8.08	74.01	71.38	61.39	65.60
Wood	WILLIAMSTOWN HIGH SC	26.58	17.67	8.39	13.90	77.98	75.08	67.30	70.70
Wood	WORTHINGTON ELEMENTA	46.50	28.32	17.57	31.51	82.57	71.68	60.02	71.17
	TOTAL	31.51	19.65	7.75	19.42	77.33	74.28	56.39	67.15

County	School	Break Free % Participation	Break Red.% Participation	Break Paid % Participation	Break Total % Participation	Lunch Free % Participation	Lunch Red. % Participation	Lunch Paid % Participation	Lunch Total % Participation
Wyoming	BAILEYSVILLE GRADE S	59.66	61.33	48.28	57.43	82.32	80.97	82.28	82.38
Wyoming	BERLIN MCKINNEY GRAD	56.08	50.16	44.04	51.19	76.80	69.38	61.32	70.47
Wyoming	GLEN FORK GRADE SCHO	54.31	36.05	47.52	50.84	80.17	76.87	82.80	81.42
Wyoming	HERNDON CONSOLIDATED	68.92	59.67	64.15	66.88	80.52	74.59	70.37	76.97
Wyoming	HUFF CONSOLIDATED SC	44.31	23.99	34.93	39.52	81.03	75.65	80.24	80.27
Wyoming	MULLENS ELEMENTARY S	67.59	63.52	41.17	57.50	83.32	83.65	68.19	77.84
Wyoming	MULLENS MIDDLE SCHO	38.40	38.79	19.76	29.64	77.28	83.03	78.66	79.28
Wyoming	OCEANA MIDDLE SCHOOL	37.93	38.40	26.53	33.07	75.16	70.80	69.80	72.75
Wyoming	PINEVILLE ELEMENTARY	69.77	57.74	66.79	67.95	80.00	71.13	67.08	74.50
Wyoming	PINEVILLE MIDDLE SCH	50.36	51.15	43.76	47.73	83.43	84.92	77.71	81.33
Wyoming	ROAD BRANCH GRADE SC	60.03	42.03	34.71	49.39	78.09	68.12	71.59	75.51
Wyoming	WESTSIDE HIGH SCHOOL	33.61	30.23	27.35	30.63	67.84	75.82	71.36	70.10
Wyoming	WYOMING EAST HIGH	33.18	42.99	22.72	29.00	66.52	76.17	69.72	69.04
	TOTAL	51.07	45.56	37.64	45.47	77.00	76.13	71.75	75.09

STATE	41.07	30.64	18.55	29.77	72.52	68.92	58.40	65.75
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FRESH FRUIT AND VEGETABLE PARTICIPANTS

2011-12 SCHOOL YEAR

County	School	Enrollment	% F/R	GRANT AWARD
Barbour	MOUNT VERNON ELEMENTARY	74	75.68	\$3,700.00
Barbour	VOLGA-CENTURY ELEMENTARY	77	68.83	\$3,850.00
Barbour	JUNIOR ELEMENTARY	141	68.09	\$7,050.00
Berkeley	BURKE STREET ELEM SCHOOL	174	77.01	\$8,700.00
Boone	NELLIS ELEMENTARY SCHOOL	115	79.13	\$5,750.00
Boone	RAMAGE GRADE SCHOOL	263	67.3	\$13,150.00
Boone	ASHFORD-RUMBLE ELEMENTARY	102	66.67	\$5,100.00
Braxton	LITTLE BIRCH ELEMENTARY	104	82.69	\$5,200.00
Braxton	SUTTON ELEMENTARY	212	74.06	\$10,600.00
Braxton	BURNSVILLE ELEMENTARY	137	73.72	\$6,850.00
Braxton	FRAMETOWN ELEMENTARY	169	71.01	\$8,450.00
Brooke	BEECH BOTTOM SCHOOL	117	76.92	\$5,850.00
Brooke	COLLIERS PRIMARY SCHOOL	174	64.94	\$8,700.00
Cabell	CENTRAL CITY ELEMENTARY	570	88.07	\$28,500.00
Cabell	SPRING HILL ELEMENTARY	494	87.65	\$24,700.00
Cabell	GUYANDOTTE ELEMENTARY	266	84.59	\$13,300.00
Cabell	PEYTON ELEMENTARY	208	82.21	\$10,400.00
Cabell	ALTIZER ELEMENTARY	265	74.34	\$13,250.00
Cabell	HIGHLAWN ELEMENTARY	304	71.71	\$15,200.00
Cabell	COX LANDING ELEMENTARY	236	68.64	\$11,800.00
Cabell	SALT ROCK ELEMENTARY	253	65.22	\$12,650.00
Calhoun	PLEASANT HILL SCHOOL	259	72.2	\$12,950.00
Calhoun	ARNOLDSBURG ELEMENTARY	276	70.29	\$13,800.00
Clay	CLAY ELEMENTARY	543	75.69	\$27,150.00
Clay	BIG OTTER ELEMENTARY	252	71.83	\$12,600.00
Clay	LIZEMORE ELEMENTARY	128	69.53	\$6,400.00
Doddridge	DODDRIDGE CO. ELEMENTARY	583	68.27	\$29,150.00
Fayette	MT HOPE ELEMENTARY	255	80	\$12,750.00
Fayette	DIVIDE ELEMENTARY	221	65.16	\$11,050.00
Fayette	GATEWOOD ELEMENTARY	177	72.88	\$8,850.00
Fayette	DANESE ELEMENTARY	120	71.67	\$6,000.00
Fayette	MEADOW BRIDGE ELEMENTARY	196	65.31	\$9,800.00
Gilmer	SAND FORK ELEMENTARY	116	73.28	\$5,800.00
Gilmer	TROY ELEMENTARY	100	71	\$5,000.00
Greenbrier	RAINELLE ELEMENTARY	210	80	\$10,500.00
Greenbrier	CRICHTON ELEMENTARY	129	79.84	\$6,450.00
Greenbrier	RUPERT ELEMENTARY SCHOOL	217	74.65	\$10,850.00
Greenbrier	ALDERSON ELEMENTARY	273	72.89	\$13,650.00
Hampshire	ROMNEY ELEMENTARY SCHOOL	505	66.93	\$25,250.00
Hampshire	SLANESVILLE ELEMENTARY	233	65.24	\$11,650.00
Hancock	WEIRTON HEIGHTS	367	65.67	\$18,350.00
Hardy	MOOREFIELD ELEMENTARY	484	64.67	\$24,200.00



FRESH FRUIT AND VEGETABLE PARTICIPANTS

County	School	Enrollment	% F/R	GRANT AWARD
Harrison	WILSONBURG ELEMENTARY	253	71.94	\$12,650.00
Harrison	NORTH VIEW ELEMENTARY	289	71.63	\$14,450.00
Harrison	LUMBERPORT ELEMENTARY	358	67.32	\$17,900.00
Jefferson	RANSON ELEMENTARY SCHOOL	391	74.17	\$19,550.00
Kanawha	GRANDVIEW ELEMENTARY	254	85.04	\$12,700.00
Kanawha	WESTSIDE ELEMENTARY	529	83.74	\$26,450.00
Kanawha	ANNE BAILEY ELEMENTARY	365	81.37	\$18,250.00
Kanawha	J. E. ROBINS ELEMENTARY	271	80.07	\$13,550.00
Kanawha	WEIMER ELEMENTARY	200	78	\$10,000.00
Kanawha	SHARON DAWES	239	75.73	\$11,950.00
Kanawha	SHAWNEE COMMUNITY CENTER	199	74.37	\$9,950.00
Kanawha	CEDAR GROVE ELEMENTARY	361	72.85	\$18,050.00
Kanawha	BRIDGEVIEW ELEMENTARY	457	71.33	\$22,850.00
Kanawha	MARMET	226	71.24	\$11,300.00
Kanawha	DUNBAR INTERMEDIATE	331	70.09	\$16,550.00
Kanawha	MIDLAND TRAIL	242	68.18	\$12,100.00
Kanawha	BELLE	365	67.4	\$18,250.00
Kanawha	CHESAPEAKE	202	67.33	\$10,100.00
Kanawha	PRATT	346	67.05	\$17,300.00
Kanawha	RICHMOND ELEMENTARY	280	65.71	\$14,000.00
Kanawha	DUNBAR PRIMARY CENTE	486	65.43	\$24,300.00
Lewis	ROANOKE ELEMENTARY	181	72.38	\$9,050.00
Lewis	ALUM BRIDGE ELEMENTARY	114	66.67	\$5,700.00
Lincoln	RANGER ELEMENTARY	151	78.81	\$7,550.00
Lincoln	WEST HAMLIN ELEMENTARY	528	76.52	\$26,400.00
Lincoln	HARTS PRIMARY SCHOOL	242	74.79	\$12,100.00
Logan	OMAR GRADE	244	73.77	\$12,200.00
Logan	LOGAN ELEMENTARY	421	70.78	\$21,050.00
Logan	HUGH DINGESS ELEMENTARY	138	70.29	\$6,900.00
Logan	BUFFALO ELEMENTARY	222	67.12	\$11,100.00
Logan	HOLDEN	234	66.24	\$11,700.00
Marshall	CENTER MCMECHEN SCHOOL	233	70.39	\$11,650.00
Marshall	CENTRAL ELEMENTARY SCHOOL	343	66.76	\$17,150.00
Mason	BEALE ELEMENTARY SCHOOL	292	77.4	\$14,600.00
Mason	LEON ELEMENTARY SCHOOL	153	69.28	\$7,650.00
McDowell	KIMBALL ELEMENTARY	308	94.81	\$15,400.00
McDowell	SOUTHSIDE K-8	489	87.73	\$24,450.00
McDowell	ANAWALT ELEMENTARY	113	86.73	\$5,650.00
McDowell	FALL RIVER ELEMENTARY	170	86.47	\$8,500.00
McDowell	BRADSHAW ELEMENTARY	243	84.36	\$12,150.00
McDowell	WELCH ELEMENTARY	318	82.7	\$15,900.00
McDowell	IAEGER ELEMENTARY	311	82.64	\$15,550.00



FRESH FRUIT AND VEGETABLE PARTICIPANTS

County	School	Enrollment	% F/R	GRANT AWARD
Mineral	ELK GARDEN PRIMARY/MIDDLE	100	72	\$5,000.00
Mineral	BURLINGTON PRIMARY	166	65.06	\$8,300.00
Mingo	DINGESS ELEMENTARY	186	87.63	\$9,300.00
Mingo	MATEWAN ELEMENTARY	305	81.31	\$15,250.00
Mingo	RIVERSIDE ELEMENTARY	443	77.65	\$22,150.00
Mingo	BURCH ELEMENTARY	486	74.74	\$24,300.00
Mingo	GILBERT ELEMENTARY	358	72.27	\$17,900.00
Mingo	KERMIT K8	342	68.71	\$17,100.00
Mingo	LENORE K-8	562	68.68	\$28,100.00
Morgan	PAW PAW SCHOOLS	125	73.6	\$6,250.00
Nicholas	BEAVER ELEMENTARY	127	64.57	\$6,350.00
Nicholas	DIXIE ELEMENTARY	97	72.16	\$4,850.00
Nicholas	CRAIGSVILLE ELEMENTARY	271	71.22	\$13,550.00
Nicholas	ZELA ELEMENTARY	123	69.92	\$6,150.00
Nicholas	BIRCH RIVER ELEMENTARY	102	65.69	\$5,100.00
Ohio	MADISON ELEMENTARY	294	79.25	\$14,700.00
Ohio	RITCHIE SCHOOL	299	76.92	\$14,950.00
Ohio	WHEELING CATHOLIC SCHOOL	38	73.68	\$1,900.00
Pendleton	NORTH FORK ELEMENTARY	110	70	\$5,500.00
Pocahontas	MARLINTON ELEMENTARY	229	68.56	\$11,450.00
Preston	ROWLESBURG	155	69.68	\$7,750.00
Putnam	ROCK BRANCH ELEMENTARY	281	69.75	\$14,050.00
Putnam	HOMETOWN ELEMENTARY	96	68.75	\$4,800.00
Putnam	BUFFALO ELEMENTARY	254	68.5	\$12,700.00
Raleigh	STRATTON ELEMENTARY	280	84.29	\$14,000.00
Raleigh	BECKLEY ELEMENTARY	425	81.18	\$21,250.00
Raleigh	MABSCOTT ELEMENTARY	300	74	\$15,000.00
Raleigh	CRANBERRY-PROSPERITY	318	71.07	\$15,900.00
Raleigh	LESTER ELEMENTARY	179	69.83	\$8,950.00
Raleigh	COAL CITY ELEMENTARY	321	69.47	\$16,050.00
Raleigh	SOPHIA-SOAK CREEK ELEM	303	67.99	\$15,150.00
Raleigh	CLEAR FORK DISTRICT	195	66.67	\$9,750.00
Randolph	VALLEY HEAD ELEMENTARY	37	81.08	\$1,850.00
Randolph	BEVERLY ELEMENTARY SCHOOL	272	71.32	\$13,600.00
Randolph	GEORGE WARD SCHOOL	288	68.06	\$14,400.00
Randolph	HOMESTEAD	140	66.43	\$7,000.00
Roane	GEARY ELEM/MIDDLE	321	65.11	\$16,050.00
Roane	SPENCER ELEMENTARY	537	69.27	\$26,850.00
Roane	WALTON ELEMENTARY/MIDDLE	388	68.04	\$19,400.00
Summers	HINTON AREA ELEMENTARY	485	69.69	\$24,250.00
Taylor	FLEMINGTON ELEMENTARY	164	71.95	\$8,200.00
Upshur	ROCK CAVE ELEMENTARY	143	85.31	\$7,150.00



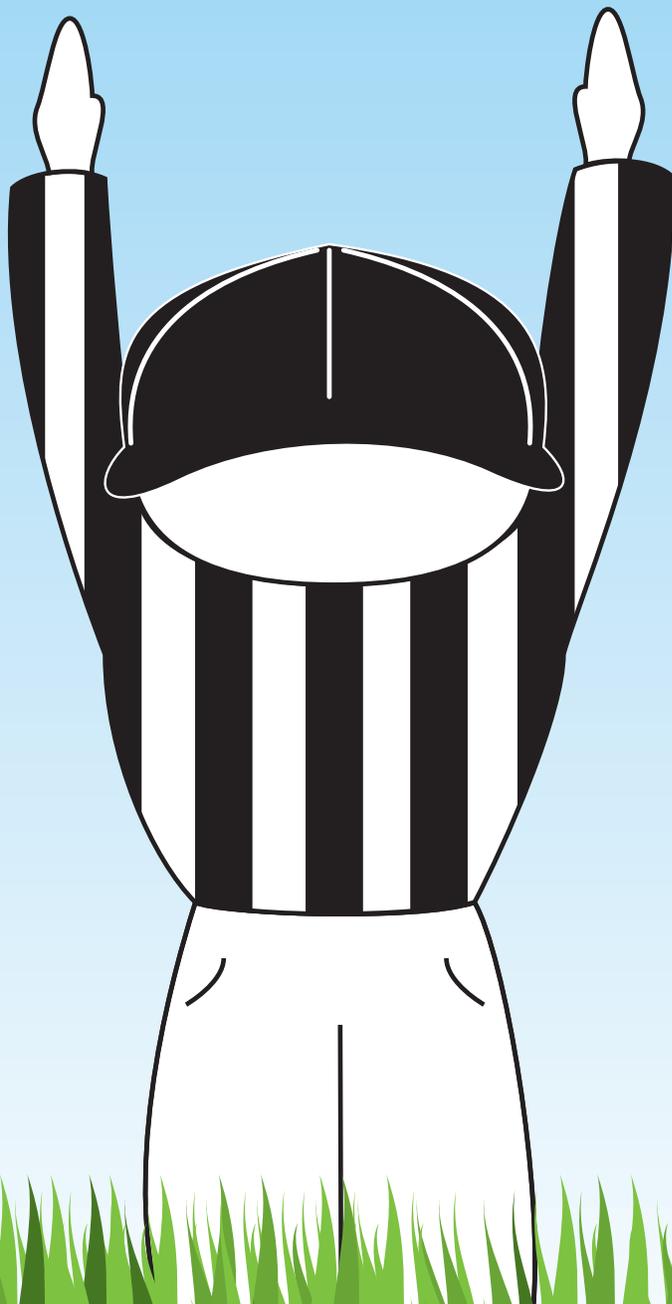
FRESH FRUIT AND VEGETABLE PARTICIPANTS

County	School	Enrollment	% F/R	GRANT AWARD
Upshur	FRENCH CREEK ELEMENTARY	256	74.22	\$12,800.00
Upshur	WASHINGTON DISTRICT	146	68.49	\$7,300.00
Wayne	EAST LYNN ELEMENTARY	238	90.76	\$11,900.00
Wayne	DUNLOW ELEMENTARY	105	85.71	\$5,250.00
Wayne	GENOA ELEMENTARY	104	81.73	\$5,200.00
Wayne	FORT GAY ELEMENTARY	383	79.11	\$19,150.00
Wayne	CRUM HOT LUNCH PROGRAM	338	72.78	\$16,900.00
Webster	DIANA ELEMENTARY SCHOOL	96	86.46	\$4,800.00
Webster	HACKER VALLEY GRADE	73	82.19	\$3,650.00
Webster	GLADE ELEMENTARY	329	73.86	\$16,450.00
Webster	WEBSTER SPRINGS ELEMENTARY	355	73.52	\$17,750.00
Wood	MCKINLEY ELEMENTARY	319	85.89	\$15,950.00
Wood	JEFFERSON ELEMENTARY	493	82.35	\$24,650.00
Wood	FAIRPLAINS ELEMENTARY	247	79.76	\$12,350.00
Wood	FRANKLIN ELEMENTARY	304	78.29	\$15,200.00
Wood	MARTIN ELEMENTARY	309	68.93	\$15,450.00
Wood	KANAWHA ELEMENTARY	315	66.03	\$15,750.00
Wood	MADISON ELEMENTARY	368	66.03	\$18,400.00
Wood	WAVERLY ELEMENTARY	164	64.02	\$8,200.00
Wyoming	BAILEYSVILLE GRADE SCHOOL	366	77.6	\$18,300.00
Wyoming	HERNDON CONSOLIDATED	223	69.51	\$11,150.00
Wyoming	HUFF CONSOLIDATED SCHOOL	284	67.96	\$14,200.00
Wyoming	GLEN FORK GRADE SCHOOL	160	66.88	\$8,000.00
Wyoming	ROAD BRANCH GRADE SCHOOL	207	66.18	\$10,350.00



Extra Points

Taking Advantage of
Additional Opportunities



"The difference between
ordinary and extraordinary
is that little 'extra!'"
- Jimmy Johnson



EXTRA POINTS:

Taking Advantage of Additional Opportunities

Summer Food Service Program



County boards of education have an opportunity to provide meals to their students during the summer months. Many students who received free or reduced meals during the school year do not live in an area that has access to meals in the summer. The Summer Food Service Program (SFSP) provides funding for meals served during these summer months. The SFSP meals may be served at school, in a church, a community center or even at a park. The location depends on what is available in the county and where the students are located.

The United States Department of Agriculture provides operational and administrative funds for each meal served. Breakfast, lunch supper or snacks may be served during the summer. Counties may enter into a collaborative agreement with other agencies that provide programs, activities or staffing in order to provide more opportunities for the students.

At-Risk Program Meals



When school is out and parents are still at work, children need a safe place to be with their friends. Afterschool care programs that serve healthy meals and/or snacks draw children and teenagers into constructive activities that are safe, fun and filled with opportunities for learning. The food provides the nourishment they need to learn, play and grow.

The At-Risk Snack and Supper Program is a provision of the Child and Adult Care Food Program (CACFP) and provides federal funds to afterschool care programs to serve a nutritious snack and/or supper to children age 18 and under during the school year (including weekends and school breaks). For qualifying sites, all meals served would be claimed at the free rate of reimbursement and would only require a head count to determine meal counts.

Hot or cold meals may be prepared as part of the regular school day and served afterschool. A typical at-risk afterschool supper program that serves 50 children daily would receive approximately \$20,000 annually in federal meal reimbursements to pay for food and labor costs associated with meal production.

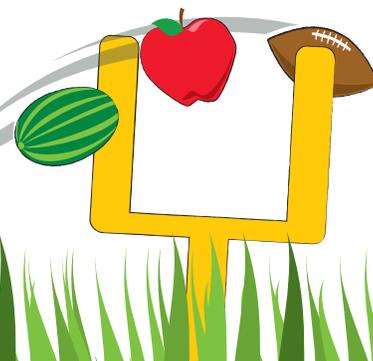
Fresh Fruit and Vegetable Program



The Fresh Fruit and Vegetable Program (FFVP) is seen as an important catalyst for change in efforts to combat childhood obesity by helping children learn more healthful eating habits. The FFVP introduces school children to a variety of produce that they otherwise might not have the opportunity to sample. For a school to participate in the FFVP, there must be a free/reduced price eligibility enrollment at or above 50 percent. For the current school year, schools with a percent needy rate or 64.57 percent or higher were eligible to participate.

Fresh Fruit and Vegetable Program
Watch it Grow!

Program Year	Funding	Counties	Sites
2008 - 2009	\$691,736	20 counties	30 schools
2009 - 2010	\$930,700	30 counties	72 schools
2010 - 2011	\$1,421,269	35 counties	108 schools
2011 - 2012	\$2,038,684	43 counties	150 schools



Farm to School



Many people would be surprised to learn many schools' efforts to initiate farm to school programs in West Virginia. Although schools have long been encouraged to access local farmers to purchase foods for their schools, more and more food service directors around the state are taking it upon themselves to incorporate West Virginia produce, meat and eggs into their schools. Whether it is for the FFVP or for school salad bars, local growers are providing more fresh, local foods than ever to schools.

In addition, children are learning the entrepreneurial link of food production in school vocational programs and sales opportunities. Vocational students are growing produce in container gardens and using the experience to educate elementary school students about the process. Schools are initiating "Adopt a Farmer" programs to work with local growers directly and purchasing fresh produce in the winter from farmers using high tunnels. Finally, food service directors have the opportunity to link directly with local growers through statewide collaborative initiatives with the WVDE and other interested groups like the West Virginia Food & Farm Coalition, Extension Small Farms Center, WesMonTy RC&D, the Center for Economic Options, Appalachian Farm Research Center, and the Collaborative for 21st Century Appalachia. The opportunity to expand these exciting initiatives is without limit!

Fayette County students planting potatoes



"You have never tasted a strawberry until you have had one that was picked fresh in West Virginia and served immediately. Not like the strawberries grown out west that are raised to withstand cross country travel with minimal bumps and bruises. The two are not even the same fruit."

David Seay, Food Service Director, Fayette County



Child and Adult Care Food Program



With the advent of Policy 2525, Pre-K programs in public schools and child care centers have grown statewide. Children enrolled in county pre-k programs are considered public school students and their meals are claimed under the School Breakfast and National School Lunch Program (NSLP) regardless of where the county chooses to meet their educational needs. As per Policy 2525, fifty percent of the collaborative programs should be in child care settings. Counties should encourage their collaborative partners to participate in the Child and Adult Care Food Program (CACFP), ensure their meals are claimed under the proper program (CACFP or NSLP), and abide by contracts that are fair to both the county and the child care center regarding payment for meals provided.





WHAT'S THE SCORE

SELF-ASSESSMENT

HOME 21 0 5:04 VISITORS 17

DOWN 2 TO GO 6 BALL ON 32 QUARTER 3

"The principle is competing against yourself.
It's about self-improvement, about being
better than you were the day before."

- Steve Young



WHAT'S THE SCORE?

County Awareness Self-Assessment

Directions:

Please complete the following assessment based on your county's food service program procedures and practices during the previous school year.

This assessment addresses the five components of a model food service program: Leadership, Serving Quality Meals, the School Nutrition Environment, Administrative Practices, and the Implementation of Innovative Programs. Each component area consists of objectives that the West Virginia Department of Education, Office of Child Nutrition considers an exemplary practice. Each county should be working towards fully implementing all of the objectives under each component area.

For each component area, please rank your progress as: Not Started, Working Towards, or Fully Implemented. Keep in mind that you are assessing the practices of ALL the schools within the county. If you fully implement an objective in one school in the county, but not all of them, you should rank the county as Working Towards.

After you complete the assessment, identify the component areas that are your strengths, as well as areas that need improvement. Review your progress in reaching the objectives for each component and select 1-2 objectives from each component that your county will work on fully implementing during the following school year.



County Awareness Self-Assessment

<p>LEADERSHIP It takes the Superintendent, Food Service Director and Principal all working towards the same goal to create a model food service program. If any one of the three does not have the vision or commitment to reaching the shared goal, the project will not be successful.</p>		
<p>SUPERINTENDENT: The Superintendent sets the vision and expectations of the food service program for the entire county by providing support, resources and clearly communicating the expectations to the food service director and school principals.</p>		
<p>Objective 1: Support The Superintendent supports the food service program by garnering basic knowledge of how the Child Nutrition Programs operate, employing a credentialed and full-time food service director and holding principals accountable to WV BOE Policy 4321.1 Standards for Child Nutrition and the Local School Wellness Policy. <i>The Superintendent is knowledgeable of Policy 4321.1, meal pattern requirements, and the financial/administrative procedures and regulations of the food service operation. The Food Service Director meets Policy 4321.1 staffing qualifications.</i></p>		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented
<p>Objective 2: Resources The Superintendent ensures there are enough financial and personnel resources, as well as adequate kitchen equipment and space to run an exemplary food service program. <i>Financially, across the board programmatic cuts that negatively affect food service are eliminated. In regards to personnel resources, cook ratio per school is constantly under consideration. Kitchen equipment is continually updated and there is adequate dry storage, freezer, and kitchen space.</i></p>		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented
<p>Objective 3: Communication The Superintendent reinforces the message regarding a quality and innovative food service program each year by maintaining an open line of communication with the food service director, treasurer, and school principals and requesting the Office of Child Nutrition to speak to the principals annually.</p>		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented



LEADERSHIP (cont'd)

It takes the Superintendent, Food Service Director and Principal all working towards the same goal to create a model food service program. If any one of the three does not have the vision or commitment to reaching the shared goal, the project will not be successful.

FOOD SERVICE DIRECTOR: The Food Service Director provides support, resources, and supervision to food service personnel to effectively implement the food service operation throughout the county.

Objective 1: Training, Reporting & Monitoring

The Food Service Director annually completes necessary staff development requirements, attends and utilizes the Office of Child Nutrition meetings/trainings/resources, stays current on state/federal regulations, as well as monitoring and reporting requirements, and asks for assistance when needed.

*Staff development requirements: Annually completes and submits 15 hours of staff development related to child nutrition programs.
Monitoring requirements: Monitors program(s) as required, by February 1st each year; thoroughly examines kitchen operations – purchasing practices, inventories, food safety/temperature logs, record keeping and production records, etc.
Reporting requirements: Submits required federal reports in a timely manner and ensures that monthly claims for federal meal reimbursement are properly submitted and reconciled.*

Not Started

Working Towards

Fully Implemented

Objective 2: Management

The Food Service Director manages the food service program like a for-profit business (managing costs and targeting revenues) and continually analyzes different means to maintain and increase participation.

For example, all school-level purchases are scrutinized; cooks are only authorized to buy what is listed on the county market list, etc. Participation levels at each school are annually examined and barriers to participation are identified and removed. Adequate cook ratios per school are considered in regards to participation levels. Innovative programs and methods of meal service delivery are implemented to increase participation levels.

Not Started

Working Towards

Fully Implemented

Objective 3: Supervision

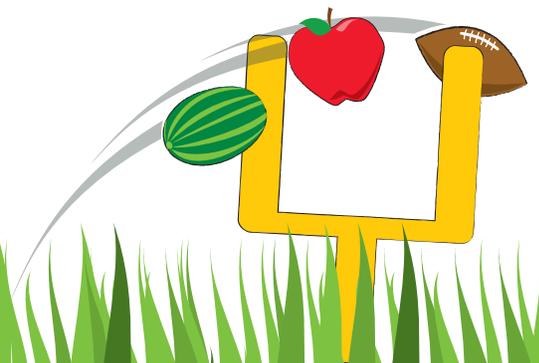
The Food Service Director provides food service personnel with adequate supervision by participating in their evaluation, providing them with adequate and timely training, ensuring they have necessary kitchen equipment, protecting them from potential school staff abuses, and maintaining an adequate cook ratio per school.

Examples of school staff abuses include staff making special menu and/or food requests, requesting additional portions, pressuring food service personnel that they be fed at no cost, etc.

Not Started

Working Towards

Fully Implemented



County Awareness Self-Assessment

LEADERSHIP (cont'd)

It takes the Superintendent, Food Service Director and Principal all working towards the same goal to create a model food service program. If any one of the three does not have the vision or commitment to reaching the shared goal, the project will not be successful.

PRINCIPAL: The Principal views the food service program as part of the instructional day and actively promotes student participation, enforces the WV BOE 4321.1 Standards for School Nutrition and federal regulations, and encourages good nutritional practices at school.

Objective 1: Administrative Practices

The Principal promotes student participation in the child nutrition program(s) by disallowing administrative practices that compete with them, serving breakfast and lunch on amended school days, and encouraging school staff to participate in the breakfast and/or lunch program(s).

Administrative practices that compete with the food service program include: allowing the selling of foods in competition with breakfast/ lunch, marketing vended items to discourage meal participation, excessive wait time, schedules that do not allow time to eat, etc.

Not Started

Working Towards

Fully Implemented

Objective 2: Understands, Implements, and Enforces Policy and Regulations

The Principal understands, implements, and enforces Policy 4321.1 (in and out of the cafeteria), the Local Wellness Policy, and federal program regulations regarding program/non-program adults.

The evaluation of food service personnel job performance should include objectives regarding their understanding and compliance of Policy 4321.1, the meal pattern, and the food service operation.

Policy 4321.1 specifically outlines nutrition standards for food and beverages sold, served, or distributed throughout the school day. This includes fundraisers, vended items, food used as a reward, classroom/school parties, etc.

Each school is encouraged to develop their own Local Wellness Policy; however, if one is not in place, the school is expected to adhere to the county Local Wellness Policy. The Principal is encouraged to participate on the Local Wellness Policy Council.

Non-program adults should not be expected to be fed at no-cost; nor should they ask or require food service personnel to prepare or provide additional food items, whether it is a special request or an additional portion.

Not Started

Working Towards

Fully Implemented

Objective 3: Encourages Good Nutritional Practices

The Principal encourages good nutritional practices by role modeling healthy eating behaviors (and expecting all school staff to do the same) and prominently displaying positive nutritional messages, posters, and educational materials in the cafeteria and throughout the school; school staff are educated on good nutritional practices, Policy 4321.1 and the Local Wellness Policy.

Develop policy that prohibits staff from bringing fast food in the school, consuming soda in the school cafeteria and classrooms, etc. All schools should be "dry" (soda-free).

Not Started

Working Towards

Fully Implemented



SERVING QUALITY MEALS

A quality school meal is one that has been prepared using fresh and natural ingredients from recipes that have been tested and standardized and incorporated into a cycle menu that meets and exceeds the Standards for Child Nutrition as outlined in Policy 4321.1

Objective 1: Prepare and Procure Minimally Processed Foods

Foods prepared and procured for the school lunch and/or breakfast program(s) are minimally processed; the purchase of heat-and-serve items has been discontinued and the majority of the meal is made from scratch on a daily basis.

Not Started

Working Towards

Fully Implemented

Objective 2: Salad Bar Offered Daily

A salad bar, providing a weekly and daily variety of fresh fruits and vegetables, is available in every school and offered to all grade levels.

Not Started

Working Towards

Fully Implemented

Objective 3: Standardized Local Recipes

Local recipes are current, documented, tested, standardized and are used throughout the county.

Not Started

Working Towards

Fully Implemented

Objective 4: Utilizing Cycle Menus

Seasonal cycle menus are utilized and marketed to highlight the nutrition standards and minimally processed foods.

For example, menu items such as spaghetti, apples and carrots are marketed as: Whole Grain Spaghetti, West Virginia Grown Apples, Fresh Baby Carrots, etc.

Not Started

Working Towards

Fully Implemented

Objective 5: Meeting and Exceeding the Standards for Child Nutrition

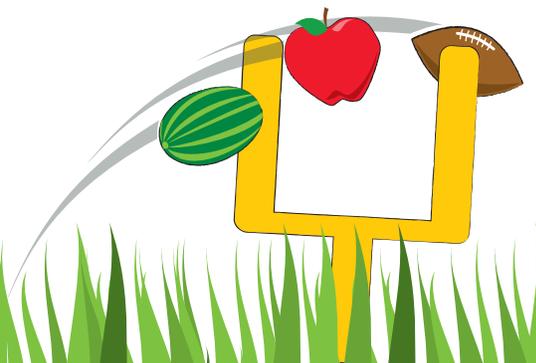
The food service program meets and exceeds Policy 4321.1 Standards for School Nutrition in providing the minimum required offerings for whole grains, fresh fruits and vegetables, and in providing a variety of wholesome foods that meet the fat, sodium, and sugar requirements.

For example, in regards to whole grains, Policy 4321.1 requires that at least 5 servings/week must contain at least 33% whole grain or 5 g whole grain per 1 oz. The county, understanding the importance of whole grains in the diet, exceeds this standard by incorporating whole grains into all bread and grain products served.

Not Started

Working Towards

Fully Implemented



County Awareness Self-Assessment

SCHOOL NUTRITION ENVIRONMENT A positive school nutrition environment considers the atmosphere of the cafeteria, appropriate time anagement of the meal service period, and addresses the nutritional quality of foods and beverages served outside the school nutrition program.		
<p>Objective 1: School Cafeteria Atmosphere</p> <p>County school cafeterias are clean, well lighted, and welcoming; adequate seating and space is provided; meals are served using reusable trays and utensils (not disposable); students are allowed to socialize while they consume their meal.</p> <p><i>Students should be allowed to talk while they consume their meal. Practices such as "quiet" requirements and the use of loud whistles or traffic signals stifle socialization, and thereby, meal consumption.</i></p>		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented
<p>Objective 2: Meal Service Period</p> <p>The meal service period is managed in a way that encourages participation in the food service program by having minimal wait times and adequate time allowed for the students to eat.</p> <p><i>Additional service lines should be added as needed to reduce wait time. Policy 4321.1 mandates at least 10 minutes for breakfast and 20 minutes for lunch from the time the student receives their meal (not from bell to bell).</i></p>		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented
<p>Objective 3: Nutrition Practices On the School Premises</p> <p>Food and beverages made available on the school premises, both in and out of the classroom, adhere to the nutrition standards AND recommendations of Policy 4321.1. In addition, water is available to all students throughout the school day.</p> <p><i>Policy 4321.1 is to be implemented in regards to ALL food and beverages sold, served, or distributed throughout the school day. This includes fundraisers, vended items, food used as a reward, classroom/school parties, etc.</i></p> <p><i>Although WV State Code permits the sale of other juice beverages with a minimum of 20% real juice, as well as the sale of soft drinks to students in county high schools except during breakfast and lunch periods, the RECOMMENDATIONS of Policy 4321.1 - which are to be adhered to - are as follows:</i></p> <ul style="list-style-type: none"> » <i>At all grade levels, it is recommended that only water, 100% fruit and/or vegetable juice and non-fat and/or 1% low-fat milk, flavored or unflavored be sold, served or distributed during the school day.</i> » <i>No candy, soft drinks, chewing gum or flavored ice bars will be sold, served or distributed during the school day. It is strongly recommended that students be allowed to carry water with them throughout the school day.</i> 		
<input type="checkbox"/> Not Started	<input type="checkbox"/> Working Towards	<input type="checkbox"/> Fully Implemented



ADMINISTRATIVE PRACTICES

When operated efficiently, the food service program should contribute to a stable bottom line for the county’s total budget. Several purchasing, billing and charging practices need to be in place in order to capitalize on the program’s financial benefits.

Objective 1: Purchasing

The county belongs to a cooperative purchasing group and utilizes available commodity foods.

Not Started

Working Towards

Fully Implemented

Objective 2: Billing

The county maintains a centralized billing operation and employs adequate support staff for the food service director, as well as a full-time staff person to collect outstanding student debt. Food service bills are mailed to the family and credit card payments are accepted.

Centralized billing removes child nutrition funds out of schools, reducing theft and loss. The Food Service Director needs administrative help to: collect the eligibility status of every student, implement direct certification, ensure bills are sent and money collected, maintain the electronic counting and claiming systems, submit the claim for federal reimbursement, manage the purchase of food, ensure that quality meals are produced and served, and work on efforts to increase participation.

Not Started

Working Towards

Fully Implemented

Objective 3: Charging

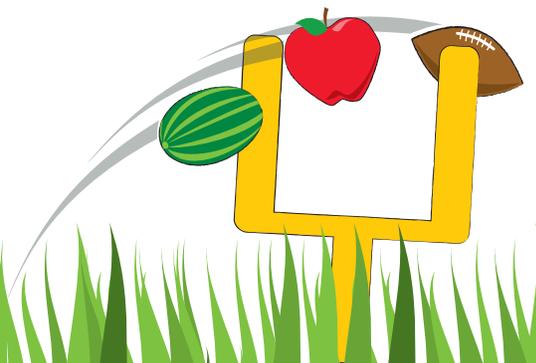
The county has a policy regarding charging privileges and does not overtly identify students by their meal eligibility status.

The charging privileges policy should include a threshold that families cannot exceed and a process to discontinue charging privileges when the threshold is met; the charging of second meals should be eliminated - there is no reimbursement.

Not Started

Working Towards

Fully Implemented



County Awareness Self-Assessment

IMPLEMENTING INNOVATIVE PROGRAMS

All efforts in the county should be geared toward increasing participation. This is a win nutritionally for students, a win for principals in terms of student achievement, and a win financially for the county. The best and easiest way to increase participation is by offering unconventional methods for meal delivery, promoting the food service program, and by sponsoring additional child nutrition programs at schools that are site eligible.

Objective 1: Alternative Methods of Meal Delivery

Breakfast and lunch, as well as components of meals, are delivered using methods that provide students options and make it easy for them to eat nutritiously.

Examples of alternative methods of meal delivery include: breakfast after first (period), grab 'n' go, breakfast/lunch in the classroom, etc. Offering more than one main entrée and incorporating regularly scheduled themed salad bars provides students more options, encouraging increased participation.

 Not Started

 Working Towards

 Fully Implemented
Objective 2: Promotion

The National School Lunch Program, School Breakfast Program and other Child Nutrition Programs in which the county participates, are promoted throughout the school and county.

Promotion examples: Reading menus on school announcements, providing menus online, displaying posters, providing information in the student handbook/ parent newsletters, participating in NSLP Week and SBP Week, etc.

 Not Started

 Working Towards

 Fully Implemented
Objective 3: Additional Programs

The county sponsors the Fresh Fruit and Vegetable Program (FFVP) and After School At-Risk Snack and/or Supper Program at all site eligible schools throughout the school year. When school is not in session, the county sponsors the Summer Food Service Program (SFSP) at all site eligible schools. In addition, Farm-to-School efforts are initiated whenever possible.

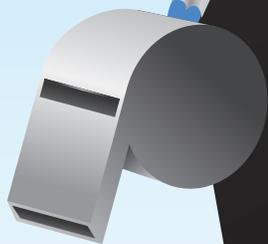
 Not Started

 Working Towards

 Fully Implemented


Resources

"Sure, luck means a lot in football. Not having a good quarterback is bad luck." - Don Shula



RESOURCES

Team Nutrition Materials

All West Virginia schools can qualify to become a Team Nutrition School. Becoming a Team Nutrition School will help focus attention on the important role nutritious school meals, nutrition education and a health-promoting school environment play in helping students learn to enjoy healthy eating and physical activity. It will provide the framework for team efforts by school nutrition staff, teachers, parents, the media and other community members. Team Nutrition Schools are the first to receive new educational materials on nutrition – at no cost! How many of your county schools are enrolled in the program? Check the database to find out: <http://teamnutrition.usda.gov/schoolsdb/srchpage.asp>

Healthy US School Challenge

The HealthierUS School Challenge (HUSSC) is a voluntary initiative established in 2004 to recognize those schools participating in the National School Lunch Program who have created healthier school environments through the promotion of nutrition and physical activity.

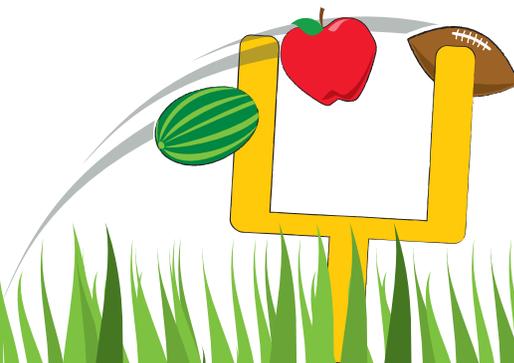
In February 2010, First Lady Michelle Obama introduced **Let's Move!**, incorporating the HealthierUS School Challenge into her campaign to raise a healthier generation of children. At that time, monetary funds became available for each HUSSC award level: Bronze, Silver, Gold, and Gold Award of Distinction.

Since the beginning of the HealthierUS School Challenge in 2004, awards have been given to schools in 43 states. The 2011 goal of 1250 certified schools is in reach with 1103 schools currently certified.

In West Virginia, Lincoln County just received the HUSSC Gold Award of Distinction for all 9 schools in the county. It was recognized by the USDA Mid Atlantic Regional Office (MARO) as the only county in the region of nine states to have successfully accomplished this remarkable goal.

Fundraising

A book entitled, Sweet Deals: School Fundraising Can Be Healthy and Profitable, is provided as a supplement to The Playbook.



Innovative Breakfast Program Materials

Innovative breakfast program promotional materials and examples to support the implementation of Breakfast After First, Grab N' Go and Breakfast in the Classroom. This section also includes sample breakfast menus.



Breakfast after First - Overview

How Does Breakfast after First Period Work?

This model is also called a nutrition break or second chance breakfast. As the name implies, students eat breakfast during a break in the morning, usually between 9:00 am and 10:00 am. Reimbursable breakfasts are individually packaged in grab 'n' go bags. These are usually offered from mobile carts or tables located in high traffic areas where there are many students. Breakfasts can be hot or cold, depending on school facilities. Foods that are easy to eat or hand held are popular and more convenient.

Many schools already offer a break from classes in the morning. By serving a reimbursable meal at this time, students who were not hungry first thing in the morning or those who ate breakfast very early now have a chance to eat a healthy meal. Serving a reimbursable meal is a healthy choice compared to ala carte options. Reimbursable meals also accommodate students who may not have the money to purchase vending.

Students are responsible for discarding their own trash. Extra trash cans in the area where students are between classes helps to ensure that trash is discarded properly.

Why Serve Breakfast after First Period?

When you offer a mid-morning nutrition break, more students eat breakfast. Many middle and high school students are not interested in eating breakfast first thing in the morning. A mid-morning nutrition break is a great way to reach these students as well as those who do not have time to eat before school, or who ate very early in the morning. In some cases, schools do not have available space to serve breakfast. Serving breakfast from carts outside of the cafeteria eliminates this problem. A mid-morning nutrition break can be prepared quickly with few staff.

When Does Breakfast after First Period Work Best?

Breakfast after first period works well in many different schools, the following qualities help make a breakfast after first period successful in schools:

- A milk break or other break in the morning already exists
- Buses arrive just before classes begin
- There is no time to serve breakfast before classes
- Students rely on vending machines for snacks in the morning
- Teachers are supportive of breakfast and realize its importance to learning
- There is no space to serve breakfast
- The cafeteria is centrally locate



Breakfast after First - Frequently Asked Questions by School Staff

Does Breakfast After First Impact Lunch Participation?

With proper scheduling, Second Chance Breakfast does not reduce school lunch participation. Scheduling breakfast after first at least two hours before lunch helps ensure that NSLP participation is not decreased. In fact, schools can experience an increase in breakfast and lunch participation with breakfast after first implementation.

Does Breakfast After First increase supervisory duties for teachers and administrators?

Not necessarily. Adequate supervision of students is, understandably, always a concern for administrators and teachers. Typically, schools can manage breakfast after first with little to no additional supervisory burden.

Does Breakfast After First increase work for custodial staff?

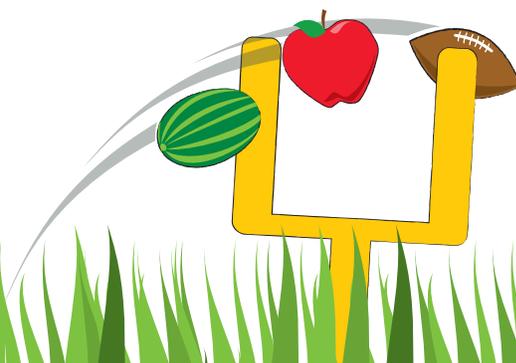
Not necessarily. Custodial staff may have to adjust their work patterns to accommodate.

How can we most efficiently move students through service lines during Breakfast after First?

Having multiple service locations around campus, such as mobile carts placed at school entrances, can help reduce the length of lines. Multiple service locations can also help increase participation by serving students in areas where they are naturally congregated or necessarily pass through. Utilizing electronic point of sale (POS) systems that allow students to procure meals by entering a PIN number or swiping an ID card can help speed up service lines. Utilizing POS will also reduce the chances of a student charging two meals.

How are students supervised during Second Chance Breakfast and Nutrition Break?

Typically, Second Chance Breakfast and Nutrition Break are scheduled in the late morning during a recess, extended passing period, or other break between classes. Supervisory practices for Second Chance Breakfast and Nutrition Break vary by campus. Most often, supervision of breakfast participants can be incorporated into the supervision of other students (by teachers, staff, administrators, etc.) that would normally occur during these out-of-classroom periods.



Breakfast in the Classroom - Overview

Breakfast in the classroom has emerged as the most effective strategy to get school breakfast to the large number of students who need it. It is especially effective for those schools with high concentrations of free and reduced-price eligible students that can serve breakfast in the classroom to all students for free.



At participating schools, breakfast participation levels have increased and additional federal reimbursements are helping food service accounts. Students participating in Breakfast in the Classroom don't struggle through mornings on empty stomachs and experience significant academic and health benefits.

Research has been done on breakfast in the classroom that shows that children who participate are less likely to be absent, have fewer visits to the school nurse, and are less likely to be overweight. They eat more fruit, drink more milk and consume a wider variety of foods.

How Breakfast in the Classroom Works

The program has three critical components:

1. Delivery – the most common options for getting breakfast to the classroom are:
 - School food service staff, students, or volunteers deliver it to classrooms;
 - Students pick up bagged breakfasts from hallway carts or kiosks; or
 - Students pick up breakfast from the cafeteria and bring it to the classroom.
2. Accountability – There must be a system in place to keep track of which students participate in breakfast each day. This can be done in a number of ways; the delivery model usually determines the best approach. For example:
 - In a model where breakfast is delivered to the classroom, teachers can check off which students participate on a roster and return it to the school food service department.
3. Clean Up – After breakfast is consumed, trash is disposed of and classroom surfaces are wiped, if necessary. Strategies that work well include:
 - Students place all breakfast trash in one receptacle which is then put outside the classroom in the hallway. Custodians collect the breakfast trash from each hallway. It may seem like more work for custodians, but the trade off is that they no longer have to clean the cafeteria after breakfast.
 - Each classroom has a spray bottle and roll of paper towels in case of spills.
 - Students have responsibility for cleaning up their own desk after breakfast.

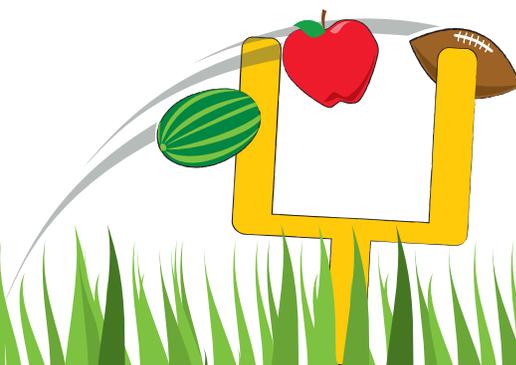


Classroom Activities and Instructional Time during Breakfast in the Classroom

- Breakfast in the classroom generally takes about 10 minutes to serve and eat, and is often done during morning activities, such as announcements, turning in homework or individual reading time so no instructional time is lost. Usually it takes time for children to settle in at the beginning of the day, and many teachers find that classroom breakfast is a successful transitional activity. Teachers report they have actually gained instructional time due to fewer nurse visits, and less tardiness and absenteeism.
- Recognizing the importance of morning nutrition to learning and performance on standardized tests, numerous State Superintendents of Education have recently issued policy memos clarifying that classroom breakfast meets the requirements of instructional time.

Garnering Support for Breakfast in the Classroom

- Work with your school nutrition manager to create a menu of nutrient-rich, student-appealing breakfast choices. Offer conveniently packed and easy-to-clean-up foods including fruits, vegetables, whole grains and low-fat or fat-free dairy foods.
- Speak with teacher and encourage them to use Breakfast in the Classroom as an opportunity to teach about healthy eating and the importance of breakfast. Use the information sheets and presentation tools provided below to help.
- Consider local grocery stores, restaurants, or farms that might be willing to provide food samples and ideas.
- Spread the word about Breakfast in the Classroom. Create posters to put up in high-traffic areas, distribute flyers in classrooms and advertise your program in the school newsletter and website. Encourage everyone at your school to make healthy eating choices in the morning and to eat breakfast every day.



Breakfast in the Classroom - Frequently Asked Questions by School Staff

What is Breakfast in the Classroom?

As the name implies, breakfast is served to students in the classroom at the beginning of the day or during morning break time. Serving breakfast in the classroom is one of the most effective ways of increasing breakfast participation. It is often thought of as the “silver bullet” in making sure that all children have access to breakfast.

How Does Breakfast in the Classroom work?

Each day, breakfasts are packaged in rolling, insulated containers that are labeled by classroom. Teachers or student monitors locate their coolers/containers outside the cafeteria, roll the containers to their respective classrooms, and distribute the food onto each student’s desk.

Children eat while the teacher takes roll, does review work, reads announcements, etc. The process normally takes about ten minutes. Students each get a wet wipe to clean their hands and desk before classroom instruction begins. Trash is discarded into a trash bag inside a rolling trash can that is located in the classroom. Student monitors tie off the bag, leaving it in the rolling trash can, and roll the can to the designated area. Student monitors return the rolling coolers/containers to the kitchen.

If I implement Breakfast in the Classroom will I lose instructional time?

No, because the children are engaged in education activities during this time. For example, breakfast can be eaten while the teacher takes roll, does review work, reads announcements, has the children do silent reading, etc.

What foods are served in Breakfast in the Classroom?

Sample breakfast menus will be provided to your food service director.

What are the advantages of Breakfast in the Classroom?

Breakfast in the cafeteria does not meet the needs of many students. Less than 30% of the students in our state eat breakfast at school. Students who do not eat a nourishing breakfast are not able to concentrate well, become irritable more quickly, and show hunger-related symptoms such as headaches and stomachaches. When Breakfast in the Classroom is served, every student is able to start the school day ready to learn.

Effective learning continues throughout the morning in classrooms that are free of hunger-related disruptions.

Is regular breakfast served before school in addition to Breakfast in the Classroom?

No. If Breakfast in the Classroom is selected as the breakfast option for a particular school, breakfast will not be served in the cafeteria before school begins.



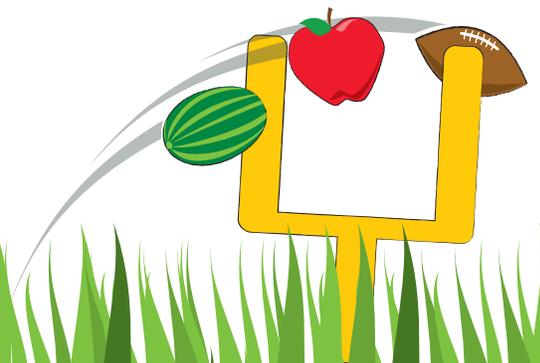
What equipment do I need to implement the Breakfast in the Classroom?

- Wagons , carts, or rolling bags for delivery
- Insulated bags for transporting food
- Additional trash can & bags for each classroom
- Classroom clean up kits for occasional spills
- Paper towels, wet wipes, etc.

All of the materials and equipment listed above are allowable expenses to your food service program.

How do I do point of service?

In a model where breakfast is delivered to the classroom, teachers can check off which students participate on a roster and return it to the school food service department.



Breakfast in the Classroom - Job Descriptions for Students

Breakfast Team - Job Description #1

Breakfast Monitors/Delivery Team (2)

- At 7:50 a.m., go to the cafeteria and collect the rolling breakfast bag for your classroom.
- Wheel the bag to your classroom.
- Distribute one of each food and drink item to every students' desk
- Do not toss or throw items. Place the items together at each student's desk.
- Have everything ready by 8:00 a.m.
- Eat breakfast with your classmates.

Breakfast Team - Job Description #2

Clean-Up Team (2)

- When the class is done eating, one clean-up team member wheels the rolling trashcan around room and has each student place their own trash in the can. Do not allow anyone to throw trash toward the can. Have them carefully place their trash in the can to avoid spills.
- The other clean-up team member collects food that is unopened and uneaten and places it back in the rolling insulated bag.
- No food can be saved in the classroom or in backpacks. All food needs to be removed from the classroom.
- Wheel the trashcan outside to the designated area for your class.
- When breakfast and clean-up is over, zip up insulated food bag and wheel it back to cafeteria.

Breakfast Team - Job Description #3

Breakfast Sheriff (1)

- Put on your "Breakfast Sheriff" badge.
- Walk around your classroom after leftover food and trash is removed. Carry a few extra wet wipes with you.
- Look on the floor, inside desks, and on top of desks for any wrappers, spills, crumbs, and saved food. When you see something that needs to be cleaned up or picked up, ask your classmate to do so. Give your classmate a wet wipe if he/she needs it.



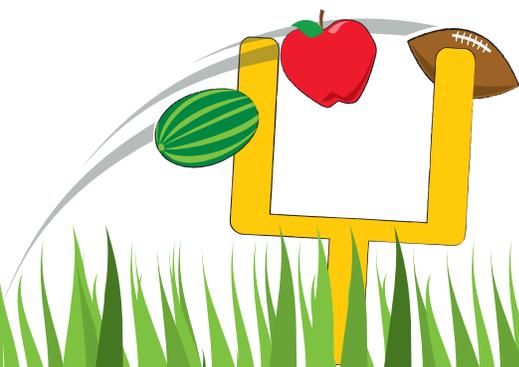
SAMPLE Timeline for Teachers - Breakfast in the Classroom

The day before Breakfast in the Classroom begins, select two Student Helpers for each classroom.

<ul style="list-style-type: none"> • Food Services Staff prepare coolers/containers. 	7:30 a.m. - 7:50 a.m.
<ul style="list-style-type: none"> • Student's are dismissed to classrooms 	7:50 a.m.
<ul style="list-style-type: none"> • Student Monitors report to cafeteria and find their room's coolers/containers. • Each cooler/container will be labeled with the teacher's name and room number. 	7:50 a.m.
<ul style="list-style-type: none"> • Student Monitors roll coolers/containers into classroom, open the coolers, and distribute one food/beverage item of each type plus a wet-wipe to the desk of each student and to the teacher. • Leave unserved food items in original coolers/containers and replace in bags • Student Monitors place trash bag in central location within the classroom with easy access for all students. 	7:55 a.m. - 8 a.m.
<ul style="list-style-type: none"> • Students eat breakfast while attending to morning activities such as attendance, homework, etc. • Students use wet-wipe to clean hands and desk. • Students put trash in bag provided. Student Monitor ties off bag. • Students put uneaten, unopened food back in bags. 	8 a.m. - 8:10 a.m.
<ul style="list-style-type: none"> • Student Monitors take coolers/containers to cafeteria area and place trashcans in the designated area. 	8:15 a.m.
<ul style="list-style-type: none"> • Custodial Staff collects trash bags. 	8:15 a.m. - 9:15 a.m.

General rules

- All items must be returned at 8:15am whether as discarded waste in a trash bag or as an unserved/uneaten items in the cooler/containers.
- Meals are for enrolled students only.
- It is essential that participants adhere to the recommended timeline on a daily basis.



Grab-n-Go Breakfast - Overview

Organize a Grab-n-Go Breakfast Station at a high-traffic location in school where students can get breakfast before school—or an event such as a “last chance breakfast” break after first period to make breakfast a fun, fast option for everyone!



How Does a Grab ‘N’ Go Breakfast Work?

Grab ‘N’ Go breakfasts are packaged in paper bags, boxes or trays. Students pick up their breakfast and eat it when and where they want, within school guidelines. Food service staff packs reimbursable breakfasts into individual paper bags. Breakfasts are usually cold, but can include hot items as well.

Grab ‘N’ Go breakfasts can be served first thing in the morning, between classes, or at a mid-morning break. Bags can be served from mobile service carts located in high traffic areas such as the school entrance, cafeteria, hallways, or near the gym. Students can take the breakfast and eat it outside, in the hall, in class, or in the cafeteria, depending on what the school decides is appropriate. The serving carts usually have a computer or point of service machine. A school food service staff operates the cart before school, during morning break, or between classes. There is a lot of flexibility with this method of serving breakfast, depending on the school’s needs. Students are responsible for following the school’s guidelines as to where and when they can eat and for throwing out their trash.

Why Serve a Grab ‘N’ Go Breakfast?

Grab ‘N’ Go breakfasts bring breakfast to the student, making it easier for them to choose to eat breakfast. Many middle and high school students are not hungry first thing in the morning or they want to hang out with friends. Grab ‘N’ Go breakfasts allow students the flexibility and choice to eat breakfast where and when they want. Grab ‘N’ Go breakfasts are convenient for food service staff and can take less time to prepare than traditional breakfasts. Because it is so easy and efficient for students to grab a bag, this method also allows schools to serve a breakfast more quickly to students.

Why Use Mobile Serving Carts?

Schools find that by bringing breakfast to the students; more students eat breakfast because they do not need to leave their friends to get breakfast. Breakfast carts mean that students do not need to choose between socializing and eating breakfast. Breakfasts served from a cart are convenient for food service staff and take less time to prepare than traditional breakfasts. Offering Grab ‘N’ Go breakfast from mobile carts allows schools to serve breakfast quickly to more students.

When Does a Grab ‘N’ Go Breakfast Work Best?

Grab ‘N’ Go breakfasts work particularly well in middle and high schools because older students enjoy the flexibility and choice that Grab ‘N’ Go provides. Here are some other qualities where Grab ‘N’ Go breakfasts are likely to be successfully:

- The cafeteria or gym is crowded or not available for breakfast
- A large number of students have to eat in a short amount of time
- Buses arrive just before the start of classes
- Teachers and custodial staff are supportive of breakfast and realize its importance to learning
- Students rely on ala carte and convenience foods from outside the school for breakfast
- The cafeteria isn’t located where students enter the building or hang out
- The breakfast menu can easily offer Grab ‘N’ Go options



Other Grab 'N' Go Ideas

- Work with your food service staff and principal to choose a location for your Grab-n-Go Breakfast Station. Consider locations where students tend to gather in the morning, such as a lobby or foyer, outside the library or gym, outside the front doors or near the bus loop.
- What tasty, appealing, healthy foods will your station offer? Consider polling students for comments about which choices they like and dislike. Ask them to suggest other nutritious breakfast options to offer in the future.
- Work with your school nutrition professionals to create a menu of nutrient-rich breakfast choices. Offer conveniently packed and easy-to-grab foods that include low-fat or fat-free dairy products, whole grains, fruits and vegetables.
- Brainstorm design ideas for your Grab-n-Go Breakfast Station. Is it a table? A cart on wheels? A refrigerated station? As another option, work with school nutrition professionals to offer these more convenient and nutritious choices in the cafeteria breakfast line, for students who eat breakfast in the school cafeteria. Consider using “to go” containers so students can still “grab-n-go.”
- Spread the word about your Grab-n-Go Breakfast Station! Create posters to put up in high-traffic areas, distribute flyers in classrooms and advertise your program during morning announcements.
- Consider local grocery stores, local farms or restaurants that may be willing to donate healthy foods or containers for your program.

Breakfast Carts

How Do Breakfast Carts Work?

Breakfast carts act as mobile serving areas for breakfast. Instead of having the students come to the cafeteria for breakfast, breakfast is brought to students. Grab 'N' Go breakfast work best with a breakfast cart. Breakfast can be prepackaged; however, some schools offer choices from their breakfast cart. The general rule is the food has to be portable and easy to grab.

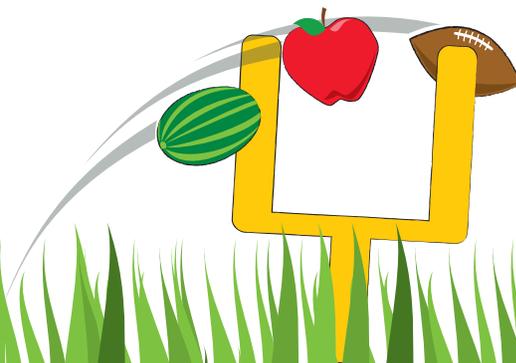
Schools typically put their breakfast carts in high traffic areas such as the main entrance, hallway, outside the front door, or near the gymnasium. Wherever the students hang out is where the cart is located. Carts usually have a computer or point of service machine. A school food service staff operates the cart before school, during morning break, or between classes, depending on the school.

Carts can be purchased for a reasonable cost, but remember, you will have to also fund the portable milk coolers. Students are responsible for their trash and following school rules as to where they can eat their breakfast.

When Does Using a Breakfast Cart Work Best?

Using a breakfast cart works particularly well in middle and high schools, but it has also been successful in elementary schools. Here are some other qualities where using a breakfast cart is likely to be particularly successful:

- The cafeteria is located apart from where students hang out
- Environment service staff are supportive of serving breakfast at school
- The breakfast menu can easily be made into Grab 'N' Go breakfasts
- There is one main area of the school where students tend to gather
- The cafeteria tends to be congested or is too small to serve breakfast



Grab 'N' Go Menu Ideas & Breakfast in the Classroom

Whole Grain Mini Pancakes
(Individually wrapped)
Banana
Yogurt
Milk

Yogurt
Granola Mix
Fresh Strawberries
Milk

Canadian Bacon & Cheese on (W/W) Bagel
Peach Cup
Milk

Toasted Cheese Sandwich (W/W)
Fresh Apple Wedges
Milk

Oatmeal Muffin Square
Mozzarella Cheese Stick
Applesauce Cup
Milk

Sun Butter or Peanut Butter on (W/W) Toast
Fruit Juice
Milk

Breakfast Wrap
(Scrambled Egg & Cheese)
Orange Wedges
Milk

(W/W) Fruit & Grain Bar
Yogurt
Grapes
Milk

Whole Grain Blueberry Muffin
Sunflower Seeds
Apple Juice
Milk

Sausage on Whole Grain Biscuit
Fresh Pear
Milk

Waffles
(individually wrapped)
Blueberries
Yogurt
Milk

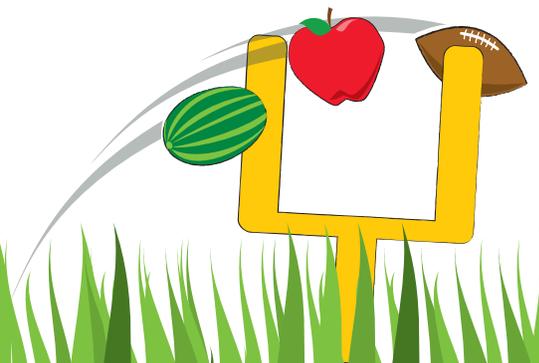
Soft Pretzel
Cheese Cubes
Fruit Juice
Milk

Whole Grain Strawberry Yogurt Chex Mix
Cheese Stick (blended)
Melon Cup
Milk

Cereal (high fiber)
Fresh Strawberries
Sunflower Seeds
Milk



The following parent letters will help you implement the different breakfast strategies. Parent education and involvement are often the keys to a successful program.



For a downloadable version of this letter, please visit:
<http://wvde.state.wv.us/nutrition/PlaybookInformation.html>



Breakfast in the Classroom

Beginning *Insert Start Date Here!*

Dear Parents,

Is the morning rush at your house a mad dash to get out the door with your children barely having time to grab their homework much less eat a nutritious breakfast? If this sounds familiar you will be relieved to know that getting that important morning start will no longer be a challenge.

Beginning on *Insert Start Date Here* your child will take part in an innovative new program called "Breakfast in the Classroom." Just as the name implies, a nutritious breakfast will be served to each student right in the classroom. They will have an opportunity during the first 10 minutes of class to eat breakfast with their classmates and get the fuel they need to get through the morning ready to learn. There will be no breakfast service from the cafeteria before school.

The direct impact of breakfast on academic performance has been well documented and we are happy to bring you this proven approach to influencing maximum learning in the classroom.

How does it work?

Each day, breakfasts are packaged in rolling insulated coolers/containers and labeled by classroom. Student monitors locate their coolers/containers by the cafeteria, roll the coolers/containers to their classroom and distribute the food and tray packs onto each student's desk. Children eat while the teacher takes morning roll, does review work and reads announcements. This normally takes about ten minutes. A wet wipe is included for each student to clean hands and desk before classroom instruction begins. Trash is put into a rolling trash can inside their classroom. Students tie off the bag, leave it in the rolling trash can and wheel it to a designated area. Students return the rolling insulated coolers/containers to the kitchen. No food is left inside the classroom.

What are the advantages of Grab 'N' Go?

Traditional breakfast in the cafeteria does not meet the needs of many students. Less than 30% of West Virginia student's eat breakfast. Students who do not eat a nourishing breakfast are not able to concentrate well, become irritable more quickly and show hunger-related symptoms such as headaches and stomachaches. When Breakfast in the Classroom is served, every student is able to start the school day ready to learn. This continues throughout the morning without hunger-related disruptions.

School Breakfast Information:

Price is determined by your confidential Application for Free and Reduced price Meals. If you need an application, please call (304) XXX-XXXX or visit www.wvschoolmeals.net

Reduced Price:

Paid price:

[If your county is participating in the Universal Meals Pilot please adjust this section accordingly]

Share this exciting news with your child and be ready on *Insert Start Date Here* for the start of this new program!

[Be sure to include a copy of your menu with the letter]

For a downloadable version of this letter, please visit:
<http://wvde.state.wv.us/nutrition/PlaybookInformation.html>



Breakfast After First

Beginning *Insert Start Date Here!*

Dear Parents,

Is the morning rush at your house a mad dash to get out the door with your children barely having time to grab their homework much less eat a nutritious breakfast? If this sounds familiar you will be relieved to know that getting that important morning start will no longer be a challenge.

Beginning on *Insert Start Date Here* your child will take part in an innovative new program called Breakfast after First. This model is also called a nutrition break or second chance breakfast. As the name implies, students eat breakfast during a break in the morning, usually between 9:00 am and 10:00 am. The direct impact of breakfast on academic performance has been well documented and we are happy to bring you this proven approach to influencing maximum learning in the classroom.

How does it work?

Reimbursable breakfasts are either served in the cafeteria or packaged in individually grab 'n' go bags. Many schools already offer a break from classes in the morning. By serving a reimbursable meal at this time, students who were not hungry first thing in the morning or those who ate breakfast very early now have a chance to eat a healthy meal.

What are the advantages of Breakfast in the Classroom?

Traditional breakfast in the cafeteria does not meet the needs of many students. Less than 30% of West Virginia student's eat breakfast. Students who do not eat a nourishing breakfast are not able to concentrate well, become irritable more quickly and show hunger-related symptoms such as headaches and stomachaches. When Breakfast after First is served, every student is able to start the school day ready to learn. This continues throughout the morning without hunger-related disruptions.

School Breakfast Information:

Price is determined by your confidential Application for Free and Reduced price Meals. If you need an application, please call (304) XXX-XXXX or visit www.wvschoolmeals.net

Reduced Price:

Paid price:

[If your county is participating in the Universal Meals Pilot please adjust this section accordingly]

Share this exciting news with your child and be ready on *Insert Start Date Here* for the start of this new program!

[Be sure to include a copy of your menu with the letter]

For a downloadable version of this letter, please visit:
<http://wvde.state.wv.us/nutrition/PlaybookInformation.html>



Grab 'N' Go

Beginning *Insert Start Date Here!*

Dear Parents,

Is the morning rush at your house a mad dash to get out the door with your children barely having time to grab their homework much less eat a nutritious breakfast? If this sounds familiar you will be relieved to know that getting that important morning start will no longer be a challenge.

Beginning on *Insert Start Date Here* your child will take part in an innovative new program called Grab 'N' Go. Grab 'N' Go breakfasts are packaged in paper bags, boxes or trays. Students pick up their breakfast and eat it when and where they want, within school guidelines. The direct impact of breakfast on academic performance has been well documented and we are happy to bring you this proven approach to influencing maximum learning in the classroom.

How does it work?

Grab 'N' Go breakfasts can be served first thing in the morning, between classes, or at a mid-morning break. Bags can be served from mobile service carts located in high traffic areas such as the school entrance, cafeteria, hallways, or near the gym. Students can take the breakfast and eat it outside, in the hall, in class, or in the cafeteria, depending on what the school decides is appropriate.

What are the advantages of Grab 'N' Go?

Traditional breakfast in the cafeteria does not meet the needs of many students. Less than 30% of West Virginia student's eat breakfast. Students who do not eat a nourishing breakfast are not able to concentrate well, become irritable more quickly and show hunger-related symptoms such as headaches and stomachaches. When Grab 'N' Breakfast is served, every student is able to start the school day ready to learn. This continues throughout the morning without hunger-related disruptions.

School Breakfast Information:

Price is determined by your confidential Application for Free and Reduced price Meals. If you need an application, please call (304) XXX-XXXX or visit www.wvschoolmeals.net

Reduced Price:

Paid price:

[If your county is participating in the Universal Meals Pilot please adjust this section accordingly]

Share this exciting news with your child and be ready on *Insert Start Date Here* for the start of this new program!

[Be sure to include a copy of your menu with the letter]

On the following pages, you will find sample school meal menus from an exemplary West Virginia county.



CABELL COUNTY SCHOOLS

Page 2

Aug 9, 2011

OCTOBER AND NOVEMBER BREAKFAST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25 CEREAL, ASSORT EGG/CHEESE WW BISCUIT ORANGES, FRESH FRUIT JUICE, ASST. 1/2 c MILK - Variety	Oct - 26 CEREAL, ASSORT OATMEAL TOAST - CINNAMON FRUIT JUICE, Assorted Fresh Fruit, assorted MILK - Variety	Oct - 27 CEREAL, ASSORT BREAKFAST WRAP FRUIT JUICE, Assorted Fresh Fruit, assorted MILK - Variety	Oct - 28 CEREAL, ASSORT BLUEBERRY MUFFIN FRUIT COCKTAIL CUP FRUIT JUICE, ASST. 1/2 c MILK - Variety	Oct - 29 CEREAL, ASSORT SCRAMBLED EGG & WW T SAUSAGE PATTIE FRESH APPLE WEDGES FRUIT JUICE, ASST. 1/2 c MILK - Variety
Nov - 1 CEREAL, ASSORT EGG PATTY BISCUIT FRUIT JUICE, ASSORTED Fresh Fruit, assorted MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 CEREAL, ASSORT PANCAKES Whole Grain SYRUP BLUEBERRIES FRUIT JUICE, ASSORTED Fresh Fruit, assorted MILK - Variety	Nov - 4 CEREAL, ASSORT SCRAMBLED EGGS TOAST & JELLY FRUIT JUICE, ASSORTED Fresh Fruit, assorted MILK - Variety	Nov - 5 CEREAL, ASSORT BLUEBERRY MUFFIN FRESH APPLE WEDGES FRUIT JUICE, ASST. 1/2 c MILK - Variety
Nov - 8 CEREAL, ASSORT SAUSAGE WW BISCUIT FRESH FRUITS FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 9 CEREAL, ASSORT FRUIT YOGURT PARFAIT ORANGES, FRESH FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 10 CEREAL, ASSORT OATMEAL MUFFIN SQUAR FRUIT COCKTAIL FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 11 HOLIDAY	Nov - 12 CEREAL, ASSORT CHEESE OMELET BISCUIT WW FRESH APPLE WEDGES FRUIT JUICE, ASST. 1/2 c MILK - Variety
Nov - 15 CEREAL, ASSORT BOILED EGG CANADIAN BACON WHEAT TOAST FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 16 CEREAL, ASSORT WAFFLES & SYRUP 2 FRUIT JUICE, ASSORTED Fresh Fruit, assorted MILK - Variety	Nov - 17 CEREAL, ASSORT SCRAMBLED EGGS WHEAT TOAST ORANGES, FRESH FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 18 CEREAL, ASSORT ULTRA DONUT FRUIT JUICE, ASSORTED Fresh Fruit, assorted MILK - Variety	Nov - 19 CEREAL, ASSORT EGG/CHEESE WW BISCUIT FRESH FRUITS FRUIT JUICE, ASST. 1/2 c MILK - Variety

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CABELL COUNTY SCHOOLS

Page 3

Aug 9, 2011

OCTOBER AND NOVEMBER BREAKFAST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 22 CEREAL, ASSORT OATMEAL TOAST - CINNAMON FRUIT JUICE, Assorted Fresh Fruit, assorted MILK - Variety	Nov - 23 CEREAL, ASSORT BLUEBERRY MUFFIN FRUIT COCKTAIL CUP FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY	Nov - 26 NO SCHOOL
Nov - 29 CEREAL, ASSORT SCRAMBLED EGG & WW T SAUSAGE PATTIE FRESH APPLE WEDGES FRUIT JUICE, ASST. 1/2 c MILK - Variety	Nov - 30 CEREAL, ASSORT BREAKFAST WRAP FRUIT JUICE Assorted Fresh Fruit, assorted MILK - Variety			

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Page 1		CABELL COUNTY SCHOOLS			Middle School Main Line OCTOBER & NOVEMBER 2011		Jun 10, 2011					
Monday	Tuesday	Wednesday	Thursday	Friday	Oct - 1	Oct - 8	Oct - 15	Oct - 22				
<p>VEGETABLE SOUP CRACKERS TOASTED CHEESE SANDW SALAD /FRUIT BAR - MIDDLE FRESH APPLE WEDGES YOGURT - 4 oz MILK - Variety</p>	<p>Oct - 4</p> <p>CHICKEN QUESADILLA SHOE STRING POTATOES I PEACH CRISP SALAD /FRUIT BAR - MIDDLE FRUIT SHERBET: 4 fl.oz. MILK - Variety</p>	<p>Oct - 5</p> <p>ROTISSERIE CHICKEN POTATOES, ROASTED RED CARROT STICKS /DIP SALAD /FRUIT BAR - MIDDLE FRUIT COCKTAIL HOT ROLL-WHEAT MILK - Variety</p>	<p>Oct - 6</p> <p>MACARONI AND CHEESE(N GREEN BEANS W/ GARLIC CORNBREAD STRAWBERRIES 'N BANAN SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety</p>	<p>Oct - 7</p> <p>MEAT LOAF MASHED POTATOES SALAD /FRUIT BAR - MIDDLE PEAS & CARROTS PEACHES HOT ROLL-WHEAT MILK - Variety</p>	<p>Oct - 8</p> <p>BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS SALAD /FRUIT BAR - MIDDLE CORN KIWI OATMEAL COOKIES MILK - Variety</p>	<p>Oct - 9</p> <p>CHICKEN AND ORANGE RI BROCCOLI, STEAMED/CHE FRESH APPLE WEDGES SALAD /FRUIT BAR - MIDDLE HOT ROLL-WHEAT FORTUNE COOKIE MILK - Variety</p>	<p>Oct - 10</p> <p>CHEESY STEAK SANDWIC Lettuce & Tomato BAKED BEANS SALAD /FRUIT BAR - MIDDLE SWEET POTATO FRIES KIWI MILK - Variety</p>	<p>Oct - 11</p> <p>CHICKEN & CHEESE STRIP Lettuce & Tomato CALIFORNIA BLEND VEGET SALAD /FRUIT BAR - MIDDLE PINEAPPLE TIDBITS TEDDY GRAHAM MILK - Variety</p>	<p>Oct - 12</p> <p>SPAGHETTI W/ MEAT SAUC SALAD, TOSSED 1 CUP DRESSING, CREAMY RANC SALAD /FRUIT BAR - MIDDLE FRUIT SALAD fresh HOT ROLL-WHEAT MILK - Variety</p>	<p>Oct - 13</p> <p>PIZZA, PEPP/MOZZ. SMART BROCCOLI, FRESH RANCH DIP, FF SALAD /FRUIT BAR - MIDDLE FRESH PEAR FRUIT SHERBET: 4 fl.oz. MILK - Variety</p>	<p>Oct - 14</p> <p>CHILI CON CARNE W/ BEA CORN BREAD BAKED POTATO Margarine, cup, indiv. SALAD /FRUIT BAR - MIDDLE MANDARIN ORANGES CAKE PINEAPPLE UPSIDE MILK - Variety</p>	<p>Oct - 15</p> <p>NO SCHOOL</p>
<p>Oct - 18</p> <p>BARBECUE CHICKEN POTATOES, ROASTED RED SNAP PEAS W MINT SALAD /FRUIT BAR - MIDDLE APPLE SAUCE BREAD STICK, WW MILK - Variety</p>	<p>Oct - 19</p> <p>CHICKEN AND NOODLES CREAMY COLE SLAW GREEN BEANS W GARLIC SALAD /FRUIT BAR - MIDDLE STRAWBERRIES HOT ROLL-WHEAT MILK - Variety</p>	<p>Oct - 20</p> <p>NO SCHOOL</p>	<p>Oct - 21</p> <p>NO SCHOOL</p>	<p>Oct - 22</p> <p>NO SCHOOL</p>								

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CABELL COUNTY SCHOOLS
Middle School Main Line OCTOBER & NOVEMBER 2011
Page 2 **Jun 10, 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25 SPAGHETTI W MEAT SAUC SALAD /FRUIT BAR - MIDL GREEN BEANS W GARLIC APPLE SAUCE ITALIAN BREAD MILK - Variety	Oct - 26 ROTISSERIE CHICKEN MASHED POTATOES CORN COBBETT SALAD /FRUIT BAR - MIDL GRAPES, Fresh HOT ROLL-WHEAT MILK - Variety	Oct - 27 SLOPPY JOE ON A BUN CREAMY COLE SLAW QUICK BAKED POTATOES SALAD /FRUIT BAR - MIDL ORANGES, FRESH CHOCOLATE PUDDING W/ MILK - Variety	Oct - 28 TURKEY AND DRESSING S CRUNCH BAKED SWEET P SALAD /FRUIT BAR - MIDL FRESH APPLE WEDGES BREAD STICK, WW MILK - Variety	Oct - 29 SALISBURY STEAK PARSLEY POTATOES, RED SALAD /FRUIT BAR - MIDL BAKED BEANS PEACHES HOT ROLL-WHEAT MILK - Variety
Nov - 1 CHILI CON CARNE W/ BEA CORNBREAD BAKED POTATO Margarine, cup, indiv. SALAD /FRUIT BAR - MIDL APPLE CRISP YOGURT - 4 oz MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 ROTISSERIE CHICKEN MASHED POTATOES CARROTS HONEY COINS SALAD /FRUIT BAR - MIDL FRESH PEAR HOT ROLL-WHEAT MILK - Variety	Nov - 4 SPAGHETTI AND MEAT SA CAESAR SALAD W DRESSI PEAS & CARROTS STRAWBERRIES 'N BANAN SALAD /FRUIT BAR - MIDL BREAD STICK, WW MILK - Variety	Nov - 5 CHICKEN QUESADILLA Lettuce & Tomato REFRIED BEANS CORN SALAD /FRUIT BAR - MIDL KIWI CAKE PINEAPPLE UPSIDE MILK - Variety
Nov - 8 MACARONI AND CHEESE GREEN BEANS W GARLIC PEACHES YOGURT - 4 oz SALAD /FRUIT BAR - MIDL CORNBREAD MILK - Variety	Nov - 9 OPEN FACED TURKEY SAN MASHED POTATOES SNAP PEAS W MINT SALAD /FRUIT BAR - MIDL ORANGES, FRESH WHOLE WHEAT SUGAR CO MILK - Variety	Nov - 10 LASAGNA WITH GROUND B CALIFORNIA BLEND VEGET SALAD /FRUIT BAR - MIDL GRAPES, Fresh HOT ROLL-WHEAT MILK - Variety	Nov - 11 HOLIDAY	Nov - 12 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS CORN SALAD /FRUIT BAR - MIDL FRUIT SALAD fresh MILK - Variety
Nov - 15 MEAT LOAF PARSLEY POTATOES, RED BAKED BEANS SALAD /FRUIT BAR - MIDL KIWI HOT ROLL-WHEAT MILK - Variety	Nov - 16 CHICKEN AND NOODLES CREAMY COLE SLAW BROCCOLI, STEAMED PAR SALAD /FRUIT BAR - MIDL MANDARIN ORANGES HOT ROLL-WHEAT MILK - Variety	Nov - 17 PIZZA, MOZZARELLA SALAD /FRUIT BAR - MIDL CORN APPLE SAUCE CHOCOLATE PUDDING W/ MILK - Variety	Nov - 18 TURKEY W/DRESSING GRAVY, OPTIONAL: 2 TBSP MASHED POTATOES GREEN BEANS W GARLIC HOT ROLL-WHEAT PUMPKIN PIE W/ WHIP TOP MILK - Variety	Nov - 19 VEGETABLE BEEF SOUP CRACKERS TOASTED CHEESE SANDW SALAD /FRUIT BAR - MIDL ORANGES, FRESH FRUIT SHERBET: 4 fl.oz. MILK - Variety

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CABELL COUNTY SCHOOLS
Page 3 Middle School Main Line OCTOBER & NOVEMBER 2011 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 22 BARBECUE CHICKEN POTATOES, ROASTED RED SNAP PEAS W MINT SALAD /FRUIT BAR - MIDDLE PEACHES CUP HOT ROLL-WHEAT MILK - Variety	Nov - 23 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS CORN COBBETT SALAD /FRUIT BAR - MIDDLE FRUIT COCKTAIL MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY	Nov - 26 NO SCHOOL
Nov - 29 ROTISSERIE CHICKEN BAKED POTATO Margarine, cup, indiv. SALAD /FRUIT BAR - MIDDLE FRESH PEAR BREAD STICK, WW OATMEAL COOKIES MILK - Variety	Nov - 30 BEEFY GOULASH BROCCOLI, STEAMED PAR SALAD /FRUIT BAR - MIDDLE STRAWBERRIES 'N BANAN HOT ROLL-WHEAT MILK - Variety			

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CABELL COUNTY SCHOOLS
 Middle School 2nd Lunch Line October & November 2011
 Jun 10, 2011

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4 French Bread Cheesy Pizza MIXED VEGETABLES FRESH APPLE WEDGES SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 5 SANDWICH, STEAK W/ CHE SHOE STRING POTATOES I PEACH CRISP YOGURT - 4 oz SALAD /FRUIT BAR - MIDDLE MILK - Variety	Oct - 6 PIZZABURGER ON ROLL POTATOES, ROASTED RED FRUIT COCKTAIL SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 7 BBQ CHICKEN SANDWICH GREEN BEANS W/ GARLIC STRAWBERRIES 'N BANAN SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 8 PIZZA, MOZZARELLA CORN KIWI SALAD /FRUIT BAR - MIDDLE OATMEAL COOKIES YOGURT - 4 oz MILK - Variety
Oct - 11 BBQ CHICKEN Pizza BROCCOLI, STEAMED/CHE FRESH APPLE WEDGES SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 12 SANDWICH, ROASTED TUR SWEET POTATO FRIES KIWI YOGURT - 4 oz SALAD /FRUIT BAR - MIDDLE MILK - Variety	Oct - 13 VEGGIE pizza CALIFORNIA BLEND VEGET PINEAPPLE, CANNED YOGURT - 4 oz Teddy Grahams, Cinn MILK - Variety	Oct - 14 BEEF & BEAN BURRITO CC SOUR CREAM CORN COBBETT FRUIT SALAD fresh SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 15 French Bread Cheesy Pizza BROCCOLI, FRESH FRESH PEAR SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety
Oct - 18 French Bread Cheesy Pizza POTATOES, ROASTED RED SNAP PEAS W MINT SALAD /FRUIT BAR - MIDDLE APPLE SAUCE YOGURT - 4 oz MILK - Variety	Oct - 19 CHICKEN WRAP SOUR CREAM BAKED POTATO Margarine, cup, indiv. MANDARIN ORANGES SALAD /FRUIT BAR - MIDDLE CAKE PINEAPPLE UPSIDE MILK - Variety	Oct - 20 PIZZABURGER ON ROLL GREEN BEANS W GARLIC STRAWBERRIES SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Oct - 21 NO SCHOOL	Oct - 22 NO SCHOOL

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CABELL COUNTY SCHOOLS
Middle School 2nd Lunch Line October & November 2011

Page 2

Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25 BBQ CHICKEN Pizza GREEN BEANS W GARLIC SALAD /FRUIT BAR - MIDDLE APPLESAUCE YOGURT - 4 oz MILK - Variety	Oct - 26 SANDWICH, STEAK W CHE CORN COBBETT GRAPES,Fresh SALAD /FRUIT BAR - MIDDLE FRUIT SHERBET: 4 fl.oz. MILK - Variety	Oct - 27 French Bread Cheesy Pizza CREAMY COLE SLAW QUICK BAKED POTATOES SALAD /FRUIT BAR - MIDDLE ORANGES,FRESH CHOCOLATE PUDDING W/ MILK - Variety	Oct - 28 BBQ CHICKEN SANDWICH CRUNCH BAKED SWEET P FRESH APPLE WEDGES YOGURT - 4 oz SALAD /FRUIT BAR - MIDDLE MILK - Variety	Oct - 29 VEGGIE pizza PARSLEY POTATOES, RED SALAD /FRUIT BAR - MIDDLE PEACHES YOGURT - 4 oz MILK - Variety
Nov - 1 French Bread Cheesy Pizza BAKED POTATO Margarine, cup, indiv. APPLE CRISP SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Nov - 2 NO SCHOOL	Nov - 3 PIZZABURGER ON ROLL CORN FRESH PEAR SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Nov - 4 SANDWICH, STEAK W CHE PEAS & CARROTS STRAWBERRIES 'N BANAN YOGURT - 4 oz SALAD /FRUIT BAR - MIDDLE MILK - Variety	Nov - 5 BBQ CHICKEN Pizza CORN KIWI SALAD /FRUIT BAR - MIDDLE CAKE PINEAPPLE UPSIDE YOGURT - 4 oz MILK - Variety
Nov - 8 VEGGIE pizza GREEN BEANS W GARLIC PEACHES SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Nov - 9 SLOPPY JOE ON A BUN CREAMY COLE SLAW SNAP PEAS W MINT SALAD /FRUIT BAR - MIDDLE ORANGES,FRESH WHOLE WHEAT SUGAR CO MILK - Variety	Nov - 10 BBQ CHICKEN Pizza CALIFORNIA BLEND VEGET GRAPES,Fresh SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz Teddy Grahams, Cinn MILK - Variety	Nov - 11 NO SCHOOL	Nov - 12 French Bread Cheesy Pizza CORN FRUIT SALAD fresh SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety
Nov - 15 VEGGIE pizza PARSLEY POTATOES, RED BAKED BEANS SALAD /FRUIT BAR - MIDDLE KIWI YOGURT - 4 oz MILK - Variety	Nov - 16 CHEESEBURGER ON BUN Lettuce & Tomato BROCCOLI, STEAMED PAR MANDARIN ORANGES SALAD /FRUIT BAR - MIDDLE FRUIT SHERBET: 4 fl.oz. MILK - Variety	Nov - 17 BEEF & BEAN BURRITO CC CORN APPLESAUCE SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz ROYAL BROWNIES MILK - Variety	Nov - 18 TURKEY AND DRESSING GRAVY, TURKEY MASHED POTATOES GREEN BEANS W GARLIC HOT ROLL-WHEAT PUMPKIN PIE W/WHIP TOP MILK - Variety	Nov - 19 French Bread Cheesy Pizza PEAS & CARROTS ORANGES,FRESH SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety

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CABELL COUNTY SCHOOLS
 Middle School 2nd Lunch Line October & November 2011
 Jun 10, 2011

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 22 French Bread Cheesy Pizza POTATOES, ROASTED RED SNAP PEAS W MINT SALAD /FRUIT BAR - MIDDLE PEACHES CUP YOGURT - 4 oz MILK - Variety	Nov - 23 SANDWICH, ROASTED TUR CORN COBBETT FRUIT COCKTAIL SALAD /FRUIT BAR - MIDDLE YOGURT - 4 oz MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 NO SCHOOL	Nov - 26 NO SCHOOL
Nov - 29 VEGGIE pizza BAKED POTATO FRESH PEAR SALAD /FRUIT BAR - MIDDLE OATMEAL COOKIES YOGURT - 4 oz MILK - Variety	Nov - 30 GRILLED CHICKEN/CHEES Lettuce & Tomato BROCCOLI, STEAMED PAR STRAWBERRIES 'N BANAN YOGURT - 4 oz SALAD /FRUIT BAR - MIDDLE MILK - Variety			

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CABELL COUNTY SCHOOLS
HIGH SCHOOL MAIN LUNCH LINE OCTOBER & NOVEMBER 2010
Page 1 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4 CHICKEN TETRAZZINI CAESAR SALAD W/ DRESSI CORN COBBETT STRAWBERRIES 'N BANAN PEACH CRISP BREAD STICK, WW MILK - Variety	Oct - 5 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS RICE, WILD CORN KIWI OATMEAL COOKIES MILK - Variety	Oct - 6 MACARONI AND CHEESE(N GREEN BEANS W/ GARLIC CORN BREAD GRAPES, FRESH GINGERBREAD YOGURT - 4 oz MILK - Variety	Oct - 7 ROTISSERIE CHICKEN MASHED POTATOES PEAS MANDARIN ORANGES VANILLA PUDDING W/ WAF HOT ROLL-WHEAT MILK - Variety	Oct - 1 CHICKEN QUESADILLA Sour Cream CORN COBBETT REFRIED BEANS HONEYDEW MELON CAKE PINEAPPLE UPSIDE FRUIT SHERBET: 4 fl.oz. MILK - Variety
Oct - 11 CHICKEN AND ORANGE RI BROCCOLI, STEAMED/CHE CARROTS HONEY COINS FRESH APPLE WEDGES HOT ROLL-WHEAT FORTUNE COOKIE MILK - Variety	Oct - 12 CHEESY STEAK SANDWIC Lettuce & Tomato BAKED BEANS SWEET POTATO FRIES KIWI CHOCOLEANA CAKE MILK - Variety	Oct - 13 CHICKEN & CHEESE STRIP Lettuce & Tomato CALIFORNIA BLEND VEGET PINEAPPLE TIDBITS STRAWBERRIES TEDDY GRAHAM MILK - Variety	Oct - 14 SPAGHETTI W MEAT SAUC SALAD, TOSSED 1 CUP DRESSING, CREAMY RANC FRUIT SALAD fresh CAKE PINEAPPLE UPSIDE HOT ROLL-WHEAT MILK - Variety	Oct - 15 PIZZA, PEPP/MOZZ, SMART BROCCOLI, STEAMED/CHE CARROT STICKS RANCH DIP, FF GRAPES, Fresh SPICE CAKE FRUIT SHERBET: 4 fl.oz. MILK - Variety
Oct - 18 LASAGNA WITH GROUND B CAESAR SALAD W/ DRESSI APPLE SAUCE PEACH CRISP HOT ROLL-WHEAT MILK - Variety	Oct - 19 OPEN FACED TURKEY SAN MASHED POTATOES PEAS & CARROTS ROYAL BROWNIES HONEYDEW MELON MILK - Variety	Oct - 20 ROTISSERIE CHICKEN PARSLEY POTATOES, RED CUCUMBER SLICES RANCH DIP, FF FRUIT COCKTAIL GRAPES, FRESH HOT ROLL-WHEAT MILK - Variety	Oct - 21 NO SCHOOL	Oct - 22 NO SCHOOL

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CABELL COUNTY SCHOOLS
HIGH SCHOOL MAIN LUNCH LINE OCTOBER & NOVEMBER 2010
 Jun 10, 2011

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25 CHICKEN QUESADILLA Sour Cream BAKED POTATO Margarine, cup, indiv. CUCUMBER SLICES RANCH DIP, FF PEAS & CARROTS HONEYDEW MELON CAKE PINEAPPLE UPSIDE FRUIT SHERBET: 4 fl.oz. MILK - Variety	Oct - 26 CHICKEN AND NOODLES CREAMY COLE SLAW GREEN BEANS W GARLIC STRAWBERRIES CHOCOLATE PUDDING W/ HOT ROLL-WHEAT MILK - Variety	Oct - 27 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS RICE, WILD CORN KIWI OATMEAL COOKIES MILK - Variety	Oct - 28 BARBECUE CHICKEN POTA TOES, ROASTED RED SNAP PEAS W MINT CANTALOUPE BLUEBERRY SHTCAKE 1/2c HOT ROLL-WHEAT MILK - Variety	Oct - 29 SPAGHETTI W MEAT SAUC CAESAR SALAD W DRESSI BROCCOLI, STEAMED PAR PEACHES BREAD STICK, WW GRAPES, FRESH CAKE PINEAPPLE UPSIDE MILK - Variety
Nov - 1 CREAMED TURKEY BISCUIT CORN SNAP PEAS W MINT STRAWBERRIES BLUEBERRY SHTCAKE 1/2c YOGURT - 4 oz MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 ROTISSERIE CHICKEN MASHED POTATOES CARROTS HONEY COINS MANDARIN ORANGES VANILLA PUDDING W/ WAF HOT ROLL-WHEAT MILK - Variety	Nov - 4 SPAGHETTI W MEAT SAUC SALAD, TOSSED 1 CUP BROCCOLI, STEAMED PAR DRESSING, CREAMY RANC FRUIT SALAD fresh CAKE PINEAPPLE UPSIDE HOT ROLL-WHEAT MILK - Variety	Nov - 5 CHICKEN QUESADILLA Sour Cream RICE, WILD CORN COBBETT REFRIED BEANS HONEYDEW MELON OATMEAL COOKIES FRUIT SHERBET: 4 fl.oz. MILK - Variety
Nov - 8 MACARONI AND CHEESE(N GREEN BEANS W GARLIC CREAMY COLE SLAW CORN/BREAD GRAPES, FRESH GINGERBREAD YOGURT - 4 oz MILK - Variety	Nov - 9 OPEN FACED TURKEY SAN MASHED POTATOES PEAS & CARROTS ROYAL BROWNIES HONEYDEW MELON MILK - Variety	Nov - 10 LASAGNA WITH GROUND B GREEN BEANS W GARLIC CAESAR SALAD W DRESSI APPLESAUCE PEACH CRISP HOT ROLL-WHEAT MILK - Variety	Nov - 11 HOLIDAY - NO SCHOOL	Nov - 12 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS RICE, WILD CORN KIWI WHOLE WHEAT SUGAR CO MILK - Variety

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CABELL COUNTY SCHOOLS
HIGH SCHOOL MAIN LUNCH LINE OCTOBER & NOVEMBER 2010
 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 15 MEAT LOAF CREAMY COLE SLAW PARSLEY POTATOES, RED GRAPES, FRESH GINGERBREAD BREAD STICK, WW MILK - Variety	Nov - 16 CHICKEN AND NOODLES CREAMY COLE SLAW GREEN BEANS W/ GARLIC STRAWBERRIES 'N BANAN CHOCOLATE PUDDING W/ HOT ROLL-WHEAT MILK - Variety	Nov - 17 BEEF & BEAN BURRITO CC BROCCOLI, STEAMED PAR CARROT STICKS RANCH DIP, FF FRUIT COCKTAIL SPICE CAKE FRUIT SHERBET: 4 fl.oz. MILK - Variety	Nov - 18 TURKEY ROAST W GRAVY DRESSING CRANBERRY SAUCE MASHED POTATOES GREEN BEANS W GARLIC PUMPKIN PIE W/ WHIP TOP HOT ROLL-WHEAT MILK - Variety	Nov - 19 CHICKEN FAJITA Sour Cream RICE, WILD REFRIED BEANS CORN COBBETT CHERRY CRISP PEACHES CUP MILK - Variety
Nov - 22 BARBECUE CHICKEN POTATOES, ROASTED RED SNAP PEAS W MINT CANTALOUPE BLUEBERRY SHTCAKE 1/2c HOT ROLL-WHEAT MILK - Variety	Nov - 23 BEEFY NACHOS LETTUCE/TOMATO/CHZ REFRIED BEANS RICE, WILD CORN KIWI OATMEAL COOKIES MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY - NO SCHOOL	Nov - 26 NO SCHOOL
Nov - 29 ROTISSERIE CHICKEN MASHED POTATOES PEAS MANDARIN ORANGES VANILLA PUDDING W/ WAF HOT ROLL-WHEAT MILK - Variety	Nov - 30 BEEFY GOULASH CALIFORNIA BLEND VEGET CARROTS HONEY COINS GRAPES, FRESH GINGERBREAD HOT ROLL-WHEAT MILK - Variety			

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CABELL COUNTY SCHOOLS
HIGH SCHOOL SANDWICH LINE OCTOBER & NOVEMBER 2010
 Page 1 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4 PIZZABURGER ON ROLL CHICKEN FAJITA CORN COBBETT BROCCOLI, FRESH RANCH DIP, FF PEACH CRISP STRAWBERRIES 'N BANAN YOGURT - 4 oz MILK - Variety	Oct - 5 SANDWICH, STEAK W CHE French Bread Cheesy Pizza CORN CARROT STICKS /DIP KIWI OATMEAL COOKIES MILK - Variety	Oct - 6 BBQ CHICKEN Pizza CHEESEBURGER ON BUN Lettuce & Tomato BROCCOLI, STEAMED/CHE CELERY STICKS RANCH DIP, FF GINGERBREAD GRAPES,FRESH YOGURT - 4 oz MILK - Variety	Oct - 7 SLOPPY JOE ON A BUN VEGGIE pizza SHOE STRING POTATOES I BROCCOLI, FRESH RANCH DIP, FF VANILLA PUDDING W/ WAF MANDARIN ORANGES MILK - Variety	Oct - 1 VEGGIE pizza BURRITO, BEEF & BEAN CORN BROCCOLI, FRESH RANCH DIP, FF HONEYDEW MELON CAKE PINEAPPLE UPSIDE YOGURT - 4 oz MILK - Variety
Oct - 11 PIZZA, CHEESY SANDWICH, BBQ CHICKEN BROCCOLI, STEAMED PAR CELERY STICKS RANCH DIP, FF FRESH APPLE WEDGES FORTUNE COOKIE YOGURT - 4 oz MILK - Variety	Oct - 12 CHICKEN FAJITA Sour Cream French Bread Cheesy Pizza SWEET POTATO FRIES BROCCOLI, FRESH Dressing, Ranch FF KIWI CHOCOLEANA CAKE FRUIT SHERBET MILK - Variety	Oct - 13 VEGGIE pizza CHEESEBURGER ON BUN Lettuce & Tomato CALIFORNIA BLEND VEGET BROCCOLI, FRESH RANCH DIP, FF STRAWBERRIES PINEAPPLE TIDBITS Teddy Grahams, Cinn YOGURT - 4 oz MILK - Variety	Oct - 14 PIZZABURGER ON ROLL BBQ CHICKEN SANDWICH CORN CELERY/CARROTS Dressing, Ranch FF FRUIT SALAD fresh CAKE PINEAPPLE UPSIDE YOGURT - 4 oz MILK - Variety	Oct - 15 VEGGIE pizza SANDWICH, STEAK W CHE BROCCOLI, STEAMED/CHE CORN COBBETT CARROT STICKS /DIP GRAPES,FRESH SPICE CAKE MILK - Variety
Oct - 8 French Bread Cheesy Pizza SOFT TACO CORN CELERY STICKS RANCH DIP, FF FRUIT SALAD fresh WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety	Oct - 8 French Bread Cheesy Pizza SOFT TACO CORN CELERY STICKS RANCH DIP, FF FRUIT SALAD fresh WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety	Oct - 8 French Bread Cheesy Pizza SOFT TACO CORN CELERY STICKS RANCH DIP, FF FRUIT SALAD fresh WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety	Oct - 8 French Bread Cheesy Pizza SOFT TACO CORN CELERY STICKS RANCH DIP, FF FRUIT SALAD fresh WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety	Oct - 8 French Bread Cheesy Pizza SOFT TACO CORN CELERY STICKS RANCH DIP, FF FRUIT SALAD fresh WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety

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CABELL COUNTY SCHOOLS
HIGH SCHOOL SANDWICH LINE OCTOBER & NOVEMBER 2010
 Jun 10, 2011

Page 2		HIGH SCHOOL SANDWICH LINE OCTOBER & NOVEMBER 2010			
Monday	Tuesday	Wednesday	Thursday	Friday	
Oct - 18 BBQ CHICKEN SANDWICH French Bread Cheesy Pizza CORN CELERY STICKS RANCH DIP, FF PEACH CRISP APPLESAUCE YOGURT - 4 oz MILK - Variety	Oct - 19 VEGGIE pizza CHICKEN FAJITA PEAS & CARROTS CELERY STICKS RANCH DIP, FF HONEYDEW MELON ROYAL BROWNIES FRUIT SHERBET: 4 fl.oz. MILK - Variety	Oct - 20 PIZZA, CHEESY SANDWICH, STEAK W CHE PARSLEY POTATOES, RED CUCUMBER SLICES RANCH DIP, FF GRAPES,FRESH FRUIT COCKTAIL YOGURT - 4 oz MILK - Variety	Oct - 21 NO SCHOOL	Oct - 22 NO SCHOOL	
Oct - 25 VEGGIE pizza SOFT TACO BAKED POTATO Sour Cream BROCCOLI, FRESH RANCH DIP, FF HONEYDEW MELON CAKE PINEAPPLE UPSIDE YOGURT - 4 oz MILK - Variety	Oct - 26 BEEF & BEAN BURRITO CC SOUR CREAM French Bread Cheesy Pizza QUICK BAKED POTATOES CELERY/CARROTS RANCH DIP, FF STRAWBERRIES CHOCOLATE PUDDING W/ YOGURT - 4 oz MILK - Variety	Oct - 27 VEGGIE pizza SANDWICH, ROASTED TUR CORN CARROT STICKS RANCH DIP, FF YOGURT - 4 oz KIWI OATMEAL COOKIES MILK - Variety	Oct - 28 PIZZABURGER ON ROLL CHICKEN FAJITA POTATOES, ROASTED RED BROCCOLI, FRESH RANCH DIP, FF CANTALOUPE BLUEBERRY SHITCAKE 1/2c YOGURT - 4 oz MILK - Variety	Oct - 29 PIZZA, CHEESY SLOPPY JOE ON A BUN CREAMY COLE SLAW BROCCOLI, STEAMED PAR CELERY STICKS RANCH DIP, FF GRAPES,FRESH CAKE PINEAPPLE UPSIDE YOGURT - 4 oz MILK - Variety	
Nov - 1 VEGGIE pizza GRILLED CHICKEN/CHEES CORN BROCCOLI, FRESH RANCH DIP, FF BLUEBERRY SHITCAKE 1/2c STRAWBERRIES 'N BANAN YOGURT - 4 oz MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 BBQ CHICKEN Pizza CHEESEBURGER ON BUN Lettuce & Tomato CARROTS HONEY COINS CELERY STICKS RANCH DIP, FF VANILLA PUDDING W/ WAF MANDARIN ORANGES YOGURT - 4 oz MILK - Variety	Nov - 4 SLOPPY JOE ON A BUN VEGGIE pizza BROCCOLI, STEAMED PAR CELERY/CARROTS RANCH DIP, FF CAKE PINEAPPLE UPSIDE FRUIT SALAD fresh FRUIT SHERBET: 4 fl.oz. MILK - Variety	Nov - 5 French Bread Cheesy Pizza SANDWICH, STEAK W CHE CORN COBBETT CUCUMBER SLICES RANCH DIP, FF HONEYDEW MELON OATMEAL COOKIES YOGURT - 4 oz MILK - Variety	

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CABELL COUNTY SCHOOLS
HIGH SCHOOL SANDWICH LINE OCTOBER & NOVEMBER 2010

Page 3 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 8 PIZZA, CHEESY SANDWICH, BBQ CHICKEN BAKED POTATO Margarine, cup, indiv. CELERY STICKS RANCH DIP, FF GRAPES:FRESH GINGERBREAD YOGURT - 4 oz MILK - Variety	Nov - 9 BEEF & BEAN BURRITO CC French Bread Cheesy Pizza PEAS & CARROTS BROCCOLI, FRESH Dressing, Ranch FF ROYAL BROWNIES HONEYDEW MELON YOGURT - 4 oz MILK - Variety	Nov - 10 VEGGIE pizza SANDWICH, STEAK Lettuce & Tomato CORN CUCUMBER SLICES RANCH DIP, FF PEACH CRISP APPLESAUCE YOGURT - 4 oz MILK - Variety	Nov - 11 HOLIDAY - NO SCHOOL	Nov - 12 VEGGIE pizza SANDWICH, ROASTED TUR QUICK BAKED POTATOES CORN CELERY/CARROTS RANCH DIP, FF KIWI WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety
Nov - 15 GRILLED CHICKEN/CHEES French Bread Cheesy Pizza PARSLEY POTATOES, RED CELERY STICKS RANCH DIP, FF GRAPES:FRESH GINGERBREAD YOGURT - 4 oz MILK - Variety	Nov - 16 VEGGIE pizza SANDWICH, STEAK W CHE QUICK BAKED POTATOES BROCCOLI, FRESH RANCH DIP, FF CHOCOLATE PUDDING W/ STRAWBERRIES 'N BANAN FRUIT SHERBET: 4 fl.oz. MILK - Variety	Nov - 17 PIZZA, MOZZARELLA SANDWICH, BBQ CHICKEN BROCCOLI, STEAMED PAR CUCUMBER SLICES RANCH DIP, FF FRUIT COCKTAIL SPICE CAKE YOGURT - 4 oz MILK - Variety	Nov - 18 TURKEY AND DRESSING GRAVY, TURKEY CRANBERRY SAUCE MASHED POTATOES GREEN BEANS W GARLIC PUMPKIN PIE W/ WHIP TOP HOT ROLL-WHEAT MILK - Variety	Nov - 19 VEGGIE pizza CHEESEBURGER ON BUN Lettuce & Tomato CORN COBBETT BROCCOLI, FRESH RANCH DIP, FF CHERRY CRISP PEACHES CUP FRUIT SHERBET: 4 fl.oz. MILK - Variety
Nov - 22 VEGGIE pizza SOFT TACO POTATOES, ROASTED RED BROCCOLI, FRESH RANCH DIP, FF CANTALOUPE BLUEBERRY SHITCAKE 1/2c YOGURT - 4 oz MILK - Variety	Nov - 23 GRILLED CHICKEN/CHEES Lettuce & Tomato French Bread Cheesy Pizza BAKED POTATO Margarine, cup, indiv. CELERY/CARROTS RANCH DIP, FF OATMEAL COOKIES KIWI YOGURT - 4 oz MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY	Nov - 26 NO SCHOOL

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CABELL COUNTY SCHOOLS

Page 4	HIGH SCHOOL SANDWICH LINE OCTOBER & NOVEMBER 2010			Jun 10, 2011
Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 29 French Bread Cheesy Pizza BEAN & CHEESE BURRITO BROCCOLI, STEAMED PAR CELERY STICKS RANCH DIP, FF MANDARIN ORANGES VANILLA PUDDING W/ WAF YOGURT - 4 oz MILK - Variety	Nov - 30 PIZZABURGER ON ROLL CHICKEN FAJITA SHOE STRING POTAT OES I CATSUP BROCCOLI, FRESH RANCH DIP, FF GRAPES, FRESH GINGERBREAD FRUIT SHERBET: 4 fl.oz. MILK - Variety			

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CABELL COUNTY SCHOOLS		HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010			Jun 10, 2011
Page 1	Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4	CHEF SALAD BAR W HAMT DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Oct - 5 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Oct - 6 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Oct - 7 CHILI CON CARNE W/ BEA POTATO, BAKED BROCCOLI, FRESH CHEESE, SHREDDED TOPPINGS FOR CHILI/POTA CORNBREAD CRACKERS, SALTINE(4) LETTUCE AND TOMATO YOGURT - 4 oz GRAPES,Fresh WATERMELON PEACHES MILK - Variety	Oct - 8 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety
					Oct - 1 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety

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CABELL COUNTY SCHOOLS
HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 11 CHEF SALAD BAR W HAM/T DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Oct - 12 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Oct - 13 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Oct - 14 CHILI CON CARNE W/ BEA POTATO, BAKED BROCCOLI, FRESH CHEESE, SHREDED TOPPINGS FOR CHILI/POTA CORNBREAD CRACKERS, SALTINE(4) LETTUCE AND TOMATO YOGURT - 4 oz GRAPES,Fresh WATERMELON PEACHES MILK - Variety	Oct - 15 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety
Oct - 18 CHEF SALAD BAR W HAM/T DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Oct - 19 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Oct - 20 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Oct - 21 NO SCHOOL	Oct - 22 NO SCHOOL

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CABELL COUNTY SCHOOLS
HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010
 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25 CHEF SALAD BAR W HAM/T DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Oct - 26 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Oct - 27 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Oct - 28 CHILI CON CARNE W/ BEA POTATO, BAKED BROCCOLI, FRESH CHEESE, SHREDDED TOPPINGS FOR CHILI/POTA CORNBREAD CRACKERS, SALTINE(4) LETTUCE AND TOMATO YOGURT - 4 oz GRAPES,Fresh WATERMELON PEACHES MILK - Variety	Oct - 29 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety
Nov - 1 CHEF SALAD BAR W HAM/T DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Nov - 4 CHILI CON CARNE W/ BEA POTATO, BAKED BROCCOLI, FRESH CHEESE, SHREDDED TOPPINGS FOR CHILI/POTA CORNBREAD CRACKERS, SALTINE(4) LETTUCE AND TOMATO YOGURT - 4 oz GRAPES,Fresh WATERMELON PEACHES MILK - Variety	Nov - 5 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety

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Page 4		CABELL COUNTY SCHOOLS HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010				Jun 10, 2011
Monday	Tuesday	Wednesday	Thursday	Friday		
Nov - 8 CHEF SALAD BAR W HAMT DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Nov - 9 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Nov - 10 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Nov - 11 HOLIDAY	Nov - 12 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety		
Nov - 15 CHEF SALAD BAR W HAMT DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Nov - 16 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Nov - 17 TACO SALAD BAR MEXICALI CORN TACO SAUCE SOUR CREAM KIWI CANTALOUPE FRUIT COCKTAIL PEACHES CUP MANDARIN ORANGES MILK - Variety	Nov - 18 CHILI CON CARNE W/ BEA POTATO, BAKED BROCCOLI, FRESH CHEESE, SHREDDED TOPPINGS FOR CHILI/POTA CORNBREAD CRACKERS, SALTINE(4) LETTUCE AND TOMATO YOGURT - 4 oz GRAPES,Fresh WATERMELON PEACHES MILK - Variety	Nov - 19 SALAD BAR 2 DRESSINGS-ASSORTED POTATO, BAKED SOUR CREAM MARGARINE BEEF VEGETABLE SOUP BREAD STICK, WW CRACKERS, SALTINE(4) GRAPES,FRESH CANTALOUPE PEACHES PINEAPPLE TIDBITS KIWI MILK - Variety		

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CABELL COUNTY SCHOOLS
HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010

Page 5		HIGH SCHOOL-SALAD BAR LINE OCTOBER & NOVEMBER 2010			Jun 10, 2011
Monday	Tuesday	Wednesday	Thursday	Friday	
Nov - 22 CHEF SALAD BAR W HAM/IT DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Nov - 23 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY	Nov - 26 NO SCHOOL	
Nov - 29 CHEF SALAD BAR W HAM/IT DRESSINGS-ASSORTED GRAPES,FRESH CANTALOUPE PINEAPPLE SLICES HOT ROLL-WHEAT KIWI PEARS,CANNED COTTAGE CHEESE HONEYDEW MELON MILK - Variety	Nov - 30 CHICKEN SALAD BAR 2 DRESSINGS-ASSORTED BREAD STICKS BREAD, 100% WHOLE WHE YOGURT - 4 oz COTTAGE CHEESE APPLES,FRESH GRAPES,Fresh PINEAPPLE TIDBITS HONEYDEW MELON MILK - Variety				

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Page 1		HIGH SCHOOL FAST LUNCH LINE OCTOBER & NOVEMBER 2010			Jun 10, 2011
Monday	Tuesday	Wednesday	Thursday	Friday	
Oct - 4 CHICKEN FAJITA BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED TEDDY GRAHAM GRANOLA BAR, OAT HONE YOGURT - 4 oz MILK - Variety	Oct - 5 SANDWICH, STEAK W CHE CARROT STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM OATMEAL COOKIES YOGURT - 4 oz MILK - Variety	Oct - 6 CHEESEBURGER ON BUN CELERY STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE RAISINS GINGERBREAD YOGURT - 4 oz MILK - Variety	Oct - 7 SLOPPY JOE ON A BUN BROCCOLI, FRESH RANCH DIP, FF SUNFLOWER SEEDS FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON YOGURT - 4 oz MILK - Variety	Oct - 8 French Bread Cheesy Pizza CELERY STICKS RANCH DIP, FF CEREAL BAR, RICE FRUIT JUICE, ASSORTED FRESH FRUITS WHOLE WHEAT SUGAR CO SUNFLOWER SEEDS YOGURT - 4 oz MILK - Variety	Oct - 1 BURRITO, BEEF & BEAN BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED SUNFLOWER SEEDS RAISINS YOGURT - 4 oz MILK - Variety
Oct - 11 BBQ CHICKEN SANDWICH CELERY STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM FORTUNE COOKIE YOGURT - 4 oz MILK - Variety	Oct - 12 French Bread Cheesy Pizza BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM YOGURT - 4 oz MILK - Variety	Oct - 13 CHEESEBURGER ON BUN BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON TEDDY GRAHAM CHEESE STICK YOGURT - 4 oz MILK - Variety	Oct - 14 BBQ CHICKEN SANDWICH CELERY/CARROTS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS RAISINS YOGURT - 4 oz MILK - Variety	Oct - 15 SANDWICH, STEAK W CHE CARROT STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS SUNFLOWER SEEDS GRANOLA BAR, CINNAMON RAISINS YOGURT - 4 oz MILK - Variety	

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Page 2		CABELL COUNTY SCHOOLS HIGH SCHOOL FAST LUNCH LINE OCTOBER & NOVEMBER 2010				Jun 10, 2011
Monday	Tuesday	Wednesday	Thursday	Friday		
Oct - 18 French Bread Cheesy Pizza CELERY STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS YOGURT - 4 oz MILK - Variety	Oct - 19 CHICKEN FAJITA CELERY STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS CEREAL BAR, RICE GRANOLA BAR, OAT HONE ROYAL BROWNIES APPLESAUCE CUP YOGURT - 4 oz MILK - Variety	Oct - 20 SANDWICH, STEAK W CHE CUCUMBER SLICES RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON TEDDY GRAHAM CHEESE STICK YOGURT - 4 oz MILK - Variety	Oct - 21 NO SCHOOL	Oct - 22 NO SCHOOL		
Oct - 25 SOFT TACO BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS RAISINS YOGURT - 4 oz MILK - Variety	Oct - 26 French Bread Cheesy Pizza CELERY/CARROTS RANCH DIP, FF CEREAL BAR, RICE FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, CINNAMON SUNFLOWER SEEDS YOGURT - 4 oz MILK - Variety	Oct - 27 SANDWICH, ROASTED TUR CARROT STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED TEDDY GRAHAM GRANOLA BAR, OAT HONE OATMEAL COOKIES YOGURT - 4 oz MILK - Variety	Oct - 28 CHICKEN FAJITA BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM YOGURT - 4 oz MILK - Variety	Oct - 29 SLOPPY JOE ON A BUN CELERY STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE RAISINS YOGURT - 4 oz MILK - Variety		
Nov - 1 GRILLED CHICKEN/CHEES BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED TEDDY GRAHAM GRANOLA BAR, OAT HONE YOGURT - 4 oz MILK - Variety	Nov - 2 ELECTION - NO SCHOOL	Nov - 3 CHEESEBURGER ON BUN CELERY STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM RAISINS YOGURT - 4 oz MILK - Variety	Nov - 4 SLOPPY JOE ON A BUN CELERY/CARROTS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE RAISINS Teddy Gramams, Cinn CHEESE STICK YOGURT - 4 oz MILK - Variety	Nov - 5 SANDWICH, STEAK W CHE CUCUMBER SLICES RANCH DIP, FF SUNFLOWER SEEDS FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON OATMEAL COOKIES YOGURT - 4 oz MILK - Variety		

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CABELL COUNTY SCHOOLS
HIGH SCHOOL FAST LUNCH LINE OCTOBER & NOVEMBER 2010
 Jun 10, 2011

Page 3		HIGH SCHOOL FAST LUNCH LINE OCTOBER & NOVEMBER 2010			Friday
Monday	Tuesday	Wednesday	Thursday	Friday	
Nov - 8 BBQ CHICKEN SANDWICH CELERY STICKS RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM GINGERBREAD YOGURT - 4 oz MILK - Variety	Nov - 9 French Bread Cheesy Pizza BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM ROYAL BROWNIES CHEESE STICK YOGURT - 4 oz MILK - Variety	Nov - 10 SANDWICH, STEAK W CHE CUCUMBER SLICES RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON TEDDY GRAHAM CHEESE STICK YOGURT - 4 oz MILK - Variety	Nov - 11 HOLIDAY	Nov - 12 SANDWICH, ROASTED TUR CELERY/CARROTS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS RAISINS WHOLE WHEAT SUGAR CO YOGURT - 4 oz MILK - Variety	
Nov - 15 French Bread Cheesy Pizza CELERY STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS GINGERBREAD YOGURT - 4 oz MILK - Variety	Nov - 16 SANDWICH, STEAK W CHE BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS CEREAL BAR, RICE GRANOLA BAR, OAT HONE RAISINS APPLE SAUCE CUP YOGURT - 4 oz MILK - Variety	Nov - 17 BBQ CHICKEN SANDWICH CUCUMBER SLICES RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, CINNAMON TEDDY GRAHAM SUNFLOWER SEEDS CHEESE STICK FRUIT SHERBET: 4 fl.oz. MILK - Variety	Nov - 18 SANDWICH, ROASTED TUR BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM CHEESE STICK YOGURT - 4 oz MILK - Variety	Nov - 19 CHEESEBURGER ON BUN BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE RAISINS YOGURT - 4 oz MILK - Variety	
Nov - 22 SOFT TACO BROCCOLI, FRESH RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED GRANOLA BAR, OAT HONE SUNFLOWER SEEDS RAISINS YOGURT - 4 oz MILK - Variety	Nov - 23 French Bread Cheesy Pizza CELERY/CARROTS RANCH DIP, FF CEREAL BAR, RICE FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, CINNAMON OATMEAL COOKIES SUNFLOWER SEEDS YOGURT - 4 oz MILK - Variety	Nov - 24 NO SCHOOL	Nov - 25 HOLIDAY	Nov - 26 NO SCHOOL	

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CABELL COUNTY SCHOOLS

Page 4 HIGH SCHOOL FAST LUNCH LINE OCTOBER & NOVEMBER 2010 Jun 10, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 29 French Bread Cheesy Pizza CELERY STICKS RANCH DIP, FF FRESH FRUITS FRUIT JUICE, ASSORTED TEDDY GRAHAM GRANOLA BAR, OAT HONE CHEESE STICK SUNFLOWER SEEDS RAISINS YOGURT - 4 oz MILK - Variety	Nov - 30 CHICKEN FAJITA BROCCOLI, FRESH RANCH DIP, FF FRUIT JUICE, ASSORTED FRESH FRUITS GRANOLA BAR, OAT HONE TEDDY GRAHAM GINGERBREAD CHEESE STICK RAISINS YOGURT - 4 oz MILK - Variety			

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Policy 4321.1

A copy of the policy is provided as a supplement to The Playbook.

Sample Cabell Local Wellness Policy

To ensure that schools are providing a healthful environment to students, Congress mandated that county districts form a wellness committee to develop and implement a local wellness policy beginning with the 2006-2007 academic year. The wellness policy should be a living document, with revisions made every year thereafter. Each school participating in the federally funded National School Lunch Program must actively assist in the implementation of this policy.

The development of a policy should include input from parents, students, representatives of the school food authority, the school board, school administrators, and members of the local community.

The required components for this policy include goals for:

- Nutrition education;
- Physical activity;
- Nutrition guidelines for all foods available on the school campus during the school day;
- Other school-based activities that offer opportunities to create a total school environment that is conducive to health eating and being physically active; and
- A plan for measuring the implementation of the local wellness policy.

During the 2011-2012 school year, the Office of Child Nutrition will have counties and schools include school level policy and environmental changes into their local wellness efforts. Examples of these strategies are listed below:

- Implementation of the OCN's outlined Breakfast Participation Strategies;
- A policy that allows for physical activity time to be included during the school day (i.e. walking and talking before homeroom, daily recess, "Jam a Minute" time throughout the school day);
- A policy that only allows staff to consume soda within the teachers' lounge;
- A policy that does not allow any food other than fruit to be sold as a fundraiser during or after the school day; and
- A policy that would require concession stands to offer at least 50% healthy food items, priced at an equal or lesser amount than unhealthy items offered for sale.

About the Office of Child Nutrition

The Office of Child Nutrition is dedicated to improving the health of children in West Virginia by encouraging nutritious meals, supporting nutrition education and enhancing program quality and accountability. Our focus is on ensuring that every West Virginia child has eaten at least two healthy meals and good, nutritious snacks each school day. In 2010, the OCN distributed 85 million dollars in federal funds to provide nutritious, low cost or free meals and snacks to children in a variety of settings. The reach of our work includes:

- All public schools in West Virginia;
- 17 private schools;
- 30 residential child care institutions;
- 503 child care centers;
- 1,094 in home child care providers;
- 4 adult day care agencies; and
- 616 summer food sites.



SUCCESS is on the menu



The OCN oversees the West Virginia child nutrition programs described below.



The School Nutrition Program: School Breakfast and National School Lunch

The School Nutrition Program provides nutritious, low-cost or free lunches for West Virginia children in a variety of settings. Local school districts make their own decisions about menu options, but the lunches must meet at least 1/3 of a child’s daily need for nutrition. Lunch typically consists of a meat, vegetables and fruit, bread or grain and low-fat milk. The School Breakfast Program allows school children to eat a healthy breakfast at low or no cost, depending on a family’s income. Breakfast usually includes milk; a fruit, vegetable or fruit juice; two servings of bread or two servings of meat or one serving of each. No matter the menu, the Office of Child Nutrition’s goal is to ensure that school lunches and breakfasts are nutritious, well balanced meals that contribute to our students’ health and success in school and throughout life.



The Summer Food Service Program

When school is out, many children are at risk for poor nutrition. The Summer Food Service program is a federal program that provides all children with nutritious meals during the summer months at no cost to the child. Healthy summer meals are served at a variety of sites such as schools, parks, pools, housing complexes, churches, town halls and senior centers. Although the Summer Food Service Program is administered by local non-profit or government agencies, the meals must meet the United States Department of Agriculture’s meal pattern requirements.



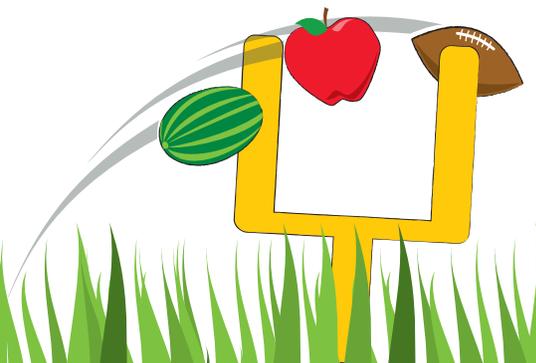
The Fresh Fruit & Vegetable Program

In today’s eat-and-run way of life, fruits and vegetables are often left off the menu. The Fresh Fruit and Vegetable Program provides all children in participating schools with a variety of free fresh fruits and vegetables throughout the school day. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options. The program’s goal is to create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, increasing children’s fruit and vegetable consumption and making a difference in children’s diets that will ultimately impact their present and future health. In all, this program is an important catalyst for change in efforts to combat childhood obesity by helping children learn more healthful eating habits.

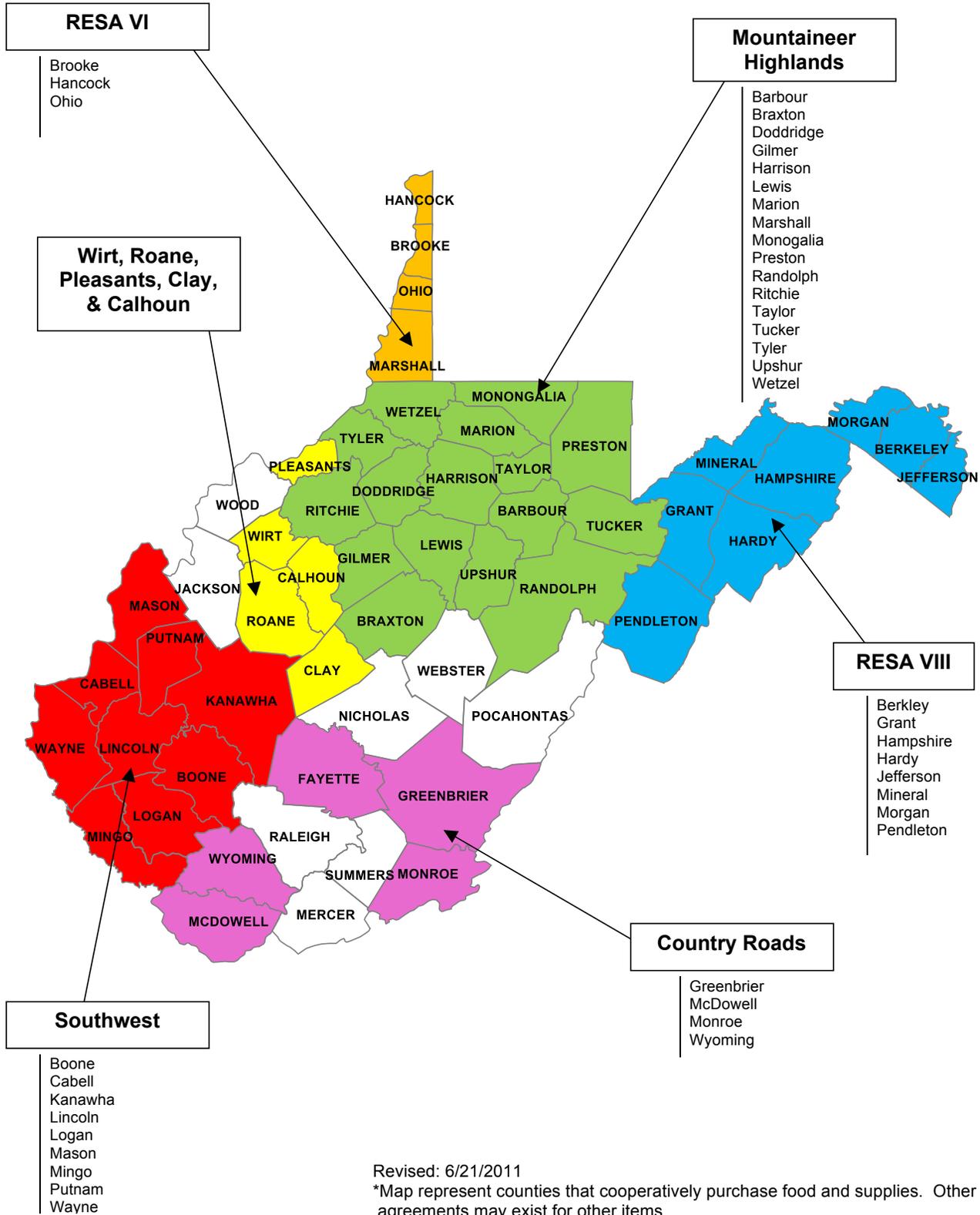


The Child and Adult Care Food Program

The Child and Adult Care Food Program provides meals and snacks for children and adults in a variety of settings including childcare centers, Head Start programs, after-school care programs, family day care homes, homeless shelters and domestic violence programs. Participating programs must serve meals that meet the United States Department of Agriculture’s meal pattern requirements. Sponsors promote positive food attitudes and healthy eating behaviors, as well as demonstrate an understanding of the role of nutrition in a child’s healthy development. Through the Child and Adult Care Food Program, agencies that serve functionally impaired adults can also receive healthy meals and snacks. These non-profit agencies must offer a full program of health, social and related support services and have an individual nutrition plan for every person in their care.



West Virginia School Food Authorities Purchasing Co-Operatives*

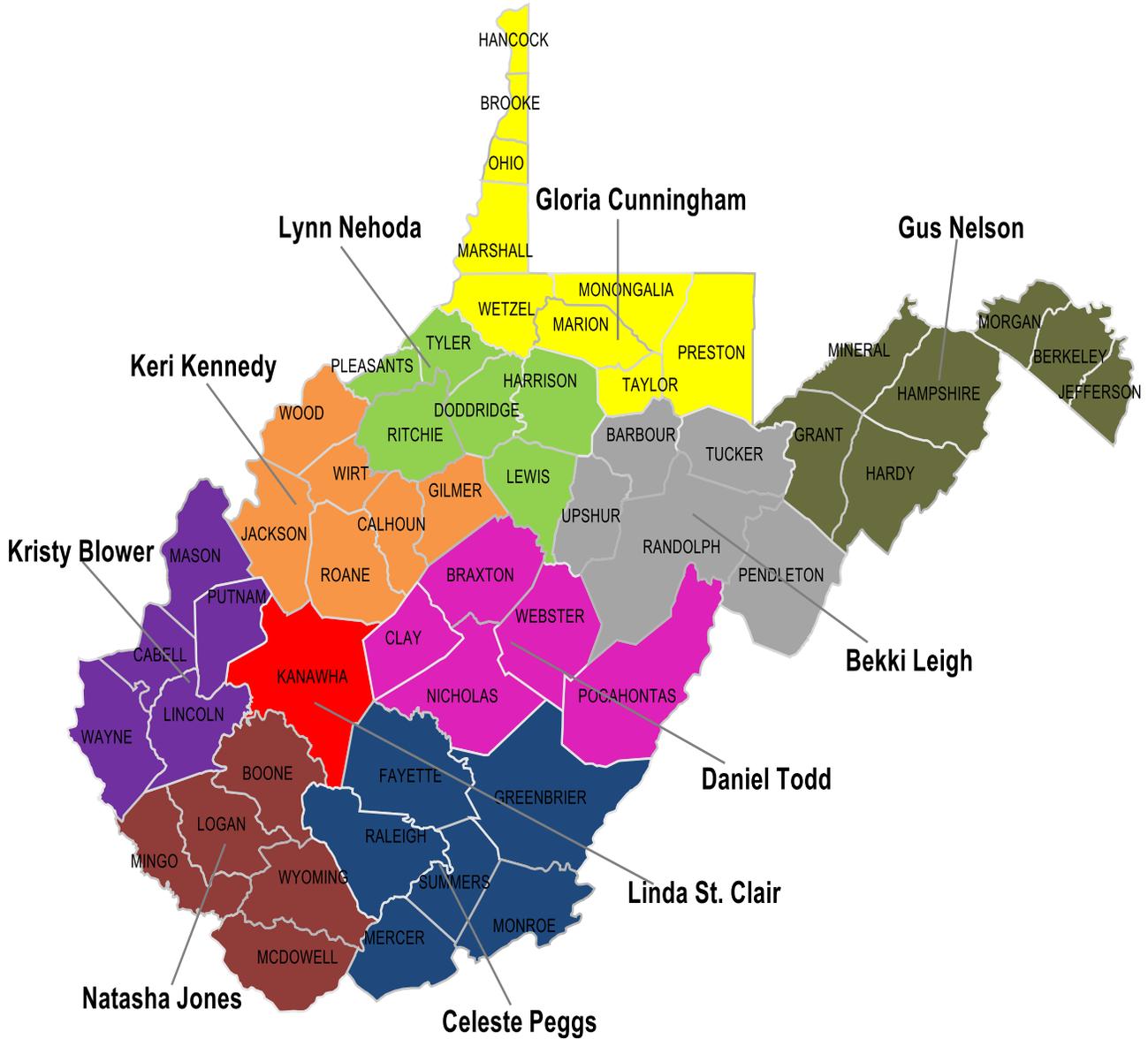


Revised: 6/21/2011

*Map represent counties that cooperatively purchase food and supplies. Other agreements may exist for other items.



NSLP TECHNICAL ASSISTANCE OCN STAFF ASSIGNMENTS



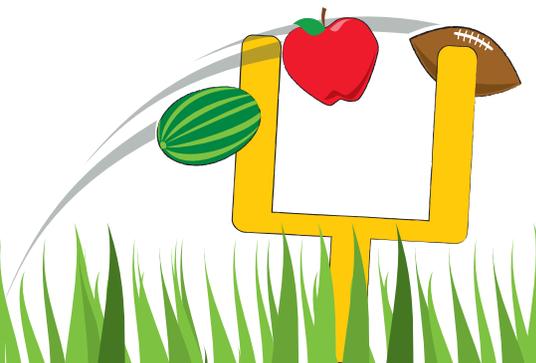
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SUCCESS is on the menu

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2011-2012**

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