

WEST VIRGINIA ORAL HEALTH IMPROVEMENT ACT 2020 ANNUAL REPORT

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West Virginia Oral Health Improvement Act 2020 Annual Report

Introduction

The mission of the West Virginia Department of Health and Human Resources (DHHR), Bureau for Public Health (BPH), Office of Maternal, Child and Family Health (OMCFH), Oral Health Program (OHP) is to promote and improve the oral health of all West Virginians. Led by the State Dental Director Jason Roush, DDS, the OHP functions to 1) provide the leadership and consultation necessary to enable oral health education and promotion; and 2) improve accessibility to and quality of oral health care for all West Virginians. The major components of the OHP include adult services, oral disease prevention, and dental workforce. The OHP is currently staffed with seven positions. Other than the State Dental Director, all positions are funded through federal grant awards.

Through state funding and receipt of five federal grant awards, the OHP is achieving success and recognition both statewide and nationally. Accomplishments of the OHP are a result of collaborative efforts with other government agencies and community partners. In addition, in 2020 the West Virginia Legislature passed Senate Bill 648 that provides a \$1,000 annual dental benefit to Medicaid recipients age 21 and older. Approximately 300,000 West Virginians will be eligible for dental benefits under this legislation.

Summary of Improvements in the Oral Health of West Virginia's Residents

The oral health of West Virginia's residents, regardless of age, is improving; fewer young children have untreated tooth decay, more low-income children can access a dentist, and fewer adults have missing teeth. Although improvements have been made, West Virginia continues to lag national averages, and the OHP is working to overcome barriers, so the oral health of West Virginians continues to improve.

- Since 2009, there has been a 24% decrease in the number of low-income children aged 3-5 years (Head Start enrollees) with untreated tooth decay.
- Since 2009, the number of children aged 1-17 years with a parent-reported oral health problem decreased by 37%.
- From 2000 to 2018, the number of Medicaid enrolled children aged 1-5 years with an annual dental visit increased by 65%.
- Since 2012, the number of older adults (65+ years) that have had all their teeth extracted because of dental disease has decreased by 22%.

Number of employees, both full and part time, who devote time to the West Virginia Oral Health Program

| State-funded employees | | |
|--|--------------------------|--|
| Title/position | Full-time employee (FTE) | |
| State Dental Director | .50 | |
| Oral Health Coordinator, Marshall County, WV | 0.125 | |
| Total (N=4) | .625 FTE | |

| Federally-funded employees | | |
|-----------------------------------|--------------------------|--|
| Title/position | Full-time employee (FTE) | |
| State Dental Director | .50 | |
| Program Manager | 1.0 | |
| Adult Services Supervisor | 1.0 | |
| Adult Services Specialist | 1.0 | |
| Adult Services Associate (Vacant) | 1.0 | |
| Prevention Coordinator | 1.0 | |
| Outreach Worker | 1.0 | |
| Water Fluoridation Specialist | 1.0 | |
| Total (N=11) | 7.50 FTE | |

Estimated number of residents served by the West Virginia Oral Health Program annually

| Project | | Estimated # of residents served (FY2020) |
|--|--------------------------------------|--|
| Fluoride Varnish Project ¹ | Dental Providers (<i>D1206</i>) | 31,816 |
| Target population: Children ages 0 – 6 | Medical Providers (99188) | 2,774 |
| Fluoride Water Testing | | 45 |
| Target population: Children ages 0 – 12 | | 45 |
| School-based Oral Health Services | | 8,011 |
| Target population: Students in grades K – 12 | | 0,011 |
| Donated Denture Project | | |
| Target population: Low-income adults 65+ or ≤ 64 | | 257 |
| and receiving SSI | | |
| Pre-Employment Project | | |
| Target population: TANF-eligible adults re- | | 583 |
| entering the workforce | | |
| General Oral Health Education | | |
| Target population: State residents (children and | | 4,800 |
| adults) | | |
| Estimated total served | | 48,286 |

¹ DHHR, Bureau for Medical Services Data Report for FY2020 (July 1, 2019 – June 30, 2020).

Fiscal Year 2020 Updates on Duties and Directives of State Oral Health Program (W. Va. Code §16-41-3)

- (1) The development of comprehensive dental health plans within the framework of the state plan of operation ... to maximize use of all available resources.
 - Senate Bill 648 Providing dental coverage for adult Medicaid recipients

"The Department of Health and Human Resources shall extend Medicaid coverage to adults age 21 and over covered by the Medicaid program for diagnostic and preventative dental services and restorative dental services, excluding cosmetic services. This coverage is limited to \$1,000 each budget year. Recipients must pay for services over the \$1,000 yearly limit. No provision in this section shall restrict the department in exercising new options provided by, or to be in compliance with, new federal legislation that further expands eligibility for dental care for adult recipients."

The State Dental Director and State Oral Health Program will support and monitor the new adult dental benefit in collaboration with the Bureau for Medical Services and licensed dental providers across the state.

- (2) Providing the consultation necessary to coordinate federal, state, county and city agency programs concerned with dental health.
 - State Dental Director works in collaboration as a member of the Association of State and Territorial Dental Directors (ASTDD). Jason Roush, DDS, is the Immediate Past President of the ASTDD (2017-2020).
 - State Dental Director worked with West Virginia Board of Dentistry, State Dental Association, and Center for Threat Preparedness to coordinate resources and information for oral health providers during pandemic.
- (3) Encouraging, supporting and augmenting the efforts of local boards of health and boards of education in the implementation of a dental health component in their program plans.
 - The State Oral Health Program continues to collaborate with the West Virginia Department of Education on providing school-based sealant programs (SSPs) throughout the state. Services were affected by the pandemic because in-person instruction was limited during the 2019/2020 and 2020/2021 school years. This work is supported by a cooperative agreement with the Centers for Disease Control and Prevention (CDC) and the Oral Disease Prevention Project (Grant No. NU58DP006482).

- (4) Providing consultation and program information to, at a minimum, health professions, health professional educational institutions, school educators, extension specialists and volunteer agencies.
 - The State Dental Director and State Oral Health Program provide ongoing consultation and program information to oral health professionals. Of note this year, the State Oral Health Program worked with the West Virginia University School of Dentistry to support ongoing establishment of a pediatric residency program through support from the Health Resources and Services Administration (HRSA) Cooperative Agreement focusing on State Oral Health Workforce (Grant No. T12HP28878). The State Oral Health Program has also begun collaboration with the West Virginia School of Osteopathic Medicine regarding infant oral health initiatives.
- (5) Providing programs aimed at preventing and detecting oral cancer in the state, with a primary focus of meeting the needs of high-risk under-served populations, with the intent to reduce oral cancer mortality.

AND

- (6) Providing programs addressing oral health education and promotion, including:
 - (A) Public health education to promote the prevention of oral disease through selfhelp methods, including the initiation and expansion of preschool, school age and adult education programs.
 - The State Oral Health Program provides ongoing education and outreach to both dental and non-dental health care providers supporting fluoride varnish initiatives. Eligible children under the age of 21 may receive four applications of fluoride varnish annually as a Medicaid member; eligible children under the age of 19 may receive four applications of fluoride varnish annually as a member of the Children's Health Insurance Program (CHIP). Fluoride varnish is a topical prevention tool to reduce the incidence of early childhood caries (ECCs).
 - (B) Organized continuing health education training programs for, at a minimum, health care providers, school educators and extension specialists; and
 - The State Dental Director and State Oral Health Program provide ongoing continuing health education for various health professionals for human papillomavirus (HPV) and tobacco cessation. Tobacco cessation education is conducted by the West Virginia University School of Dentistry, a certified National Tobacco Treatment Practice Center.
 - The State Fluoridation Specialist has worked with public water systems to connect water operators with the Center for Disease Control and Prevention's continuing education regarding fluoridation of community water systems.

- (C) Preventive health education information for the public;
 - The State Oral Health Program worked with the Department of Health and Human Resources' Communication staff to share public messaging about the importance and benefit of community water fluoridation in December 2020.
- (7) Facilitation of access to oral health services, including:
 - (A) The improvement of the existing oral health services delivery system for the provision of services to all West Virginia residents;
 - (B) Outreach activities to inform the public of the type and availability of oral health services to increase the accessibility of oral health care for all West Virginia residents; and
 - (C) Assistance and cooperation in promoting better distribution of dentists and other oral health professionals throughout the state;
 - The State Dental Director and State Oral Health Program work with the West Virginia University School of Dentistry to support ongoing establishment of a pediatric residency program through support from the Health Resources and Services Administration (HRSA) Cooperative Agreement focusing on State Oral Health Workforce (Grant No. T12HP28878).
 - The State Oral Health Program collaborated with the West Virginia Board of Dentistry to disseminate and collect Dental Workforce Surveys for licensed dentists and dental hygienists. This surveillance is collected every two years to monitor state dental workforce.
 - (8) Providing programs specifically targeting prevention of tooth loss and the restoration of existing teeth to the extent that funds are available.

AND

- (9) Providing oral or dental health services to individuals in need, to the extent funds are available for the services; and
 - The State Dental Director and State Oral Health Program administer three projects related to prevention of tooth loss and restoration of existing teeth to individuals in need to the extent that funds are available. The Pre-Employment (PE) Project provides both dental and vision services to persons eligible for Temporary Assistance for Needy Families (TANF) benefits with the goal of preparing persons to re-enter the workforce. The Donated Denture (DD) Project provides dentures and partials to persons experiencing tooth loss. Eligibility is determined based on age and/or income.

In October 2019, the State Oral Health Program began discussions with the Office of Drug Control Policy (ODCP) to address the potential needs of persons participating in the Governor's Jobs & Hope West Virginia Program. On June 1, 2020, the State Oral Health Program began working with Jobs &

Hope West Virginia to provide vision and dental services in alignment with the PE Project.

- (10) Provide evaluation of these programs in terms of preventive services.
 - The State Oral Health Program provides ongoing monitoring and evaluation of all dental health programs and projects it administers. Of note this year, the State Oral Health Program has worked to update the State Surveillance Report and the State Burden of Oral Disease. Analysis of the Dental Workforce Surveillance will take place during the Summer/Fall 2021.
- (b) In consultation with dental care providers, the commissioner shall develop and implement ongoing oral cancer educational programs in the state:
 - (1) To train health care providers to screen and properly refer patients with oral cancers; and
 - (2) To promote the cessation of the use of alcohol and tobacco products with a primary focus of meeting the needs of high-risk under-served populations.
- (c) The programs developed and implemented under this section shall address:
 - (1) The risk factors that lead to oral cancer;
 - (2) The signs and symptoms of oral cancer;
 - (3) The high-risk behaviors that may lead to oral cancer; and
 - (4) The accessibility of screening to detect oral cancer.
 - The State Dental Director and State Oral Health Program are active members
 of the State Cancer Coalition, Mountains of Hope (MOH). The Program works
 collaboratively with the Coalition, as well as the Breast and Cervical Cancer
 Screening Program (BCCSP), to address education about prevention of oral
 cancers related to HPV.

The Program Director also presented with MOH Members from the American Lung Association in October 2020 to address risk factors related to tobacco use and vaping at the 34th Annual Family Medicine Foundation of West Virginia Conference.

Recommendations

- 1. Include State Dental Director, or his/her designee from the Bureau for Public Health, as a nonvoting, ex officio member of the West Virginia Board of Dentistry.
- 2. Expand scope of practice for dental health professionals during a local, state, or national emergency.
- 3. Include licensed dental health professionals as providers of telehealth services in insurance plans.

- 4. Include asynchronous telehealth services in insurance plans to accommodate preventive dental screening and assessment.
- 5. Conduct a study on the feasibility of providing more access to operating room time for dental procedures through ambulatory surgery centers.